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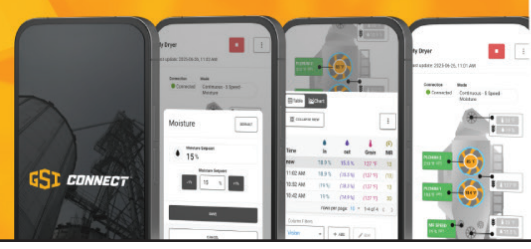
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Support Ky. agriculture at a KFB Certified Farm Market

By TOM LATEK, Kentucky Today

LOUISVILLE, Ky. (KT) – Harvest season is here and you can find your fall favorites at a Kentucky Farm Bureau (KFB) Certified Farm Market, offering families an easy way to support Kentucky agriculture close to home.

Whether you are picking the perfect pumpkin, taking the kids through a corn maze or simply looking for Kentucky-grown products, buying local at Certified Farm Markets allows you to enjoy fresh-from-the-field produce, while directly supporting local farm families. KFB's Certified Farm Market Program ensures each market meets high standards of quality, freshness and marketing appeal.

"Fall is when our Certified Farm Markets really shine, with the best of the season coming straight from the farmers who raise it," said KFB President Eddie Melton. "The certification gives consumers a trusted sign that what they're taking home was grown with care right here in Kentucky, and visiting these markets is one of the best ways to support our farm families."

The KFB Certified Farm Market logo identifies markets certified through this program, and they are listed in the online directory. The program also provides collective advertising, promotional items, educational tour opportunities and other marketing benefits, with the aim of increasing the net farm income of member markets.

Consumers can find the KFB Certified Farm Market Rack Card at Kentucky welcome centers, state resort parks, local chambers of commerce/tourism centers and county Farm Bureau offices. For a complete list of markets, visit the KFB Certified Farm Market website at kyfb.com/certified or download the KFB App. The mobile app provides members and non-members alike with access to the latest agricultural industry news, essential public affairs information, action alerts and daily market updates.

KFB is celebrating its 31st year of offering the Certified Farm Market program.

Kentucky Farm Bureau is the state's largest general farm organization with nearly 475,000 member families.

AG joins brief asking proof of citizenship to vote

By TOM LATEK, Kentucky Today

FRANKFORT, Ky. (KT) – Kentucky Attorney General Russell Coleman announced on Wednesday that he joined 25 other Attorneys General in a brief asking the U.S. Supreme Court to protect states' ability to require proof of citizenship to vote and to remove noncitizens from voter rolls within 90 days of an election.

The AGs are asking the high court to overturn a decision that an Arizona law requiring proof of citizenship to vote was unlawful. The lower court also said that states cannot remove illegal immigrants from their voter rolls within 90 days of an election under the National Voter Registration Act.

According to Coleman, this lawsuit attempts to undermine states' sovereignty to protect their elections. In November 2024, Kentucky voters overwhelmingly supported an amendment to the state Constitution barring non-citizens from voting in the Commonwealth's elections. That provision is now in Section 145 of Kentucky's Constitution, which states that "[n]o person who is not a citizen of the United States shall be allowed to vote in this state."

"Election integrity is foundational to our Constitutional system and ensuring that illegal immigrants do not vote is essential to our elections being free and secure," Coleman said. "Kenrtucky's elections are some of the safest and strongest in the country thanks to the measures we have in place on and after Election Day."

The Office of the Attorney General's Department of Criminal Investigations reviews all allegations of election fraud reported through the Office's Election Fraud Hotline.

Kentucky joined the Kansas and Alabama-led brief, along with Alaska, Arkansas, Florida, Georgia, Idaho, Indiana, Iowa, Louisiana, Mississippi, Missouri, Montana, Nebraska, New Hampshire, Ohio, Oklahoma, Pennsylvania, South Carolina, South Dakota, Tennessee, Texas, Utah, West Virginia, and Wyoming.

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REGIONAL EDUCATION NEWS

FCCLA National Conference — South Fulton High School recently sent Mrs. Susan Privett (pictured left) to accompany two students, Kaydnce Bradley (pictured center) and Hannah Roach (pictured right), at the National FCCLA Conference in Washington, D.C. Bradley competed in the Focus on Children competition and earned a Bronze Medal for her outstanding performance.

South Fulton High School's Collaboration Connection team recently competed in the National Beta Competition and brought home first place in the nation. The Collaboration Connection challenge is designed for students to put their teamwork, communication, and problem-solving skills to the test. The performance- and task-based challenge gives students a problem to solve with no opportunity to prepare in advance. This year, teams were given a task and just three minutes or less to work together, develop a solution, and complete the challenge. The team consisted of (pictured L to R): Mr. Andy Zimmerman, South Fulton HS Beta Club Sponsor, Brooke Burcham, Abby Eldredge, Brea Becerra, and Ms. Brandi Cantrell, South Fulton HS Beta Club Sponsor. Also on the team, but not pictured are: Dylan Curtis, Kaylin Tucker, and Callie Tucker.

BALLARD COUNTY | GOVERNMENT

County, state plan safety improvements Cerredo Road intersection

By: Laurna Pruett
KPI Writer

The Ballard County Fiscal Court addressed road safety concerns, opioid settlement funding and several personnel matters during its Sept. 1 meeting.

The Kentucky Transportation Cabinet denied requests for a four-way stop in Blandville and improvements at the Ceredo Road and Kentucky 358 intersection because the locations did not have enough documented traffic incidents to warrant the requested changes.

However, Judge-Executive Todd Cooper said state and county officials are pursuing other ways to improve safety at the Ceredo Road intersection.

"KYTC and the county road department are working on a couple of projects to improve sight distance at the Ceredo Road intersection, which will improve safety," Cooper said.

In Blandville, the county will add a stop sign on Bethlehem Church Road, creating a three-way stop at the intersection with Kentucky 802. The Fiscal Court unanimously approved the action following a motion by Magistrate Stonnie Dennis and a second by Magistrate Jody Brown.

The court also began the process of considering Boone Crossing Spur for inclusion in the county road system. The 265-foot road is currently a private drive. Magistrates appointed Mike Steele and Terry Simmons as viewers and will use their previous report when considering the request.

Officials said Frank Shelby Road remains on the county's paving list but may need additional dense-grade aggregate before paving begins. The possible purchase of a newer dump truck was also discussed. Construction on Mosstown Bridge is expected to begin by mid-September.

In other action, the court unanimously approved providing Grace Church with $10,000 from the county's opioid settlement funds. The court did not discuss details of how the church plans to use the funding.

The court also learned that the Gage Solar Project's notice of intent has been renewed, meaning the proposed project remains active. A fiscal year-end capital assets report was also presented.

Under personnel matters, magistrates approved transferring the former Animal Control 2 position's $500 monthly stipend to the Animal Control 1 position, effective Sept. 1.

The court approved moving an ambulance employee identified as Z.D. to full-time status at the current pay scale, effective Aug. 23. The employee will fill the full-time position being vacated as T.B. moves to part-time status.

Magistrates also approved $26,392.30 in back pay for a jail employee identified as M.Q., contingent upon a signed waiver. The jail canteen report was received and will be discussed at the court's next meeting.

The court approved a cost-of-living pay increase for Payroll Clerk Lisa Stinson, retroactive to July 1. Her new hourly wage will be $20.

County officials will prepare an updated memorandum of understanding and interlocal agreement with Carlisle County for emergency dispatch services.

The court began discussing whether to adopt the compensating tax rate or a rate that would produce a 4% increase in revenue for 2027. No decision was made during the meeting.

Two upcoming Fiscal Court meeting dates were changed. The Oct. 6 meeting will instead be held Wednesday, Sept. 30, at 3 p.m. The Nov. 3 meeting was moved to Thursday, Nov. 5, at 5 p.m. Both meetings will be held in Central time.

Magistrates also approved cash transfers, fiscal year-end encumbrances and payment of county bills, pending audit.

RIVER REGION BUSINESS | BEHIND THE COUNTER

Family, hard work fill the aisles at Bardwell Grocery

By: Laurna Pruett
KPI Writer

BARDWELL — Before the first customers begin filling their carts at Bardwell Grocery, Chris and Kim Reeves are already working behind the scenes.

Chris starts the morning with coffee, while Kim has an Alani energy drink as they catch up on emails and Facebook messages, review upcoming advertisements and handle payroll. When they leave the office, their attention shifts to stocking the meat counter, replenishing produce and preparing the cold deli for the day.

The husband-and-wife team owns and operates Bardwell Grocery with help from their three sons, who also play important roles in keeping the family business running.

The store opened Aug. 29, 2025, and recently marked its first anniversary serving Bardwell and the surrounding area.

Although customers see shelves stocked with groceries, fresh produce and meat, much of the work begins long before an item reaches a shopper's cart. The Reeveses describe themselves as hands-on owners who can regularly be found working throughout the store.

They also spend time rearranging merchandise and determining how to provide customers with a broad selection while keeping prices competitive.

Busy weekends and holidays add another layer to the store's daily work. Increased ordering, stocking and preparation require employees to work together to ensure shelves and departments are ready for customers.

The Reeveses also try to balance the demands of operating a grocery store with giving employees opportunities to rest and spend time with their families. When possible, the store adjusts its staffing or hours while continuing to meet customers' needs.

Among the familiar faces helping customers is Logan Larkin, a well-known member of the Bardwell community who volunteers at the store two days each week.

Larkin bags groceries, assists customers and brings a cheerful presence to the store. The Reeveses said he is always ready to share a laugh and brings joy to customers and employees alike.

His service illustrates how Bardwell Grocery has become more than a place to purchase food during its first year. It is also a place where customers are greeted by familiar faces and community members contribute in different ways.

As Bardwell Grocery begins its second year, the Reeves family said additional plans are underway. Details have not yet been announced, but the owners expect to share news about future additions soon.

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Most states prompt schools to teach 9/11, but the details differ, AP finds

Telling the story of 9/11 has become the labor of U.S. schools now that about 1/3 of Americans weren't yet born on Sept. 11, 2001

By JENNIFER PELTZ - Associated Press

For three days this summer, teachers converged at the Flight 93 National Memorial in remote western Pennsylvania to talk about 9/11.

How best to educate a new generation about the attacks 25 years ago? Which details are appropriate for young kids? What do victims' families want students to be told about the dead?

"Even worse than getting started wrong or using inappropriate language is the total omission of telling the story," Gordon Felt, whose brother Edward Felt died on United Airlines Flight 93 on Sept. 11, told teachers in one session. "That's our biggest fear."

Teaching about 9/11 in schools is more important than ever now that about one-third of Americans were born after al-Qaida hijackers crashed planes and killed nearly 3,000 people in New York, the Pentagon and rural Shanksville, Pennsylvania. A growing majority of states — at least 40 — expect or suggest that public schools address 9/11 in some way, but the provisions vary widely in scope, specificity and framing, The Associated Press has found.

State education standards range from detailed course content to broad concepts. As a result, some don't specify what to teach about Sept. 11.

A decade after the attacks, about 60% of states didn't explicitly mention 9/11 in their education standards, but there has been more movement toward teaching it as time passed and the attacks were seen as "a settled event," said University of Wisconsin education professor Jeremy Stoddard. He, now-retired dean Diana Hess and colleagues have researched 9/11 education for decades.

"For those states that include it, it seems to be going in much more depth than it was in the past," Stoddard said.

States vary in teaching about 9/11

Twenty-five states have laws or education standards that require or expect public schools to provide instruction specifically on the Sept. 11 attacks, and another 13 have optional mentions of 9/11, according to data AP gathered. Several other states have laws requiring or recommending school observances, bringing the number of states with some policy to at least 40. In states without specific laws or standards, schools and teachers also may choose on their own to discuss the attacks.

Here's how every U.S. state approaches 9/11 history in schools.

The AP gathered its data through requests to all states, reviews of standards in four states that didn't answer, and interviews with lawmakers and other officials.

While states may share an interest in teaching about 9/11, their approaches differ.

In Alabama, Sept. 11 fits into "the United States' military involvement in international conflicts since 1980" for students as young as fifth-graders. Texas has taught 9/11 and surrounding events as an example of "radical Islamic terrorism" and a key piece of modern history overall.

Colorado suggests high school students might analyze the aftermath of Sept. 11, including "Middle Eastern discrimination." New Mexico envisions discussions that could include not only post-9/11 wars and legislation but also the U.S. detention of suspected enemy combatants at the Guantanamo Bay naval base in Cuba and the Abu Ghraib prisoner-abuse scandal.

States' classroom lessons don't always map neatly with their political leanings. States as politically different as California, Florida, New Jersey and North Dakota all propose or expect that students discuss post-9/11 efforts to balance national security and civil liberties, for instance.

But social studies overhauls that reflect conservative priorities have tended to include Sept. 11. A 2023 Florida law even specifies that certain middle and high school courses spend 45 minutes on 9/11.

The Louisiana "Freedom Framework" — crafted in 2022 after conservative complaints about an earlier draft — starts mentioning 9/11 in second grade.

"We coalesced around our belief that Sept. 11 needed to be included in a very real way," Louisiana Education Superintendent Cade Brumley said by phone this spring. He hopes students learn that "threats to our freedom are real, but as Americans, I think, we are quite powerful when we stand together and we face that adversity."

A 2022 Arizona law required "age-appropriate education" on Sept. 11 in all public schools — until legislators dialed it back last year to seventh through 12th grades. "We have to protect young children from the true horror of 9/11 and ensure older children never forget it," said state Sen. John Kavanagh, a Republican who sponsored the first measure and supported both.

In Congress, Rep. Andrew Garbarino, R-N.Y., has proposed a resolution encouraging all states to teach students about the attacks.

Educating teachers, along with students

About 60% of U.S. young adults say they first learned about the attacks through school, according to a recent Pew Research Center poll that included about 250 adults born after 2000. But if educators' role in 9/11 awareness is clear, it hasn't been easy.

When Megan Jones became the National Sept. 11 Memorial & Museum 's education chief in 2014, teachers told her they worried about bringing up traumatic memories for students. Now, pupils often need basic facts, and teachers reconcile their own pained recollections with the reality that students see Sept. 11, 2001, as distant history.

The key is "helping them to understand how 9/11 ultimately shaped the world that they live in," Jones said. The New York memorial has raised over $25 million this year to enhance student field trips, teacher training and other education programs.

The Flight 93 Memorial brought 40 Pennsylvania teachers to its site in June, hoping to kindle more education about Sept. 11, said organizer Donna Gibson, the executive director of Friends of Flight 93 National Memorial.

Fifth-grade teacher Martha "Marty" Runzer went to explore a subject with personal meaning. The former United Airlines flight attendant wears her old wings pin every Sept. 11, tells her West Chester students about her colleagues who died, and emphasizes how ordinary people — such as the Flight 93 passengers and crew members who tried to wrest control from the 9/11 hijackers — became "everyday superheroes."

John Boston Bradley, by contrast, doesn't remember 9/11. The 28-year-old social studies teacher has taught his Catholic high school students in Johnstown about the attacks, but he said the memorial symposium inspired him to convey more of the "human, emotional aspect."

"It will help our students understand that these difficult stories need to be told," he said.

How kids see 9/11

"Why did they want to crash into us?" Desmond Killian, 9, asked his parents as they looked around the Sept. 11 Memorial plaza in New York one recent afternoon.

"It's some tough things to talk about," dad Eric Killian replied.

Desmond took that in, then asked: "Which country?"

"It wasn't so much a country," Eric Killian said.

The questions kept coming from the fourth-grader, who said he'd heard the term "9/11" from friends but hadn't been taught about it yet in his California school. The state recommends that all public schools hold a moment of silence, and it suggests that high schools discuss the attacks' impact on U.S. policy and world affairs.

Another visitor, 17-year-old New Jersey high school senior Ameya Williams, had learned extensively about Sept. 11, from the missed warning signals before the attacks to rebuilding after.

Her state requires such instruction in public high schools and encourages age-appropriate instruction earlier. Plus Williams has heard stories from relatives, including her grandfather, who was commuting to work at New York's World Trade Center when it was struck.

"I feel like understanding it is understanding what they went through," Williams said.

Associated Press writers Marc Levy in Shanksville, Pennsylvania, and David A. Lieb in Jefferson City, Missouri, contributed to this report.

Taken from KY Today.

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MILESTONE MOMENT: Ballard Memorial volleyball player Liyah Holman was recently recognized after recording the 100th block of her high school career. A strong presence at the net, Holman has reached an impressive milestone and will look to keep adding to her career block total with each game she plays. Holman and the Lady Bombers will compete in the Region 1 All "A" Classic Volleyball Tournament Saturday, Sept. 12, at Carlisle County Elementary and Middle schools. Top-seeded Ballard Memorial will play at 10 a.m. against the winner of the St. Mary-Fulton County match. The championship match is scheduled for 2:30 p.m. Photo by Tim Taylor

Tackett joins NFHS in consulting role while completing duties as KY HS Athletic Association Commissioner

Staff Report

LEXINGTON — Julian Tackett, who recently announced his retirement as commissioner of the Kentucky High School Athletic Association (KHSAA), effective later this year, is joining the NFHS on a consulting basis while finishing his duties as KHSAA commissioner and assisting the KHSAA Board of Control in their leadership transition.

In early 2027, the plan is for Tackett to transition to a full-time leadership position with the NFHS as Associate Executive Director – Operations & Technology.

Tackett's initial work with the NFHS during the remainder of 2026 will be focused on the NFHS technology area. During this time, he will work closely with NFHS Executive Director Davis Whitfield and the NFHS Information Technology team as the NFHS accelerates its efforts to support and assist the 51 state associations.

Once he transitions to his full-time administrative position as Associate Executive Director – Operations & Technology in early 2027, Tackett's responsibilities will include – beyond technology strategy and leadership – the NFHS rules-making process, NFHS Holdings, Inc. management; the NFHS membership insurance program; the NFHS awards program; and oversight of NFHS office facilities.

"Julian Tackett brings a unique combination of leadership, institutional knowledge and technological expertise to this role," Whitfield said. "His decades of service to Kentucky and the NFHS, including leadership on numerous NFHS committees and chairing the NFHS Strategic Planning process, have given him a deep understanding of both state association and NFHS needs. His work in developing and overseeing an in-house technology platform – and guidance in transitioning that platform to a more modern system to help their member schools – demonstrates his ability to turn innovation into practical solutions. His depth of knowledge, work ethic, experience and skill set make Julian uniquely qualified—and the perfect person—to lead this important work for the NFHS."

"I am excited about this challenge to

Continues
On ***Next Page***

Abree Warren named to KVCA Girls' All-State Watch List

Staff Report

BARDWELL — Carlisle County senior outside hitter Abree Warren has been named to the KVCA Girls' All-State Watch List. The Kentucky Volleyball Coaches Association recognized Warren on the KVCA Girls' All-State Watch List, which is released annually.

Warren is a long-time leader for the Lady Comets. As a junior in the 2025 high school volleyball season, Warren recorded 193 kills, 5 blocks, 18 assists, 261 digs and 44 service aces for the Lady Comets. Warren led Carlisle County in kills during her junior campaign.

Currently, Warren is leading Carlisle County in the 2026 high school volleyball season, which opened on Monday, Aug. 17.

The KVCA Girls' All-State Watch List features players from each of the Kentucky High School Athletic Association's 16 regions.

Hickman outlasts Carlisle Co.

Staff Report

CLINTON — Hickman County outlasted Carlisle County 3-2 in a 1st District volleyball match on Tuesday, Sept. 1.

The Lady Falcons won 25-27, 25-7, 25-27, 25-11, 9-15. Hickman County evened its overall record to 3-3 after notching the win. As a result of the loss, Carlisle County dropped to 6-10 overall. Lanee Evans, Marlee Hicks, Keyshia Sawyer, Bailey Childress, Emilee Ferguson, Macy Howell, Gracie Green, Kylie Meshew and Gracee Nuckolls each made an impact for Hickman County in its win. Ella Draper, Sophia Grogan, Abree Warren, Eden Bruer, Brooklyn Dunn, Palin Bradley, Macee Hogancamp and Olivia Webb each contributed for Carlisle County during the 1st District match. Hickman County is scheduled to visit Carlisle County for another 1st District match on Thursday, Sept. 24.

Following the conclusion of the regular season, both Hickman County and Carlisle County are slated to compete in the 1st District Volleyball Tournament.

Pilots fall to Lakers

Staff Report

MURRAY — Fulton County couldn't battle back from behind as Calloway County pulled away to win 56-8 in a non-district game on Friday, Sept. 4.

Following the loss, Fulton County dropped to 1-2. As a result of the win, Calloway County improved to 2-1. The Pilots were forced to play from behind in each quarter.

Quarterback Matthew Briedwell led Calloway County to the win. Briedwell thrived through the air, completing 10 passes for 268 yards and six touchdowns.

Hunter Haugh emerged as Calloway County's leading receiver. Haugh hauled in four receptions for 125 yards and three touchdowns. Chipping in through the air for Calloway County, Brayden Winchester added two receiving touchdowns while Jackson Wyatt contributed one receiving touchdown.

Brayden Tupper paced Calloway County on the ground, rushing 15 times for 139 yards and two touchdowns. Fulton County was held to 124 yards of total offense. Quarterback Preston Smith paced the Pilots offensively. Smith completed nine passes for 71 yards. Eiyzhek Wilson accounted for Fulton County's six points, returning a kickoff for a touchdown.

Defensively for Fulton County, Rashaud Houston recorded a team-high six tackles. Fulton County is scheduled to visit Vienna (Ill.) for its next game on Saturday, Sept. 12. The Fulton County-Vienna game is slated to kick off at 1 p.m.

Fulton shuts out Fulton City

Staff Report

HICKMAN — Fulton County shut out rival Fulton City 3-0 in a 1st District volleyball match on Tuesday, Sept. 1. The Lady Pilots won 25-22, 25-11, 25-10. Fulton County improved to 3-5 after registering the win. After suffering the loss, Fulton City dropped to 1-2.

Aubrei Wilson, Tamaria Fitzpatrick, Ava Wheeler, Sydnee Whitten, Brooklyn Owens, Maci Curry, Moly Parker and Taylan Hendrix each contributed for Fulton County in its win. Piper Cavness, Keelee Barnett, JNyia Robinson, Rio Long, Tisia Walker and Behr Miller each aided Fulton City during the 1st District match.

Fulton County is scheduled to visit Fulton City for another 1st District match on Thursday, Sept. 10. At the conclusion of the current regular season, both Fulton County and Fulton City are slated to compete in the 1st District Volleyball Tournament.

Continued
*From **Previous Page***

assist our 51 member associations and work and assist the extremely talented staff at the NFHS in those efforts," Tackett said. "I will be forever indebted to the KHSAA schools for the opportunity to work on their behalf, as well as to the outstanding team members of the KHSAA staff and the more than 130 past and present Board members. I truly have been blessed."

Tackett announced his retirement early last week while serving in his 17th year as KHSAA commissioner and 42 years overall on the association's administrative staff. He is currently the longest-tenured administrator in the 51 NFHS-member state associations.

Tackett began his career at the KHSAA in 1984 as Sports Information Director and held that position until 1991 when he was named Business Affairs Director (1991-95), followed by promotions to Assistant Commissioner (1995-08), Executive Assistant Commissioner (2008-10), and Commissioner (2010-present).

Under Tackett's guidance, the KHSAA has enjoyed the greatest expansion and growth of opportunities for the student-athletes across the Commonwealth in its 109-year history with the addition of sports and sport activities including Bowling (2012), Competitive Cheer (2012), Archery (2013), Bass Fishing (2013), Field Hockey (2014), Unified Sports Opportunities in Track (2015), Dance (2017), Esports (2018), Indoor Track & Field (2024), Boys and Girls Lacrosse (2025), Boys Volleyball (2025), and the adoption of Pickleball and Girls Flag Football beginning with the 2027-28 schoolyear.

Tackett also oversaw the Association's development of the first-ever statewide radio network for the Boys and Girls Sweet 16® and the development of its first-ever public website. In addition, he guided the KHSAA's governance efforts regarding middle school athletics beginning in 2013 and helped increase the number of licensed sports officials by creating the Junior Officials program (14–17-year-olds) in 2023-24.

Tackett's list of accomplishments at the national level is just as impressive, having served on numerous NFHS committees such as the Strategic Planning (chair), Football Rules (chair), Baseball Rules, Basketball Rules, Records, Hall of Fame Screening (chair), Technology (chair), Sports Medicine, and NFHS Network (chair). He has given many presentations at the NFHS Summer Meeting, National Athletic Directors Conferences, and dozens of other conferences, commencement ceremonies, and local group meetings.

Lady Bombers Ready For All A

By Tim Taylor

Ballard Memorial will enter the All A 1 st Region Volleyball Tournament as the number 1 seed. That is familiar territory for the Lady Bombers who have found themselves as the tournament favorite. That has not always played out well for Ballard Memorial, but this team has the tools and talent to pick up the school's sixth All A title.

Heading into the small school's tournament, Ballard Memorial picked up their 11 th win of the season defeating Carlisle County 3-0. The Lady Bombers dominated the opening set 25-10 including 8 aces. A much closer second set saw Ballard Memorial outlast the Lady Comets 25-21 and then pulled off 25-12 win in the 3 rd set to complete the sweep.

The Lady Bombers competed in their final game prior to the All A regional against the tournaments 5 th seeded Lady Eagles of CFS. It was another clean sweep with the Lady Bombers winning 25-17, 25-16, 25-10 to obtain their 12 th win of the season. Mallie Owens had 7 kills, Aubrey Alexander added 14 digs, and Rilee Bodell had 12 assists to lead the way. Ballard Memorial has not played their best up to this point in the season, so heading into the All A, they will need to find that extra gear and play consistent. They will begin the All A Saturday, September 12 th at Carlisle County playing in theelementary school gym.

The Lady Bombers play the winner of Fulton County and St. Mary at 10:00 in the quarterfinal play. The quarterfinal winner then advances to the 1:00 semifinal match with the championship being at 2:30.

Memorial Bowl 2026 Recognizes 6 Inductees

By Tim Taylor

Ballard Memorial will hold their annual Memorial Bowl football game on Friday,

September 18 th at Bomber Field against Vienna-Goreville, IL. It is a night to recognize our military veterans along with Bomber football inductees onto the Memorial Wall on the southwest end of the field. They will honor 6 former players, coaches, cheerleaders, and boosters who have passed away in this 2026 inductee class. There will be two football players honored this season. Tom Shelton from the Class of 1981 and Erwin "Sparky" Robinson from the Class of 1988 along with former coach B.B. Kendrick.

Appropriately enough Robinson was also an Army veteran being recognized on the same night as our military veterans. The Class of 1978 cheerleader Kim Stevens Terrell is being honored along with boosters John Earl Evans and Amy Myers. It will be a special night celebrating our miliary veterans as well as our former Bomber family members who have passed away.

Come out early to Bomber field where military veterans will be recognized at 6:10 and the six inductees will be recognized at 6:20. Kickoff against Vienna-Goreville is scheduled for 7:00.

Falcons limited in Lakers loss

Staff Report

CLINTON — Hickman County was limited offensively as Calloway County pulled away to win 18-3 in a middle school baseball game at Hulsey Field on Thursday, Sept. 3.

Calloway County, an experienced team, separated itself from Hickman County early in the middle school baseball game. The Falcons were forced to play from behind. Despite the run differential, multiple players produced offensively for Hickman County throughout the game.

Ean Byassee (two hits, two RBIs, one run, one stolen base), Mac Templeton (one hit, one RBI, one walk, one stolen base), Jake Pyle (one hit) and Keegan Birmingham (one walk, one stolen base, hit by a pitch) were Hickman County's tip offensive contributors. The Falcons' latest season opened in August. Numerous area middle school baseball teams are competing in the current campaign.

AG UPDATE
for Ag and Natural Resources

Tom Miller,
Ballard County Ext. Agent

Tree surface roots: Why they happen and what to do

Source: Rick Durham, horticulture extension professor

Big shade trees are a gift — until their roots start showing in the lawn. Surface roots make mowing tough, trip people up and can heave sidewalks. They aren't a sign your tree is failing, though. In most cases, they're a normal response to how roots grow and how soil behaves.

Most tree roots spread outward in the top 4–15 inches of soil because that's where oxygen is available. In heavy, compacted, or poorly drained soil, oxygen is scarce, so roots creep even closer to the surface. Each year those roots thicken, the way a trunk does, and they can push through the turf. Erosion from rain and foot traffic exposes them more. Nearly any mature tree can develop surface roots, though poplars, willows, maples (Norway, red, silver), sycamores, aspens, beeches and some ash and pin oaks are frequent culprits.

The worst thing you can do is cut or grind off visible roots. That invites decay and insects, removes thousands of feeder roots that absorb water and nutrients, and can weaken the tree's stability. Piling on lots of soil is risky too; deep fill over the root zone can suffocate roots.

First, consider adding a mulch layer over exposed roots. A two- to three-inch layer of shredded wood or chips cushions the roots, reduces mowing around the tree and holds moisture. Extend the mulch ring as far as you can — ideally to the dripline — and keep it pulled back a few inches from the trunk. Skip "volcano" mulching— don't pile mulch around the trunk. If you want plants under the canopy, hand-dig small pockets within the mulched area for shade-loving perennials or groundcovers between roots; avoid rototillers and do not add thick layers of soil first. Make sure plant roots extend down into the soil and not just into the mulch.

Growing grass under trees is also an option but has its own challenges. Even shade-tolerant species may not provide a thick enough cover to be attractive. The grass and tree roots will constantly compete for moisture and nutrients, and you may find yourself watering the grass under the tree more often than in other parts of the yard. Nevertheless, if you want to try grass, rake away debris of sticks and excess leaves, then add just enough topsoil —a half inch or less — just enough to fill in between roots and smooth the surface. Seed with a shade-tolerant grass and water as needed. When mowing, you may want to set your mower deck a bit higher to avoid damaging any exposed roots. Because roots continue to thicken, expect to repeat this light topdressing every year or two rather than burying everything at once.

Planning and planting choices help prevent the problem. In compacted or clay soils, select trees with deeper root systems such as black gum, ginkgo, yellowwood, zelkovas and many oaks are good options. You can also choose smaller ornamental trees whose roots are less likely to grow large enough to cause trouble. Plant slightly high (about two inches above grade), give trees room near pavement, and check local rules before planting along streets. Remember that roots extend well beyond property lines and will follow air, water, and space.

In short, surface roots are mostly an aesthetic and maintenance issue — a response to soil conditions rather than a sign of poor tree health. Treat the soil gently, protect the roots, and manage the area with topdressing or mulch. Your tree will thank you — and your mower will, too.

Programs of the Kentucky Cooperative Extension Service serve all people regardless of race, age, sex, color, religion, disability or national origin. For additional information, contact the Ballard County Extension Office, 110 Broadway, La Center, 665-9118.

Facts about the autumnal equinox

Crisp autumn air will soon be rolling in and the leaves on trees will be trading their vivid green hues for shades of orange, red and purple. Fall begins on the autumnal equinox. Although people may see it as the official kickoff to bonfires and flannels, that's not the only interesting part of this remarkable day.

• It's a moment and not a day. Despite what many people think, the autumnal equinox is not an entire day. In fact, the equinox is a precise astronomical event. It occurs at the exact moment the sun crosses the celestial equator, an imaginary line in the sky directly above the Earth's equator.

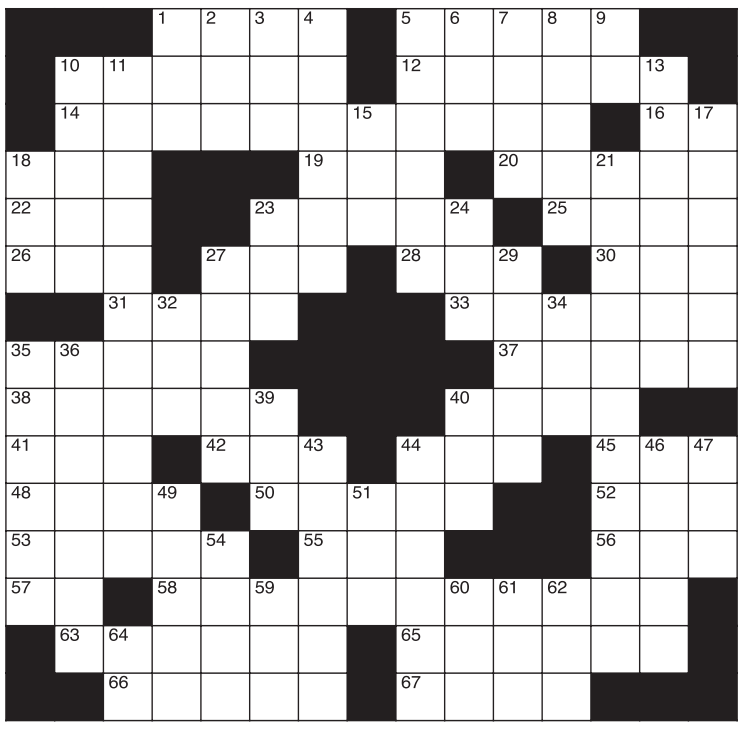
• It's not "equal night." Although the word equinox comes from the Latin word "aequus" (equal) and "nox" (night), we do not get exactly 12 hours of daylight and 12 hours of darkness on the equinox. This is because of how the Earth's atmosphere refracts sunlight. The sun appears above the horizon even after it has technically set, according to the National Weather Service.

• Northern lights can be seen. Those hoping to catch a glimpse of the aurora borealis will find the weeks surrounding the autumnal equinox are the prime window to do so, according to NASA. Geomagnetic storms that trigger these stunning light displays occur twice as frequently around the fall and spring equinoxes compared to the summer and winter solstices.

• It's not always on the same day. The autumnal equinox does not fall on the same day each year. It usually lands on September 22 or 23, but it can occasionally occur on September 21 or 24 (in the northern hemisphere), indicates the U.S. Naval Observatory.

The autumnal equinox is a unique and often enjoyable day on the calendar.

Crossword Puzzle



CLUES ACROSS

1. Longtime *Vogue* editor Wintour
5. A Spanish title of respect
10. A way of looking
12. Properly
14. Rolled steel
16. Not down
18. Law degree
19. Consume food
20. Intermediate ecological stage
22. Old world, new
23. Dispense justice
25. Stiff hair-like structure
26. Ethiopia
27. Cool!
28. Father
30. An enthusiastic devotee of sports
31. Holm oak
33. Be united
35. Rattling breaths
37. Supermarket chain
38. Provided with a quality
40. Samoan monetary unit
41. Swiss river
42. Hill (Celtic)
44. Have already done
45. ATM company
48. Syngman __, Korean president
50. Very willing
52. Arctic explorers (abbr.)
53. Food listings
55. Bachelor's place to crash
56. Big Blue
57. Sports magazine
58. Relating to a place north of south of the equator
63. Female follower of Bacchus
65. A type of laugh
66. Slovenly women
67. Large jug

CLUES DOWN

1. Boxing's GOAT
2. Zero
3. Midway between north and northeast
4. Concurred
5. Added flavor
6. Amount of time
7. Eggs of parasitic insects
8. S-shaped moldings
9. Atomic #45
10. __ d'art: small artistic item
11. A godparent's "kids"
13. Nocturnal burrowing lizard
15. Hit lightly
17. Aircrafts
18. Witness
21. Alluding to something
23. Take to the limit
24. Baglike structure in a plant or animal
27. Start over
29. Administered
32. Romanian monetary unit
34. Unit of liquid capacity
35. Equips with weapons again
36. Disney town
39. Female deer
40. Title of respect
43. A place to go rafting
44. A way to conclude
46. Type of television
47. Georgia rockers
49. Leonhard __, Swiss mathematician
51. Slang for gun
54. River in Bosnia and Herzegovina
59. Bar bill
60. Small, gray-headed crow
61. Frozen water
62. Norwegian krone
64. Commercial

PUZZLE SOLUTION

			A	N	N	A		S	E	N	O	R		
	O	G	L	I	N	G		A	R	I	G	H	T	
	B	O	I	L	E	R	P	L	A	T	E		U	P
S	J	D				E	A	T		S	E	R	A	L
E	E	C			M	E	T	E	S		S	E	T	A
E	T	H		R	A	D		D	A	D		F	A	N
		I	L	E	X				C	O	H	E	R	E
R	A	L	E	S						L	I	R	A	S
E	N	D	U	E	D				S	E	N	E		
A	A	R		T	O	R		D	I	D		N	C	R
R	H	E	E		E	A	G	E	R			T	A	E
M	E	N	U	S		P	A	D				I	B	M
S	I		L	A	T	I	T	U	D	I	N	A	L	
	M	A	E	N	A	D		C	A	C	K	L	E	
		D	R	A	B	S		E	W	E	R			

Word Search

MELODIOUS WORD SEARCH

S	O	N	A	T	A	M	M	P	T	O	A	B	C	R	H	P	O	S	T
M	T	C	Y	T	R	V	H	B	N	E	A	M	Y	A	N	T	H	E	M
I	E	P	E	M	I	B	C	O	B	U	B	B	E	Y	P	T	H	D	C
L	N	H	V	U	V	M	O	O	T	A	C	C	A	T	S	N	T	T	R
Y	S	B	A	L	A	N	B	C	O	L	A	O	Y	C	D	U	A	N	S
D	E	T	T	R	L	L	P	R	N	S	E	D	V	I	B	R	A	T	O
O	M	D	C	P	M	C	S	A	E	R	L	N	B	M	D	O	N	V	A
L	B	N	O	B	S	H	D	R	Y	R	M	E	M	A	P	P	V	E	L
E	L	A	A	I	B	H	E	C	H	E	O	C	H	N	V	M	U	I	Y
M	E	D	N	A	E	N	A	A	A	D	V	S	S	Y	O	E	V	U	R
C	M	P	L	T	A	D	P	P	N	T	E	E	A	D	H	T	R	M	I
V	C	L	H	D	E	S	Y	I	O	D	R	R	M	H	B	B	O	H	C
U	A	A	E	N	O	N	T	T	U	E	T	C	E	Y	Y	A	L	N	S
D	B	D	C	D	O	T	L	S	S	M	U	Y	Y	T	B	M	O	U	P
C	U	E	Y	H	E	V	O	M	M	I	R	E	N	M	N	D	S	R	C
A	D	L	P	E	T	R	H	R	Y	O	E	S	I	O	H	M	D	U	B
O	P	M	C	I	T	S	U	O	C	A	Y	D	O	U	M	T	C	B	S
D	Y	L	E	S	I	V	O	R	P	M	I	P	R	U	E	R	Y	Y	I
S	D	U	Y	E	M	P	O	V	H	D	R	O	H	C	O	D	A	H	O
E	H	C	L	V	P	M	A	O	I	D	S	E	B	S	T	U	V	H	R

Find the words hidden vertically, horizontally, diagonally, and backwards.

ANSWERS IN B SECTION

WORDS

ACOUSTIC
ANTHEM
BALLAD
CADENCE
CHORD
CRESCENDO
DYNAMIC
ENSEMBLE
HARMONY
IMPROVISE
LYRICS
MELODY
OCTAVE
OVERTURE
RHAPSODY
RHYTHM
SERENADE
SOLO
SONATA
STACCATO
SYMPHONY
TEMPO
TIMBRE
VIBRATO

Sudoku Puzzle

How it Works:

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle! Good Luck!

ANSWERS IN B SECTION

	4							9
	3	8		1				7
		5		9		6		
					1	7	5	
	2				4			1
				2			6	
3	7		9				4	8
				8		2		
		6						

Coloring Fun

Murray State has growth in enrollment

By TOM LATEK
Kentucky Today

MURRAY, Ky. (KT) – Murray State University officials say their preliminary 2026 fall semester enrollment data shows growth and momentum for the 2026-27 academic year, which began on Aug. 18.

Based on University data as of September 8, this year's entering freshman class of 1,523 students is the third largest over the past decade (a 2.2 percent increase over last fall's freshman class) and holds the highest average high school GPA in the past decade. The University also reports experiencing an increasing number of entering freshmen who are residents of neighboring states such as Illinois, Tennessee, Missouri and Indiana.

Enrollment in the University's Racer Academy dual credit program for high school students indicates a 13.6 percent increase from the previous year.

Murray State's overall current enrollment of 9,982 students shows a 1.1 percent rise from last fall. Student credit hours are ahead of last year at this time as well. Students come from 49 states, 54 countries and 114 Kentucky counties, and 40 percent are first generation college students.

Murray State campus.

Student progression and success metrics also reflect continued positive momentum. The University's first-time, full-time freshmen retention rate has risen to 80.4%, with a persistence rate of 92% for first-time freshmen.

"These preliminary results are very encouraging and reflect the positive momentum we are seeing at Murray State University," President Dr. Ron K. Patterson said. "I am especially grateful to our enrollment management team for their tremendous work and commitment to recruiting and supporting our students, as well as to our faculty, staff, students, alumni, community partners and the entire Racer family who continue to support our recruitment initiatives. These results demonstrate the strength of our collective efforts, and this is truly an exciting time to be a Racer. We remain focused on providing an exceptional experience for our students to succeed and thrive."

The official 2026-27 final enrollment report will be completed later this fall.

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For more information please contact:
McCracken County Humane Society
4000 Coleman Road, Paducah, KY 42001
(270)443-5923

Kentucky measles outbreak expands

By TOM LATEK
Kentucky Today

FRANKFORT, Ky. (KT) – The number of confirmed measles cases in Kentucky continues to rise, according to the Kentucky Department for Public Health (KDPH), part of the Cabinet for Health and Family Services.

Back on August 27, there were a total of 29 cases for the year, 25 of them during the ongoing outbreak. As of Monday morning, that number has risen to 43, with 39 in the current outbreak.

The KDPH dashboard says all 43 cases involve individuals who are unvaccinated, or whose vaccination status has not been determined. Nine cases involve children who are under five years of age, 18 of them are ages 5-17 and the other 16 are 18 years old or older. Three of the patients have required hospitalization.

Breaking down the number of confirmed cases by county, Christian County has had 17 and Trigg reports seven. There were five each in Barren and Washington counties, four in Jessamine County, two apiece in Caldwell and Owen counties and one case in Todd County.

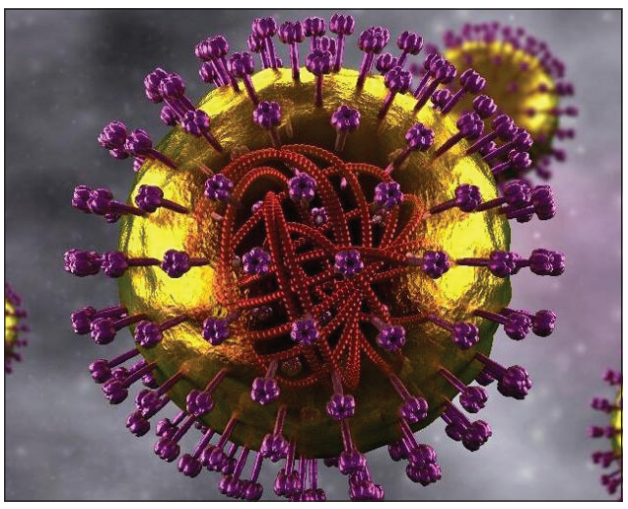

Photo of the virus that causes measles from the National Foundation for Infectious Diseases.

The illness onset date includes four cases in January, eight in July and 31 in August. No onset dates have been reported yet in September.

CHFS Secretary Dr. Steven Stack, who was formerly the Commissioner of Public Health, says measles is extremely contagious. "One person in an unvaccinated community would spread it to about 18 other people. In very strong contrast, if you are immunized, and everyone else in this room is immunized, I will not get the disease, 97 out of 100 times. That's how effective the vaccination is."

He continues to urge everyone to get vaccinated.

"These vaccines are safe, they are proven, and in fact, they led to the United States in the year 2000 being declared as a measles elimination country. Because of the real horrible guidance causing harm to people all over the country, now the CDC has on its website a be prepared for measles webpage."

The KDPH dashboard, which tracks cases back to 2011, shows no cases up to 2018, two cases in 2019, none from 2020 to 2022, two in 2023, none in 2024, 13 in 2025 and this year's 43.

"We now have the most measles cases in Kentucky in more than 35 years and the highest nationwide two years in a row," Stack added.

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‘Comeback to Complete’ helps adults identify path back to college, graduation

By TOM LATEK
Kentucky Today

VERSAILLES, Ky. (KT) – The Kentucky Community and Technical College System (KCTCS) has launched a systemwide effort to welcome back former students and help them earn a degree, diploma or certificate to help them reach their educational and career goals.

“Comeback to Complete” is designed to connect former students with resources that recognize prior coursework and relevant experience, explore credential options and address barriers to completion. The program helps students identify a clear path back to college and toward graduation.

The need for that work was highlighted in a recent Kentucky Council on Postsecondary Education report, A State-Level Framework for Re-engaging Adult Learners, which found that 43,375 Kentucky adults ages 25 and older left a public college or university between spring 2018 and fall 2024 without re-enrolling at an in-state institution.

“Students leave college for many reasons, often with the intention of returning,” said Cristy Null, Comeback to Complete coordinator. “Needs change and priorities shift, but Comeback to Complete gives us an opportunity to welcome them back, recognize what they have already accomplished and develop a plan to achieve their goal.”

The program supports Kentucky’s 60x30 goal to have 60% of working-age Kentuckians earn a postsecondary degree or credential by 2030 and advances KCTCS’ strategic focus on student access, retention and success.

Comeback to Complete also builds on broader statewide efforts to re-engage adult learners. A Council on Postsecondary Education pilot already underway at Bluegrass Community and Technical College, Elizabethtown Community and Technical College and Jefferson Community and Technical College focuses on adults who left college without a credential after earning significant college credit. Together, these efforts reflect a shared commitment to helping more Kentuckians return to college, complete credentials and strengthen the state’s workforce.

“Comeback to Complete gives Kentuckians a pathway to build on the progress they have already made and turn that work into a credential with lasting value,” said Dr. Phil Neal, KCTCS executive vice president and provost. “By returning to complete a degree, diploma or certificate, former students can create new opportunities for themselves and their families while helping meet Kentucky’s growing need for a highly skilled workforce.”

Former KCTCS students interested in returning can learn more, review their options and connect with Comeback to Complete at https://kctcs.edu/comeback-to-complete.

CALDWELL

Barbara Ann Armstrong, 83, passed away on September 5, 2026, at the Calvert City Convalescent Center. Funeral services were held Wednesday, September 9, 2026, at 2:30 at Lakeland Funeral Home with Bro. Chuck Ladd officiating. Burial followed in the Macedonia Cemetery.

Jerry Wayne Fraliex, age 76, of Princeton, passed away Saturday, September 5, 2026 at Deaconess Henderson Hospital. Funeral services were held at 11:00 am Wednesday, September 9, 2026, at Morgan's Funeral Home. Burial followed in Fredonia Cemetery.

Bobbie Ann Payne Hall, passed away on September 5, 2026, at Tradewater Health and Rehab. Visitation will be from 11 am to 1:00 PM Monday, September 14, 2026 at Morgan's Funeral Home. Funeral services will be 1:00 PM Monday, September 14, 2026 at Morgan's Funeral Home with Bro. Danny Sherrill.

Eugene Ellis "Papaw" Meadows passed away on September 8, 2026, at the age of 68. There will be a memorial meal at Northside ROC building in Princeton, KY. It will be held on Saturday, September 19, 2026 at 1 PM.

CALLOWAY

Brian A. Maynard, 43, of Murray, passed away on Saturday, September 5, 2026 at Anna Mae Owen Residential Hospice House. A memorial service honoring Brian was held at 5:30 PM on Thursday, September 10, 2026 at Journey Church, 2314 Brinn Road, Murray, KY 42071. Jerry Green and Robbie Rudolph officiated.

Steve Copeland, age 66 of Murray, KY passed away at 8:54AM Saturday, September 5, 2026 at Baptist Health Paducah. A private Celebration of Life will be held at a later date. Brown Funeral Home in Mayfield in charge of arrangements.

Judy Lynn Crawford, 58, of Wingo, passed away peacefully on September 4, 2026, at Murray Hospital, surrounded by her family and loved ones. Imes Funeral Home is entrusted with caring for her family.

LCDR Robert Laughlin McAllister, 71, of Murray, passed away on Friday, September 4, 2026 at his home. There are no events scheduled at this time. Imes Funeral Home is in charge of arrangements.

Donna Ruth Counce, age 65, of Springville, Tennessee, passed away Friday, September 4, 2026, at her home. A funeral service was held at 2:00 p.m., Wednesday, September 9, 2026, at the New Concord Church of Christ, 21 Artesian Drive, New Concord, KY 42076, with Russ Crosswhite officiating. Burial followed at the Hillcrest Memorial Gardens in Paris, Tennessee.

Brittany Janee Overby, age 42, of Murray, Kentucky passed away on Friday, September 4, 2026, at the Vanderbilt Medical Center in Nashville, Tennessee. A funeral service was held at 11:00 a.m., Thursday, September 10, 2026, at the J.H. Churchill Funeral Home & Cremation Services with Bro. Sammy Cunningham officiating. Burial followed in the Murray City Cemetery.

Hubert Larry Suiter, age 87, of Murray, Kentucky, passed away Saturday, September 5, 2026, at the Anna Mae Owen Residential Hospice House in Murray, Kentucky. A graveside service will be held at 1:30 p.m., Friday September 11, 2026, at the Elm Grove Cemetery with Bro. Brett Miles officiating. Visitation will be held from 11:00 a.m. – 1:00 p.m., Friday September 11, 2026, at the J.H. Churchill Funeral Home & Cremation Services.

Sally M. Lovett Rogers, age 87, of Murray, Kentucky, passed away Sunday, September 6, 2026, at the Marshall County Hospital. A funeral service will be held at 1:00 p.m., Saturday, September 12, 2026, at the J.H. Churchill Funeral Home & Cremation Services. Bro. Danny Pruitt will officiate, and entombment will follow in the Murray City Cemetery. Visitation will be held from 10 a.m. till 1 p.m., Saturday, September 12, 2026, at the J.H. Churchill Funeral Home & Cremation Services.

Minda Jane Scarbrough, age 68, of Murray, Kentucky, passed away Saturday, September 5, 2026, at her home on her actual birthday. Services are pending at this time. Online condolences can be made at, www.jhchurchill.com.

JoLee Gordon Clark passed from this life on Thursday, September 3, 2026, at the age of 103 in Murray KY. A funeral service was held at 3:00 p.m., on Sunday, September 6, 2026, at the J.H. Churchill Funeral Home & Cremation Services with John Dale officiating. Burial followed in the Friendship Church of Christ Cemetery.

Aubrey Moore, Jr., 95 of Murray, Kentucky, passed away Tuesday, September 8, 2026, at his residence. Funeral services will be conducted Monday, September 14, 2026, at 2:00 p.m. in the chapel of the Blalock-Coleman Funeral Home in Murray, KY with John Dale officiating. Burial will follow the service in the Murray City Cemetery, Murray, KY. Friends may visit with the family on Monday, September 14, 2026, between the hours of 12:00 noon and 2:00 p.m. at the Blalock-Coleman Funeral Home, 713 S. 4th St., Murray, KY 42071.

CARLISLE

Peggy Ellen Wood, 77, of Wingo, Kentucky, passed away on September 7, 2026, at Clinton-Hickman ICF and peacefully entered her eternal home, where she now rests in the presence of her Lord and Savior. A funeral service will be held at 11:00 a.m. on Saturday, September 12, 2026, at Milner & Orr Funeral Home of Bardwell, with Bro. Jim Rundles officiating. Visitation will be held from 5:00 p.m. to 7:00 p.m. on Friday, September 11, 2026. Visitation will also be held from 10:00 a.m. until the service time of 11:00 a.m. on Saturday, September 12, 2026, at Milner & Orr Funeral Home of Bardwell.

CHRISTIAN

Emily Taylor (Workman) Trela, age 22 of Maryville, TN, went to be with her Lord and Savior on September 4, 2026, after a car accident. A celebration of Emily's life will be held on September 11, 2026 at Emmanuel Baptist Church in Tuscaloosa, AL. Burial will follow on September 12, 2026 at Powell Cemetery in LaFayette, KY.

Bruce K. Anderson, 87, of Hopkinsville, KY died at 5:03 a.m. Thursday, September 3, 2026, at Jennie Stuart Medical Center. Private family services will be held at a later date. Hughart, Beard & Giles Funeral Home is in charge of the arrangements.

David H. Story, 64, Peyton Street, Russellville, KY passed away Thursday, September 3, 2026 at Jennie Stuart Medical Center, Hopkinsville, KY of natural causes. Funeral services were held at 1:00 p.m. Thursday, September 10, 2026 at Lamb Funeral Home with Terry Hancock officiating. Burial followed in Peaceful Meadows Cemetery.

Janice Marie Wagoner, 75, of Crofton, Kentucky died at 9:06 p.m., Saturday, September 5, 2026 at her home in Crofton. Funeral services were held at 1:00 p.m., Wednesday, September 9, 2026 at Dogwood Funerals & Cremations of Crofton with Rev. Brian Neighbors officiating. Burial followed in Judges Chapel Cemetery.

CRITTENDEN

Linda G. (Williams) Lewis, 84, of Cave-In-Rock, IL went to be with her Lord and SaviorSeptember 3, 2026 at Carbondale Memorial Hospital surrounded by family and close friends. Services were held at 1 PM Sunday September 6, 2026 at Hardin County Funeral Service in Rosiclare, IL with interment in Cave Hill Cemetery.

Thomas John Hawthorne - December 12, 1939 ~ September 8, 2026 (age 86) - An obituary is not available at this time for Thomas John Hawthorne. Myers Funeral Home is in charge of arrangements.

Peggy Oelan McReynolds age 88 of Marion, KY passed away September 4, 2026 at Princeton Nursing and Rehabilitation Center, Princeton, KY. Graveside funeral services were held Tuesday, September 8, 2026 at 1 PM at Mapleview Cemetery with burial to follow. Myers Funeral Home is honored to serve the family of Peggy Oelan McReynolds.

Aaron Thomas Fritts age 47 of Marion, KY passed away September 3, 2026 at Deaconess Midtown Hospital in Evansville. Funeral services are scheduled for 2PM Saturday, September 12, 2026 at Myers Funeral Home with burial in Sugar Grove Cemetery. Visitation begins at 10AM and continues until the service time.

Tiffany Ann Little, 48, of Marion, Ky passed away Thursday, September 3, 2026, at her home. Tiffany and her family chose cremation. Memorial services will be held at a later date in Oregon. Arrangements are under the direction of Boyd Funeral Directors and Cremation Services in Salem.

GRAVES

Elizabeth "Libby" Ann Suiter, age 82, of Hickory passed away on Tuesday, September 8, 2026 at Clinton Place in Clinton, KY. Graveside services for Mrs. Elizabeth "Libby" Ann Suiter will be 2:00 p.m. on Friday, September 11, 2026 at Pottsville Church of Christ Cemetery. John Puckett will officiate. Interment will follow. Visitation will be 11:00 a.m. - 1:30 p.m. on Friday at Byrn Funeral Home in Mayfield, KY.

Larry Dale Gregory, 80, of Farmington, KY, passed away on Monday, September 7, 2026, at Skyline Medical Center in Nashville, TN. A funeral service was held at 11:00 AM on Thursday, September 10, 2026, at Byrn Funeral Home in Mayfield, KY, officiated by Rev. Ben Stratton and Beau Barrett. Interment followed at Farmington Cemetery.

James Steven Shelton, age 75, of Hickory passed away on Wednesday, September 2, 2026 at Jackson Purchase Medical Center in Mayfield, KY. A private burial for Mr. James Steven Shelton was held at Highland Park Cemetery. Byrn Funeral Home in Mayfield, KY is in charge of arrangements.

Luther Laws, age 83 of Wingo, KY passed away at 1:22 AM Tuesday, September 8, 2026 at his residence. he family will receive family and friends at Luther and Martha's home from 4:00 PM until 6:00 PM on Friday, September 11, 2026. Expressions of sympathy may take the form of contributions to: J.U. Kevil Memorial Foundation, 1900 S. 10th St., Mayfield, KY 42066.

Vincenta Perez Hernandez, age 34 of Mayfield, KY passed away on Friday, September 4, 2026 at the Ray and Kay Eckstein Hospice Care Center in Paducah, KY. Funeral Services will be held at 1:00 PM until 9:30 PM on Saturday,

FUNERAL NOTICES continued

FUNERAL NOTICES continued

September 12, 2026 at the Iglesia Nueva Jerusalem Church with Pastor Erick Perez officiating. Burial will follow at a later date in Aguacatan Huehuetenanango, Guetemala.

Kathy J. Smith, age 69 and a resident of Murray, passed away at 7:10 P.M. Thursday, September 3, 2026 at the Ray and Kay Eckstein Hospice Center in Paducah. Funeral services for Kathy were held on Tuesday, September 8, 2026 at 2:00 P.M. at the Brown Funeral Home in Mayfield. Bro David Little will officiate.

Richard "Ricky" Wilson age 71 of Hickory, Ky. passed away on Thursday September 3, 2026 at his residence. Funeral arrangments are pending and will be published when they are known. The Brown Funeral Home in Mayfield, KY is in charge of the arrangments.

HICKMAN

Robert E. "Bobby" Jones, age 71, of South Fulton, Tennessee passed away Monday, September 7, 2026, at the Jackson-Madison County Hospital in Jackson, Tennessee. Funeral services for Mr. Bobby Jones will be held at 2PM Friday, September 11, 2026, at the Hornbeak Funeral Chapel in Fulton with burial to follow in the Obion County Memorial Gardens. Visitation will be held at the funeral home from 12 Noon Friday until the hour of service.

Dorothy Snow Mullins passed away peacefully on September 3, 2026, at Van Ayer Nursing Home in Martin, Tennessee. She was 96 years old. Funeral services for Dorothy Snow Mullins were held at 1 PM Monday, September 7, 2026, in our funeral chapel with burial to follow in the Little Obion Cemetery.

Laura Beth Henderson, age 59, of Tiptonville, TN and formerly of Hickman, KY passed away Wednesday, September 2, 2026 at her residence. Funeral arrangements are incomplete at this time. Hornbeak Funeral Chapel-Hickman is in charge of arrangements.

LYON

Fredia Mae Johnson, age 98 of Princeton Ky, passed away on Saturday, September 5, 2026 at Princeton Nursing and Rehabilitation in Princeton, Ky. Graveside services were held on Thursday at 1:00 pm September 10, 2026 at Kuttawa Cemetery in Kuttawa with Rev. Jimmy Jones officiating.

Hylan Stone, age 73 of Princeton Ky, passed away on Wednesday, September 2, 2026 at his residence in Princeton, Ky. Details are pending.

In Loving Memory of **Tannah Lynn Gibbs.** There are people who pass through this world, and then there are people who leave it forever changed. My precious Tannah, was one of those rare souls. At just 19 years old, Tannah taught more about love, faith, courage, and grace than most people learn in a lifetime. Visitation was held from 12:00 noon till 2:00 pm at Kuttawa Independent Church in Kuttawa Kentucky, Friday September 4, 2026. Tannah's Memorial service was at 2:00 pm Friday with Rev. Jed Ramey officiating.

MARHSALL

Sara Lynn Hart, 89, of Benton, Kentucky, peacefully passed away at the Charter Senior Living Memory Care of Murray, Kentucky, on Sunday, September 6, 2026. Visitation will be held Saturday, September 12, 2026, at Filbeck and Cann Life Celebration Center from 2:00 pm until 4:00 pm. A celebration of life service will be held at 4:00 pm Saturday, September 12, 2026, at Filbeck and Cann Life Celebration Center.

Denise Alice Baker, 89, of Benton, Kentucky, passed away on Tuesday, September 8, 2026, at Lakeway Nursing and Rehabilitation. Visitation will be from 11:00 AM to 1:00 PM on Friday, September 11, 2026, at the Life Celebration Center of Filbeck-Cann, 1003 Poplar Street, Benton, KY 42025. A funeral service will be held at 1:00 PM on Friday, September 11, 2026, at the Life Celebration Center of Filbeck-Cann. Burial will follow at Mullinax Cemetery.

Timothy "Timmy" Garris, 46, of Goldsboro, North Carolina, passed away unexpectedly on Friday, September 4, 2026, in Eddyville, Kentucky. Visitation will be held from 11:00 AM to 12:00 PM on Saturday, September 12, 2026, at the Life Celebration Center of Filbeck-Cann, 1003 Poplar Street, Benton, Kentucky 42025. Funeral services will be held at 12:00 PM on Saturday, September 12, 2026, at the Life Celebration Center of Filbeck-Cann.

William "Billy" Earl Fennel, 58 of Gilbertsville, Kentucky passed away on Tuesday, September 8, 2026, at his residence. here are no services at this time. All arrangements are being handled by Collier Funeral Home and Cremation Services, located at 211 West 5th Street Benton, KY 42025. 270-527-3141.

Charles Lawrence Wallace, age 68 of Calvert City, KY passed away Monday, September 7, 2026, Marshall County Hospital in Benton, KY. Visitation will be held between the hours of 12:00 p.m. and 2:00 p.m. on Sunday, September 13, 2026 at Collier Funeral Home, 211 W. 5th Street, Benton, KY 42025.

McCRACKEN

Barry Morris Graziano, 55, of Paducah, Kentucky, passed away on September 7, 2026, surrounded by the love of his family. Funeral services will be held on Saturday, September 12, 2026, at 9:00 am at the Lone Oak Chapel of Milner & Orr Funeral Home, with an Entombment to follow at Woodlawn Memorial Gardens.

Janet Ruth Heflin Duncan, 76, of Paducah, Kentucky, passed away on Monday, September 7, 2026, at her residence. Private graveside services will be held at the Fairdealing Cemetery. There will be no visitation. Milner & Orr Funeral Home of Paducah is in charge of arrangements.

Debra Lynn Ruley, 62, of Paducah, Kentucky, passed away on September 6, 2026. A graveside service will be held at 1:00 PM on Friday, September 11, 2026, at Woodlawn Memorial Gardens with Rev. Bob Martin officiating. Visitation will be held from 11:00 AM until 12:30 PM on Friday, September 11, 2026, at the Lone Oak Chapel of Milner & Orr Funeral Home. The Lone Oak Chapel of Milner & Orr Funeral Home is in charge of arrangements.

G.W. Crisp, age 85, of Paducah, Kentucky, passed away on Friday, September 4, 2026, in Paducah. Funeral services were held at 1:00 pm on Tuesday, September 8, 2026, at Bethel Cumberland Presbyterian Church in Kevil, with Bro. Drew Gray officiating. Burial followed at the Bethel Cumberland Presbyterian Cemetery.

Kimberly N. Brueck, passed away on September 3, 2026, in Paducah, Kentucky, at the age of 65, surrounded by her family and friends at her home. Memorial services were held at 5:30 p.m. Thursday, September 10, 2026, at the Salt & Light Community Church with Rev. Jeff Russell officiating.

Vicki Sue Kalberer Sherretz, 69, of Paducah, Kentucky, passed away at her residence on Thursday, September 3, 2026. A celebration of Vickis life was held at 1:00 p.m. on Wednesday, September 9, 2026, at Milner & Orr Funeral Home of Paducah.

Alta Geraldine Dickerson, 83, of Paducah passed away on Sunday, September 6, 2026 at Parkview Nursing and Rehab. Graveside services will be held at 10:00am on Friday, September 11, 2026 at Maplelawn Park Cemetery with Rev. Kristie Stuckel officiating.

Larry Dean "T-WOOD" Thistlewood, age 65, of Paducah, Kentucky, passed away on Saturday, September 5, 2026, at Mercy Health-Lourdes Hospital. Funeral services will be at 1:00pm on Saturday, September, 19, 2026, at Lindsey Funeral Home with the Bro. David Godfrey officiating. Burial will follow at the Beechwood Cemetery in Mounds, IL. Friends may visit the family from 11:00am to service hour on Saturday at the funeral home.

Billy Ray May age, 71, of Gilbertsville, Kentucky passed away early Thursday morning September 3, 2026 surrounded by loved ones. Lindsey Funeral Home is honored to serve the May Family.

Mary Ann Alexander, 81, of Paducah, KY passed away Wednesday, September 2, 2026 at Mercy Health Hospital. Graveside services will be Tuesday, September 15, 2026 at 2pm with Rev. Jim Greenwell officiating.

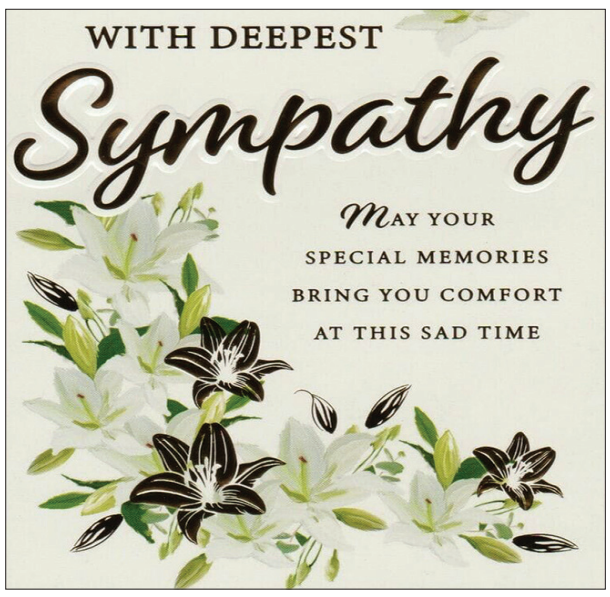
Javarro "Peco" Freeman of Paducah, passed away on Saturday, September 5, 2026. Funeral services have been scheduled for Saturday, September 19, 2026, 12 noon at Greater Lincoln Heights Missionary Baptist Church, Family will receive friends at the church on Saturday from 11:00 a.m. until the funeral hour. More details forthcoming.

TRIGG

Kevin Javier Montalvo - April 27, 1989 - September 2, 2026 - There will be no services for 37 year old Kevin Javier Montalvo of Hopkinsville, KY. King's Funeral Home is in charge of the arrangements.

Martha Ann Boren Hinton, age 78, of Cadiz, Kentucky, passed away on Monday, September 7, 2026, at Vanderbilt University Medical Center in Nashville, Tennessee. Funeral services will be at Goodwin Funeral Home at 11:00 AM, Saturday, September 12, 2026 with Jerry Crunk and Steve Kirby officiating. Burial will follow in Boren Cemetery.

Charlotte Ann Noel Wagner, age 88, of Cadiz, Kentucky, peacefully went home to be with her Lord and Savior on Sunday, September 6, 2026. Funeral services were held at Goodwin Funeral Home, 138 Main Street in Cadiz, at 1:00 PM, Wednesday, September 9, 2026, with Bro. Ronnie Sivells officiating. Burial followed in Trigg Memory Acres.



To place a full obituary, including a photo, call 270-442-7389 for details and pricing.
Obituaries and funeral notices should be received by 9 a.m. Wednesday for inclusion in that week's paper.

WEST KY SPORTS

TOP 10 RANKINGS BY CLASS

Class 1A
1. Raceland
2. Pikeville
3. Sayre
4. Middlesboro
5. Bethlehem
6. Hazard
7. Louisville Holy Cross
8. Kentucky Country Day
9. Paintsville
10. Covington Holy Cross

Class 2A
1. Lexington Christian Academy
2. Owensboro Catholic
3. Beechwood
4. Mayfield
5. Belfry
6. Somerset
7. Danville
8. Caldwell County
9. Monroe County
10. W.E.B DuBois

Class 3A
1. Christian Academy-Louisville
2. Lexington Catholic
3. Murray
4. Lloyd Memorial
5. Lawrence County
6. Glasgow
7. Rockcastle County
8. Bardstown
9. Central
10. Russell

Class 4A
1. Boyle County (Danville)
2. Corbin
3. Covington Catholic (Park Hills)
4. Paducah Tilghman
5. Highlands (Fort Thomas)
6. Ashland Blazer
7. Spencer County (Taylorsville)
8. Boyd County (Ashland)
9. Elizabethtown
10. Logan County (Russellville)

Class 5A
1. Scott County (Georgetown)
2. Woodford County (Versailles)
3. Pulaski County (Somerset)
4. Owensboro
5. Atherton (Louisville)
6. Bowling Green
7. West Jessamine (Nicholasville)
8. Cooper (Union)
9. Collins (Shelbyville)
10. North Laurel (London)

Class 6A
1. Trinity (Louisville)
2. Manual (Louisville)
3. Frederick Douglass (Lexington)
4. South Warren (Bowling Green)
5. St. Xavier(Louisville)
6. Male (Louisville)
7. Madison Central(Richmond)
8. George Rogers Clark (Winchester)
9. Eastern (Louisville)
10. Ryle(Union)

The 2026 McCracken County cross country seniors are pictured. Several McCracken County runners are excelling in the 2026 high school cross country season. *(McCracken County High School)*

TempsPlus, Inc. - Employment Services and Graciela Fabian sponsored the warmup shirts for the Mayfield girls' soccer team. *(Photo Courtesy of Mayfield High School)*

The McCracken County boys' golf team qualified for the Boys' All-State Tournament hosted by the Kentucky Golf Coaches Association and set to be held Saturday, Sept. 12-Sunday, Sept. 13 at the University Club of Kentucky in Lexington. The McCracken County team, consisting of Jack Farmery, Evan Hack, Brently Gregory, Peyton Courtney and Cooper Webb, scored a total of 640 points out of a max 700 to qualify for the statewide event. *(Photo Courtesy of McCracken County High School)*

BOY'S HIGH SCHOOL SOCCER

Mustangs upend Blue Tornado

Staff Report

PADUCAH — McCracken County pushed past rival Paducah Tilghman 3-1 in a 1st District boys' soccer match on Tuesday, Sept 8.

Following the win, McCracken County improved to 5-5-1 overall.

Paducah Tilghman slipped to 6-4-1 overall after suffering the loss.

Maks Hazel, Eli Riley and Kaden McKenzie each scored one goal for the Mustangs. As part of a diverse offensive attack for McCraken County, McKenzie and William O'Neill distributed one assist apiece.

The win allowed McCracken County to sweep Paducah Tilghman in the two boys' high school soccer teams' annual 1st District series. McCracken County topped Paducah Tilghman 7-1 in another 1st District match played on Thursday, Aug. 20.

Murray State baseball program welcomes four new additions to staff

Staff Report

MURRAY — Murray State baseball head coach Dan Skirka has announced four additions to the Racer coaching staff ahead of the 2026-27 season. Gordon Cardenas joins the program as pitching coach, Luke Howard as an assistant coach, Mark Riggins as special assistant to the pitching coach and Nico Azpilcueta as a Baseball Operations Graduate Assistant.

"I'm thrilled with what these four bring to our program," Skirka said. "They have very different experiences, backgrounds and skill sets that our student-athletes will be able to tap into and really develop. All four are going to add real value to what we're building here, and our guys are going to be better for being around them every day. I can't wait to get to work with them this fall."

Cardenas arrives after two seasons as pitching coach at Indiana State, where the Sycamore staff improved year over year in wins, velocity, earned run average, WHIP and strikeouts and produced multiple All-MVC selections. He previously worked with the pitching staff at Southern Indiana, where the group cut its earned run average and walks while increasing strikeouts during the 2024 season and Gavin Parson earned Ohio Valley Conference Freshman of the Year honors. Cardenas also spent two seasons as pitching coach and recruiting coordinator at Lake Land College and two years as an assistant at Purdue Fort Wayne. He pitched collegiately at Hawaii, Fullerton College, Auburn and Marshall, leading Auburn with a 2.70 earned run average as a junior.

Howard returns to Murray State, where he served as an assistant coach in 2008, following eight seasons as head coach at Ouachita Baptist. He compiled a 194-179 record with the Tigers and guided the program to two NCAA Division II Tournament appearances, including a 2022 run that produced a first-round upset of top-seeded Central Missouri. His 2023 club went 37-19 and finished as the Great American Conference regular-season runner-up. Howard coached 29 All-GAC selections, six all-region honorees and two All-Americans during his tenure, and he previously spent seven seasons at King University after beginning his career at Cincinnati.

Riggins comes home to his alma mater after more than 40 years in professional baseball. A 1979 Murray State graduate and four-year letterman, he signed with the St. Louis Cardinals out of college and later served as a Major League pitching coach for the Cardinals, Chicago Cubs and Cincinnati Reds. Riggins spent 12 seasons as the Cardinals' pitching coordinator and held the same role with the Cubs and Reds, overseeing pitching development across entire organizations. He studied biomechanics at the American Sports Medicine Institute in Birmingham, Alabama, and worked alongside 13 members of the Baseball Hall of Fame during his career.

Azpilcueta joins the staff after completing his playing career at Troy in 2026, after being a part of the Trojans runs to the 2026 Men's College World Series. He earned All-CAA First Team and ABCA/Rawlings All-Region First Team honors at Stony Brook in 2025, when he led the Coastal Athletic Association and ranked 24th nationally with 20 home runs while adding 61 RBI and a 1.101 OPS. Azpilcueta was an ABCA/Rawlings Pacific Association First Team All-American at Ohlone College in 2024 and began his career at Saint Mary's. Ahead of the 2026 season, Azpilcuete was named to the NCBWA preseason First-Team All-America Team by NCBWA.

Ballard Memorial senior volleyball player Liyah Holman recorded her 100th career block and was recognized prior to the Lady Bombers' match versus Christian Fellowship on Tuesday, Sept. 8.

(Ballard Memorial High School)

HIGH SCHOOL FOOTBALL

Lakers level Pilots

Staff Report

MURRAY — Fulton County couldn't battle back from behind as Calloway County pulled away to win 56-8 in a non-district game on Friday, Sept. 4.

Following the loss, Fulton County dropped to 1-2.

As a result of the win, Calloway County improved to 2-1.

The Pilots were forced to play from behind in each quarter.

Quarterback Matthew Briedwell led Calloway County to the win. Briedwell thrived through the air, completing 10 passes for 268 yards and six touchdowns.

Hunter Haugh emerged as Calloway County's leading receiver. Haugh hauled in four receptions for 125 yards and three touchdowns.

Chipping in through the air for Calloway County, Brayden Winchester added two receiving touchdowns while Jackson Wyatt contributed one receiving touchdown.

Brayden Tupper paced Calloway County on the ground, rushing 15 times for 139 yards and two touchdowns.

Fulton County was held to 124 yards of total offense. Quarterback Preston Smith paced the Pilots offensively. Smith completed nine passes for 71 yards.

Eiyzhek Wilson accounted for Fulton County's six points, returning a kickoff for a touchdown.

Defensively for Fulton County, Rashaud Houston recorded a team-high six tackles.

Calloway County is scheduled to visit Ballard Memorial for its next game on Friday, Sept. 11. The Calloway County-Ballard Memorial game is slated to kick off at 7 p.m.

Fulton County is scheduled to visit Vienna (Ill.) for its next game on Saturday, Sept. 12. The Fulton County-Vienna game is slated to kick off at 1 p.m.

HIGH SCHOOL FOOTBALL

Paducah Tilghman notches fourth straight win over Mayfield

Staff Report

MAYFIELD — Paducah Tilghman defeated Mayfield 40-17 at CFSB War Memorial Stadium on Friday, Sept. 4.

With the win, Paducah Tilghman moved to 3-0.

As a result of the loss, Mayfield dropped to 2-1.

The Blue Tornado amassed 452 yards of total offense. Paducah Tilghman piled up 272 rushing yards. The Blue Tornado rushed 40 times for 272 yards and three touchdowns. Through the air, Paducah Tilghman passed for another 180 yards and three touchdowns.

Isaac James led Paducah Tilgman on the ground, rushing 19 times for 202 yards and one touchdown.

Aiding Paducah Tilghman on the ground, Ja'Aubrey Sherrill rushed 10 times for 49 yards and two touchdowns.

Quarterback Xavier Isable paced Paducah Tilghman through the air, completing 14 passes for 180 yards and three touchdowns.

Sherrill, Avery Thompson and Jaden Powell each hauled in one touchdown reception for the Tornado.

Mayfield finished with 279 total yards. The Cardinals rushed for 145 yards.

Gray Robbins and Josiah England supplied one rushing touchdown apiece for the Cardinals.

Providing a lift on special teams for Mayfield. Jason Melendez booted a field goal.

Paducah Tilghman is scheduled to host Madisonville-North Hopkins for its next game on Friday, Sept. 11.

In another game scheduled for Friday, Sept. 11, Mayfield is due to visit McCracken County.

The kickoff time for each upcoming game is 7 p.m.

Paducah Tilghman won the 2A, Section 1 Boys' Soccer Championship on Thursday, Sept. 3. Determined Paducah Tilghman edged Calloway County 3-2 in penalty kicks to win the sectional title. Paducah Tilghman is scheduled to meet Christian Academy-Louisville in the 2A Boys' Soccer State Tournament at Nelson County on Saturday, Sept. 12.

(Paducah Tilghman High School)

Kentucky Fish and Wildlife provides recap of recently amended regulations

Staff Report

FRANKFORT — In accordance with KRS 150.025, the Kentucky Department of Fish and Wildlife Resources is providing updated information about proposed fish and wildlife-related regulation amendments that have received final legislative approval and are now in effect.

The following summarizes provisions that relate to or affect Kentucky Fish and Wildlife and the services the agency provides to hunters, anglers, boaters and the public at large. These include new or amended regulations clarifying wildlife damage control and landowner designee processes, reducing duplicative permitting requirements at Otter Creek Outdoor Recreation Area and Peabody Wildlife Management Area, establishing procedures for seized wildlife held as evidence and strengthening waterway safety requirements.

Chapter 2 – Game

301 KAR 2:176 Wildlife causing damage and landowner designee process (Deer Control tags, deer destruction permits and landowner designee)

This administrative regulation establishes the requirements for the issuance of wildlife control tags and destruction tags and establishes the requirements for the landowner designee appointment process.

The amendment retitled the administrative regulation from "Deer control tags, deer destruction permits and landowner designee" to "Wildlife causing damage and landowner designee process," removed all references to "deer" specifically and replaces it with the general term "wildlife" as the department recognizes other species can cause damage to landowners and farmers. It also provided better clarification on approval and denial parameters for tag issuance and updated definitions. Effective June 4, 2026

Chapter 3 – Hunting and Fishing

301 KAR 3:012 Public use of Otter Creek Outdoor Recreation Area

This administrative regulation establishes requirements for the use of the Otter Creek Outdoor Recreation Area.

This amendment outlined an exemption for the shooting range permit required in 301 KAR 3:015 with the purchase of an annual or daily Otter Creek Outdoor Recreation Area Entry permit and also removed the definitions section since Chapter 3 has a definition regulation. This amendment was necessary to comply with the provisions in 301 KAR 3:015 and ensure the public was not over charged for permits to participate in activities on the Otter Creek Outdoor Recreation Area. Effective June 4, 2026

NOTE: Kentucky Fish and Wildlife operated the 2,261-acre property from 2011 to 2026. The property was transferred to Meade County Fiscal Court on July 1, 2026. Deed language solidified the department's public access and available acreage for hunting and fishing (with no net loss in public access or available acreage; KRS 150.0241) in perpetuity. Kentucky Fish and Wildlife continues to operate and maintain the property's rifle, pistol and archery target shooting ranges. A shooting range permit, free with any annual hunting or fishing license by checking the applicable box on the department's License Sales webpage, is required to use the range.

301 KAR 3:013 Peabody Wildlife Management Area use requirements and restrictions

This administrative regulation establishes a permit for public use of the Peabody Wildlife Management Area and places necessary restrictions on its use by the public.

This amendment outlined an exemption for the shooting range permit required in 301 KAR 3:015 with the purchase of a Peabody Wildlife Management Area use permit and also removed the definitions section since Chapter 3 has a definition regulation. The amendment was necessary to comply with the provisions in 301 KAR 3:015 and ensure the public is not over charged for permits to participate in activities on the Peabody Wildlife Management Area. Effective June 4, 2026

Chapter 4 – Wildlife

301 KAR 4:112. Holding and Preservation of Seized Wildlife

This new administrative regulation establishes a program for individuals who contract with the Department to become impoundment agents to be permitted to hold and maintain seized wildlife that are evidence in criminal actions until the case is adjudicated. The Department does not have facilities or staff to care for wildlife that might be seized as evidence in criminal actions for the violations of KRS Chapter 150. This regulation is necessary to assist in the effective administration of the statutes as any living wildlife seized or brought under control pursuant to KRS 150.105 or KRS 150.120 as part of a criminal action must be maintained as evidence until final adjudication or a court orders the wildlife's release or destruction. The regulation provides a mechanism for the Department to maintain chain of custody for the evidence while providing for the needs of wildlife. Effective June 4, 2026

Chapter 6 – Water Patrol

301 KAR 6:001 – Definitions

This administrative regulation establishes definitions for terms used in 301 KAR Chapter 6 and is necessary to avoid confusion when interpreting the meaning of terms used in 301 KAR Chapter 6. By providing definitions for the terms used in 301 KAR Chapter 6, misinterpretation of the regulations should be minimized. The amendment contained additional terms that are to be utilized in conjunction with other Chapter 6 amendments. Effective June 2, 2026

301 KAR 6:015 Boat and motor restrictions

This administrative regulation limits the size of boats and motors on small lakes for safety reasons and to minimize interference with other users and is necessary to protect the safety of individuals boating on these small lakes. 301 KAR 6:015 is the recodified regulation 301 KAR 1:015, and the amendment addressed restrictions for electric outboard motors, including the size at which electric motors must follow the same idle speed restrictions as internal combustion motors. The definition section was deleted to be added in the "definitions" regulation for Chapter 6 as well. Effective June 2, 2026

301 KAR 6:020 Boating safety equipment

This administrative regulation establishes the requirements for legal boating safety equipment in Kentucky. The amendment set forth requirements for when and how the manufacturer-installed engine cut-off switch shall be used and maintained by a motorboat operator. The amendment was necessary to ensure waterway safety requirements are in place that promote the waterway safety of the citizens of the Commonwealth and to address the specific hazards associated with potential incapacitation or ejection of an operator while a boat is underway. Effective June 2, 2026

301 KAR 6:030 – Waterway safety requirements

This administrative regulation prohibits certain unsafe practices on the waterways of the Commonwealth.

The amendment removes references to a repealed statute, clarifies that personal flotation devices must be approved by the U.S. Coast Guard and requires operators of motorized vessels to minimize their wake when approaching law enforcement or public safety vessels displaying flashing lights. The changes conform the regulation to language used in other Chapter 6 regulations and address safety concerns for the public and law enforcement and public safety personnel while operating on the waters of the Commonwealth. Effective June 4, 2026.

ABSOLUTE AUCTION!
AUCTION HELD ON SITE LIVE IN PERSON ONLY
SATURDAY, SEPTEMBER 12, 2026 @ 10 A.M.
9819 WOODVILLE ROAD, KEVIL, KY. 42053
★ ★ PARKING AVAILABLE ON FARM ★ ★
SELLING: TRACTORS, IMPLEMENTS, TOOLS, COLLECTIBLES, 97 FORD SUPER DUTY, FURNITURE, EXMARK LAZER 72" MOWER W/BAGGING SYSTEM, GLASSWARE, & MUCH MORE!!

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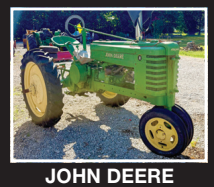
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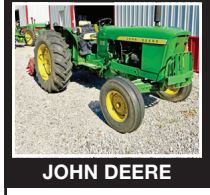
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AUCTION TERMS: CASH, CREDIT CARD ($2,500.00 MAX), OR CHECK DAY OF SALE WITH PROPER ID. 10% BUYER PREMIUM ADDED TO FINAL BID.

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★ 3650 NORTH BRIAN AVENUE, PADUCAH, KY 42001
LOVELY 1-OWNER PADUCAH AREA HOME! WELL MAINTAINED! MOVE IN READY! OUTSTANDING LOCATION!

Preview: Saturday, Sept 19th from 12 PM - 1:30 PM
ATTENTION HOMEBUYERS AND INVESTORS!
Online bidding opens at 10:00AM Saturday, September 12, 2026
Online and live on-site bidding begins closing Sat., Sept. 26th, 2026 @ 10am
ALSO SELLING: FURNITURE, APPLIANCES, GLASSWARE, ELECTRONICS, COLLECTIBLES, TOOLS, KITCHENWARE, & MORE!

REAL ESTATE TERMS: A 10% buyer's premium will be added to the winning bid to determine the contract price. PERSONAL PROPERTY TERMS: A 10% buyer's premium will be added to the final bid price for all in-person winning bids. A 13% buyer's premium will be added to the final bid price for all online winning bids.

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FANCY FARM HARDWARE STORE LIQUIDATION
ONLINE ONLY - BID FROM ANYWHERE!
BIDDING BEGINS TUESDAY, SEPT. 15TH @ 6PM
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River Tin Street Rods 'Drag the Gut':

Cars and Guitars to follow

Classic Cars in Paducah, KY.
(Photo by Ciro Astarita)

Aerial view of River Tin Street Rods Cars.
(Photo by Noah Hopkins)

Map of 'Drag the Gut' Route in Paducah, KY.
(Graphic by Ciro Astarita)

By Ciro Astarita
KPI Writer

(PADUCAH, KY)– A lost tradition has been revived in McCracken County. The growing interest in hot rods is pervasive, and the River Tin Street Rods are bringing the heat. The River Tin Street Rods Car Club drove from Noble Park to Bob's Drive-In on August 21st, driving from one end of town, passing through the art district, driving down the riverfront, and eventually landing at Bob's Drive-In on the South-East side of Paducah. They met at the Noble Park Pool Parking Lot at 5:30PM before eventually departing at 6:00PM.

The original 'Drag the Gut' route originates at the 19th hole on Park Avenue which is no longer in existence. That location is now where the Kroger Supermarket is, just west of Noble Park. The route went past Dairy Queen, then South on Joe Clifton Drive to Broadway. It continued through the flood wall to use Kentucky Ave, then returning to Cardinal point, where drivers would stop and visit, have an ice cream at Dairy Queen or go back to the 19th hole.

The present day reenactment of 'Drag the Gut' uses a different route to avoid traffic lights and congestion. The starting point is the Noble Park Swimming Pool Parking Lot, exiting the park on the east side onto H.C. Mathis Dr, then turning east on Park Ave, turning south on Fountain Ave to return to Broadway. This is a "Rally point" to have all participants together, then cruise side-by-side down Broadway. They then went through the floodwall, out to Kentucky Ave, then from 6th Street South to Broad St, before turning onto Bridge St on the way to Bob's Drive-In. Following River Tin Street Rods D'Ville Unplugged at Draffenville Plaza on Thursday September 10 at 6:00PM, there will be several important car related events.

One of the major events coming up very soon is Paducah Cars and Guitars on Saturday September 19 and October 17. Vehicle registration begins at 3:00PM with the public being welcomed at 4:00PM. The events end at 8:00PM. For more information about cars and guitars, visit their Facebook or their website at cars andguitarspaducah.com. For updates on the River Tin Street Rods' future events, please visit their Facebook.

Stein wants SEC debut to be 'loudest game in the history of Kentucky football'

By KEITH TAYLOR
Kentucky Today

LEXINGTON, Ky. (KT) — Kentucky coach Will Stein wants Kroger Field to be loud and proud when the Wildcats host No, 12 Alabama on Saturday in the Southeastern Conference opener for both teams.

"We have to make this the loudest game in the history of Kentucky football," Stein said Tuesday. "That's my goal for our fans. The loudest it has ever been, and we need them to be at their best. Like I want people in the stands for pregame. Let's have 65,000 watching us warm up... When the ball is kicked, everybody in their seats, cheering as loud as they humanly can. I want people's voices hoarse when they leave here. All right, they got to take off work on Monday because they can't talk. That's what. That's how loud I want this place to be."

Stein and the Wildcats (1-0) face a daunting task, considering past history between the two conference foes. Kentucky has won just two games against Alabama, the last of which ended a 75-year losing streak in 1997. Since then, the Crimson Tide have won eight straight over the Wildcats.

While Stein wants a loud crowd, he doesn't want to get tangled up in the emotional aspect of the contest.

"I think emotions get you beat. I think it's about playing each play and being really dialed in and focused. We want our fans to be emotional. We don't want us as players or coaches to be emotional."

Kentucky football coach Will Stein speaks to the media on Monday at Kroger Field. (Keith Taylor/ Kentucky Today)

Kentucky opened the Stein era with a 45-13 win over Youngstown State and will have a full roster intact in the conference opener.

"Getting a win was huge, but coming out healthy as a team, I thought, was very beneficial as we move forward into conference play," Stein said. "I'm expecting us to be at full strength for this game, which is really exciting as well for us as a team."

One of those players will be defensive back Alex Afari, who has made 31 starts in his career and recently won a court case for a fifth season.

"(We're) planning on ramping up his workload this week and playing him as much as we can," Stein said.

TIES TO THE TIDE

Kentucky offensive lineman Olaus Allen played for the Crimson Tide for three seasons and played in all 15 games, most of which were on special teams. He also split time on the offensive line.

"He's been a great addition to our team," Stein said. "He's a great leader. He's vocal. You know, he's obviously got position flex, which is huge on the offensive line. I thought he played a really good game (in the opener)."

PROVEN PLAY-CALLER

Stein is very familiar with the Alabama offense and coach Kalen DeBoer, who "wins everywhere he goes." He's also aware of Crimson Tide offensive coordinator Ryan Grubb.

"is extremely creative," Stein said. "I've stolen a lot of plays from coach Grubb. He does a really good job with that unit. He's been in the NFL. He did an excellent job too at Washington and Fresno State - all those spots."

Grubb coached at Seattle and was on the Seahawks' staff as the team's offensive coordinator before joining DeBoer's staff at Alabama in 2025.

Gametracker: No. 12 Alabama at Kentucky, 3:30 p.m., Saturday. TV: ABC: Sean McDonough, Greg McElroy, Katie George. UK Radio Network: Tom Leach, Jess Piecoro, Dick Gabriel.

VICTORIOUS *Living* ...in a troubled world

THE EVIDENCE WITHIN:

FAITH DEMANDS AN OUTWARD CHANGE

By Teresa LeNeave
leneave2@comcast.net

The Bible warns of deception and reveals how deception can be recognized.

In his second epistle, the Apostle John issued a stark warning to the early Church: "Do not be deceived. False teachers are everywhere." According to the text, the defining mark of these deceptive figures is not that they abandon religious work entirely, but that they deny a core Biblical truth: that Christ has come in the flesh.

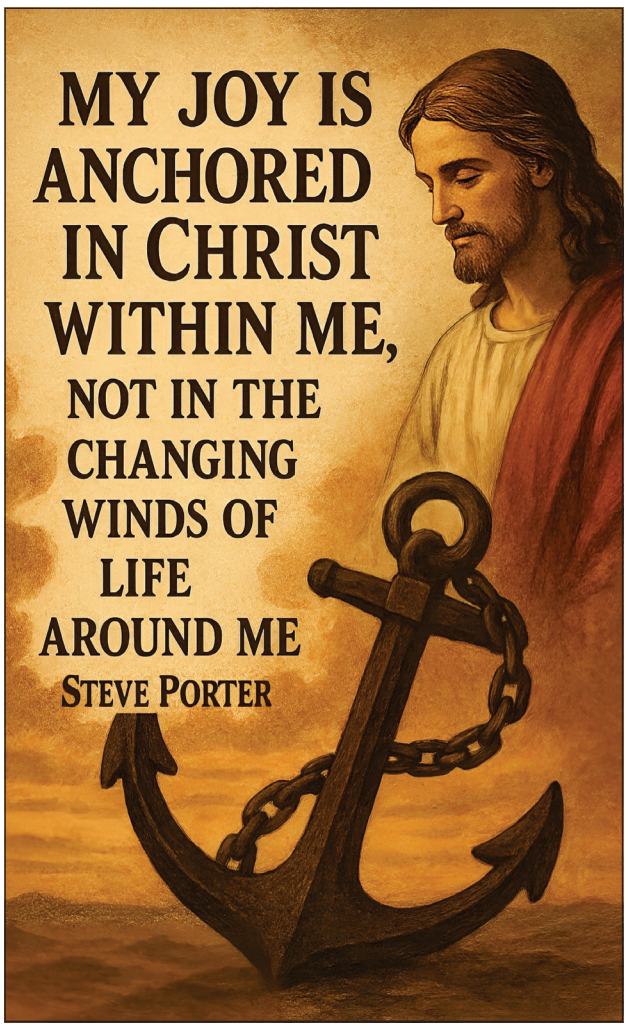
These individuals often continue to operate within religious structures, filling the role but entirely missing the true mission. Their work operates under the spirit of the Antichrist, subtly shifting focus away from the physical incarnation of Jesus. This foundational truth is reinforced in Hebrews 10:5, which declares, "A body hast thou prepared me."

If the ultimate proof of true faith is acknowledging that Jesus Christ came in human flesh, believers must confront a vital question: What does it mean for Christ to dwell within our flesh today?

The scriptures outline a clear reality: an inward spiritual transformation must produce visible, outward evidence. According to 2 Corinthians 4:10-11, the life of Jesus is meant to be made manifest daily in the physical bodies of believers. The New Testament frequently reinforces this concept of tangible change, describing believers as "His workmanship" (Ephesians 2:10) and the very "temple of the Lord" (1 Corinthians 6:19).

Despite human shortcomings or feelings of inadequacy, biblical doctrine assures believers that they "are complete in Him" (Colossians 2:10). The texts emphasize that a sovereign Creator takes what is broken or empty and refashions it into a new creation (2 Corinthians 5:17).

This identity brings a deep sense of peace to the struggling soul. The Gospel message concludes not with human striving, but with divine selection. As recorded in John 15:16, Jesus reminds His followers: "Ye have not chosen me, but I have chosen you." The ultimate purpose of this divine choice is for believers to live transformed lives that bear lasting spiritual fruit. Apostle Paul called it, "Christ in me, the hope of glory" (Colossians 2:27). Accepting Christ as your Savior has deep and lasting benefits.



OUTDOOR *Truths*

By Gary Miller
Outdoortruths.org

REFUSING NEGLECT

The last time I mowed my grass, I think it had reached about 10 inches tall. It didn't look that bad, but I had let it go. The time before that, I mowed but didn't take time to weedeat. And the bushes around my house need a little shaping. A few of them need elimination. There are some holes in my yard as well. They have appeared where trees used to be – trees that had been cut down. Now the roots have rotted and left some unwanted cavities that need to be filled.

I had planned to clean the garage so I could get at least one car in there, but I put that off for another, more suitable time. The same goes for my storage shed. I have been meaning to do an extreme makeover on it for the last couple of years. Add shelves and hangers and replace the door.

Maybe it will happen this year.

Maybe not.

The fence needs staining. It's looking a little sun-parched. I need to replace a few boards as well. I'm not sure when I'll get to that. And let's not talk about the inside of my house. There's enough there to keep me busy for months. Blinds hung. Doors painted. A few pieces of tile replaced where they have released their hold from my kitchen counter.

Age and atrophy go hand in hand.

And what goes for a house of brick and mortar goes also for a house of skin and bones.

And that's why I went fishing..

Gary Miller has written Outdoor Truths articles for 23 years. He has also written five books which include compilations of his articles and a father/son devotional. He also speaks at wild-game dinners and men's events for churches and associations. Stay updated on Outdoor Truths each week by subscribing at Outdoortruths.org

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B - Believe Jesus Died for Your Sins
For God so loved the world that He gave His one and only son, that WHOEVER believes in Him shall not perish but have eternal life. - John 3:16

C - Confess Jesus is Lord
If you confess with your mouth "Jesus is Lord," and believe in your heart that God raised Him from the dead you will be saved. - Romans 10:9

The infallible Word or man's imaginations?

By William F Holland Jr.
billyhollandministries.com

The common thread of Christianity pertaining to the understanding of the Bible is that everyone who declares by faith to be born again has free access to the Holy Spirit to help them discern what it means. At the same time, we must also consider that, with human free will, each individual has the opportunity to form their own opinions. It's common and normal for Christians to have the confidence to voice their own interpretations, even if it's rejected by their fellow brothers and sisters. Yes, the majority immediately condemns biblical and spiritual views that do not line up with mainstream theology as the errors of a novice or, even worse, a heretic. Multiply this among the billions of believers, and we have what is known as a divided, confused, and hostile world of religiosity.

Christians are taught that the Bible contains the infallible words of God exactly as he guided approximately 40 human writers to record them within a period of around 1500 years from Moses to the early church. If you are a traditional Christian, most likely you embrace this doctrine that promises God personally breathed and inspired divine truth through the minds and hands of His messengers. And it has been preserved without any alterations since the day they were written? Or do you wonder about errors, embellishments, personal worldviews and opinions mixed in between the lines?

When it comes to believing the Bible as perfect truth versus seeing the writings as religious philosophy and folklore, to be honest, I've come to a point in my walk that I'm tired of arguing with other Christians about Biblical interpretations. When I was a young student, I thought I could win any debate about Christianity and religion, and like most of you, I've always believed my views were correct. However, we cannot change someone's mind about their doctrines and creeds unless these two things are involved: The Holy Spirit is intervening, and the truth seeker is sincerely praying that God will transform their conscience by the renewing of their minds.

People rarely change what they believe because their opinions and convictions are rooted deep within the core of their being. Have you ever argued with someone about the Bible and finally had to agree to disagree? This not only includes the angry discord between traditional Christians, but in today's modern world we now have a growing movement called the agnostic theist. This is someone who believes in God but sees the Bible as a collection of passed-down, exaggerated oral stories and personal biased philosophies that are not necessarily based on proven facts. This way of thinking allows for belief in the perfect God of creation while maintaining skepticism about legalistic dogma and the exclusive "my way or the highway" attitudes and demands from dictatorial churches.

These are the seekers that have way more questions than answers, and have separated from those who they consider are afraid to use their intelligence and realize that much of the content is not literally accurate. They refuse to accept a compilation of ancient religious dialogues, visions, and stories from human writers as divine revelation simply by faith. Many are asking: "Is the Bible God's word top man, or man's word about God?" If God's word is infallible and the Holy Spirit gives each follower perfect understanding, explanations, and interpretations, why why is there so much arrogance, antagonism and caustic attitudes? If God is broadcasting, evidently many are on the wrong channel. Agnostic theism emphasizes prayer and personal experiences with God rather than becoming entangled in the chaos of intolerant churchianity. This is not to be confused with secular agnosticism that does not believe in the existence of any God, along with the supernatural being unknown and unknowable.

Traditional followers argue that if portions of the Bible are not correct, how can anyone know what is true? For example, if someone is convinced there is no possible way the story of Noah and the Ark actually happened, then what else has been embellished or even fabricated? Does it matter that accuracy and credibility may have been lost through years of oral storytelling? Some may believe they can put their trust in God and live for Him without trusting the scriptures, but if the Bible is truly God's perfect word, it is the most important communication from God to mankind the world has ever known. If every word is God-breathed, we must cherish it, obey it, and trust it. If the written Word IS God, and we dismiss it as inaccurate, isn't this doubting God Himself.

Dr. Holland is an ordained minister, chaplain, and Christian author. Read more about LIVING ON PURPOSE at billyhollandministries.com

THE OLD LIGHTHOUSE

Bro. Brandon G. Bramlett
Bandana Baptist Church

The old lighthouse may be crumbling, but it continues to beam guiding light across the stormy sea. The Hooper Island Lighthouse in Chesapeake Bay has been steering seafarers since 1901, but many people think it's time for the old beacon to retire to the junkyard. What used to be a brilliantly towering cylinder of hope is now a worn out and rusty hunk of metal. However, according to the Washington Post, the lighthouse isn't going anywhere since it remains as an "active aid to navigation for the U.S. Coast Guard." Even though it is old and frail, it still has a pivotal purpose: lighting the way.

Similarly, all Christians are called to be a lighthouse for sinners sailing in the darkness of depravity. The "children of light" are commanded to radiate the light of the glory of Christ in order to direct wayward sinners to the "Father of lights" (cf. 1 Thess. 5:5; James 1:17). As Jesus said, "Ye are the light of the world. A city that is set on an hill cannot be hid. Neither do men light a candle, and put it under a bushel, but on a candlestick; and it giveth light unto all that are in the house. Let your light so shine before men, that they may see your good works, and glorify your Father which is in heaven" (Matthew 5:14-15).

The harsh elements of life will eventually cause you to rust and wither away, but this is your eternally significant purpose as long as you remain standing. The "outer self" is wasting away, and it's not as vigorous as it used to be (cf. 2 Cor. 4:16). Indeed, you will fade like flowers of the field, and your radiance will dim with time (Isaiah 40:7). Moreover, with each passing day, you are closer to the dust from which you came (Eccl. 12:7). But, as long as God keeps you upright in the world's waters, your critical mission is to shine gospel light to those who grope in the darkness of sin (cf. 2 Cor. 4:6).

"O God, from my youth you have taught me, and I still proclaim your wondrous deeds. So even to old age and gray hairs, O God, do not forsake me, until I proclaim your might to another generation, your power to all those to come" (Psalm 70:17-18).

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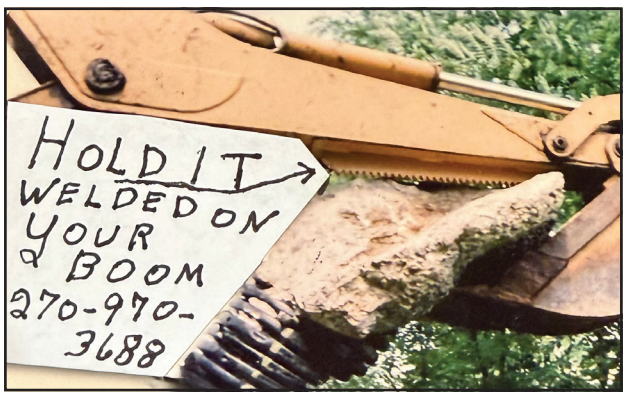

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27 Paradise Point Road • Gilbertsville, Kentucky • $369,000 – MLS # 122709. 3 beautiful lots, over 1/2 acre sitting up HIGH on a hill with a SPECTACULAR BREATHTAKING VIEW OF KY LAKE in Cambridge Shores Subdivision! Build your Dream Home! Magnificent Stunning view of KY Lake! Enjoy all the amenities that Cambridge Shores has to offer. This quiet KY Lake neighborhood is the perfect place to call home! CALL Jennifer Palmer Realty at 270-519-9000

718 Marina Village Dr., Grand Rivers, Kentucky • $610,000 – MLS # 130701. Beautiful Custom Built 3 bed 3 & 1/2 bath 2006, looks like a new Home sitting on 2 private lots in Prestigious Gated Marina Village Subdivision! Hardwood Floors,9 ft ceilings , many updates, large family room open to Kitchen! 2 Bedrooms on main level & one HUGE bedroom up. All bedrooms have a full bath. Kitchen has custom cabinetry! NEW HEAT/AIR UNITS IN 2023. Upstairs-2019. NEW DECK, 4 car garage heated & cooled, Storm Shelter, ALL FURNITURE, DECOR, TABLEWARE, BEDDING, LIGHTHOUSE PICTURES, Towels STAY PLUS NEW flooring that has not been installed. Take a golf cart ride to Grand Rivers, World Famous Patties Restaurant, antique shops & more! CALL Jennifer Palmer Realty at 270-519-9000

643 Whitney Dr., Paducah, Kentucky • $425,000.00 - MLS # 137569. Unique 3 bedroom 3 full bath West End home located in the desirable Pines Subdivision loaded with captivating character! Impressive living room features gas log fireplace , very tall valuted ceiling & large stylish windows for plenty of light. Kitchen has plenty of cabinets, island, breakfast area, and pantry. Excellent primary bedroom with spacious bath, jacuzzi tub, double vanity, walk-in closet, surround sound, balcony overlooking deck & backyard. Ample storage space throughout the home. New refrigerator & microwave in 2026. Massive deck perfect for entertaining! Beautiful yard, trees and landscaping. Well insulated home so utility bills are low. Convenient to the mall area, I-24 and downtown Paducah. Underground Dog fence. CALL Jennifer Palmer Realty 270-519-9000

1875 St Rt 384 Mayfield, Ky $312,000.00. MLS#: 26019260. Beautiful Absolutely Private home on 2.5 impressive acres with 4 bedrooms and 3 full baths! Extremely well built ! Only 5 miles to I-69 and Mayfield. Large updated kitchen with gorgeous tile, corian countertops and abundant cabinetry. Quality bar stools stay plus all appliances. All 3 full baths are updated with extra nice tile and countertops. There are 2 large living areas. Kitchen open to Living room. Utility room. Primary bedroom and bath separate from other bedrooms ! NEW paint , blinds and appliances since 2019. NEW roof in 2020. 2 car attached carport and 2 car detached garage. Large metal barn 80 x 32 great for any animals, hay, equipment storage, RV and more! It does have a few stalls in it. Door is 11 FT 7 in tall. Land is rolling and lays pretty. Plenty of road frontage. Paved driveway. Geothermal HVAC. Appraisal done in March of 2026 available upon request. Seller is providing a one year home warranty at closing ~~ APHW.com Utility room or Guest bath would make great storm shelter! CALL Jennifer Palmer Realty 270-519-9000

2836 James Sanders Blvd., Paducah, KY. MLS #134672. High traffic location, Approximately 3+ acres off exit #4 I-24 on James Sander's BLVD between Texas Road House and Academy Sports. Great location for commercial development. Approximately 450 feet of road frontage, level, with all utilities. $2,450,000, Carla Bridges @ REMAX at 270-559-8425

6330 Burchell, Paducah, KY. MLS #136950. Premier custom home in one of Paducah's most prestigious neighborhoods, The Grove, privately set on a cul-de-sac. Grand entry, open kitchen with butler's pantry, spacious living room with fireplace, office, craft room, and luxurious primary suite with his and hers baths and sitting area. Enjoy a large, covered porch with outdoor kitchen, screened porch and 3 car garage. Upstairs offers 3 bedrooms, 2 baths, playroom/bedroom and bonus room. The walkout basement includes 2 bedrooms, full kitchen, family room, patio, storage, mechanical room and concrete safe room. Elevator serves all floors. French country exterior, stone/brick/extensive landscaping and circle drive. $1,595,000. Contact Carla Bridges @ REMAX at 270-559-8425

500 S 17th • Paducah, KY 42003 Commercial/ Industrial - $1,399,000 MLS Number • 125918 • 18,900 sq. ft. Outstanding professional office building in the heart of Paducah featuring approximately 15,600 sq. ft. of office space with 26 private offices, 4 bullpens, 2 conference rooms, kitchen/breakroom, 2 IT rooms, 3 laboratory rooms, multiple work areas, and storage closets along with 2300 sq. ft. warehouse area. Also has an approximately 1000 sq. ft. detached storage building. Contact Carla Bridges @ REMAX at 270-559-8425

1114 Broadway, Paducah, KY. MLS #132732. Excellent opportunity for a client in need of a nice office building in midtown Paducah, centrally located in the heart of Paducah's business district with high traffic location. Dual access from Broadway and Kentucky Avenue. Current tenants are expected to move by late fall. $459,900. Contact Carla Bridges @ REMAX at 270-559-8425

For Sale By Owner! 20 acres in Calloway County, Ky 000 Hale Road, Murray, KY 42071. 5 miles northwest of Murray, Ky. 50 miles from Paducah, near Kentucky and Barkley Lakes. Minutes away from Murray State University. Easy access to hwy 80. All tillable, currently in crops. WKRECC Electric, Natural gas available. Call or Text 270-293-2064. Price $350,000.00

House For Sale Ranch style, 3 bedroom, 2 full baths, Cedar siding. Sits on 6 acres. 116 Darnell Rd. Benton 42025. Call 270-404-6972 for appointment.

100 Acres sold all together. Livingston County, near Elementary school. store, fire department. Can be used for residential or commercial. 10 miles from Ky Lake 270-210-6697 (tfn)

4 Adjacent 1 acres lots in Peninsula Subdivision on Lake of Egypt. Great year round fishing with no carp, barges, or big boats. 50 minutes from Paducah. $29,995 for all four. Might divide into 2 parcels. Call owner 314-239-6676.

Large Ky Lake lot Mature trees, utilities, restricted to new construction or double wide. $24,900. 270-970-8000 (tfn)

Beautifully and totally renovated condo in exciting Lower Town, Paducah, KY. Stainless steel and granite kitchen, original wood floors, two master suites with attached baths. Carport with storage. 2/3 -2,140 sq. ft. $247,500. (972) 816-8766 (tfn)

401 E 12th St., Benton Charming and spacious 2,240 sq. ft. home. Immaculate property centrally located in Benton on a well landscaped corner lot. 3 Bedroom / 2 Bath. Expansive basement includes interior and exterior entrances. Workshop with additional outbuilding with concrete flooring for mower etc. $269,900 Call Carla Bridges REMAX Realty Group at 270-559-8425

1.6 acres with hookups septic and well. 2357 State Rt 384 Mayfield Ky. $20k FIRM 270-564-6774 (TFN)

5.75 Acres, Paradise Haven. I-77 & Hwy 52. Bland County VA. Hunting and surveyed, septic tank and well permits. Wooded and cleared building sites with roads. Taxes under $200.00 per year. $69,000.00 Ph. 270-226-2908 (tfn)

6,970 sq. ft. Commercial Retail lot with a 3,400 sq. ft. Building. 50' x 140' Lot Size. Built in 1983. 409 Court Street, Wickliffe, KY. MLS #: 26017434. $149,000. The building was recently a pharmacy. Across for the courthouse one way, across from FCB Bank the other way. Great location! Shelving can stay or seller will remove. For more info call Betty Higdon Century 21 Service Realty at 279-519-6991 (TFN)

FARM FOR RENT

For rent pasture grazing for cattle in McCracken County, available now. 270-519-3567

CAMPERS FOR SALE

2021 JAYCO JayFlight SLX, 195 RB Travel Trailer (21-foot) Never been lived in. Bath tub - Shower combo. Closet, Queen size bed, Refrigerator, Microwave, 2-Burner Stove, Electric Awning, Radio & TV Hookup, Fold-Out stairs, Storage, 2-Water Tanks. KEVIL AREA. Asking $18,000 Call 270-349-4962

For sale Pop camper 2001 Coleman Grand Tour Utah; $3,000. 270-519-7849 TFN

BOATS FOR SALE

REDUCED 2008 20 ft. Crestliner 1950 SF series, easy load trailer, 175 HP Mercury motor, canopy, travel cover, 2 fish finders, radio FM/ AM, much more, garage stored, valued at $15K, sell for $12,000. 270-665-0010 / leave a message.

14' Polar Craft Boat,Like new motor, electric start, trailer 1 fuel can, Minkota trolling motor, canopy, fish finder, battery. Benton Ky $5,500.00. OBO 815-236-9455 (TFN)

AUTOS FOR SALE

For Sale. 2009 Mercury Milan 82000 miles. Bought August 2024 for commuting to work. No longer needed. Last Service June 2025 78,500 miles New Tires June 2025 78,800 miles. Price $7500.00. Call 615-430-7544.

2015 Mercedes E-350 104,000 miles, Light grey Real nice vehicle, drives real nice. $13,000 OBO call 270-493-2176

2007 Red Chevy Avalanche Truck, needs transmission and frame rusted.Selling truck for parts. $3000. Please call 270-217-4980

2017 GMC Sierra Denali Crew Cab pickup, 99,000 miles, loaded, Beautiful truck, $23,500. Please call... 270-519-3674 or 270-519-1254

1986 Chevrolet 4 x 4 Pickup, wrecked but a/c works $2,000 cash or OBO. 327 Motor and 3 speed transmission out of 1980 Impala $1,000 cash or OBO. Call 270-804-5399.

REDUCED 2010 Black Honda Fit Sport 4 door hatchback. Excellent mechanical condition minor cosmetic damage clear title $4,500.00 OBO Cal 812-631-3921

GMC Yukon, 2 Wheel drive, 2010 ,has third row seating, 120,xxx miles, perfect condition, good tire tread. $9,800. TEXT with serious inquiries only 270-519-3962 Text ONLY

1991 Chevyrolet Silverado 350 V8, 4 speed transmission, long wheel base, 2 door, garage kept, excellent shape, 206,000

Sudoku Answers

6	4	7	2	5	3	8	1	9
9	3	8	4	1	6	5	2	7
2	1	5	7	9	8	6	3	4
4	6	9	8	3	1	7	5	2
5	2	3	6	7	4	9	8	1
7	8	1	5	2	9	4	6	3
3	7	2	9	6	5	1	4	8
1	5	4	3	8	7	2	9	6
8	9	6	1	4	2	3	7	5

Word Search Answers

Puzzle Page in A Section

miles. $11,000.00 OBO call Margaret A. Moore 270-875-3126

AUTO MISC.

27 ft Car Hauler Cargo Trailer. Used once, 2-7,000 lb axels, 4,000 lb rear door ramp, Call for extras 303-775-0310, $11,300 (tfn)

For Sale: 2025 Diamond Trailer - 7' x 14', Enclosed, Fold Down Back Door, Side Walk-In Door, Tandom Axle, Electric Brakes, $4,500. Call Don: 386-559-7004

Adult Trike W/ Electric Battery for sale $450.00. 1 Year Old. Call 270-331-2527.

FARM & LAWN EQUPMENT

1996 8570 MF Combine Big motor, 30' GH, SCH Knife & drive, Maurer bin ext, flotation rears, second owner. C-Tech maintained. Approx. 3,000 hrs $50,000 OBO. 419-615-0950

REDUCED 1987 John Deere Combine 7720 Titan 2, 4 wd, long auger, 30.5 x 32 tires, always kept inside shed. $11,000 OBO 270-254-0318 3.2 Prong Hay Fork $150; B275 Diesel International project tractor $1,250. Call 731-487-7062.

1953 Farmall Cub Woods Belly Mower. to ad for 1950 8n Ford Tractor $1250.00. 270-832-1281

1950 8N Ford tractor $1,250.00, Call 270-832-1281. W0.5x32

King Kutter Bushhog 48" w/ PTO Connector, Like New. $900 OBO. Benton, KY. 815-236-9455 (TFN)

MISC. FOR SALE

For Sale: New and Used Christmas Toys and Tools. Rosanna's Place Salem Ky. Thurs -Fri. 8-4. Sat. 8-1

Goodman 4 ton central heat & air split unit, hardly used. Call thomas 270-247-7589. (tfn)

Roofing supplies left over a job. GAF shingles, under lay, edging, nails. Retail value $700. Your cost for lot $250 cash and carry. 270-559-8467

Hunting equipment, trophy deer heads, tools, household horse and Indian items, thousands of like new items priced to sell. Traders Mall Flee Market June 13th

Glass Top Coffee Table, 2 matching end tables, and sofa table, great condition. Trimmed with brass. $150 Call 270 519-7604

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$10 Per Day | $20 Weekend
12 & under FREE
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DEMONSTRATIONS - EXHIBITS - GREAT FOOD - TRAIN RIDES - FUN FOR THE KIDS

ABSOLUTE RETIREMENT
AUCTION
Selling for Jacob & Katie Gingerich

FRIDAY, OCTOBER 2, 2026
AUCTION BEGINS AT 10:00 AM CST

AUCTION LOCATION
2700 Almo Rd. (State Route 464)
Dexter, KY 42036

LIVESTOCK • FARM EQUIPMENT • SHOP TOOLS
HOUSEHOLDS • COINS • FIREARMS • COLLECTIBLES

Join us for an outstanding Absolute Non-Real Estate Auction featuring an exceptional selection of livestock, farm equipment, shop tools, household furnishings, antiques, coins, firearms, knives, and collectibles. Whether you're a farmer, collector, craftsman, or homeowner, you'll find quality merchandins throughout this large estate auction.

Everything Sells to the Highest Bidder Regardless of Price!

LIVESTOCK
- Black 12-Year-Old Percheron Mare With 4-Month-Old Stud Colt
- Gray 8-Year-Old All-Purpose Mare
- 10-Year-Old Jersey Cow
- 2-Year-Old Jersey Bull
- Yearling Jersey Heifer
- (2) Jersey Heifer Calves
- (1) Jersey Bull Calf

FARM EQUIPMENT
Pequea Manure Spreader, Reliable Hochstetler Farm Wagon, New Idea Hay Loader, Tractor-Type Hay Rake On Steel Wheels, Crossroads Cultivator, Pioneer Tooth Harrow, Pioneer Forecart, Pioneer Grader Blade, Pioneer Potato Plow, Fertilizer Spreader On Wheels, Hay Spear On Wheels, Stalk Cutter, Double Disk, Soilmaster Riding Plow, Mccormick No. 7 Hay Mower, Mccormick No. 7 Hay Mower (To Rebuild), Mccormick No. 9 Hay Mower (For Parts), John Deere Corn Planter, Single Garden Disk, Pull-Type Lime Spreader, Hammer Mill, Hay Trolley, Hay Hook, Approximately 70' Hay Track, Triple Trees, Double Trees, Single Trees

SHOP TOOLS & WOODWORKING
(2) Air Compressors, Delta Drill Press, 12' Foley Belsaw Planer, Grizzly Drum Sander, Oliver Dust Collector, Roll-Around Tool Chest, Several Toolboxes With Tools, Wood Clamps, Barrel Dolly, Lister Diesel Engine (Needs Repair), Wisconsin Engine With Clutch, Approximately 800 Board Feet Of Cedar Lumber, Breast Drills, And A Large Assortment Of Hand Tools

SHOP, FARM & MISCELLANEOUS
(4) Vises, Railroad Jack, Ladder Jacks, Roll-Around Scaffold, Log Chains, Chain Binders, Come-A-Longs, Wrenches, Sockets, Bearings, Pulleys, V-Belts, Pipe Wrenches, Several Step Ladders, Straw Fork, Pitch Forks, Manure Forks, Sledge Hammers, Shovels, Hoes, Rakes, Concrete Bull Float, Live Traps, Gear Pullers, Pallet Jack, Backpack Sprayers, Several Post Hole Diggers, Steel Wheelbarrow Wheels, John Deere Planter Plates, Goat Hay Feeder, Rabbit Cages, Gondola Shelving, Small Stainless Pig Feeder, 10+ Metal/Wire Shelving Units, Shop Stove, Greenhouse Stove, Approximately 280 Packs Of Concrete Fiber, Fireproof File Cabinet, File Cabinets, Picnic Tables, Hobart Meat Grinder/Mixer (Line Shaft Ready), Three-Bay Stainless Vat, Stainless Work Tables, Pea Sheller, Several Poly Folding Tables

HOUSEHOLD • ANTIQUES & PRIMITIVES
Gem Pac Wood Cook Stove, Three-Door Wood-Fired Bake Oven/Cook Stove, 40+ Cast Iron Skillets And Pots, (3) Cast Iron Kettles, 50+ Oil Lamps, Corelle Dishes, Stainless Cookware, Singer Sewing Machine, Dry Sink, Several Dressers, Wood Box, Several Wall Clocks, A Large Collection Of Canning Jars, And Maytag Wringer Washers.

COINS
(3) 2013 Proof Quarter Sets, (2) 2012 Proof Quarter Sets, (2) 1999 Proof Quarter Sets, 1984 Proof Coin Set, 2008 Presidential Dollar Proof Set, 25 Silver Quarters, 50 Silver Dimes, 6 Silver Half Dollars, 11 Forty-Percent Silver Half Dollars, 75+ Buffalo Nickels, (4) V Nickels, 18 Susan B. Anthony Dollars, 35 Bicentennial Half Dollars, 40 Bicentennial Quarters, 20 Indian Head Cents, 500+ Wheat Cents, 1914 Canadian Silver 5-Cent Piece, 1944 Australian Silver Florin, 1943 Australian Silver Shilling, 1942 Australian Silver Sixpence, 1943 Australian Silver Threepence, (4) Canadian 80% Silver Coins, (2) Canadian 50% Silver Quarters, And Assorted Foreign Coins

FIREARMS, KNIVES & COLLECTIBLES
Mossberg .410 Gauge Pump Shotgun, (11) Case XX Pocket Knives, Fighting Rooster Knife, Assortment Of Collectible Knives, And 60+ Zippo Lighters

PERSONAL PROPERTY TERMS: A 10% Buyer's Premium Will Be Added To The Final Bid And Included In The Sales Price. Full Settlement Date Of Sale. Check Or Cash Only.

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ONLINE ONLY REAL ESTATE AUCTION
BIDDING OPEN NOW! CLOSES: Thursday, Sept. 17th 2026 at 10 AM CST
LOCATION: Yellowbird Lane Lot 184, Murray, KY 42071

1.53± ACRE WOODED RESIDENTIAL LOT
WESTERN SHORES • KENTUCKY LAKE • MURRAY, KY

SELLING ABSOLUTE – REGARDLESS OF PRICE!
Situated in a beautiful wooded setting, this property offers the opportunity to build your dream home, lake-area getaway, or retirement residence while enjoying the amenities and natural surroundings of one of the area's established waterfront communities. The wooded lot is situated at the end of a cul-de-sac, offering an attractive setting for a future homesite.

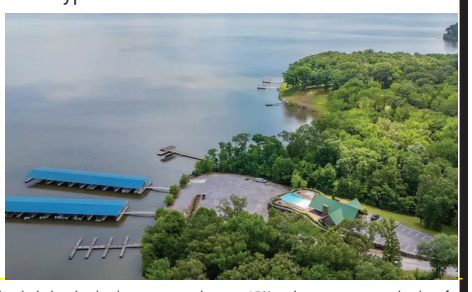
WESTERN SHORES ON KENTUCKY LAKE
Western Shores is a residential waterfront community designed to combine the natural beauty of Kentucky Lake with an impressive collection of recreational and community amenities. With more than 110 homes and approximately 14 miles of roads, Western Shores offers a lake-community lifestyle while remaining convenient to Murray and the surrounding area.

Community amenities include:
- Covered community boat docks
- Infinity swimming pool
- Hot tub
- Community pavilion
- More than 3 miles of walking trails
- Community ponds
- Approximately 14 miles of paved roads
- Beautiful wooded surroundings
- Access to the Kentucky Lake lifestyle

The Western Shores Property Owners Association documents identify community facilities and common areas that include amenities such as a community pool, boat dock, boat launch, trails, pavilion, piers, ponds and picnic area. Property ownership is also associated with membership rights and responsibilities in the Western Shores Property Owners Association.

PROPERTY HIGHLIGHTS
- Yellowbird Lane Lot 184, Murray, KY 42071
- 1.53± Acres
- Wooded Residential Building Lot
- Located in Western Shores
- Kentucky Lake Waterfront Community
- Cul-de-Sac Setting
- Community Amenities
- Convenient to Murray, Kentucky

WESTERN SHORES POA: Property is located within the Western Shores community and is subject to applicable **POA dues, covenants, restrictions, rules, regulations, and architectural/building requirements.** Prospective bidders are encouraged to review all current Western Shores POA documents and requirements prior to bidding. Additional information is available at wskypoa.com



REAL ESTATE TERMS: A 10% Buyer's Premium will be added to the final bid and included in the deed transaction sale price. 15% as down payment on the day of the auction with balance in cash at closing on or before 30 days. The down payment may be in the form of cashier's check, personal check, or corporate check. YOUR BIDDING IS NOT CONDITIONAL UPON FINANCING, SO BE SURE YOU HAVE ARRANGED FINANCING, IF NEEDED, AND ARE CAPABLE OF PAYING CASH AT CLOSING Make Inspections Prior To Date Of Sale. Closing shall take place on or before 30 days from auction date. All 2026 ad valorem taxes will be prorated at closing.

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Support Ky. agriculture at a KFB Certified Farm Market

By TOM LATEK
Kentucky Today

LOUISVILLE, Ky. (KT) – Harvest season is here and you can find your fall favorites at a Kentucky Farm Bureau (KFB) Certified Farm Market, offering families an easy way to support Kentucky agriculture close to home.

Whether you are picking the perfect pumpkin, taking the kids through a corn maze or simply looking for Kentucky-grown products, buying local at Certified Farm Markets allows you to enjoy fresh-from-the-field produce, while directly supporting local farm families. KFB's Certified Farm Market Program ensures each market meets high standards of quality, freshness and marketing appeal.

"Fall is when our Certified Farm Markets really shine, with the best of the season coming straight from the farmers who raise it," said KFB President Eddie Melton. "The certification gives consumers a trusted sign that what they're taking home was grown with care right here in Kentucky, and visiting these markets is one of the best ways to support our farm families."

The KFB Certified Farm Market logo identifies markets certified through this program, and they are listed in the online directory. The program also provides collective advertising, promotional items, educational tour opportunities and other marketing benefits, with the aim of increasing the net farm income of member markets.

Consumers can find the KFB Certified Farm Market Rack Card at Kentucky welcome centers, state resort parks, local chambers of commerce/tourism centers and county Farm Bureau offices. For a complete list of markets, visit the KFB Certified Farm Market website at kyfb.com/certified or download the KFB App. The mobile app provides members and non-members alike with access to the latest agricultural industry news, essential public affairs information, action alerts and daily market updates.

KFB is celebrating its 31st year of offering the Certified Farm Market program.

Kentucky Farm Bureau is the state's largest general farm organization with nearly 475,000 member families.

ABSOLUTE REAL ESTATE AUCTION

Rustic 3 Bedroom - 2 Bath Home

Tuesday, September 22nd, 2026 | 12:00 PM

747 Blue Ridge Rd, Smithland, KY 42081

RUSTIC 3 BEDROOM HOME • 2 BATHS • 2,400± SQ. FT.

From the moment you arrive, the home's wood exterior, covered front porch, and upper-level balcony create an inviting cabin-style appearance. The mature shade trees and winding paved drive complement the home's natural setting. Also on the property is a storage shed and detached 1-car garage. On the backside of the home is an additional covered deck and balcony.

Inside, you'll find an abundance of natural wood character, including wood-plank walls and wood flooring visible throughout several rooms. The rustic finishes give the home a distinctive look that would lend itself well to a country, cabin, or lodge-style renovation.

The kitchen features abundant cabinetry, countertop workspace, and a peninsula overlooking the adjoining living area. With approximately 2,400 square feet, the home provides generous space and an excellent opportunity for a buyer ready to update and personalize the property.

A PROPERTY WITH POSSIBILITIES - The photos show a home with plenty of rustic charm and original wood character, but also one that presents an opportunity for updating and improvement. That's exactly what can make an absolute auction exciting – buyers can evaluate the property, see the potential, and bid according to their own plans and vision. Whether you're searching for a primary residence, country getaway, investment property, renovation project, or distinctive rustic home, this property deserves a look.

Property Highlights Include:

- 3 Bedrooms – 2 Full Baths
- Fireplace & Wood Burning Stove
- Approx. 2,400 Sq. Ft. of Living Space
- 1-Car Garage • Storage Shed
- Rustic Wood Exterior - Wood-Shingle Roof
- Covered Front Porch
- Upper-Level Covered Balcony
- Natural Wood Interior Walls & Flooring
- Spacious Kitchen with Peninsula
- Mature Shade Trees • Paved Drive
- Private, Wooded Setting
- Tremendous Renovation & Investment Potential

REAL ESTATE TERMS: A 10% buyer's premium will be added to the final bid price & included in contract price. A 15% deposit is due day of auction, balance due in 30 days. The property is being sold on an "AS IS, WHERE IS" basis, and no warranty or representation, either express or implied, concerning the property is made by the Seller or Auction Company. Each potential bidder is responsible for conducting his or her own independent inspections investigations, inquires, and due diligence concerning the property. The property will be sold by the deed. Make Inspections Prior To Date Of Sale.

HARRIS Real Estate & Auction

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ESTATES - WATERFRONT

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PRINCIPAL BROKER
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ABSOLUTE AUCTION

SAT., SEPTEMBER. 12TH AT 10:00 A.M.

LOCATION: 2296 St. Rt. 309, Hickman, KY.

Selling the Life Long Collection of Jack & Betty Harrison.
Antique Furniture, Cast Iron, Coins, Quilts, Crocks, Toys, Advertising, Antiques, Collectibles & Much, Much More!!!

TERMS ON PERSONAL PROPERTY: Payment due day of sale by Cash, Check or Credit Card. 3% Merchant fee will apply to Credit Card Payments.

STEVEN J. BUNCH, *Auctioneer* - JOE BUNCH, *Auctioneer, RE Agent*

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The Scene
September 11, 2026

Thank You for Your Service to Our Community!

★ ★ *Honoring* EMTs, Firefighters & First Responders ★ ★

Paducah firefighters carry forward courage, commitment of Sept. 11 responders

By Laurna Pruett
KPI Writer

PADUCAH — The courage displayed by firefighters on Sept. 11, 2001, continues to shape how members of the Paducah Fire Department approach their responsibility to protect others.

Fire Chief Stephen Kyle said the example set by those responders remains especially meaningful because they moved toward danger despite understanding the risks.

"The most important thing is that they ran toward the danger knowing what the risks were," Kyle said. "The job requires the same mentality today."

The Paducah Fire Department serves residents throughout the City of Paducah and responds to emergencies ranging from structure fires and medical calls to incidents requiring specialized rescue skills.

Its capabilities include confined-space rescue, swift-water rescue, trench rescue, high-angle rescue and hazardous-materials response. Each requires specialized equipment and firefighters who are prepared to work in dangerous and often unpredictable conditions.

That preparation extends well beyond the department's minimum annual training requirement. Kyle said firefighters must complete at least 100 hours of training each year, but they regularly complete nearly 200 hours.

The additional training

see **COURAGE,** page 4

DENTON LAW FIRM

Forever Grateful

Today and every day, we honor the bravery, sacrifice, and unwavering dedication of our first responders. They are the heartbeat of our communities, and for that, we are forever grateful.

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Prepared to answer the call

Training, teamwork and community partnerships strengthen Ballard County's emergency response

By Laurna Pruett
KPI Writer

As the nation pauses to remember the lives lost and the first responders who answered the call on Sept. 11, 2001, the anniversary also provides an opportunity to recognize those who continue serving their communities today.

In Ballard County, protecting lives and property requires emergency management, fire departments, law enforcement, emergency medical services and other agencies to work together—often under difficult and rapidly changing conditions.

Ballard County Emergency Management Director Travis Holder said the county has a variety of departments and resources that can be put into action immediately, depending on the type and severity of an emergency.

"Emergency Management, fire departments, law enforcement, EMS and other local agencies can quickly begin response operations," Holder said.

The response does not end when the immediate danger has passed. Local resources and community partners are also available to help meet the needs of displaced residents and begin the recovery process.

The working relationships among Ballard County's emergency agencies are strengthened through their regular responses to fires, motor vehicle crashes, medical calls, severe weather and other incidents. Holder said that familiarity helps departments coordinate their efforts when a larger emergency affects the county.

"Many of our volunteers and responders are cross-trained and have experience working alongside multiple agencies," he said. "Our departments communicate and work together to provide an organized and effective response."

Preparation for an emergency begins long before a call is received. Holder said departments continually evaluate their equipment, training and procedures to find ways to improve the services they provide.

Local agencies participate in training opportunities and upgrade equipment as funding becomes available. Keeping pace with changing technology, response techniques and safety practices helps prepare personnel for emergencies ranging from everyday calls to large-scale disasters.

"Staying current with new technology, techniques and best practices helps ensure our responders are prepared for a wide variety of emergencies," Holder said.

Travis Holder

Medical emergencies, motor vehicle crashes, fires and severe weather are among the incidents Ballard County responders are most likely to encounter. Although many calls may be considered routine, emergency personnel must also be ready when an incident becomes larger or more complex.

"Our staff and volunteers train regularly to ensure they remain familiar with current response techniques, equipment and safety procedures," Holder said. "This ongoing training helps responders remain prepared to handle both routine emergencies and larger, more complex incidents."

Residents also have an important role in helping emergency personnel do their jobs safely. Holder said one of the most helpful things people can do during an emergency is avoid the incident area and give responders the room they need to work.

"Emergency scenes often involve numerous responders, vehicles and moving parts, and unnecessary traffic or bystanders can delay operations and create additional hazards," he said.

Residents should also follow directions from emergency officials and obtain information from trusted sources. Preparing a basic household emergency plan before disaster strikes can help families respond more safely and calmly when faced with severe weather, a fire or another crisis.

The events of Sept. 11 demonstrated extraordinary courage, sacrifice and cooperation among first responders and emergency agencies. More than two decades later, those lessons remain important in communities across the nation.

In Ballard County, preparedness continues through training, communication and partnerships among the people who stand ready to respond whenever the call comes.

Saluting Our Local Heroes

"To know even one life has breathed easier because you have lived. This is to have succeeded."

– Ralph Waldo Emerson, poet

"Blessed is the nation whose God is the Lord."
– Psalm 33:12

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Twin Lakes Worship Center

Veterans and families invited to breakfast Sept. 12

By Laurna Pruett
KPI Writer

American Legion Auxiliary Unit 3 in LaCenter will host a breakfast for area veterans and their family members Saturday, Sept. 12.

A full breakfast buffet will be served from 9 to 10 a.m. at American Legion Post 3, located at the Ballard County Fairgrounds, 152 Fairground Drive in LaCenter. A business meeting will follow the breakfast.

The gathering will also offer an opportunity to learn more about the American Legion and American Legion Auxiliary, two organizations dedicated to supporting veterans, active-duty military members and their families.

Anyone interested in becoming involved, sharing resources, building connections and helping carry the organizations' mission forward is encouraged to attend.

New memberships and membership renewals are now being accepted for the 2026-27 fiscal year for both the American Legion and the American Legion Auxiliary.

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COURAGE, from page 1

helps ensure they are ready for the wide range of emergencies they may face while also allowing them to respond as safely and effectively as possible.

Although firefighters prepare for large-scale emergencies and complex rescues, one of the most common dangers they encounter begins in an ordinary place — the kitchen.

Stephen Kyle

Kyle said unattended cooking is the most common local fire hazard. His advice to residents is straightforward: "Never leave anything cooking unattended."

Cooking fires can develop quickly, particularly when grease or other flammable materials are involved. Staying in the kitchen and closely watching food while it cooks can prevent a small mistake from becoming a life-threatening emergency.

As the community remembers the firefighters who gave their lives on Sept. 11, Kyle said their willingness to accept personal risk for the sake of others remains an enduring lesson for today's emergency responders.

"While we strive to be as safe as we can be while doing the job, there are inherent risks that you have to take," Kyle said. "Knowing that there is risk, accepting that risk and going anyway is the example they gave and should be taken to heart by all responders today."

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Barlow firefighters face manpower, water challenges

By Laurna Pruett
KPI Writer

BARLOW — When a structure catches fire, Barlow City firefighters may be battling more than flames. Limited manpower and the lack of nearby fire hydrants can make rural fires especially difficult and dangerous.

LaDoy Owens

Barlow City Fire Chief LaDoy Owens said the number of firefighters available often depends on the time of day and which volunteers can leave their jobs or other responsibilities.

"As a volunteer department, we rely heavily on automatic mutual aid from other departments throughout the county to provide additional manpower for rural, as well as many in-city, structural fire responses," Owens said.

Water supply presents another serious challenge. Because many rural areas do not have fire hydrants, neighboring departments use tankers and engines to shuttle water to the scene.

"Maintaining a continuous water supply is critical to the safety of interior firefighters," Owens said. "A loss of water during an interior operation can have potentially fatal consequences for those operating inside the structure."

While dependable equipment is important, Owens said trained volunteers remain a department's most valuable resource.

"Without people, all the equipment in the station is useless," he said. "Whether it is daytime or nighttime, when the tones drop, someone has to respond."

Becoming a certified volunteer firefighter requires a substantial commitment. The first certification level includes approximately 115 hours of training, while the second brings the total to roughly 300 hours. Owens said the training gives volunteers valuable skills and an opportunity to make a lasting difference.

"A fire department is only as strong as the people willing to answer the call," Owens said. "We need members of our community who are willing to step forward, commit the time required to train and serve their neighbors when they need help the most."

The department is also applying for a grant to help fund a new fire station. According to Owens, the existing station does not have running water for its bathrooms, showers for firefighters to remove dangerous contaminants after a fire or adequate washing facilities for protective gear.

If the grant is approved, the new station would provide firefighters with a safer place to train, prepare for emergencies, clean their equipment and recover after calls.

"We are servants," Owens said. "By God's grace, we humbly do the best we can to serve our neighbors during some of the worst moments of their lives."

Ready When Every Second Counts

Carlisle County strengthens emergency response through planning, technology and regional cooperation

By Laurna Pruett
KPI Writer

In a rural county, emergency preparedness is not measured solely by the number of ambulances, rescue vehicles or responders available. It is also measured by how well agencies know one another, how quickly they can organize and whether they know where to turn when an emergency grows beyond their local resources.

For Carlisle County Emergency Management Agency and EMS Director Joshua Glover, preparation means knowing what the county has, understanding what it may need and building relationships before disaster strikes.

"Being a small county actually helps us in some ways because most of our responders already know each other and have worked together before," Glover said.

If a major emergency occurred today, Emergency Management would coordinate with Carlisle County EMS, local fire departments, law enforcement, River County 9-1-1, the Carlisle County Fiscal Court and other local agencies.

Depending on the situation, the county could deploy ambulances, fire and rescue equipment, law enforcement officers, emergency management personnel and drones. Drones can assist with missing-person searches and damage assessments while providing responders with a better view of an incident without placing them in unnecessary danger.

Glover said Carlisle County's size also means local resources could become stretched during a major or prolonged emergency. When more personnel or equipment are needed, the county can request mutual aid from surrounding counties and seek assistance from regional and state agencies.

"A big part of being prepared is knowing what we have available, knowing who we can call when we need help and training together before an emergency happens," he said.

Communication and organization become especially important when several agencies respond to the same incident. River County 9-1-1 manages dispatch and communications, while EMS, fire departments and law enforcement fulfill their individual responsibilities at the scene.

Emergency Management helps coordinate the overall response and secures additional resources when necessary. During a larger incident, agencies can establish an Incident Command System to organize personnel, determine priorities and ensure everyone is working toward the same goal.

Carlisle County has also continued investing in the equipment and training needed to strengthen that response.

Carlisle County EMS recently received approximately $544,000 through the Rural Health Transformation Grant. A portion of that

Joshua Glover

funding will be used to begin a Community Paramedicine Program. The funding will also allow the department to update training equipment and provide more realistic, hands-on simulations.

"We hope some of these training improvements will benefit not only Carlisle County but responders throughout our region," Glover said.

Although new equipment gives responders additional capabilities, Glover said it is only useful when personnel know how to operate it confidently under pressure.

"Equipment is important, but we also have to make sure our people are trained and comfortable using it when the time comes," he said.

Severe weather remains one of Carlisle County's greatest emergency threats. The county may face tornadoes, severe thunderstorms, flooding, winter storms, extreme heat and other weather-related dangers.

Responders must also remain prepared for structure fires, serious vehicle crashes, medical emergencies, hazardous-material incidents, missing persons, power outages and other events that require several departments to work together.

Residents can make that response safer and more effective by preparing their households before an emergency occurs. Glover encourages families to create an emergency plan, identify where they will shelter during severe weather and keep medications and basic supplies readily available.

Households should also have more than one way to receive weather warnings and emergency information. During an emergency, residents should listen to local officials, take warnings seriously and stay off the roads when travel is discouraged.

People should avoid damaged areas, obey barricades and never attempt to drive through flooded roadways.

"The more prepared our residents are, the more our responders can focus on the people who need help the most," Glover said.

As communities reflect on the lives lost and the sacrifices made on Sept. 11, Carlisle County's responders continue the daily work of preparing for events they hope will never happen. That readiness is built through training, improved equipment and cooperation—not only within the county, but across the region.

For Carlisle County, being prepared means recognizing the challenges of serving a rural community while making certain that, when every second counts, help is ready to move.

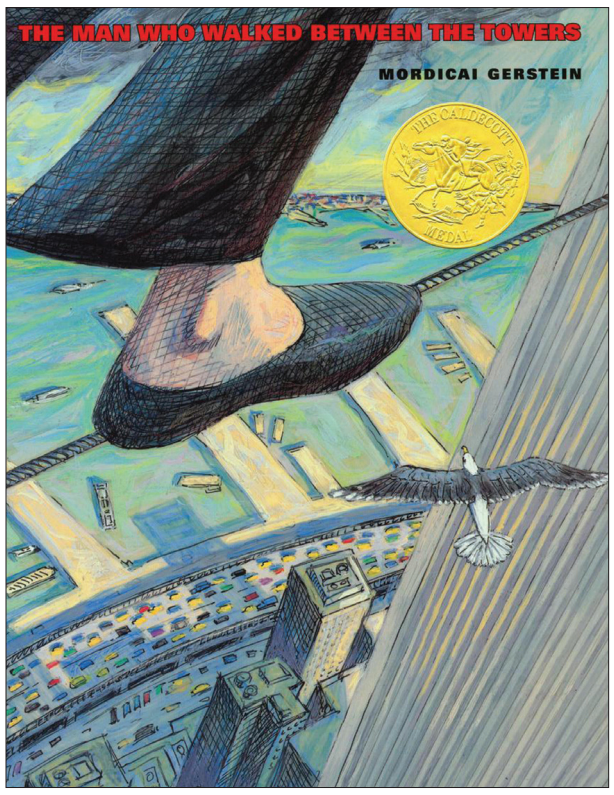
A children's book that shaped a generation:

The Man Who Walked Between the Towers

By Ciro Astarita
KPI Writer

Children born around and after September 11th do not remember a world before foreign attackers on domestic soil was considered a real threat by many. Now, we live in a very different world. Well before 9/11, there was a french stunt performer named Phillipe Petite(1949-Present) who dared to do something no one else in the world would even conceive. In August 1974, a rope was installed between the top of the World Trade Center Buildings. Petite walked between the towers around 1,350 feet above ground and performed for about 45 minutes. He did this illegally. Following the spectacle, people were amused and even inspired. However, many felt Petite should be punished. Richard Kuh–the New York County District Attorney at the time–dropped all charges. He did this under one condition…he must perform a free aerial show for children in Central Park. Petit obliged and it was so.

Many years later, Petit's story was immortalized in the children's book titled 'The Man Who Walked Between the Towers'(2003) written and illustrated by Mordicai Gerstein. Just one year after publishing his book, Gerstein received a 2004 Caldecott Medal for his illustrations. This award is given to the previous year's most distinguished children's book. His book was widely available at Scholastic Book Fairs across the United States throughout the 2000's and 2010's and continues to be an entry point for youth to understand such a tragic event. Discussing difficult subjects with kids can be challenging for parents. Literature is one of the best ways youth can be exposed to complex themes and topics in an appropriate way.



The Man Who Walked Between the Towers by Mordicai Gerstein (2003)

Philippe Petit: 'I didn't plan to cross eight times.' Photograph: Alan Welner/AP

Who are first responders and what do they do?

When an emergency happens, people often look for someone who can help. Whether it is a house fire, a traffic accident, a medical emergency or a severe storm, first responders are among the first people called to protect lives, provide assistance and bring order to difficult situations.

First responders are trained professionals and volunteers who respond to emergencies. The most familiar first responders are firefighters, police officers and emergency medical personnel. Other emergency workers, including 911 dispatchers, search-and-rescue teams and emergency management officials, also play important roles in helping communities during times of crisis.

Firefighters do much more than fight fires. They respond to house fires, vehicle accidents, hazardous-material incidents and other emergencies. Firefighters rescue people, provide first aid, operate specialized equipment and help prevent fires through inspections and public education. Many firefighters are also trained as emergency medical responders.

Firefighters may work in dangerous conditions, including smoke, extreme heat and unstable buildings. They must rely on training, teamwork and specialized equipment to protect themselves and others. Volunteer firefighters are especially important in many communities, where they answer emergency calls while also working regular jobs and caring for their families.

Police officers help protect people and maintain public safety. They respond to accidents, crimes, dangerous situations and calls for assistance. Officers may provide first aid, direct traffic, secure emergency scenes, assist with evacuations and help connect people with other emergency services. Their work often involves making quick decisions while keeping others safe.

Police officers also investigate crimes, protect important locations and help communities prepare for emergencies. Their presence can help prevent dangerous situations and provide reassurance when people feel frightened or uncertain.

Emergency medical personnel, including emergency medical technicians (EMTs) and paramedics, provide medical care when someone is sick or injured. They assess patients, give emergency treatment, help stabilize serious conditions and transport people to hospitals when needed. Their training allows them to begin important medical care before a patient reaches the emergency room.

EMTs and paramedics respond to many different calls, including falls, breathing problems, injuries and other medical emergencies. They must remain calm, communicate clearly and make careful decisions while providing care.

911 dispatchers are another essential part of the emergency response system. When someone calls 911, dispatchers gather information, determine what help is needed and send the appropriate responders. They may also provide instructions to callers while help is on the way.

Dispatchers must listen carefully and remain calm, even when callers are frightened or confused. Their ability to gather accurate information helps emergency crews arrive with the right equipment and assistance.

First responders often work together. At a serious accident, for example, police may secure the scene, firefighters may help remove someone from a damaged vehicle and medical personnel may provide treatment. Each group has a different responsibility, but their shared goal is to protect life and reduce harm.

First responders also prepare for emergencies before they happen. They participate in training, practice emergency plans, inspect equipment and educate the public about safety. Their preparation helps communities respond more effectively when unexpected events occur.

Their work can be challenging, unpredictable and demanding. Yet every day, first responders answer calls for help and serve their communities with courage, skill and compassion. They remind us that when emergencies occur, we are not alone.

Communities can support first responders by learning basic safety skills, keeping emergency numbers available, following evacuation instructions and showing appreciation for their service. A simple thank-you can mean a great deal to the people who spend their days helping others.

First responders are an important part of every community. Their dedication, training and willingness to serve help make neighborhoods safer and stronger. Whether responding to a major disaster or a single call for assistance, they play a vital role in protecting lives and helping people through difficult moments.

Preparedness begins before the sirens sound

Graves County emergency manage says residents, responders and community partners all have a role

By Laurna Pruett
KPI Writer

When disaster strikes, emergency responders move toward the danger—but they cannot face it alone.

In Graves County, a large-scale response can involve firefighters, law enforcement officers, medical personnel, road crews, schools, churches, nonprofit organizations and ordinary residents. Emergency Management Director Tracy Warner said the county's strength lies in bringing those resources together while encouraging families to prepare before help is needed.

"Take action before the storm," Warner said. "Make sure you have a plan, so when something occurs, you and your family will know what to do."

If a major emergency happened today, Graves County could immediately call upon its nine volunteer fire departments, the Mayfield Fire Department, Mayfield-Graves County EMS, the Graves County Sheriff's Office, the Mayfield Police Department and Kentucky State Police.

The Graves County Road Department, Mayfield Public Works and Kentucky Transportation Cabinet could assist with transportation and debris-related needs. Graves County Schools, Mayfield Independent Schools and Northside Baptist Christian School could also become part of the response, along with the county's churches and nonprofit organizations.

Tracy Warner

Coordinating those agencies is one of Emergency Management's primary responsibilities. Warner said her office gathers information from throughout the county to develop a clearer picture of the emergency and the resources needed.

If conditions warrant, a local declaration of emergency can be filed with Kentucky Emergency Management. Decisions involving requests for mutual aid, additional equipment and personnel can then be discussed and coordinated through the local Emergency Operations Center.

Communication

see **SIRENS**, page 8

SIRENS,
from page 7

is critical when numerous departments are working across a widespread disaster area. Each Graves County volunteer fire chief recently received a radio capable of communicating with other responding agencies during an emergency. The radios were purchased through Independence Bank's Tornado Relief Fund.

Departments have also added specialized rescue tools. All Graves County volunteer fire departments received grain-bin rescue equipment, while Mayfield-Graves County Fire and Rescue upgraded the motor on its swift-water rescue boat, improving its ability to operate in rough conditions.

The rescue squad also partnered with the Graves County Sheriff's Office to purchase a drone. Warner said it has already been used in several types of situations, providing responders with an aerial view that can assist with searches, assessments and other emergency operations.

Training ensures personnel can use those resources effectively. Emergency agencies must meet minimum training requirements, but Warner said many responders go beyond what is required. Their preparation includes hazardous-materials awareness and operations, driver training, CPR, first aid and the use of automated external defibrillators.

Graves County has faced flooding, severe thunderstorms and tornadoes, but Warner said her responsibility is to consider an even greater threat.

"As an emergency manager, I plan for the worst-case possibility, which in our area would be an earthquake," she said.

Preparing responders also involves attending to details that may seem small until an emergency begins. Vehicles must be fueled, chainsaws need to be in working order and teams require food, water and other supplies to remain in the field.

"Responders have to take care of themselves and their families before they can help others," Warner said.

That same principle applies to the public. Warner encourages residents to maintain enough food, water, medications, first-aid materials and other necessities to care for themselves for at least three days. Families should develop a plan in advance rather than waiting until severe weather or another emergency is already underway.

Residents can further assist responders by reserving 911 for life-threatening emergencies. During a recent storm, fallen trees blocked numerous roads across Graves County. Emergency crews worked to clear those routes so ambulances, firefighters and law enforcement officers could reach people facing immediate danger. Agencies have continued cleaning up damage left by the storm.

Every unnecessary call or avoidable trip into a damaged area can pull limited resources away from those who need them most. Preparing ahead, following official instructions and remaining clear of affected areas allow responders to concentrate on saving lives and protecting property.

Warner also encourages residents to consider serving their communities before the next emergency occurs.

"There are several organizations that need your help," she said.

The anniversary of Sept. 11 is a solemn reminder of the courage shown by first responders and of the extraordinary impact people can make when they unite in service. In Graves County, that spirit is reflected not only in the professionals and volunteers who answer emergency calls, but also in the schools, churches, organizations and residents prepared to stand beside them.

Disaster response begins with trained personnel and dependable equipment. Community resilience, however, begins much earlier—with a plan, a willingness to help and the understanding that preparedness is everyone's responsibility.

How to honor first responders

This Friday marks the 25th anniversary of the 9/11 terrorist attacks. The attacks on September 11, 2001 remain the deadliest terror attacks in world history, claiming more than 2,900 lives and causing countless injuries and long-term health problems for tens of thousands of civilians and first responders.

The 25th anniversary of 9/11 will no doubt evoke responses that span the emotional spectrum. Sadness may dominate such responses, but the anniversary of 9/11 also is a great time to reflect on the efforts of first responders. First responders played a vital role on 9/11, and many lost their lives and/or suffered long-term health consequences resulting from their selfless efforts to save innocent victims of the attacks.

In the two decades since the 9/11 attacks, first responders have continued to make countless sacrifices to ensure their communities are safe and peaceful places to call home. The 25th anniversary of 9/11 is a great time to recognize the efforts of first responders and honor them for all they do.

• ***Donate to local fire departments.*** According to the U.S. Fire Administration, 54 percent of active firefighting personnel are volunteers. Many of those volunteer firefighters work for underfunded departments that are in need of financial support. Donating to such departments is a great way to show first responders how much their efforts are appreciated. Donations may be used to purchase new equipment, upgrade existing facilities, provide vital training, and/or improve response times, the latter of which can increase the likelihood that firefighters make it through calls safe and sound.

• ***Back legislation to support wounded first responders.*** Many first responders suffer significant mental and physical injuries while on the job. Various nonprofit organizations help wounded first responders who may need to make modifications to their homes or purchase costly equipment to get through their daily lives. But nonprofit organizations cannot go it alone in support of wounded first responders. Citizens can do their part by promoting and voting for local, state and national legislation that makes it easy for wounded first responders to get the help they need, when they need it.

In addition to urging local politicians

see **HONOR** page 10

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HONOR,
from page 9

to support such legislation, private citizens can utilize social media to promote proposals and other efforts to support wounded first responders. Many 9/11 first responders are still fighting for government-backed support to treat injuries suffered 25 years ago, and a vocal citizenry can be a strong asset in their fight and the fight of countless others in need of help.

• ***Commit to supporting first responders year-round.*** The 25th anniversary of 9/11 will call attention to the efforts of first responders on that day 25 years ago as well as the countless times since then that these brave men and women have served their communities. But first responders deserve vocal, year-round support. Make a concerted effort to thank policemen, firefighters, EMTs, nurses, and doctors in your community whenever you interact with them, and urge others to follow suit.

First responders play a vital role in communities across the globe. The 25th anniversary of 9/11 can serve as a catalyst for communities to express their support for first responders.

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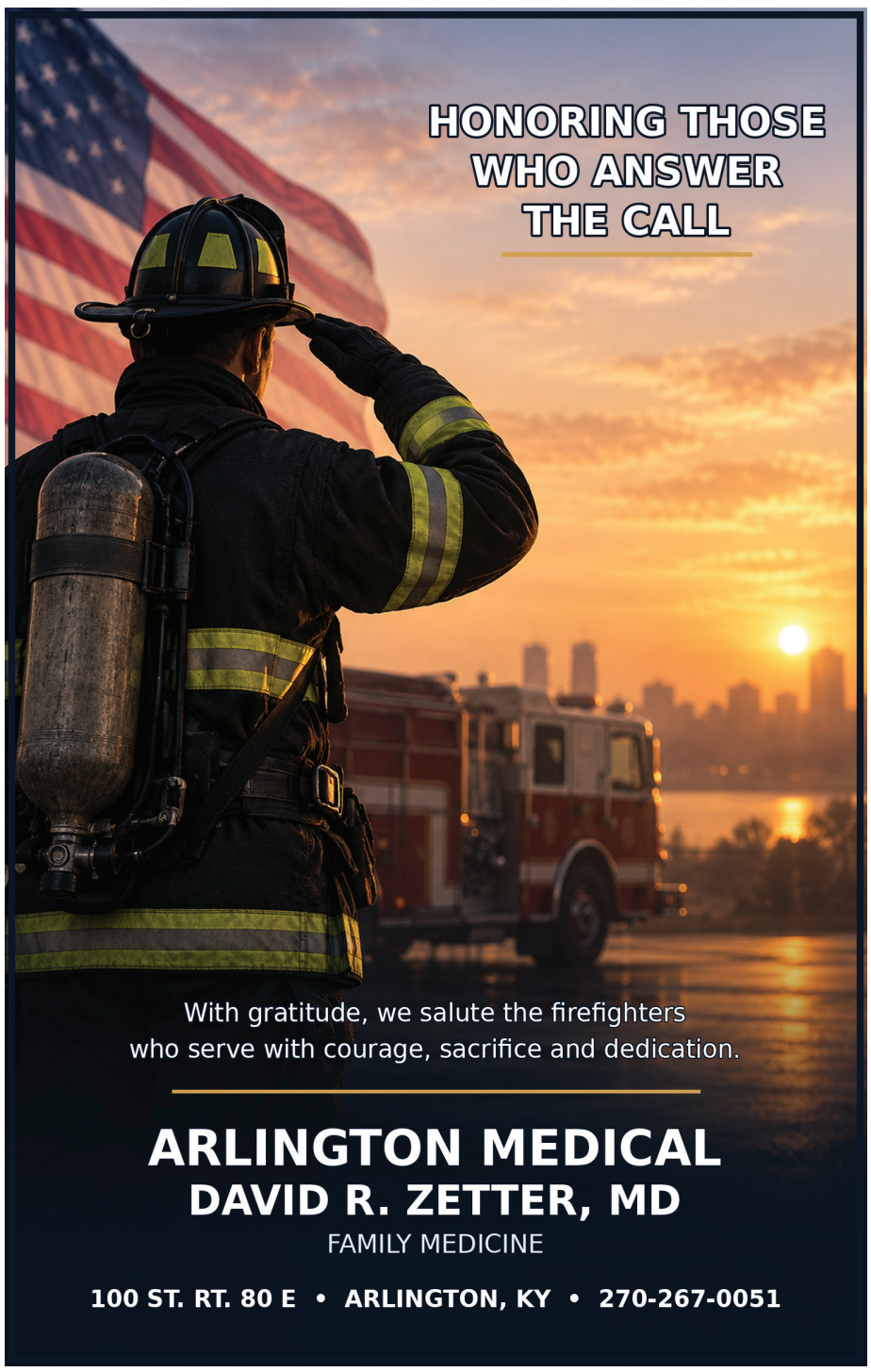

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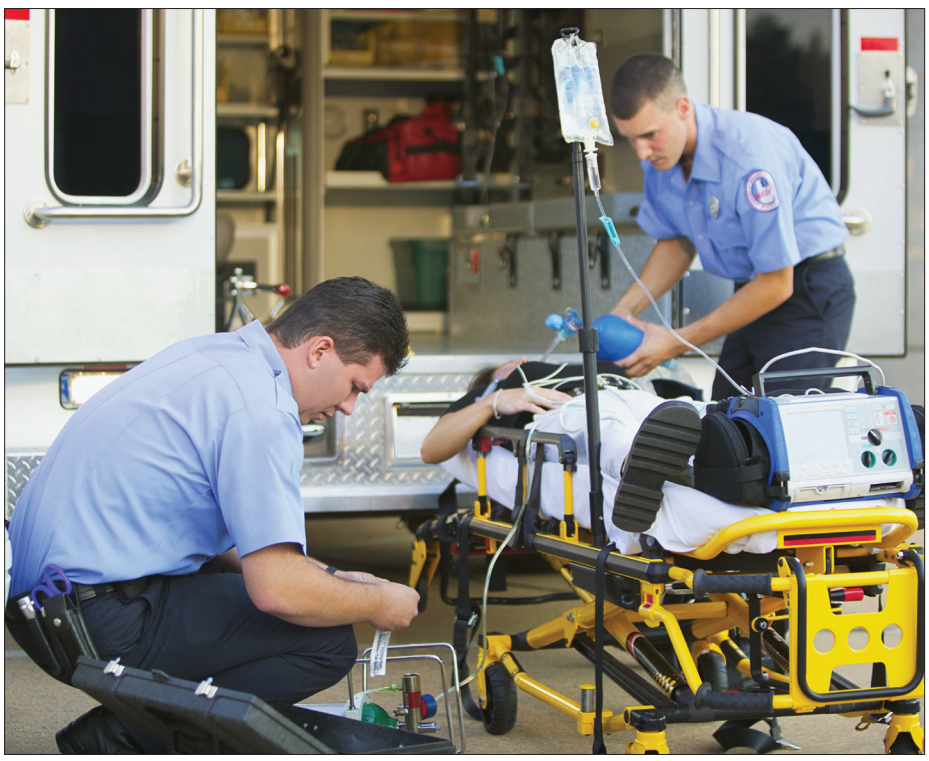
The role EMS workers play in your community

Every community has its unsung heroes. Without the contributions of selfless individuals whose efforts often go unnoticed, thriving communities would not be as safe, welcoming or successful.

EMS workers are among the most important individuals in a community. The contributions of these individuals, many of whom work as unpaid volunteers, are invaluable and worthy of recognition. Making an effort to understand the role EMS workers play is a great first step toward showing them how much they're appreciated.

What is EMS?

The National Highway Traffic Safety Administration's Office of EMS notes that Emergency Medical Services, or EMS, is a system that provides emergency medical care. The Office of EMS also notes that EMS does not exist in isolation, as it is integrated with other services and systems with the goal of maintaining and enhancing the health and safety of a community and its residents. This is why EMS services, though they vary from community to community, may be based in fire departments, hospitals, independent government agencies, or nonprofit corporations.



What duties do EMS workers perform?

Because EMS is a system, EMS workers wear a range of hats. The Office of EMS notes that the responsibilities and services EMS workers provide may include:

- Incident recognition
- Access 911
- Dispatch
- First responder
- Basic life support
- Advanced life support
- Air/ground transport
- Emergency department services
- Specialty care
- Patient rehabilitation
- Prevention and awareness
- Public education

When do EMS personnel interact with their communities?

Many people only encounter EMS workers during medical emergencies when they are most in need of help. That underscores the vital role EMS workers play in public health and safety and just how integral they are in instances that could escalate into life-or-death situations.

Recognition of the roles EMS workers play is a great way to show support for these often unsung community heroes.

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The importance of first responders

When an emergency strikes, first responders are often the first people we look to for help. Firefighters, police officers, emergency medical technicians (EMTs), and paramedics play a vital role in protecting lives, providing assistance, and helping communities recover from unexpected situations. Their work is essential to the safety and well-being of people in every community.

First responders are trained to act quickly and make important decisions under pressure. Firefighters respond to fires, vehicle crashes, and other emergencies, working to rescue people and protect property. Police officers help maintain public safety, respond to dangerous situations, and assist people in need. EMTs and paramedics provide medical care at the scene of an emergency and during transportation to a hospital.

Their work extends far beyond major disasters. First responders answer calls involving medical emergencies, accidents, fires, and other situations that require immediate attention. They may help someone experiencing a medical crisis, respond to a traffic collision, or assist a family whose home has been damaged. In each situation, their goal is to protect lives and provide the help people need.

First responders also spend time preparing for emergencies before they happen. Training exercises, safety inspections, public education programs, and community events help them remain prepared. Their knowledge and experience can also help residents learn how to prevent accidents, respond to emergencies, and protect themselves and others.

Being a first responder requires courage, dedication, teamwork, and compassion. These professionals often work long hours, including nights, weekends, and holidays. They may miss important family occasions or face difficult circumstances while helping strangers. Despite

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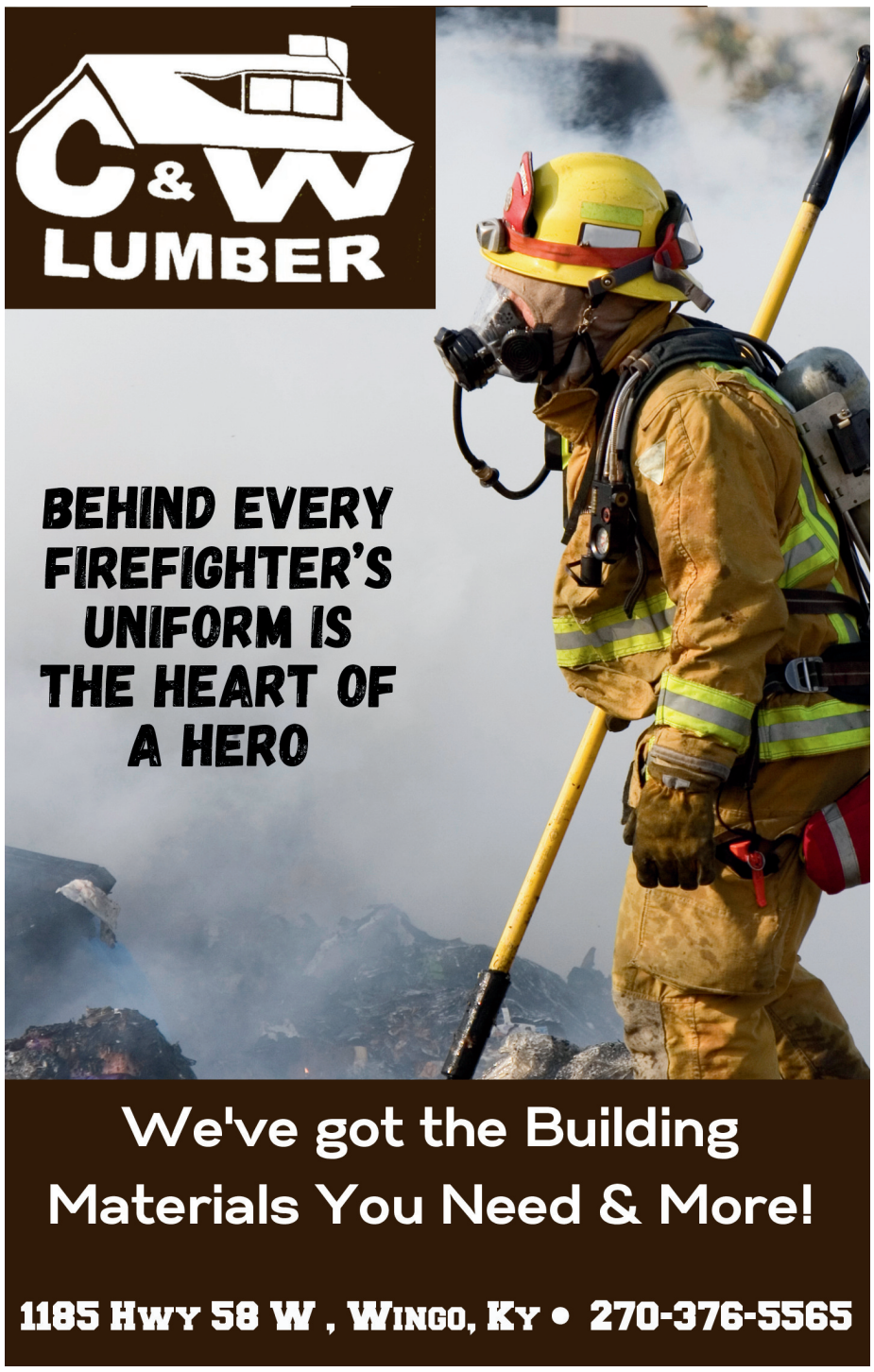

THANK YOU First Responders

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these challenges, they continue to serve because they understand the importance of their work.

First responders also provide reassurance during frightening moments. Their presence can help people feel safer and remind communities that help is available when it is needed most. Whether responding to a serious accident or helping a family through a difficult situation, their service can make a lasting difference.

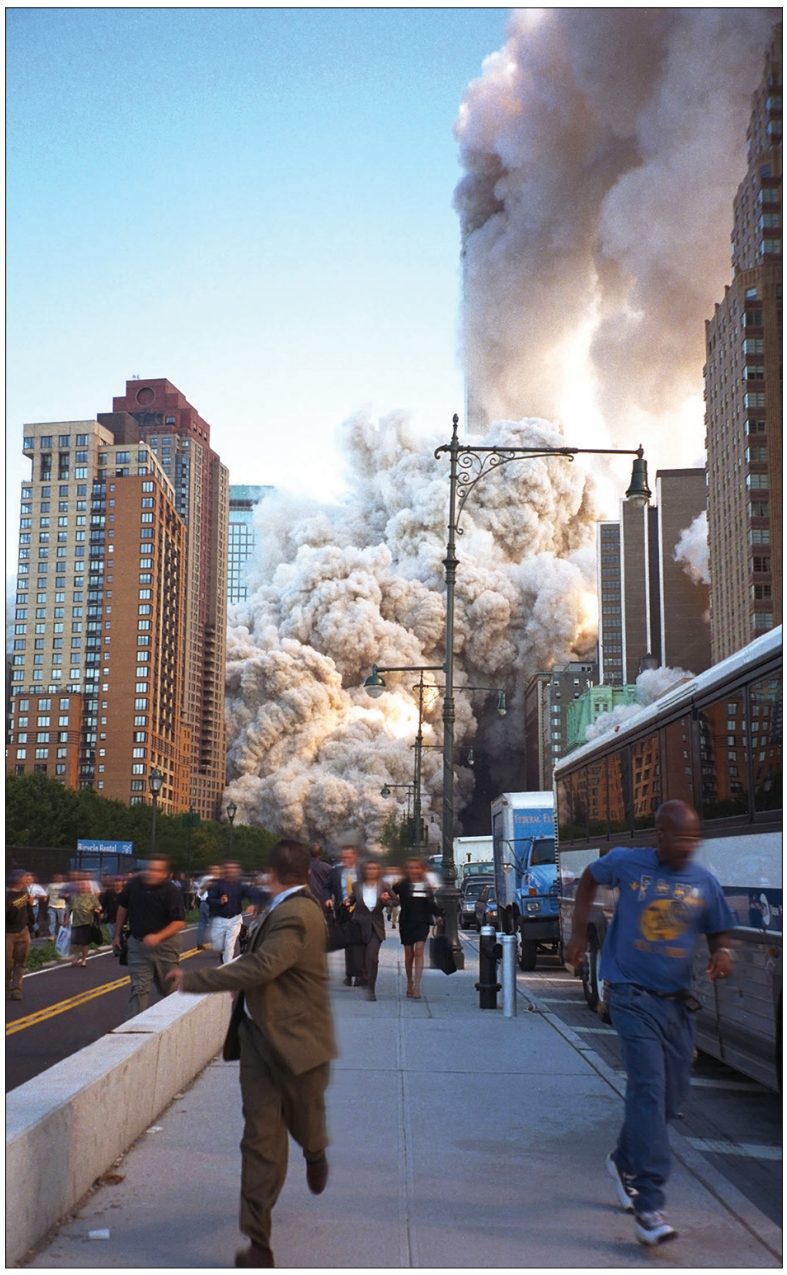
Supporting first responders is an important responsibility for everyone. Learning basic safety skills, keeping emergency contact information available, following safety rules, and treating emergency personnel with respect are simple ways to show appreciation. Communities can also support local departments through fundraisers, volunteer opportunities, and public recognition.

It is equally important to remember that first responders are people who experience stress, fatigue, and difficult emotions. Offering understanding and support can help them continue their demanding work.

First responders are an essential part of every community. Their service, sacrifice, and commitment make a lasting difference. They deserve our gratitude not only during emergencies, but every day. By recognizing their contributions and supporting their work, we help build safer, stronger, and more caring communities.

Future generations will inherit

Twenty-five years after the attacks, a young Kentuckian's white Navy cap stands as an example of what one generation owes the next



American Airlines Flight 77 was over eastern Kentucky when hijackers likely took control on the morning of Sept. 11, 2001. They turned the plane south, then east toward Washington.

At the Pentagon, Navy Petty Officer 1st Class Edward Earhart, 26, of Morehead, was working on a day he was supposed to be off. A colleague needed help, so he came in.

Earhart's work had little in common with the images most Americans associate with war. He was an aerographer's mate who helped Navy ships find safe routes around sea ice. An iceberg appeared on his computer screen saver. After his funeral, coworkers signed his white Navy cap and gave it to his family. The cap is now part of the National September 11 Memorial & Museum's collection.

That cap offers a way to see past the scale of Sept. 11, which can flatten individual lives into one enormous national tragedy. Earhart did not report to the Pentagon expecting to enter history. He went because someone needed him.

Twenty-five years later, that distinction matters. The museum estimates that 100 million Americans have no living memory of the attacks. Those who do often remember small, precise things: the room where they first heard, the television they watched or the person they called. Younger Americans have none of that. They know Sept. 11 only through what others choose to tell them.

Sen. Jason Howell

Pearl Harbor made this passage before it, from a day that millions remembered to a history later generations received. Sept. 11 is now following that path.

Memory itself cannot be handed down. What can be passed along is an honest account that keeps the people inside it. The story belongs to Americans who were not yet born just as surely as it belongs to those who watched it unfold.

It also extends well beyond the smoke and wreckage. This year, the 9/11 Memorial's anniversary commemoration will include a seventh moment of silence. Six mark the times when the planes struck, the towers fell and Flight 93 crashed. The seventh, observed after the reading of names, honors those who later died from 9/11-related illnesses. It has no corresponding minute on the clock. That part of the toll accumulated quietly over years.

By late 2001, the 101st Airborne Division's 3rd Brigade had deployed from Fort Campbell to Afghanistan. Thousands of Kentucky National Guard soldiers and airmen would mobilize in the years ahead. Those deployments reached far beyond the people in uniform. Kentucky families planned around departures, endured months apart and waited for news from far away. Children grew older between homecomings. The television coverage eventually ended; the effects on those households did not.

That, too, belongs to the history later generations will inherit. The date alone cannot carry it.

We will not always be here to explain why Sept. 11 matters. The date will remain, and so will the familiar footage. The people are easy to lose, but they are the most important thing we must treasure.

"Never forget" cannot mean repeating two words every September. It means remembering the names, the lives they lived and what followed those terrorists' attack, and carefully preserving that story.

Someday, no living American will be able to begin, "I remember where I was." When that day comes, the record should show more than how the buildings fell. It should also preserve the signed white cap of a 26-year-old Kentuckian who went to the Pentagon because a fellow service member needed help.

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Sen. Jason Howell, R-Murray, represents the 1st Senate District, including Calloway, Crittenden, Fulton, Graves, Hickman, Lyon, and Trigg Counties. He co-chairs the Interim Joint Committee (IJC) on Agriculture and the Tobacco Settlement Agreement Fund Oversight Committee. He is also vice chair of the Legislative Oversight and Investigations Committee. Howell also serves on the IJCs on Banking and Insurance; Economic Development and Workforce Investment; Licensing, Occupations, and Administrative Regulations; and Tourism, Small Business, and Information Technology.

"September 11 was, and remains, above all an immense human tragedy… a challenge to the values of freedom, tolerance and decency."

— Tony Blair

A cheap charger could cost more than a new phone

By Laurna Pruett
KPI Writer

Replacing a lost or damaged phone charger with a low-cost option may seem harmless, but poorly made or incompatible chargers can cause expensive damage—and create a potential safety hazard.

Technicians at Mike's iFix, located at 3125 Lone Oak Road, Suite A, in Paducah, said they have seen firsthand what can happen when consumers use cheap or incompatible chargers.

"These can range from excessive heat and damaged charging ports to premature battery wear and, in more serious cases, damage to charging components on the phone's motherboard," the repair shop explained. "A quality charger should properly regulate the power being delivered to the device."

A charger that fails to properly control that power may harm the battery, charging port or internal components. Damage may happen gradually, making it difficult for the owner to realize the charger is the source of the problem.

Warning signs can include a phone or charger becoming unusually hot, intermittent or inconsistent charging, unusually slow charging or repeated "accessory not supported" messages. A buzzing sound, electrical odor or battery that suddenly begins draining faster than normal may also indicate trouble.

"Frayed cables, loose connectors and chargers that become extremely hot should be replaced immediately," Mike's iFix advised.

Consumers should choose a charger made by the device's manufacturer or a reputable third-party product carrying certification from a recognized independent safety-testing organization. Suspiciously low prices, missing manufacturer information, misspelled packaging and the absence of a recognized safety certification may indicate a counterfeit or poorly made product.

Where a device is charged also matters. Phones and tablets should be placed on a hard, open surface where heat can escape. Charging a phone on a bed, couch or underneath a pillow can trap heat next to material that could burn.

Chargers should also be kept away from water and flammable objects. Devices should not be handled with wet hands while plugged in, and charging electronics should not be left unattended for extended periods.

Mikel Scott of M. Scott Electric said homeowners can add another layer of electrical protection by having a surge protector installed at the home's main electrical panel. This type of equipment can help protect electronics throughout the home from voltage surges and reduce reliance on multiple plug-in devices. It should be installed by a qualified electrician.

However, even whole-home surge protection cannot make a damaged or poorly manufactured charger safe.

Mike's iFix said spending a little more for a quality charger is minor compared with replacing a phone that may cost anywhere from $300 to $2,000 or more. The greatest loss, however, may not be the device itself.

When a phone fails, irreplaceable photographs, messages and other memories stored on it can also be lost.

Saving a few dollars on a charger may feel like a bargain, but when expensive technology, personal memories and household safety are at stake, the cheapest choice could become the most costly.

Creative ways to boost health

Gym memberships, fitness classes and exercise equipment can add up, but staying active doesn't have to strain your budget.

Walking, home workouts and community programs can provide inexpensive ways to:

Build strength
Improve balance
Support overall health

FREE OR LOW-COST OPTIONS

Start by checking programs available in your community:

Senior centers may offer:

Free or low-cost exercise classes
Walking groups
Other activities for older adults

Recreation departments, parks, faith communities and nonprofit organizations may offer similar programs.

Public libraries may provide:

Exercise videos
Equipment
Information about local fitness programs

Some Medicare Advantage and Medicare Supplement plans include fitness benefits at no additional cost.

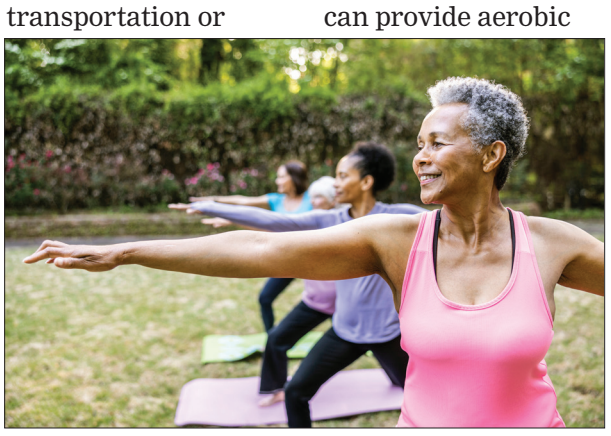
Programs such as SilverSneakers and Renew Active may provide eligible members with:

Access to participating fitness centers
Exercise classes
Online workouts

Benefits vary by plan and location, so check with your insurer to see what's available.

WORKING OUT AT HOME

Home exercise can be an inexpensive option, especially for people with limited transportation or when weather makes outdoor activity difficult.



Online videos and streaming programs offer routines such as:

Low-impact aerobics
Strength exercises
Balance exercises
Flexibility exercises

Many activities require little or no equipment:

Walking or dancing can provide aerobic activity.

Wall pushups and other body-weight exercises can help strengthen muscles.

Resistance bands, light hand weights or household items can add resistance to some exercises.

A sturdy chair can provide support for certain movements.

Choose activities appropriate for your abilities.

Increase your activity gradually.

USING TECHNOLOGY

Free and low-cost digital resources can make it easier to exercise at home.

Health plans, community organizations and fitness programs may offer:

Live classes
On-demand classes
Online workouts

Apps can help users:

Find workouts
Schedule activity
Track progress

When choosing an online workout:

Look for programs appropriate for your fitness and mobility level.

Choose instructors who demonstrate modifications when needed.

The goal isn't to follow the trendiest routine.

The goal is to find safe, affordable activities you'll actually want to keep doing.

What to do about wellness over 50

Reaching one's fiftieth birthday in optimal health is an accomplishment to be proud of. The hard work required to be healthy in midlife includes adhering to a nutritious diet and exercising regularly. Once individuals cross the threshold and enter their 50s, they can look to some additional strategies to maintain their physical and mental well-being for decades to come.

• ***Get a pet.***

Many people 50 and older qualify as "empty nesters," a term applied to adults whose children have grown up and moved out of their homes. Some empty nesters experience a phenomenon known as "empty nest syndrome," which the Mayo Clinic notes can be marked by feelings of sadness or loss. Pets can help people over 50 with no children at home overcome feelings linked to empty nest syndrome. In 2018, the University of Michigan National Poll on Healthy Aging found that 86 percent of pet owners felt their pets make them feel loved while 73 percent said their pets provided a sense of purpose. Pets also can ensure individuals over 50 stay physically active and provide opportunities to connect with other people.

• ***Prioritize learning.***

Whether it's taking music lessons, going back to school or mastering a new hobby, learning has a profound effect on aging brains. For example, a 2013 study published in the journal Psychological Science found that memory function is improved by engagement in demanding everyday tasks. That study reported that people who learned new skills experienced greater memory improvement than people who only socialized or participated in activities that were not as cognitively engaging.

• ***Make an effort to improve balance.***

Various factors contribute to a decline in balance as adults age. For example, a decline in muscle mass that begins when people are in their 30s is a normal part of aging. Over time, that natural decline affects strength and agility.

Balance exercises can be a valuable component of a fitness regimen that help individuals reduce their risk for falling as they advance through their 50s and into their 60s and 70s. That's a significant benefit, as the Centers for Disease Control and Prevention reports that one out of every three adults age 65 and older experiences a fall each year, and as many as 30 percent of those falls lead to serious injury.

• ***Embrace your inner socialite.*** Socialization is important for people of all ages, including individuals 50 and over. A recent study from researchers at Michigan State found that valuing friendships was a strong predictor of health and happiness among older adults.

Opportunities to socialize with friends may increase as people navigate their 50s and children move out or become more independent. Individuals can take advantage of opportunities to socialize whenever possible.

Various strategies can help people maintain mental and physical wellness as they make their way through their 50s and beyond.

Ways to Thank and Show Your Support for Our Community's First Responders

1 Say thanks to a first responder, in person or on social media.

2 Send a handwritten note expressing your gratitude to a local department or agency.

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"If we learn nothing else from this tragedy, we learn that life is short and there is no time for hate."
— Sandy Dahl, wife of Flight 93 pilot Jason Dahl

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Parents and teachers can help kids create handmade thank-you cards to deliver to first responders.

3 Have breakfast or lunch delivered to a local department or agency, enlisting neighbors or coworkers to help finance the gesture.

4 Consider making a donation to a local fire, EMS or police department, or to an organization that supports first responders and their families.

5 If you own a business, consider offering a courtesy discount for first responders!

Every day, hundreds of thousands of men and women protect and serve, often putting their own lives at risk.

WE SALUTE YOU
EMTs, Law Enforcement, Firefighters and All First Responders

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