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KDFWR: Leave young wildlife alone this spring

FRANKFORT, Ky. (KT) – Spring is here, and with it comes an abundance of young wildlife across the state.

Newborn wildlife can be found in a variety of habitats, including urban neighborhoods. And the Kentucky Department of Fish and Wildlife Resources urges the public to leave young wildlife undisturbed, even when they appear to be alone, and reminds landowners to watch for vulnerable wildlife when working on their properties.

Wildlife parents often leave their nest or young in a location they consider safe while they for-

age or hunt nearby, including places that are more developed. Young wildlife may appear to be left alone, but a parent is almost always nearby and will come back as needed to feed and take care of them. It's normal for them to be away for hours, so don't be alarmed if you come across a baby animal by itself.

It is important to remember that human intervention can cause unnecessary harm to young wildlife. Touching a baby animal can transfer human scent and draw attention to their location, potentially making the young more noticeable to predators.

"Every year,



well-meaning people often step in to 'rescue' a baby wild animal that is alone and appears to be abandoned," said Dr. Christine Casey, wildlife veterinarian with Kentucky Fish and Wildlife. "In reality, they were fine before someone with good intentions stepped in, trying to help in the

wrong way."

Instead, people can help baby wild animals thrive by:

--Observing them from a distance.

--Secure trash cans and avoid leaving food or other attractants outside.

--Keep children and pets away to prevent potential injury or leaving a scent trail that may attract predators.

--Check a property or site for the presence of young animals before mowing or commencing outdoor projects

Only state-permitted wildlife rehabilitators can care for orphaned or injured wildlife in Kentucky, and under state law it is illegal to remove young wildlife from the wild. A list of approved wildlife rehabilitators, searchable by county and animal type, is available on the department's website. Kentucky Fish and Wildlife does not accept orphaned or injured animals.

Possessing wildlife is only permitted in very limited cases and is strictly regulated by state and federal law. For more information on caring for injured and orphaned wildlife, visit the department's website at fw.ky.gov.

FFA Greenhouse Prepares for Opening Day

By: Laurna Todd | KPI Writer

FULTON — As excitement builds for the upcoming greenhouse opening, members of the Fulton County FFA are putting the finishing touches on months of hard work, preparation and dedication.

In the days leading up to Opening Day on Saturday, the chapter has been sharing a behind-the-scenes look at the students who make the greenhouse possible, highlighting the effort that often goes unnoticed by the

public. Each day, photos and videos showcase the faces behind the project — students who have spent countless hours preparing the greenhouse for the community.

While many may view a greenhouse as simply a place to grow plants, students say the experience is far more involved. From planning and planting



to marketing and daily maintenance, the greenhouse operation requires a wide range of skills and teamwork.

Throughout the past year, students enrolled in the green-

house class have taken on hands-on responsibilities that mirror real-world business and agricultural practices. In addition to learning plant care, they have developed skills in time management,

not just about growing plants, but about growing students. The program provides opportunities for leadership, responsibility and practical learning that extends beyond

organization and customer interaction.

FFA members and instructors emphasized that the greenhouse is

the classroom.

Despite the challenges that come with maintaining the greenhouse, students have remained committed to making this year's project a success. Their dedication is evident in the progress made and the pride they take in their work.

As Opening Day approaches, the Fulton County FFA invites the community to come out, support local students and see firsthand the results of their efforts.

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AG UPDATE Make smart nitrogen decisions in a high-cost, low-supply spring

for Ag and Natural Resources

Tom Miller, Ballard County Ext. Agent

Sources: John Grove, Professor of soil science; Edwin Ritchey, Extension soils specialist; and Jordan Shockley, Extension professor of agricultural economics

is one of the most critical inputs for crop and forage production, but high prices and potential supply delays mean farmers need to be strategic to ensure every pound applied provides the greatest return.

Start with a soil test. Even though soil tests do not directly measure nitrogen, they are still the foundation of sound nitrogen management. Soil test results provide recommendations for lime, phosphorus (P) and potassium (K), which influence how efficiently crops use nitrogen, as fields with low soil pH or other nutrient deficiencies often respond poorly to nitrogen applications. Additional nitrogen will not overcome other nutrient limitations. Bringing soil pH and other nutrients into the recommended range allows plants to use applied nitrogen more efficiently, saving money.

Follow university recommendations for nitrogen rates. With higher nitrogen prices, applying more than recommended is



when properly managed, it can reduce the need for purchased nitrogen products. Make sure that animal manures are appropriately priced relative to commercial fertilizer, accounting for the value of nitrogen, phosphorus and potassium supplied.

Think about cropping systems and forages. Forage systems and crop rotations can also influence nitrogen needs. Forages containing legumes can supply much of their own nitrogen, reducing or eliminating the need for purchased nitrogen fertilizer. Similarly, crops like soybeans do not require nitrogen fertilizer, while crops such as corn have much higher nitrogen demands. In a year with high nitrogen prices, understanding these differences is critical when planning rotations or forage management strategies.

Nitrogen management decisions carry more risk in years of high prices and limited supply.

a costly practice that rarely pays off. UK Extension fertilizer recommendations are based on years of field research across the state and are designed to match nitrogen rates with crop needs under Kentucky conditions. For many crops, especially corn, nitrogen recommendations are provided as a range, and moving toward the lower end can make economic sense — particularly when paired with practices that improve nitrogen

efficiency. Improve nitrogen use efficiency through timing. Nitrogen is most vulnerable to loss when it is applied too early or long before crop uptake. Rainfall and warm temperatures can lead to leaching, runoff or denitrification, reducing the amount of nitrogen available to the crop. To reduce losses, farmers should consider applying nitrogen closer to when crops need it, splitting nitrogen applications

on corn and avoiding fall nitrogen applications for spring-planted crops. Nitrogen stabilizers and placement can reduce losses. Urease inhibitors can reduce volatilization losses of surface-applied urea-containing fertilizers. Nitrogen placement below residue or soil surface can also reduce nitrogen losses by limiting contact with residue, decreasing immobilization and reducing urea volatilization. Consider alterna-

tive nitrogen materials. Animal manures — such as poultry litter or livestock manure composts — can supply meaningful amounts of nitrogen while also providing other nutrients and organic matter. When using manure, it is important to test the material to determine nutrient content, credit manure-supplied nitrogen toward total crop needs and apply at rates that align with crop demand. Manure is not “free fertilizer,” but

Stay Safe Online: Cybersecurity Class for Seniors at BTC

By Laurna Todd
KPI Writer

Residents looking to stay one step ahead of online scams will have the opportunity to do just that later this month, as BTC prepares to host a free Internet safety and cybersecurity class designed specifically for older adults.

The class will be held Thursday, April 23, from 9 a.m. to 11 a.m. at BTC. Open to individuals age 60 and older, the session aims to educate participants on how to recognize and prevent common forms of cybercrime. Space is limited, and attendees are encouraged to RSVP with only a few seats left.

Cybercrime continues to rise across the country, with older adults often being the most targeted group. From phishing emails and fraudulent phone calls to malware and password theft, scammers are constantly finding new ways to access personal and financial information. BTC is working to combat this growing issue by offering

practical, easy-to-understand guidance that can help protect individuals and their families.

During the class, BTC’s IT staff will walk attendees through real-world examples of scams and explain how cybercriminals at-

tempt to gain access to sensitive information. Participants will also learn how to recognize red flags, create stronger passwords and take advantage of security tools already available through their BTC Internet service.

In addition, the ses-

sion will include tips on protecting not only personal devices, but also family members—especially grandchildren—who may be using the internet at home.

“We want our community to feel confident and safe when using the internet,”

BTC staff shared. “Education is one of the best defenses against cybercrime.”

Those interested in attending can register online at btcservices.org/internet-safety-for-seniors/ or call 270-665-5186 for more information. Light refreshments

and giveaways will be provided.

With scams showing no signs of slowing down, organizers encourage residents to take advantage of this opportunity to learn how to stay alert, informed and protected in today’s digital world.



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Comer: Taxpayer Dollars Are Being Stolen And Kentucky State Leaders Are Failing To Act

WASHINGTON—As part of the House Committee on Oversight and Government Reform’s investigation into curbing federal and state taxpayer fraud, Congressman James Comer (R-Ky.) held a hearing today on “Fraud Prevention: Understanding Fraud in Federally Funded Programs Run by the States.” During the hearing, Kentucky Auditor Allison Ball and State Financial Officers Foundation Chief Executive Officer and Kentucky native O.J. Oleka testified

on their efforts to prevent fraud and safeguard taxpayer funds. Congressman Comer praised their commitment to fighting government waste, fraud, and abuse in state-run federal programs. During his questioning, Congressman Comer highlighted his longstanding concerns over widespread fraud in Kentucky’s Medicaid program. He pressed for details on efforts to address Medicaid fraud, but Kentucky Auditor Allison Ball testified

that Governor Andy Beshear’s administration has been uncooperative and difficult to obtain information from. Congressman Comer concluded by stressing that state leaders must take the theft of taxpayer funds seriously and urged the Kentucky General Assembly to act on audit findings to strengthen oversight, reform Medicaid, and better protect hardworking Kentucky taxpayers.



Congressman Comer with Kentucky Auditor Allison Ball

Specialty Crop application window opens, Ag Commissioner announces

Press Release

FRANKFORT, Ky. – The proposal window for the Specialty Crop Block Grant Program is now open, Agriculture Commissioner Jonathan Shell has announced. “With the intention of making Kentucky specialty crops more competitive in domestic and foreign markets, the specialty crop program is seeking application proposals to creatively increase those areas of interest,” Commissioner Shell said. “While Kentucky’s specialty crop industry already

makes up a significant part of the state’s agricultural economy, there’s always room for growth.” When applying, applicants must describe how the project potentially affects and produces measurable outcomes for the specialty crop industry and/or the public. Privately owned companies, small business owners, 501 (c)(3) non-profit organizations, and quasi-government entities, including public universities, are eligible to apply. All projects are subject to the availability of funds. The Kentucky

Department of Agriculture (KDA) will not award grant funds for projects that solely benefit a particular commercial product or provide profit to a single organization, institution, or individual. Based on a recent survey of Kentucky specialty crop industry experts, funding priorities for 2026 grants include: Pest and disease control; Specialty crop research, including research to focus on conservation and environmental outcomes; Improving efficiency

and reducing costs of distribution systems; and Enhancing food safety. Other project focuses include, but are not limited to, sustainability, developing good agricultural handling and manufacturing practices, developing new and improved seed varieties and specialty crops, and increasing child and adult nutrition knowledge and consumption of specialty crops. Preliminary proposals must be submitted on the form at kyagr.com/marketing/documents/SC_Concept_Proposal.pdf and emailed to Anne Harney at Anne.Harney@ky.gov no later than 4:30 p.m. EDT on May 11, 2026. Qualifying applicants will be notified and invited to complete a full grant application. Specialty crops are defined as fruits and vegetables, tree nuts, dried fruits, horticultural products, nursery crops (including floriculture), and honey. For a comprehensive list, interested parties may visit ams.usda.gov/services/grants/scbgp/specialty-crop. KDA is administering Kentucky’s share of the \$86.6 million in grant funding provided by the United States Department of Agriculture (USDA) as announced on April 13, 2026. For 2026, Kentucky anticipates receiving \$413,908.66. KDA conducts an annual competitive application process to award the grant funds. For more information about the Specialty Crop Block Grant Program, go to kyagr.com/marketing/crop-block-grant.html or contact Anne Harney at (502) 782-4102 or Anne.Harney@ky.gov.

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This home has been extensively updated and is truly move-in ready. Features include an open-concept layout, eat-in kitchen with modern appliances, spacious living area, and a cozy vented fireplace—perfect for relaxing or entertaining. The fully finished walk-out basement provides additional living space and easy access to the outdoors.

Step outside and enjoy everything lake living has to offer with a brand-new deck, balcony overlooking the water, and a paved asphalt driveway. The property also includes a concrete pad ideal for a future garage.




Access basement via exterior sliding glass door and stairs • HOA fee believed to be \$100/yr (buyer to verify)

PROPERTY HIGHLIGHTS

- ✓ Kentucky Lake waterfront property
- ✓ Private dock with covered boat slip
- ✓ 3 bedroom, 2 bath home
- ✓ Fully finished walk-out basement
- ✓ Open-concept living area
- ✓ Eat-in kitchen with modern appliances
- ✓ Vented fireplace
- ✓ Brand new deck & outdoor living space
- ✓ Paved asphalt driveway
- ✓ Concrete pad for future garage
- ✓ Located in Cambridge Shores community

RECENT UPDATES

- ✓ New appliances
- ✓ New windows
- ✓ New flooring
- ✓ Roof approximately 1 year old
- ✓ New fixtures
- ✓ New kitchen cabinets
- ✓ New toilets & vanities
- ✓ New doors & sliding doors
- ✓ New asphalt driveway
- ✓ New deck

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WEST KY SPORTS



Lady Falcons Soar Past Lady Bombers for All "A" Championship



Members of the Hickman County Lady Falcons softball team pose with their championship plaque after winning the 2026 1st Region All "A" title. The Lady Falcons secured a 2-0 victory to advance to the state tournament. (Photo submitted via Hickman County Schools Facebook page)

By Laurna Todd
KPI Writer

The Hickman County Lady Falcons delivered when it mattered most, capturing the 2026 1st Region All "A" Championship with a 2-0 victory over the Ballard Memorial Lady Bombers and securing a spot in the All "A" State Tournament.

In a game defined by strong pitching and defense on both sides, Hickman County stayed composed through six scoreless innings before breaking through in the top of the seventh.

With two outs, the Lady Falcons kept the inning alive with a key single and took advantage of the moment, pushing across two runs that proved to be the difference.

The victory came amid an emotional moment, as team captain Blair was injured during the game and taken from the field by ambulance.

"Blair is in good spirits as we await MRI results," Coach Lisa Britton said. "She's a great person and a great leader. She reached out to the girls as soon as she could to tell them how

proud she was."

Britton said the team quickly leaned on each other.

"After her injury, the girls were already in a circle praying," she said. "I told them we had to pull ourselves together. We know what she would want, and that's for us to finish the game and win."

With that mindset, Hickman County returned focused on fundamentals.

"I told them, one out at a time. Don't try to do too much," Britton said.

Freshman Keeleigh stepped into the circle

under pressure and delivered, helping hold off a late push from Ballard Memorial.

"These girls are the example of resilience, grit and heart," Britton said. "They fight through adversity together as one."

The Lady Falcons' ability to overcome adversity and execute in key moments secured the championship.

Hickman County will now represent the 1st Region in the All "A" State Tournament in Owensboro.

Baseball nominations sought for Midway/KHSAA Student-Athlete of the Year

Staff Report

LEXINGTON — The nomination process for the Midway University/KHSAA Student-Athlete of the Year among baseball participants for 2025-2026 is now open.

This award is based on athletic and academic achievement as well as community service and leadership. The application link includes additional criteria and a form to nominate one participant from each 2025-2026 team. Nominations must come from a member school, but can be submitted by an administrator, guidance counselor, or coach. Nominations may only be submitted online at <https://khsaa.org/ge35-mid>

way-university-khsaa-female-student-athlete-of-the-year-nomination-form/.

The winner will be announced early in the postseason and recognized at an awards event at Midway University in early-June. From the winners selected for each KHSAA championship, one student-athlete will be selected as the 2025-2026 Midway University/KHSAA Student-Athlete of the Year, announced at the event. All individual winners will also receive their recognition awards at that time.

The deadline for nominations for the Midway University/KHSAA Student-Athlete of the Year in the sport of baseball is Monday, April 20.

Calloway County shuts out Caldwell County

Staff Report

MURRAY — Calloway County shut out Caldwell County 2-0 on Friday, April 10.

Hailee Jones pitched a three-hit shutout for Calloway County and earned the win in the circle. Jones recorded six strikeouts.

Sydney Glisson started in the circle for Caldwell County and suffered the loss. Glisson pitched four and two-thirds innings and recorded four strikeouts.

Following Glisson, Jackie Farmer pitched one and one-third innings in relief for the Lady Tigers.

Calloway County

scored two runs on eight hits. Jones (two hits), Laynee Houk (two hits, one RBI), Lyla Ward (one hit, one RBI), Emily French (one hit), Jaylee Mcleod (one hit) and Isabelle Jamriska (one hit) each produced offensively for the Lady Lakers.

Addison McDaniel (one hit), Evie Jo Freeman (one hit) and Alexis Wood (one hit) each chipped in offensively for visiting Caldwell County. Supplying an extra-base hit, Wood doubled.

Calloway County is scheduled to host Caldwell County for a regular season finale on Friday, May 15.

Lady Bombers Building Chemistry



(Photo by Tim Taylor)

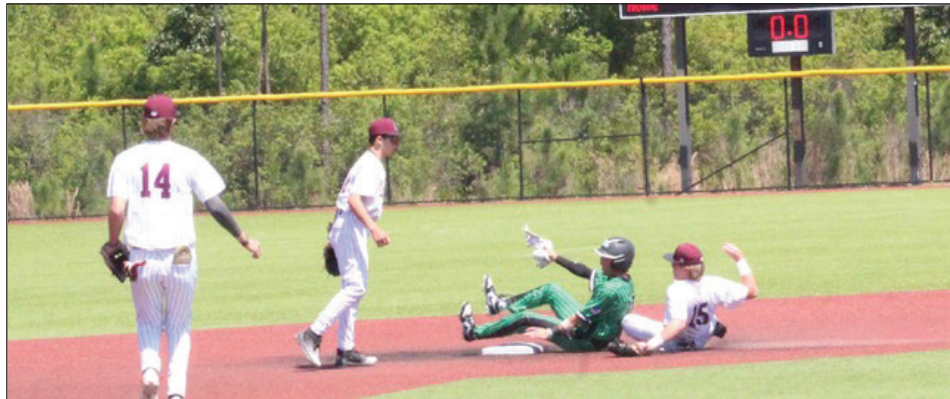
By Tim Taylor
KPI Sports Writer

The goal of the Ballard Memorial softball team making the trip to Florida for Spring Break was to strengthen their chemistry. Coach Scott Alexander feels the team accomplished that in their 2-3 record in Florida. They faced 3 top 25 teams in the trek to Ft Walton Beach, Florida as they played 5 games in 6 days. A tough loss to begin their play in Florida losing 10-0 to 25th ranked Greenup County. They rebounded to pick up the 6-4 win over 14th ranked Madison Cen-

tral. They lost a 4-0 lead to Russell County and gave up 7 runs in the 6th inning losing 13-8. They also had a 4-0 lead over Bethlehem, but they were able to hold on for the 4-3 win. Facing the 6th ranked Louisville Assumption team, the Rockets built a 14-0 lead and defeated Ballard Memorial 15-4 in the Lady Bombers' finale. Ballard Memorial collected 12 extra base hits including home runs by Aubrey Alexander and Gracie Glisson. In the two wins, Mady Bohde pitched a combined 14 innings surrendering 12 hits, 5 earned runs, while

allowing 4 walks, and striking out 14. Adalyn Hargrove struggled to begin the first two games but leaves with 3 consecutive games of hitting a double and looks to extend that as the Lady Bombers begin the All A Tournament. Gracie Glisson led the team with 7 RBI while Aubrey Alexander added 6 RBI over the 5 games. Senior Trinity Williams led the team with 7 hits and scored 4 runs. Ballard Memorial looks to use the Florida experience to try and capture their 3rd All A 1st Region title in the last 4 years.

Bombers Struggle Scoring Runs



(Photo by Tim Taylor)

By Tim Taylor
KPI Sports Writer

Ballard Memorial looked to use their trip to Florida as a building block to gain valuable experience. Scoring has been scarce for the Bomber baseball team. Coming off a 10-0 loss to Marshall County heading into their Panama City Beach, Florida trip the scoreless streak continued. They suffered a 3-0 loss to Grayson County and 7-0 loss to Hickman County. The final day saw a double header for the Bombers facing Christian County and ended with Breckinridge County. A 12-0 loss

to the Colonels made it 4 straight games without scoring a run. That drought ended in the first inning against Breckinridge County. The Bombers scored a single run in the first 3 innings, however they allowed 5 runs to the Tigers in the 2nd and 8 in the 4th inning in their 18-3 loss to the Tigers. In 4 games, the Bombers only recorded 10 hits with junior Reed Duren collecting half of those going 5-10 scoring once and adding one RBI. Ike Miller recorded 2 hits and was the only other player to record multiple hits over the 4 game span. They

also struck out 37 times so being able to make contact and put pressure on their opponents' defense will have to be a point of emphasis the Bombers have to address. Their own defensive struggles continue, which in turn is putting more pressure on their pitching staff. The Florida wind played havoc on fly balls during the week and mental mistakes allowed too many runs to score. The Bombers were outscored 40-3 during their Florida swing and look to rebound as they head back home for the 2nd half of the season.

Lady Falcons Take Down Lady Bombers



(Photo by Tim Taylor)

By Tim Taylor
KPI Sports Writer

Hickman County scored two unearned runs in the top of the 7th inning to win the 1st Region All A Championship 2-0 over Ballard Memorial. In what Lady Bomber Coach Scott Alexander said was one of the best games he had ever been a part of, his Ballard Memorial softball team came up just short in their attempt to win back-to-back regional titles. His star pitcher Mady Bohde only allowed 3 hits,

but one of those was a 2-out single in the top of the 7th inning. Despite making several plays defensively in the first 6 innings, it was three errors with 2-outs in the 7th inning that proved costly for the Lady Bombers. A throwing error with runners in scoring position allowed a pair of Hickman County runners to score. Ballard Memorial rallied in the bottom of the 7th inning, but the tying run was left stranded on 2nd base as the Lady Falcons will now

represent the 1st Region in next weekend's All A State Tournament in Owensboro. Trying to use the loss as a teaching moment, Alexander will now have a tough task to refocus his Lady Bombers as they face a pair of top 25 teams in the latest high school coach's poll. They host McCracken County on Monday the 20th and district rival Graves County who just entered the top 25 playing at Ballard Memorial on Thursday the 23.

Plaugher named Outstanding Wrestling Official of the Year

Staff Report

LEXINGTON — Each year, the Kentucky High School Athletic Association honors the top officials for the sports in which it licenses officials. Finalists in each sport are selected through a combination of not only on-field performance but also local association activity and leadership, training efforts and the mentoring of newer officials.

One official in each sport is named Outstanding Official of the Year in appreciation of their dedication and service to schools and student-athletes across the state. Winners are selected following consultation with local assigning secretaries, veteran officials' observers and coaches throughout the state, as well as ad-

ditional staff review.

The Outstanding Official of the Year for the 2025-26 in the sport of wrestling is Kane Plaugher of Independence. Each finalist will receive a commemorative watch and certificate courtesy of the Officials Trust Fund, with the Official of the Year receiving an additional recognition award.

With officiating numbers declining at the national level, the KHSAA is always accepting applications from individuals interested in giving back to their community. Officiating remains a great avenue to stay active, earn extra spending money and ensure that high school athletics are preserved for the current and future generations. To get involved as an official, visit khsaaofficials.org.

2025-26 KHSAA OUTSTANDING OFFICIALS (Winners listed first)

Wrestling: Kane Plaugher (Independence), Jory Whorton (Hodgenville)

Swimming: Eric Bunnell (Louisville), Seth Boone (Louisville)

Basketball: Myia Smith (Louisville), Brian Sandlin (Hebron), Kenneth Kegley (Vanceburg), Darrelle Russia (Independence)

Football: Daniel Brummett (Walton), John Smoot (Lexington), David Pentecost (Greenville)

Soccer: Jordan Houston (East Bernstadt), Paige Hurst (Morehead)

Field Hockey: Lauren Bauer (Louisville), Matt Sallee (Louisville)

Girls' Volleyball: Amye Adams (Cox's Creek), LuAnne Craig (Butler)



McCracken County compiled a 4-0 record during a spring break trip to Florida. The Mustangs notched wins over in-state opponents Western Hills, Madison Central, Adair County and Montgomery County. McCracken County is the reigning 1st Region baseball champion.

(Photo courtesy of McCracken County High School Baseball)

NFHS launches free course on risks of sports betting for high school students



Staff Report

LEXINGTON — Amid a nationwide rise in online sports betting among high school students, the NFHS has launched a free course to educate coaches, administrators, student-athletes and parents about the risks associated with these gambling products.

Available through the NFHS Learning Center, the course examines the rapid growth of sports betting, problem gambling, prevention strategies, the importance of competition integrity, and the potential consequences for students.

"The NFHS Learning Center is pleased to help raise awareness of the mental health challenges and risks sports betting can pose to young people," said Dan Schuster, NFHS Director of Educational Services. "We value the opportunity to educate individuals nationwide on this critically important issue."

Today's students are growing up in a culture where sports betting is highly visible. Sportsbooks and prediction markets are more accessible than ever, with dedicated apps, social media promotion and

betting-focused coverage integrated into major sports broadcasts. The course explores how constant exposure can normalize gambling despite its financial and mental health risks.

The multibillion-dollar sports betting industry has expanded rapidly since a 2018 U.S. Supreme Court decision legalized services for online and digital platforms.

While minors are prohibited from gambling in the United States — and state high school associations and local school districts have rules banning interscholastic athletes from participating in sports betting — the course explains how the ease of access and gamification of these platforms has contributed to increased use among high school students. Since decision-making and impulse control are still developing during adolescence, teens may be more vulnerable to risky behaviors related to gambling.

According to a University of Michigan Health national poll, only 1 in 4 parents have discussed online betting with their teen, and 1 in 6 say they likely would not know if their child

was betting online. In addition, a national study on youth gambling found that 68 percent of individuals ages 12 to 21 reported gambling this past year, with six percent considered at-risk and two percent meeting the criteria for problem gambling.

The course provides examples of how sports betting can have serious consequences for student-athletes, including financial strain, mental health challenges, damaged relationships and long-term impacts on well-being. It can also affect team dynamics and harm a school's reputation. Early awareness is key to prevention, and the new course is designed to help adults and students recognize warning signs and make informed decisions.

Launched in 2007, the NFHS Learning Center offers more than 100 online courses, including more than 75 free offerings. The platform has delivered more than 29 million courses nationwide. In 2022, the NFHS earned accreditation through Cognia, underscoring its commitment to high-quality education and continuous improvement. Access the course at www.NFHSLearn.org.



Calloway County senior Jaidan Koch competed in the Kentucky-Ohio All-Star Game on Saturday, April 11.

(Photo courtesy of Calloway County High School Athletics)



Carlisle County High School sophomore Abby Warren placed second at the USA Powerlifting High School Nationals in Texas in March.

(Photo courtesy of Carlisle County High School)



Senior Ava Knight homered twice in McCracken County's 11-0 win in five innings over East Lawrence (Ala.) on Friday, April 3.

(Photo courtesy of McCracken County High School Softball)

Kentucky Fish and Wildlife hiring game wardens

Staff Report

FRANKFORT — The Kentucky Department of Fish and Wildlife Resources is currently accepting applications to fill game warden positions in multiple counties.

Applications will be accepted through May 7. Applicants must be 21 years old and possess a valid driver's license. The online application must be completed to be considered. To apply, visit the Game Warden Recruit posting on the Kentucky Personnel Cabinet Careers webpage on the department's website (personnel.ky.gov).

Those who meet initial screening criteria must next pass a physical fitness test, swimming test, oral interview, psychological and drug screen, polygraph, background review and medical evaluation to be considered for selection.

Applicants should frequently check their email, including junk mail folders after the job posting closes. An initial email to applicants will include important, time-sensitive information, and recipients will be required to respond by a specific date. Applicants will also be notified via email regarding the physical fitness and swim test scheduling.

Selected applicants not already Peace Officer Professional Standards (POPS) certified will undergo 20 weeks of basic training at the Department of Criminal Justice Training in Richmond. In addition to basic training, all

selected applicants undergo another 14 weeks of training in the Kentucky Fish and Wildlife Academy before being placed with a field training officer for a final 12 weeks of on-the-job training.

Kentucky's game wardens are sworn law enforcement officers with state-wide jurisdiction who enforce all laws of the commonwealth. Their primary mission is to enforce hunting, fishing and boating laws to help conserve Kentucky's fish and wildlife resources for present and future generations and to ensure public safety for the state and its waterways for all to enjoy.

New game wardens are expected to be assigned to the following counties upon completion of this year's academy: Allen, Barren, Bourbon, Breckinridge, Carter, Greenup, Henderson, Jefferson, Logan, Meade, Monroe and Morgan.

Fish, wildlife or boating violations can be reported to Kentucky Fish and Wildlife by calling 1-800-25-ALERT. In an emergency, or when there is an urgent need for law enforcement, calling 9-1-1 remains the best course of action.

Anonymous tips also can be made by texting "KFWLAW" along with a message to 847411 (tip411), or through the KFWLAW app. The free app can be downloaded from the iTunes App Store and Google Play Store.

Community Rallies for Kenna Bodell with Upcoming Fish Fry Fundraiser



By Laurna Todd
KPI Writer

LaCENTER — The community is once again coming together to support Kenna Bodell as she continues her recovery following a devastating car accident in 2023.

Kenna, along with four friends, was involved in a serious crash while traveling home from a volleyball game. She was airlifted to Skyline Medical Center, beginning a long journey that included rehabilitation in Atlanta and continued therapy in Chicago. Now, Kenna is home, continuing her recovery surrounded by family.

Kenna suffered a traumatic brain injury, making her recovery especially challenging, but her progress continues to

inspire those around her.

"My Bible says by His stripes she is healed. And every day I see evidence of that," her mother, Terrah, said. "Kenna has never stopped fighting, and God hasn't stopped healing."

Community members are once again coming together to show their support through a Fish Fry Fundraiser set for Sunday, April 26, 2026, at the American Legion Post 3 at the La-Center Fairgrounds.

The event will take place from 10:30 a.m. to 2:00 p.m., or until sold out, with dine-in and carry-out options available.

Plates are \$15 and include fish, fries,

hushpuppies, slaw, white beans, and dessert. Bardwell Masonic Lodge #499, will be frying the fish, fries, and hushpuppies; with help from Wickliffe and North Ballard Lodges.

The American Legion Post 3 made the building available for the fundraiser and is able to sit 200 at one time. Oscar Baptist Church is covering all costs and providing additional items, including the slaw, white beans, and dessert.

Mike Wicker, one of the many helping organize the event, said, "This event reflects a strong commitment to supporting the community and giving back. Kenna was an active part of the Oscar Baptist Church youth program, grow-

ing up.

Members of OBC will assist with serving and help attendees as needed with parking. A drive-through option for to-go-orders will be available, as well.

Wicker said, "The more groups we have involved, the more are aware of the event, and our hope is more people come out to support Kenna.

"As you can see, it's a community event, and it takes everyone to get it all done," Wicker added.

Funds raised will help cover ongoing therapy and recovery expenses. For those unable to attend, the family asks for continued prayers as Kenna continues her journey.

UPCOMING REGIONAL GOLF TOURNAMENTS

2026 MEN'S EVENTS

- April 20 - US Open Local Qualifier @ Persimmon Ridge GC.
- April 23 - Amateur Series #1 @ Traditions GC.
- April 27 - East/West Cup @ Griffin Gate GC. (invite only)
- May 5 - Amateur Series #2 @ Wildwood CC.
- May 7 - Kentucky Amateur Qualifier @ Griffin Gate GC.
- May 9 - Kentucky Amateur Qualifier @ Bellefonte CC.
- May 11 - KY Men's Four-Ball Championship @ Heritage Hill GC
- May 12 - Kentucky Amateur Qualifier @ Bowling Green CC
- May 13 - Kentucky Amateur Qualifier @ Calvert City CC
- May 19 - Kentucky Amateur Qualifier @ Nevel Meade GC .
- May 20 - Kentucky Amateur Qualifier @ Danville CC .
- May 28 - KY Amateur Last Chance Qualifier @ Elizabethtown CC.

MEN'S/LADIES and TEAM EVENTS

- May 2-3 - 4-man Scramble @ Hickman C.C.
- May 9 - 3-man Tournament @ Drake Creek G.C.
- May 16-17 - Couples Scramble @ Mayfield Graves C.C.
- May 19 - Lady Bird 4-Lady Scramble @ Calvert City Golf & C.C.

LOCAL JUNIOR EVENTS & JUNIOR PGA EVENTS

- April 11-12 - Season Kickoff @ Danville CC.
- April 18-19 - Team Championship @ Audubon CC.
- April 25 - Seay Motors One Day Series - Ben Hawes.
- May 2-3 - Derby Classic @ Shawnee GC.
- May 3 - Jr. Red Bird Tournament by UA Tour @ CC Golf & C.C.
- May 15 - Chamber of Commerce Scramble
- May 16-17 - Louisville Jr. Falls Cities @ Quails Chase.
- May 23 - Seay Motors One Day Series - Juniper Hills.
- May 28 - Bluegrass Junior Golf Tour Tournament @ Paxton Park.

CHARITY FUNDRAISER EVENTS

- April 26 - Preston Cope Memorial Scramble @ CC Golf & C.C.
- April 27 - Calvert City Match Play Cup @ CC Golf & C.C.
- May 1 - Texas Roadhouse Gratia Intinita Scramble @ Paxton Park.
- May 2, 2026 - Community Life Church Scramble @ Paxton Park.
- May 6, 2026 - Titus Christian Prep Scramble @ Benton Golf & CC.
- May 8 - M. Miller Exceptional School Scramble @ Benton Golf & CC.
- May 11 - Fellowship of Christian Athletes Scramble @ Paxton Park.
- May 11 - Fellowship of Christian Athletes Scramble @ Paxton Park.
- May 14 - Lone Oak First Baptist Church Scramble @ Paxton Park.
- May 15, - Marshall County/Kentucky Lake Chamber of Commerce Scramble @ Calvert City Golf & Country Club.
- May 15, - Lone Oak Lions Club Scramble @ Paxton Park.
- May 22 - Marshall Co. Football Alumni Fundraiser Scramble @ Benton Golf & CC.

You're Invited!



Groundbreaking Ceremony

Thursday, April 23 | 5:00 PM

Investing in Our Community's Future



Livingston Hospital

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Kentucky Agricultural Finance Corp. approves more than \$2.4 million in loans

Press Release

FRANKFORT – The Kentucky Agricultural Finance Corp. (KAFC) approved 13 agricultural loans totaling \$2,418,789 for projects across the Commonwealth today at its monthly board meeting.

Agricultural Infrastructure Loan Program (AILP)

Two Agricultural Infrastructure loans totaling up to \$340,000 were approved. Loan recipients were in Boyle (\$90,000) and Christian (\$250,000) counties.

KAFC participates with lenders to provide financing to producers making capital expenditures for agricultural projects through the

AILP. Eligible projects include permanent farm structures with attached equipment that improves the profitability of farming operations. Producers may be eligible for up to \$250,000 not to exceed 50 percent of the project.

Beginning Farmer Loan Program (BFLP)

Eight Beginning Farmer loans totaling up to \$1,716,289 were approved. Loan recipients were in Clark (\$122,819), Clinton (\$250,000), Harrison (\$250,000), McCreary (\$250,000), McLean (\$250,000), Washington (\$250,000), Wayne (\$93,470) and Woodford (\$250,000) counties.

The BFLP is designed to assist in-

dividuals with some farming experience who desire to develop, expand, or buy into a farming operation. Beginning farmers may qualify for financing to purchase livestock, equipment, or agriculture facilities; to secure permanent working capital; for the purchase of farm real estate; or to invest in a partnership or LLC.

Diversification through Entrepreneurship in Agribusiness Program (DEALP)

One Diversification through Entrepreneurship in Agribusiness loan totaling \$192,224 was approved for a recipient in Union County.

DEALP is designed to assist agri-entrepreneurs with the purchase, establishment, or expansion of a business that sells agricultural products or services to farmers or consumers.

Horticulture Incentives Loan Program (HILP)

One HILP loan totaling \$250,000 was ap-

proved for a recipient in Calloway County.

KAFC participates with lenders to provide financing to make working capital available to horticulture producers to get crops from the field to buyers through the HILP. Producers may be eligible for up to \$250,000 not to exceed 50 percent of the project.

Large/Food Animal Veterinary Loan Program (LFAVLP)

One LFAVLP loan totaling \$112,500 was approved for a recipi-

ent in Casey County.

LFAVLP is designed to assist individuals licensed to practice veterinary medicine in Kentucky who desire to construct, expand, equip, or buy into a practice serving large animal producers, including goat, sheep, swine, and other smaller food animals.

For more information on KAFC participation loans, contact your lender or Bill McCloskey at Kentucky Office of Agricultural Policy at (502)382-6093 or email kafc@ky.gov.

Specialty Crop application window opens, Ag Commissioner announces

FRANKFORT, Ky. – The proposal window for the Specialty Crop Block Grant Program is now open, Agriculture Commissioner Jonathan Shell has announced.

“With the intention of making Kentucky specialty crops more competitive in domestic and foreign markets, the specialty crop program is seeking application proposals to creatively increase those areas of interest,” Commissioner Shell said. “While Kentucky’s specialty crop industry already makes up a significant part of the state’s agricultural economy, there’s always room for growth.”

When applying, applicants must describe how the project potentially affects and produces measurable outcomes for the specialty crop industry and/or the public. Privately owned companies, small business owners, 501 (c)(3) nonprofit organizations, and quasi-government entities, including public universities, are eligible to apply. All projects are subject to the availability of funds. The Kentucky Department of Agriculture (KDA) will not award grant funds for projects that solely benefit a particular commercial product or provide profit to a single organization, institution, or individual.

Based on a recent survey of Kentucky specialty crop industry experts, funding priorities for 2026 grants include:

- Pest and disease control;
- Specialty crop research, including research to focus on conservation and environmental outcomes;
- Improving efficiency and reducing costs of distribution systems; and

- Enhancing food safety.

Other project focuses include, but are not limited to, sustainability, developing good agricultural handling and manufacturing practices, developing new and improved seed varieties and specialty crops, and increasing child and adult nutrition knowledge and consumption of specialty crops.

Preliminary proposals must be submitted on the form at kyagr.com/marketing/documents/SC_Concept_Proposal.pdf and emailed to Anne Harney at Anne.Harney@ky.gov no later than 4:30 p.m. EDT on May 11, 2026.

Qualifying applicants will be notified and invited to complete a full grant application. Specialty crops are defined as fruits and vegetables, tree nuts, dried fruits, horticultural products, nursery crops (including floriculture), and honey.

For a comprehensive list, interested parties may visit ams.usda.gov/services/grants/scbgp/specialty-crop.

KDA is administering Kentucky’s share of the \$86.6 million in grant funding provided by the United States Department of Agriculture (USDA) as announced on April 13, 2026. For 2026, Kentucky anticipates receiving \$413,908.66. KDA conducts an annual competitive application process to award the grant funds.

For more information about the Specialty Crop Block Grant Program, go to kyagr.com/marketing/crop-block-grant.html or contact Anne Harney at (502) 782-4102 or Anne.Harney@ky.gov.

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Senior Care

How seniors can help themselves and others through mentoring

The role of mentor is complex and sometimes vulnerable to misinterpretation. According to the employment resource Indeed, a mentor is an individual who acts as an adviser or coach for a less experienced person. Mentors often share their experiences and may even offer advice to their mentees.

Anyone can serve as a mentor, though individuals who accept that responsibility are typically older and/or more knowledgeable than their mentees. Mentors may be athletic coaches, teachers, business associates, or esteemed family members. Mentoring is something older adults can consider as they look to share their knowledge with others.

Mental and emotional benefits



Many successful individuals credit mentors with helping them achieve their goals. However, mentors also walk away from mentoring having gained something significant. According to the caregiving company Seasons, mentoring can keep an aging mind

sharp. Being a mentor may help at-risk seniors reduce their chances of developing dementia, particularly Alzheimer's disease. According to a 2009 study published in the Journal of Gerontology, gains were shown for mentors in "executive function and in the

activity of prefrontal cortical regions in older adults at elevated risk for cognitive impairment." Mentoring also may give seniors extra reasons to get up and go each day. A scheduled task like mentoring fosters social interactions and changes of scenery.

Information published in Harvard Business Review indicates seniors who mentor young people may be three times happier than people who do not.

Qualities of good mentors

Seniors considering mentoring should go over what can make a good mentor-mentee relationship. The following are some characteristics of successful mentors.

- **Engage:** The mentor should show genuine interest in the mentee, asking about their goals and expectations. Conversation should come easily.
- **Participate actively:** It's important to make the time for mentoring sessions according to what the mentee can manage with his or her schedule. Lessons

should be tailored to what the mentee hopes to gain from the relationship. Gauging success along the way and tweaking things as necessary can keep mentoring sessions on target.

- **Listen well:** Mentors recognize the importance of listening first and then responding to the questions and needs of the mentee.
- **Possess expertise:** A mentor needn't have an advanced degree or special certification, but he or she should have more experience in a given field or subject than the mentee. Mentoring is a consideration for seniors looking to remain active in their communities and share their knowledge with others.

Steps to better eating in seniors

The Academy of Nutrition and Dietetics has shared some great tips for Eating Right. As we age, we have different nutritional needs. Choosing a variety of foods from vegetables, fruits, dairy, grains and protein can help you build a healthy plate.

Make ½ your plate fruits and vegetables – remember the different colors give you different nutrients that help

fight inflammation and reduce your risks for cancer and other chronic diseases. Fresh, frozen or canned can be healthy options. If canned, just rinse well.

Make at least half your grains whole. Breads, cereals, crackers and noodles made 100% are higher in fiber, which helps you feel full, lower blood glucose and cholesterol.

Make the switch

to fat free or low fat milk, yogurt and cheese. Older adults need more calcium and vitamin D to keep bones strong and healthy. A supplement may be suggested by your physician but sources from food also are a plus! Milk products bother your stomach? Try the lactose free milk or calcium fortified almond or soy milk products.

Choose a variety of protein sources such

as lean meat, poultry, eggs, seafood, nuts, beans, peas and lentils. Protein should be spread evenly throughout the day. Protein from animal sources give you vitamin B-12.

Limit amount of sodium, saturated fat and added sugars. Be a good label reader can help you keep these to a minimum. Also seasoning with herbs, onions and garlic can help use less salt. Fruit makes a great dessert in place of high fat, sugary sweets.

Stay well-hydrated throughout the day

will aid in digestions. Water is always the best choice but also unsweetened beverages, low fat milk, fortified soy drinks and 100 percent fruit juice all are a better option in place of sugary drinks.


Enjoy your food at proper portions. Fewer calories are needed as we age and activity level changes. Eating on smaller plates can help.

Cook more often at home where you control what is in your food. It also helps with cost. Find recipes that are for

smaller portions. Consult a Registered Dietitian if you have special dietary needs or health issues, such as high blood pressure, blood sugar or cholesterol.


Contact your health care provider for a referral or Purchase District Health Department for a list of options and resources in your community. 270-444-9625 ext. 107

Source: Academy of Nutrition and Dietetics, Eating Right for Older Adults Tip sheet. www.Eatright.org





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HISTORIC UNSELL FAMILY CEMETERY Abandoned, Forgotten, Hidden

By Betty L. Johnson
bettyjohnsonky@yahoo.com

Historic Unsell Family Cemetery has long been abandoned, forgotten, and hidden away. Recently, we are grateful to a landowner between Blandville and Wickliffe that notified us of an old cemetery on hilltop. We believe this is the Old Unsell Family Cemetery that we cleaned up over 10 years ago. We are searching for Unsell, Garrett, Hughes, and Stovall descendants that may have ancestors buried here. If you can help, please txt me at 270 210 3538. Follows is Unsell Family Cemetery newspaper article from 2014, plus note from Phelps Unsel, Jr. sharing a lot of interesting past history.

Saturday, April 26, 2014 was another beautiful spring day as our cemetery preservation group mowed, picked up brush, and did weed eating in the Unsell Cemetery located between Blandville and Wickliffe. Descendant, Richard

Unsel accompanied our group to the cemetery and shared that the Unsel named is quite often spelled differently. The cemetery is high on a hill surrounded by thick green pasture land. Trees protect the cemetery from undergrowth but sadly, there is no fence to keep the cattle from roaming through the cemetery. Stones were down and were few and far between. The story is told that loggers' years ago dragged the stones along with the logs into the fields. Further research will be done on trying to locate and reset stones later in the summer.

Phelps Unsel Jr., descendant, who lives in Texas, provided the following Unsel information: 'The Unsel's' have a long past in Ballard county. Joe Al was married to Maggie Gentry when they died during the great influenza outbreak and Joe Al was the son of one of four brothers that settled in the area. It was said the Unsel's were

wealthy land owners, but due to the fire at the Blandville courthouse and the census fire of, I think, 1870, I have been unable to find which brother was Joe Al's father. Also, a woman by the name of Kathy Unsell, who lives, somewhere on the East

coast found documents in the Library of Congress that says George Jr. and John, the sons of the Patri-

arch George Friedrich Unseltdt, fought in the revolution and one of the brothers was with Washington

when he crossed the Delaware and with him when the general turned in his sword to Congress.'

Legal notice of sale to satisfy storage fees owed, 2018 Blazer 24x72 boat hin# #cjt524436718, submit bids by May 1st, 2026 to Rowland Diesel Repair 1751 Iuka Rd., Grand Rivers Ky 42045

NOTICE

Fiduciary appointments have been made by the Livingston District Court as follows:

Case No. 26-P-00023 appointed Mackenzie McDonald, 704 Country Road, Grand Rivers, 42045, as Executor for the Estate of Lois Ann Cunningham, deceased, 145 Elizabeth Street, Grand Rivers, KY 42045, on 04/06/2026.

Case No. 26-P-00022 appointed Karen Lanham, 416 East Main Street, Salem, KY 42078, as Administratrix for the Estate of Michael Thomas Lanham, deceased, 416 East Main Street, Salem, KY 42078, on 04/06/2026. Attorney for the Estate Hon. Richard L. Walter, 410 Broadway, Paducah, KY 42001.

Case No. 26-P-00005 appointed Bobbie Jo Smith, 734 Armstrong Road, Smithland, KY 42081 and David W. Kelley, 785 Condra Road, Smithland, KY 42081, as Co-Executors for the Estate of Robert Allen Kelley, deceased, 978 US Hwy 60 West, Smithland, KY 42081, on 01/20/2026 Attorney for the Estate, Hon. Cody Hooks, 256 Commerce Street, Eddyville, KY 42038.

Case No. 26-P-00002 appointed Felicia Belcher, 434 Paddock Ct., Henderson, KY 42420, as Executrix for the Estate of Robert Darold Mitchell, deceased, 1652 US Highway 60 East, Burna, KY 42028, on 01/20/2026. Attorney for the Estate Hon. Hillary C. Landry, 201 Broadway, Paducah, KY 42001.

Case No. 25-P-00058 appointed Victoria Whitley, 1529 Tiline Road, Tiline, KY 42083, as Guardian for the Estate of Reagan Guess, minor, 1529 Tiline Road, Tiline, KY 42083, on 08/19/2025. Attorney for the Estate, Hon. William F. McGee, Jr., P.O. Box 39, Smithland, KY 42081.

All persons having claims against said estates are notified to present them to the Fiduciary verified according to law not later than six (6) months from date of qualification of personal representative.

This the 9th day of April, 2026.

DEBBIE HARP KNOTH, CLERK
Livingston District Court

(LL_4-17-26_1x)

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 '24 KIA SOUL LX #P791932 \$16,500 LOW miles	 '23 JEEP RENEGADE TRAILHAWK #PP31107 \$19,500 4x4 35k miles	 '21 JEEP GRAND CHEROKEE L #8152638, LAREDO 4X2 \$21,000	 '24 NISSAN ALTIMA #P338817, FWD \$22,000 21k miles	 '22 CADILLAC CT4 PREMIUM LUXURY #015363, RWD \$22,500
 '23 NISSAN ROGUE AWD #W192369 \$23,000	 '20 ACURA TLX AWD #A001353 \$23,000 LOW miles	 '21 VOLKSWAGEN ATLAS SEL #C526438, V-6, AWD \$23,000	 '23 KIA K5 LX S #PC208352, FWD \$23,500 10k miles	 '26 TOYOTA COROLLA LE #P424257, CERTIFIED, FWD \$23,900
 '19 TOYOTA PRIUS HYBRID #K3107679, FWD, PRIME ADVANCE \$24,000	 '25 TOYOTA COROLLA HYBRID #J040250, FWD \$24,500 17k miles	 '24 NISSAN ALTIMA SL #N352689, FWD \$25,500	 '25 TOYOTA CAMRY LE HYBRID #U016270 \$25,500 23k miles	 '26 HONDA CIVIC SPORT #TH50080, FWD \$26,500 6700 miles
 '20 JEEP WRANGLER UNLIMITED #W2W1680, SPORT \$27,000 4x4	 '23 HYUNDAI PALISADE XRT AWD #U621720 \$29,000	 '24 TOYOTA TACOMA SR5 SE #M1010108, CERTIFIED, DOUBLE CAB \$30,500 4x4	 '24 CHEVY BLAZER LT #P5217134, FWD \$30,500 31k miles	 '25 TOYOTA CAMRY SE HYBRID #U550923, CERTIFIED \$31,000 10k miles
 '20 JEEP GLADIATOR RUBICON #L152240, 5 SEATS \$32,000 51k miles	 '24 NISSAN ROGUE PLATINUM #PW953171, AWD \$33,500 8k miles	 '23 TOYOTA CAMRY XSE #U076929, FWD \$34,000 10k miles	 '26 TOYOTA COROLLA CROSS XLE AWD #V176724, GOLD CERTIFIED \$34,500	 '25 TOYOTA CAMRY SE HYBRID #PWS4141, CERTIFIED \$35,000 11k miles

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CALVERT CITY 2026 EVENTS



SPRING

- Kingdom of Wonders Medieval Circus | **April 21-23** | Doctor's Park
- Earth Day Celebration | **April 22** | Kentucky Dam Village State Resort Park
- Food Truck Friday | **Every Friday starting May 1** | Calvert City Memorial Park
- Flower Moon Paddle | **May 1** | Kentucky Dam Village State Park
- Kites Over Calvert | **May 2** | Doctors Park
- Bike Fest & Pop Up Bike Shop | **May TBD** | Doctors Park Sports Complex
- Yard of the Season | **May 31** | Judging Calvert City Residents
- Yoga in the Park | **Every Tuesday** | Calvert City Civic Center, 6 p.m.



SUMMER

- Food Truck Friday | **Every Friday** | Calvert City Memorial Park
- Kids Art in the Park | **June 13** | Calvert City Memorial Park
- Calvert City Summer Slam | **June 12-14** | Calvert City Pickleball Courts
- Just for the Health of It 5K | **June 20** | Calvert City Memorial Park
- Ameribration Pageant | **June 22** | Calvert City Civic Center
- Ameribration Celebration | **July 4** | Calvert City Memorial Park
- Yard of the Season | **July 31** | Judging Calvert City Residents
- Back to School SPLASH | **August 14** | Calvert City Memorial Park
- Community Wide Yard Sale | **September 10-12** | All Over Calvert City
- Golf Cart Scavenger Hunt | **September 12** | Calvert City Memorial Park
- Preston Cope Wiffle Ball Tourney | **September 12** | Doctors Park
- Suicide Prevention Walk | **September 16** | Calvert City Memorial Park
- Yoga in the Park | **Every Tuesday** | Calvert City Civic Center, 6 p.m.



FALL

- River Folk Fest | **October 2-3** | Calvert City Memorial Park
- KY Lake Fall Paddle Up | **October 3** | Kentucky Dam Village
- Carol Capps Pink Walk | **October 10** | Calvert City Civic Center
- Spooky Yard of the Season | **October 23** | Judging Calvert City Residents
- Calvert City Treat Trail | **October 31** | All Over Calvert City
- Cranksgiving Challenge | **November 21-29** | Moneymaker Trail
- Yoga in the Park | **Every Tuesday** | Calvert City Civic Center, 6 p.m.



WINTER

- Light Up Calvert City | **December 4** | Calvert City Memorial Park
- Calvert City Christmas Bazaar | **December 5** | All Over Calvert City
- Calvert City Lions Club Christmas Parade | **December 5** | 5th Ave
- Holiday Yard of the Season | **December 10** | Judging Calvert City Residents
- Yoga in the Park | **Every Tuesday** | Calvert City Civic Center, 6 p.m.

Lexington police officer injured after being dragged by car on traffic stop

By TOM LATEK
Kentucky Today

LEXINGTON, Ky. (KT) – A Lexington police officer remains hospitalized in critical condition with serious injuries he suffered, when he was dragged by a car during a traffic stop Tuesday night.

On Tuesday evening, around 10:43 p.m., Officer Kevin Van Wert conducted a traffic stop for moving violations on a vehicle at the Meijer Gas Station on Ruccio Way. As he made contact with the vehicle, the driver accelerated,

dragging Van Wert into a light pole and throwing him to the ground.

The driver then fled the scene at a high rate of speed. Officers pursued the vehicle briefly and detained the driver.

Naqeeb Mufallah, 31, was arrested and charged with Assault 1st (Police Officer), Wanton Endangerment 1st Degree (Police Officer), Criminal Mischief 1st Degree, Resisting Arrest, Possession of Handgun by Convicted Felon, Fleeing or Evading Police 1st Degree, and Leaving the Scene of an



Lexington Police Officer Kevin Van Wert was injured Tuesday when after a traffic stop, the driver took off and dragged the officer. He suffered serious injuries. The driver sped away but was pursued by other officers and eventually stopped and arrested.

Accident/Failure to Render Aid/Assist with Death or Serious Physical Injury,

as well as, unrelated warrants.

Mufallah is currently being held

without bond at the Fayette County Detention Center. No court date has been

set yet for an arraignment at Fayette District Court.

Van Wert has been with the Lexington Police Department since August of 2024 and graduated from the Training Academy in March of 2025.

In accordance with Lexington Police Department policies, the officers at the scene had their issued body-worn cameras (BWC) activated.

The investigation is still ongoing and is being conducted by the department's Collision Reconstruction Unit.



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THURSDAY, APRIL 23



6 SELLING

DU0412 '25 Mack Granite dump truck

 <p style="font-size: 0.8em; margin: 0;">YA2201 '22 Komatsu D71PXI-24 dozer</p> <p style="background-color: #008000; color: white; padding: 2px 5px; font-weight: bold; font-size: 0.7em;">2 SELLING</p>	 <p style="font-size: 0.8em; margin: 0;">FK1284 '14 CAT 740B articulated haul truck</p>	 <p style="font-size: 0.8em; margin: 0;">DU0422 '21 John Deere 344L wheel loader</p>	 <p style="font-size: 0.8em; margin: 0;">ES8727 '16 Kenworth T370 dump truck</p>	 <p style="font-size: 0.8em; margin: 0;">EF1031 '24 Dynapac CA1400-PD single drum vib roller</p> <p style="background-color: #008000; color: white; padding: 2px 5px; font-weight: bold; font-size: 0.7em;">3 SELLING</p>
 <p style="font-size: 0.8em; margin: 0;">EF1046 '22 John Deere 60G mini excavator</p>	 <p style="font-size: 0.8em; margin: 0;">EF1043 '24 John Deere 325G tracked skid steer</p>	 <p style="font-size: 0.8em; margin: 0;">YA2891 '01 Terex T340 crane</p>	 <p style="font-size: 0.8em; margin: 0;">EF1047 '20 John Deere 60G mini excavator</p>	 <p style="font-size: 0.8em; margin: 0;">EA7223 '21 CAT 374 excavator</p>



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UK Research and Education Center will host Wheat Field Day on May 12



The annual UK Wheat Field Day serves as Kentucky's premier opportunity for growers and industry partners to learn about the latest wheat research, interact with university specialists and see ongoing trials at the UK Research and Education Center. *(Photo by Matt Barton)*

By Jennifer Elwell
University of Kentucky

PRINCETON, Ky.—Wheat growers, crop consultants and agribusiness professionals are invited to attend the University of Kentucky Wheat Field Day on May 12 at the UK Research and Education Center (UKREC) in Princeton.

Specialists with the UK Wheat Science Group will share the latest research and management recom-

mendations to help producers navigate production challenges and market conditions as they head into the 2026–27 season. Topics include breeding advances, crop protection strategies, yield optimization and variety performance, among others.

“Making profitable decisions on wheat is as critical now as it ever has been for farmers,” said Chad Lee, Extension grain crops specialist with the UK Martin-Gatton

College of Agriculture, Food and Environment. “The field day addresses some of those key decisions and allows farmers, crop consultants, county agents and specialists to discuss these important topics.”

Field presentations begin at 9 a.m. CDT at 300 Extension Farm Road, Princeton. Lunch, provided by the Kentucky Small Grain Growers Association, will conclude the event at noon. Registration is free, but participants are encouraged to reg-

ister by April 30 to guarantee a meal. Educational credits have been approved for attendees. Certified Crop Advisers may earn 1.0 hour in Pest Management and 1.0 hour in Crop Management. Pesticide applicators

may earn two hours, including one hour in Category 1a (Agricultural Plant) and one hour in Category 10 (Demonstration and Research). The UK Wheat Field Day agenda and registration information are available online.

ABSOLUTE ONLINE AUCTION
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**SATURDAY, APRIL 25
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**THURSDAY, APRIL 30
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Survey shows 70% of farmers cannot afford fertilizer to make it through year

By TOM LATEK
Kentucky Today

LOUISVILLE, Ky. (KT) – An overwhelming majority of America’s farmers who responded to a nationwide survey by the American Farm Bureau Federation say they cannot afford to purchase enough fertilizer to get them through the year.

Conducted April 3-11, the survey shows 70 percent of respondents say fertilizer is so expensive that they will not be able to buy all the fertilizer they need. More than 5,700 farmers, both Farm Bureau members and non-members, from every state and Puerto Rico took the survey, including Kentucky. Farm Bureau economists analyzed the results in the latest Market Intel.

The analysis reveals that almost 8 in 10 farmers in the



southern U.S. say they can’t afford all needed supplies this year, followed by the Northeast and West at 69 and 66 percent, respectively, compared to 48 percent of the farmers in the Midwest.

Just 19 percent of farmers in the South prebooked fertilizer purchases in advance of planting season. In the Northeast, only 30 percent of farmers prebooked, followed by 31 percent in the West, and 67 percent in the

Midwest.

The conflict in the Middle East sent fertilizer and fuel prices soaring. The closure of the Strait of Hormuz is keeping critical fertilizer supplies and crude oil from reaching global markets, putting a squeeze on supplies around the world.

“Spring planting decisions depend heavily on access to fertilizer and diesel fuel, both of which have been impacted by geopolitical risks that have disrupted

global markets,” the Market Intel states. “Since the escalation

of tensions in the Middle East, nitrogen fertilizer prices have risen more than 30 percent, while combined fuel and fertilizer costs have increased roughly 20 to 40 percent. Urea prices have increased by 47 percent since the end of February, marking the largest month-to-month percentage increase in the price of urea. These increases are occurring when many producers were already facing tight margins for

many consecutive years.”

Many of the farmers surveyed said they will forego applying fertilizer this spring in hopes that prices will return to an affordable level later in the growing season.

According to the survey, 94 percent of respondents reported their financial situation has worsened or remained the same since last year, while only six percent reported improvement.

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ABSOLUTE REAL ESTATE AUCTION THURSDAY, APRIL 30TH, 2026 @ 10:00 AM

2 FARMS - Farm 1: 2811 County Road 1110, Fancy Farm, KY - Farm 2: 425 Old Dublin Hill Road, Fancy Farm, KY

2 Farms - 184± Acres
in 12 Tracts & Combinations



TRACT 1 - Features Home, Attached 1 Car Garage, Sunroom/Enclosed Patio, Detached 2 Car Garage with Boat Dock, Large Beautiful Pond, 2 Sheds and Green Metal Barn/Shop 48'x48' at Entrance of Tract 1.

130.02
Acres in 11 Tracts

Farm 1: CARLISLE COUNTY
Tillable Acres 100.82

Auction Held On Farm 1
Public Preview Date: Sunday, April 19th 12-1PM

Well-maintained 3 bedroom, 2.5 bath brick home offering spacious living, beautiful surroundings, and outstanding versatility. Features include a large kitchen with custom cabinetry and island, open living and dining areas with fireplace, and a comfortable primary suite with en-suite bath and outdoor access. Enjoy additional living space with a bright sunroom, a dedicated laundry area enhances convenience, plus a peaceful setting with mature trees and a covered front porch. A standout feature is the detached garage/recreation building overlooking a pond, complete with deck, covered area, and private dock. Multiple outbuildings, shops, barns, and grain storage provide excellent space for equipment, hobbies, or agricultural use. Additional tract offers even more buildings and functionality.

A RARE COMBINATION OF COMFORT, WATERFRONT APPEAL, AND USABILITY.

<p>PROPERTY HIGHLIGHTS:</p> <ul style="list-style-type: none"> Spacious home with open living, dining & kitchen layout Custom wood cabinetry, large island & ample counter space Cozy fireplace and inviting main living areas Primary suite with en-suite bath & outdoor access Walk-in shower, walk-in tub & large vanity Sunroom/enclosed patio with great natural light Dedicated laundry area with built-in storage Large yard w/mature trees & attractive landscaping Covered front porch for relaxing outdoor space 	<p>WATERFRONT & RECREATION FEATURES:</p> <ul style="list-style-type: none"> Detached garage/recreation building near pond Covered outdoor area & deck overlooking water Private dock for fishing and enjoyment <p>OUTBUILDINGS & FARM IMPROVEMENTS:</p> <ul style="list-style-type: none"> Multiple shops and storage buildings Detached garage with office/workspace Outbuilding with kitchen area (multi-use potential) Barns, grain bin & silo for agricultural use Additional tract (Tract 12) (Farm 2) 53.447 acres - 37.07 tillable In Dublin, Kentucky - Graves County
--	--

Farm 2: GRAVES COUNTY
Tillable Acres 37.07

Dublin
Community



53.447
Acres in 1 Tract

The auction shall be conducted in two farms. Farm 1: Tracts 1-11. Farm 2: Tract 12. No combinations between these farms will be combined. The property will be sold in the manner resulting in the highest total sale price. A 10% Buyer's Premium will be added to the final bid and included in the deed transaction sale price. 15% as down payment on the day of the auction with balance in cash at closing on or before 45 days. The down payment may be in the form of cashier's check, personal check, or corporate check. YOUR BIDDING IS NOT CONDITIONAL UPON FINANCING, SO BE SURE YOU HAVE ARRANGED FINANCING, IF NEEDED, AND ARE CAPABLE OF PAYING CASH AT CLOSING. Closing shall take place on or before 30 days from auction date. All 2026 ad valorem taxes will be prorated at closing. SURVEYS: The 4 properties will be sold by a new survey. Buyer will be responsible for 50% of the survey cost. LEAD BASED PAINT: Buyer will be required to sign a lead based paint disclosure waiving the opportunity to conduct a 10 day post sale inspections. Make all inspections prior to the day of sale.

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BALLARD

Virginia Sue Lowe, 85, of Wickliffe, Kentucky, passed away on Sunday, April 12, 2026, at her residence. A Graveside Service will be held on Friday, April 17, 2026, at 11:00 a.m. at Wickliffe City Cemetery in Wickliffe, Kentucky, with Pastor Gloria Capshaw officiating.

Kenneth Ray Harrison, age 88, passed away peacefully while sitting outside in his chair enjoying the sun in front of his apartment on April 10, 2026. Graveside services were held on Monday, April 13, 2026, at 1:00 p.m. at Antioch Baptist Church Cemetery with Rev. Robert Bickford officiating.

CALDWELL

Gloria Boyd Walker, age 63, of Princeton, passed away Monday, April 13, 2026 at Vanderbilt Medical Center. Visitation will be held at Northside Baptist Church Saturday, April 18, 2026 from 11:00 am until 1:00 pm. Funeral services will be held at Northside Baptist Church Saturday, April 18, 2026 at 1:00 pm with Rev. Terrance Miner and Rev. Terry Slaton officiating. Burial will follow in Cedar Hill Cemetery.

Barbara J. Stephens, age 72, of Caldwell County, passed away Saturday, April 11, 2026 at her home. A private service will be held at a later date. Morgan's Funeral Home is in charge of services.

CALLOWY

Delois Pospishel, 84, of Murray, Kentucky, passed away Friday, April 10, 2026, at Spring Creek Nursing and Rehabilitation Center in Murray. Mrs. Pospishel will be interred at Murray City Cemetery.

Lal "Butch" Edward Elliott Jr., age 78, of Murray, Kentucky, passed away Sunday, April 12, 2026, at the Murray-Calloway County Hospital. A funeral service was held at 12:00 p.m., Thursday, April 16, 2026, at the J.H. Churchill Funeral Home & Cremation Services with Rev. David Allbritten and Pastor Shani Campbell officiating. A graveside service was held at 2:30 p.m., April 16, 2026, at the New Union General Baptist Church Cemetery in (Lola) Salem, Kentucky.

Charles D. Outland, age 92, of Murray, Kentucky passed away on Monday, April 13, 2026, at his home. A funeral service will be held at 2:00 p.m., Sunday, April 19, 2026, at the J.H. Churchill Funeral Home & Cremation Services with Bro. Keith Inman and Bro. Boyd Smith officiating. Burial will follow in the Outland Cemetery. Visitation will be held from 12:00 p.m. – 2:00 p.m., Sunday, April 19, 2026, at the J.H. Churchill Funeral Home & Cremation Services.

Gary Eugene Page, age 69, of Murray, Kentucky, passed away on Tuesday, April 14, 2026, at his home. Arrangements are currently incomplete at the J.H. Churchill Funeral Home & Cremation Services.

Calvin Gibson, age 70, of Murray, Kentucky, passed away Sunday, April 12, 2026, at his home. Services for Calvin are being planned for a later date.

Gerald West, age 85, of Hazel, Kentucky, passed away Saturday, April 11, 2026, at Lakeway Nursing and Rehabilitation in Benton, Kentucky. Per Gerald's request there will be no public services. Online condolences can be made at, www.jhchurchill.com.

Patricia Rosella Smith, 82 of Murray, Kentucky, passed away Monday, April 13, 2026, at the Murray - Calloway County Hospital. Arrangements are incomplete at this time at Blalock-Coleman Funeral Home & Cremation Services, Murray, KY.

CHRISTIAN

Ravilnell Guinn Morris, age 89, of Hopkinsville, KY, passed away on Wednesday, April 8, 2026, at

University of Louisville Medical Center of natural causes. Funeral Services were held on Wednesday, April 15, 2026, at Maddux-Fuqua-Hinton Funeral Home at 1:00 PM with Pastor Tim Neal officiating and burial to follow in Kentucky Veterans Cemetery West.

Shelia Wallace Radford, 80, of Hopkinsville, KY died at 2:05 p.m. Sunday, April 12, 2026, at Bradford Heights Nursing & Rehabilitation. Funeral services were held ta 1:00 p.m. Thursday, April 16, 2026, at Second Baptist Church with Rev. David Tucker officiating. Burial will follow in Kentucky Veterans Cemetery West.

Dallas Austin Davis, stillborn, of Herndon, KY died Sunday, April 12, 2026 at Baptist Health Deaconess Hospital in Madisonville, KY. Services were private. Burial was in Morris Cemetery. Hughart, Beard & Giles Funeral Home was in charge of the arrangements.

Larry Joe Brown, 70, of Herndon, KY died at 5:44 p.m. Tuesday, April 7, 2026 at Jennie Stuart Medical Center. Funeral services were held at 2:00 p.m. Saturday, April 11, 2026, at Hughart, Beard & Giles Funeral Home. Burial will follow in Flat Lick Cemetery.

Dorothy Evelyn Schorzman, 95, Charter Senior Living, Hopkinsville, KY passed away Sunday, April 12, 2026 at her home of natural causes. A memorial service will be held at a later date. Lamb Funeral Home is assisting with arrangements.

Mike Fisher, 77, Hill Street, Hopkinsville, KY passed away Friday, April 10, 2026 at his home of natural causes. Funeral services were held at 1:00 p.m. Thursday, April 16, 2026 at Lamb Funeral Home with Chaplain Reid Shepherd officiating. Burial followed in Riverside Cemetery.

Wayne Linville, 69, Crestview Drive, Hopkinsville, KY passed away Wednesday, April 8, 2026 at his home of natural causes. A celebration of life service will be held from 5:00 p.m. until 7:00 p.m. on Wednesday, April 22, 2026 at the funeral home. Lamb Funeral Home is assisting with arrangements.

Jacquelyn Renea Hickman - May 11, 1964 - April 12, 2026 - Visitation will be Saturday, April 18th from 10 am -12 pm and Funeral service will follow at 12 pm - Princeton Street Baptist Church, 197 E. Princeton St., Crofton, KY 42217 - Burial will be at Foster Gardens Cemetery.

James Maurice Hollowell, 59, passed away on Tuesday, April 7, 2026, at Deaconess Henderson Hospital, Henderson, Kentucky. Visitation will be Friday, April 17th from 12-1 pm with Funeral Service at 1:00 pm at the Good Shepherd Church, 212 Sanderson Dr., Hopkinsville, KY 42240. Rural will be at Cave Springs Cemetery.

Nancy Stratton Stricklin, 73, of Hopkinsville, KY died at Continued Care Hospital at Baptist Deaconess in Madisonville, KY. Memorial services will be 1:00 p.m. Saturday, April 18, 2026, at Dogwood Funerals & Cremations of Hopkinsville with Brother Mike Bullard officiating. Visitation will be Saturday from 11:00 a.m. until the service hour at Dogwood Funerals & Cremations of Hopkinsville.

James "Jimmy" Clark, 78, of Hopkinsville, KY died Wednesday, April 8, 2026 at the VA Tennessee Valley Healthcare in Nashville, TN. In accordance with Jimmy's wishes, there will be no end-of-life services, and his family will honor that request. He will be interred privately at the Kentucky Veterans Cemetery West. Dogwood Funerals & Cremations is assisting with the arrangements.

Jane K. Robinson passed away on April 8, 2026, at the age of 74 with her devoted husband by her side. A funeral service was held at 1:00 p.m. on Monday, April 13, 2026, at Dogwood Funerals & Cremations of Crofton.

Arnold David Smith, 86, of Hopkinsville, KY died at 8:20 PM Wednesday, April 8, 2026 at Hearthstone Place in Elkton, KY. Memorial services will be held at a later date. Dogwood Funerals & Cremations is assisting with the arrangements.

Bernetta Watkins, age 70, of Hopkinsville, Kentucky, passed away peacefully at home on April 7, 2026, in Christian County, Kentucky, surrounded by friends and family whom she loved dearly. A wake was held from 11:00 a.m. to 12:00 p.m., with funeral services immediately following at Adams & Sons Mortuary, 4th Street, Hopkinsville, Kentucky, with Pastor Byron Copeland officiating.

CRITTENDEN

Rev. Wendell Ordway, a faith-filled, loving, and thoughtful Christian servant, passed away on April 12, 2026, in Calvert City, Kentucky. Funeral services were held at 1:00 p.m. Wednesday, April 15, 2026, at Milner & Orr Funeral Home of Paducah with Rev. Bud Russell officiating. Burial followed at Mapleview Cemetery in Marion, Kentucky.

Ruby Christine Williax, 69, of Elizabethtown, Illinois, passed away peacefully at home on April 12, 2026. Ruby was a diamond that will forever shine, her memory will live on in the hearts of all who knew and loved her.

Brenda Gordon Turley, age 71, of Bowling Green, entered into the presence of her Savior, Jesus Christ, on April 9, 2026. Graveside Service will held at 4:00 pm Saturday, April 18th at the Maple View Cemetery in Marion, KY.

Joyce Lorane Belt, age 87, of Newburgh, IN and formerly of Gilbertsville and Marion, KY. passed away Monday, April 7, 2026. Graveside service will be held at 10:30 AM Friday, April 17, 2026 at Mapleview Cemetery in Marion, KY. Gilbert Funeral Home is in charge of arrangements.

Harry Edward Rudolph age 72 of Marion, KY passed away Saturday April 11, 2026 at Baptist Health Paducah. Funeral services are scheduled for 11 AM Friday, April 17, 2026 at Myers Funeral Home with burial in Sugar Grove Cemetery. Friends may call Thursday between the hours of 5 – 8 PM with a Masonic Service to be held at 7 PM.

Beverly Ewing Herrin age 98 of Marion, KY passed away Saturday April 11, 2026 at Salem Springlake Health and Rehabilitation Center. Funeral services were held Tuesday April 14, 2026 at 1 PM at Myers Funeral Home with burial in Mount Zion Cemetery.

Otho Lee Bush, age 89, of Marion, Kentucky, went home to be with the Lord on Wednesday, April 8, 2026. Funeral services will be held at 4:00 PM on Saturday, April 18, 2026, at Myers Funeral Home in Marion, Kentucky, with visitation beginning at 2:00 PM until the time of service.

FULTON

Peggy Jean Bagwell Martin Copeland, age 91 of Fulton, passed away Thursday, April 9, 2026 at Green Acres in Mayfield. Graveside services for Peggy were held Saturday, April 11, 2026 at 11:00 AM at the Columbus Cemetery with Rev. Chad Frizzell officiating.

Howard "Buster" Adams, Jr., age 72, of Fulton, Kentucky, passed away on Saturday, April 11, 2026, at St. Francis Hospital in Memphis, Tennessee. There will be no services held at the funeral home.

GRAVES

Austin "Joe" Doss, age 78, of Farmington passed away on Sunday, April 12, 2026 at his residence. A private family service will be held at a later date. Byrn Funeral Home in Mayfield, KY is in charge of arrangements.

FUNERAL NOTICES continued

Charles “C.W.” Shelton, Sr., age 86, of Mayfield, KY passed away on Saturday, April 11, 2026 at Clinton Place in Clinton, KY. A memorial service is scheduled for 2:00 p.m. Saturday, April 18, 2026 at the Byrn Funeral Home in Mayfield, KY. Bro. Kenneth Puckett will officiate. Entombment with military graveside honors will be at 1:00 p.m. on Monday, April 20, 2026 in the Kentucky Veterans Cemetery West in Hopkinsville, KY.

Hollis “Kent” Hall, age 81 and a resident of Mayfield, passed away at 7:22 A.M. Saturday, April 11, 2026 at the Green Acres Healthcare facility in Mayfield. Funeral services for Kent were held at 11:00 A.M. Wednesday, April 15, 2026 at the Brown Funeral Home in Mayfield with Rev. Paul Wilkerson officiating.

Mildred Murlean Hughes, age 89, of Mayfield, KY passed away at 9:29 AM Saturday, April 11, 2026 at the Jackson Purchase Medical Center in Mayfield, KY. Funeral services for Mildred were held at 2:00 PM on Tuesday, April 14, 2026 at the Brown Funeral Home in Mayfield, KY. Rev. Kelly Carruthers and Rev. Robert Davis will officiate. Burial followed in the Liberty Baptist Cemetery.

HENDERSON

Nancy Burke Mansfield, 85 of Owensboro, KY passed away peacefully into the arms of her Savior, surrounded by her family. Funeral services will be 12:00 PM. Friday, April 17, 2026, at Tomblinson Funeral Home Henderson Chapel with Pastor Jesse Johnson officiating. Burial will be in Smith Mills Cemetery.

James Jeffrey “Jeff” Jobe, 66, of Corydon, Kentucky, went to be with the Lord on Sunday, April 12, 2026. Services will be at noon Friday, April 17, 2026, at Holy Name of Jesus Catholic Church. Father Richard Meredith will officiate. Burial will be in St. Louis Cemetery. Visitation will be from 9:30 a.m. to 11 a.m. Friday at Rudy-Rowland Funeral Home.

Judith Knight Pullum, 85, of Cairo, Kentucky, passed away peacefully on Sunday, April 12, 2026, at Walnut Creek Alzheimer’s Special Care Center in Evansville, Indiana, with her caretaker and sister-in-law, Barbara Morgan, at her side. Services were held at noon Thursday, April 16, 2026, at Rudy-Rowland Funeral Home. The Reverend Jerry Barron will officiate. Burial will be in Shady Grove Cemetery in Poole, Kentucky.

Martha Ann Pruitt Otey, the beloved matriarch of the Otey family, passed away on her 98th birthday, April 9, 2026. Martha Ann’s life will be celebrated at noon Saturday, April 18, 2026, at First Christian Church. The Reverend David Clifford and Dr. Chuck Summers will officiate. Private family burial will be in Fairmont Cemetery. Visitation will be from 10 a.m. to service time Saturday, April 18, 2026, at First Christian Church.

HICKMAN

Donald Martin, age 88 passed away Thursday, April 9, 2026 at Clinton-Hickman County ICF Nursing Facility. Graveside Services were held 1 PM Wednesday, April 15, 2026 at the Oakwood Cemetery with Bro. David Dixon officiating.

HOPKINS

Jaime Alice Fuson, 49 years young, of Madisonville, KY passed away Thursday, April 9, 2026, at Baptist Health Deaconess in Madisonville, KY. Funeral services were held at 2:00 P.M. Wednesday, April 15, 2026, at Barnett-Strother Funeral Home with Bro. Dennis Walls officiating. Burial followed at Grapevine Cemetery.

Timothy Allen Nichols, 73, of Madisonville, KY, passed away, Thursday April 9, 2026, at the Western Kentucky Veterans Center. Funeral services were at

2:00 P.M. Sunday, April 12, 2025, at Barnett-Strother Funeral Home with Bro. Roy Ellis officiating. Burial followed in Browder Cemetery.

Danny Lee Lutz, 76, of Madisonville, KY, passed away on Sunday, April 12, 2026, at Baptist Health Deaconess in Madisonville. A funeral service will be held at 1 p.m. on Friday, April 17, 2026, in the chapel of Harris Funeral Home with Bro. Terry Hall officiating. Burial to follow at West Lawn Cemetery in Hanson, KY. Visitation will be held from 11 a.m. until the funeral hour on Friday at the funeral home.

James “Jim” Lacy Weaver, 65, of Madisonville, KY, passed away on Sunday, April 12, 2026, at Baptist Health Deaconess in Madisonville. Arrangements are currently pending.

LIVINGSTON

William Lynn Edmonds, of Livingston Co. passed away at the age of 64, at Livingston County Hospital, Friday, April 10, 2026. Visitation service will be held Friday, April 17, 2026, from 2:00pm to 5:00pm at the Smith Funeral Chapel.

Annie Louise Rohm Morrow - May 16, 1930 – April 7, 2026 - Funeral services were Sunday, April 12, 2026, at 3PM in the chapel of Boyd Funeral Directors and Cremation Services. With Bro. Junior Morris and Johnnie Young officiating. Burial followed in Salem Cemetery.

MARSHALL

Carl “Herman” McDonald, 78, of Benton, Kentucky, passed away on Sunday, April 12, 2026, at the Ray and Kay Eckstein Hospice Care Center in Paducah, Kentucky. Visitation will be held from 11:00 AM until 1:00 PM on Friday, April 17, 2026, at the Life Celebration Center of Filbeck-Cann, 1003 Poplar Street, Benton, KY 42025. A memorial service will be at 1:00 PM on Friday, April 17, 2026, at the Life Celebration Center of Filbeck-Cann.

Patricia “PJ” Metts, 74, of Benton, Kentucky, who was the best friend, wife, mother, sister, grandmother, and great-grandmother you could ever find, went to be with the Lord on Saturday, April 11, 2026. Funeral services were held at 11:00 AM on Thursday, April 16, 2026, at the Life Celebration Center with Bro. Todd Henson and Bro. Don Wilson officiating. Burial followed at Mooreland Cemetery in Gilbertsville, Kentucky.

Cheryl Dean Lawson, 73, of Calvert City, passed away on Wednesday, April 8, 2026, at the Anna Mae Owen Hospice House. Memorial services will be held at 1:00 p.m. on Saturday, May 2, 2026, at the Life Celebration Center of Filbeck-Cann, 1003 Poplar Street, Benton, KY 42025, with Rev. Steve Milam officiating. A private burial will be held in Miller Cemetery in Livingston County. Visitation will be held from 11:00 a.m. until service time on Saturday, May 2, 2026, at the Life Celebration Center of Filbeck-Cann.

McCRACKEN

John T. Heflin Jr., 81, passed away on Sunday, April 12, 2026, at the Ray & Kay Eckstein Hospice Care Center in Paducah, Kentucky. A funeral service was held at 1:00 PM on Thursday, April 16, 2026, at the Lone Oak Chapel of Milner & Orr Funeral Home with Tim Turner and Bro. Richard Dobbs officiating. Burial followed at Woodlawn Memorial Gardens.

Barbara Estell Colvin Penix (Mim/Babs) of Lone Oak, Kentucky, was born at home in Paducah, Kentucky, on April 15, 1925, to the late Jack and Grace Colvin. She passed away at Parkview Nursing Home, just three days shy of her 101st birthday. Funeral Services will be held at 12:00 pm on Friday, April 17, 2026, at Milner & Orr Funeral Home of Paducah with Bro. Harold Draper officiating. Burial will follow at Maplelawn Park Cemetery. Visitation will be held from 10:00 am until

the service hour of 12:00 pm on Friday, April 17, 2026, at Milner & Orr Funeral Home of Paducah.

Ruth “Mae” Barnes passed away on April 11, 2026, in Paducah, Kentucky, at the age of 86. A memorial service will be held at 1 P.M. on Friday, April 17, 2026, at the Milner and Orr Funeral Home and Cremation Service of Paducah with Timothy Barnes officiating. Visitation will take place from 11 A.M. to 1 P.M. on Friday, April 17, 2026, at the funeral home.

Madonna York Baker, age 79, of Paducah, passed away on Friday, April 10, 2026, at Mercy Health Lourdes Hospital. Graveside services were held on Monday, April 13, 2026, at 1:30 p.m. at Rosebower Church Cemetery with Bobby Lindsey of Unleashed In Christ Ministries officiating.

Larry D. Hayes Sr., 86, of Paducah, passed away on Friday, April 10, 2026, in Paducah, Kentucky. Graveside services were held at 1:00 Wednesday, April 15, 2026, at Maplelawn Park Cemetery in Paducah with Rev. Jimmy Franks officiating. Milner & Orr Funeral Home and Cremation Services of Paducah are in charge of arrangements.

Doris Gresham, 92, of Paducah, Kentucky, passed away on April 9, 2026, at Providence Pointe Healthcare in Paducah. Funeral services were held at 1:00 p.m. on Monday, April 13, 2026, at Milner & Orr Funeral Home of Paducah, with burial to follow at Mt. Kenton Cemetery.

Gary Davis, 72, of Paducah passed away on Sunday, April 12, 2026, at Mercy-Health Lourdes Hospital in Paducah. Graveside services were held at 1:00 pm on Wednesday, April 15, 2026, at Palestine Cemetery in West Paducah. Burial will follow.

Mary Karlene Hatton, 81, of Paducah, Kentucky, passed away peacefully surrounded by her family on April 9, 2026, at the Ray and Kay Eckstein Hospice Care Center at Mercy Health. A funeral service to celebrate Karlene’s life was held on Monday, April 13, 2026, at Hughes Funeral Home, 2975 Old Husbands Road, Paducah, Kentucky.

TRIGG

Nell Gilbreath Ritzheimer, 77, passed away on Friday, April 10, 2026, at Charter Senior Living in Hopkinsville. A Memorial Visitation will be held on Saturday, April 18, 2026 at the First Christian Church in Hopkinsville, KY from 12:00-1:30 p.m. with Graveside Memorial Services to follow with Tom Steiner officiating on Saturday, April 18, 2026 at 2:00 p.m. at Riverside Cemetery in Hopkinsville, KY. King’s Funeral Home is in charge of the arrangements.

Margie Pauline Welch-Champion Birdsong, age 96, of Cadiz, Kentucky, passed away on Thursday, April 9, 2026, at her home in Cadiz. Graveside services were held at 2:00 PM, Saturday, April 11, 2026, at East Cadiz Baptist Church Cemetery, 407 Third St, Cadiz, KY, with Bro. George Miller officiating. Burial will follow.

WEBSTER

Williard C. Stine, 89, of Providence, KY passed away peacefully on April 9, 2026, at Baptist Health Deaconess in Madisonville, KY. Graveside services were held on Monday April 13, 2026, at 2:00PM at White Oak Cemetery near Clay, KY with Bro. Ronnie Hardrick officiating.

Dr. Curtis Carroll Yarbrough, 84, of Madisonville formerly of Webster and Muhlenberg Counties passed away at his home Saturday, April 11, 2026. A celebration of Dr. Curtis C. Yarbrough’s journey of life was held on Wednesday, April 15, 2026, at 12:00 PM at Mt. Gilead General Baptist Church near Slaughters Kentucky. Interment will be at Oddfellow Cemetery, Clay, KY.

VICTORIOUS *Living* ...in a troubled world

When our strength is not enough

By Teresa LeNeave
leneave2@comcast.net

There's a quote by Corrie Ten Boom that challenges me and I hope it does you, too. She wrote: "One of the hardest lessons in faith is learning that your weakness is not the end of the story. When your strength runs out, your wisdom fails, and your control disappears ... that is not where hope dies. ... That is where dependence begins. The Christian life was never meant to be lived in your own strength. Your inability is often the doorway to Christ's power."

Her idea of faith is certainly not the mindset of many of us who find pride in independence, in personal strength and in

striving for self-sufficiency. Weakness is something we're taught to overcome, or worse, something to hide. Corrie Ten Boom's idea of faith corresponds more closely to the Bible than perhaps ours does. She believed weakness is not a dead end, but an invitation to know God in a deeper relationship.

As you know, Corrie Ten Boom, endured the unimaginable suffering of the Holocaust and claims something greater than human strength helped her come out a survivor. One thing I like about her is that she owned her weakness, but she let her faith in the Almighty God redefine it.

If you've been a Christian for long,



you'll agree, faith is not about having it all together. None of us have it "all together". There is a little weakness in all of us. Not even one Bible character had it "all together" and I think that's one reason I love the Bible so much. Faithful men and women of the Bible were just like us. They had times of weakness. Times

of sickness. Times of pain. But they endured because they were seeking a greater place. We need God, too.

There are moments in every life when our own strength is weak; when we want to give up; when we want to run the other direction to ease the pain, but I believe if we let it, those moments can be our turning point.

There's a place where we surrender our own personal strength and accept the strength that comes from "peace that passes all understanding". (Philippians 4:7). It's in these moments when the devil will try to tell us we've failed, but don't listen to him.

Dependence on God is not defeat.

What struck me about Ten Boom's statement that the "Christian life was never meant to be carried by human strength alone", is that she knew the discomfort of a bad situation. She was speaking from experience. In all her darkest hours, she hung onto faith in God. It worked for her and it will work for us.

This doesn't mean weakness is desirable, because it's not. What it does mean is that "what the devil meant for evil, God can turn around and make it good. (Genesis 50:20). Pain and uncertainty are real, but so is God's power to heal, cleanse and restore. Like Corrie Ten Boom says, "our lowest points are not where the story ends".

In a world that tells us to rely on ourselves, the Bible reminds us that faith is less about holding everything together and more about trusting when things fall apart. Our weakness may be the very doorway through which our faith becomes stronger and more efficient.

A time to speak and a time to be silent

By William F Holland Jr.
billyhollandministries.com

As Christians, we have been given spiritual insight about the power of words and how critical it is to be careful and watch what we say. In the third chapter of James, we read about the potential dangers of the tongue. It discusses how we can use bits in the mouths of horses to control them and how a rudder on a ship is used to manage direction, but controlling the tongue is different because it is associated with self-discipline from within. "For every kind of beast, and of birds, and serpents, and of creatures in the sea is tamed and has been tamed of mankind; but the tongue can no man tame; it is an unruly evil, full of deadly poison" James 3:7-8. This chapter

continues with the observation that the tongue, although a relatively small part of our bodies, can cause significant damage. So, if humans cannot control their tongues, who can? It's all about surrendering our will to God. In all situations, our words are to be filtered through a personal awareness of sin and a passionate desire to walk in God's character.

There is an old saying, "What is down in the well, will come up in the bucket", which means that what we say reveals the thoughts and intentions of our hearts. We are reminded that someone is always listening. A conscientious servant of Christ not only strives to eliminate negative conversations but prays and meditates on what God is telling them to say. Have you

ever heard, "It's better to remain silent and be thought a fool than to speak and remove all doubt?" This is probably a paraphrase from Proverbs 17:28: "Even a fool when he holds his peace is counted as wise, and he that closes his lips is esteemed a man of understanding." More conversation is not always better; in fact, sometimes we are to say nothing. The key is asking Him for wisdom, as the privilege of being used as His messenger comes with a solemn responsibility. I pray that I can continue to grow and develop my sensitivity to God's voice and that I will have the faith and courage to relay His message. It's essential that God's people become aware that we are judged (good and bad) for the verbal seeds we are planting.

I recall a true story about a young high school student who had attended a church camp one summer and accepted Christ as his Savior. When school started back in the fall, he really wanted to be a faithful Christian and was excited to tell others about his spiritual experience. He was a member of the football team, and just before a game, he sensed that God wanted him to share his testimony with the entire team. Of course, he was nervous and, being overwhelmed with intimidation, he buckled under the pressure and decided to stay silent. They went out and won the game, and as they returned to the locker room whooping and hollering, he was again feeling a strong urgency to testify about how Jesus had forgiven and saved

him from his sins. He motioned to the coach and privately asked if he could say something. Through the noise and chaos, the coach leaned into his ear and replied, "You have two minutes!"

With a booming voice, the coach told everyone to listen up for a minute as the boy stood on one of the benches and began to tell his story. It all seemed like a blur as he enthusiastically explained about hearing the gospel, becoming convicted, repenting, and surrendering his life to Jesus. He actually quoted John 3:16: "For God so loved the world, that he gave his only begotten Son, that whosoever believes in him should not perish, but have everlasting life." When he finished speaking, the team went back to their celebrating, and he heard no more

about it. 20 years later, he received a phone call from one of the players who was on that team. The man said he was listening that night and had always remembered those heartfelt words. He went on to talk about how that sincere testimony had played a huge part in his becoming a follower of Christ. He just wanted to call and say how much he respected and appreciated a brave young man who stood up in a smelly locker room on a hot Friday night, and shared that Jesus loves us so much, He suffered and died on a cross to save us.

Dr. Holland is a Christian minister, author, and community outreach chaplain. Ask for a free download of his song, "Intentions of the Heart" at psalmz103@gmail.com

OUTDOOR Truths

By Gary Miller
Outdoortruths.org

There's nothing like barreling down the lake in the spring or summer at 5:00 in the morning. The cool mist will wake up anyone. But it's not really the air that is alarming, it's the possibility of a big

bass that is ready for breakfast – buzz bait style. To see the calm water come to life with a massive explosion is fishing at its finest. There is, however, a technique for this type of fishing. Most people set

the hook when they see the bass strike. That is a big mistake. You just missed another one. The art of catching bass on a buzz bait is not to set the hook when you see the bass strike but to wait until you



feel the tug. The time between the two may only be a second but it's the difference between success and failure. It is a hard discipline for some because we are so used to responding immediately to sight. It looks like a strike. It looks like I've got him. It looks like he's on. But he's not. Not until you feel the tug.

This is a great lesson for life. Most of the time, we live our lives according to what we see. And we react accordingly. We think whatever the circumstances look like, that is what they

must be. If it looks hopeless, it must be. If it looks like the end, it must be. If it looks like there is no way out, there must not be. And we react accordingly. There is, however, a mechanism that God has placed within us. It's a tug. It's the voice of God saying, don't walk by sight, but by faith. It is him saying don't ever count the situation hopeless until I have been added to the equation. It is him saying, no matter how bleak the circumstance is, I will have the last word. Friend, don't set the hook on your circumstances at the

first sight of trouble. Wait on the tug of God and he will turn every situation into one that is worth keeping.

Gary Miller has written Outdoor Truths articles for 23 years. He has also written five books which include compilations of his articles and a father/son devotional. He also speaks at wild-game dinners and men's events for churches and associations. Stay updated on Outdoor Truths each week by subscribing at Outdoortruths.org

Giving them a hand

Bro. Brandon G. Bramlett
Bandana Baptist Church

A significant yet simple ritual exists among NBA teammates that encourages them to keep on going even when they mess up: high-fives. A few years ago, The New York Times explained this practice in an article with the headline, "He Missed a Shot? Give That Man a Hand." They describe that amid miraculous dunks and strategic passes, players come together to exchange high-fives, pats on the back, and other encouraging gestures—even when players make mistakes. Welcoming hands always meet players who miss free throws.

"If you miss, you want your teammates to say, 'Hey, I'm here for you,'" said Jon Leuer, who last played for the Detroit Pistons. No one really knows the origin of the practice, but most acknowledge that basketball wouldn't be the same without it. Assistant coach for the Memphis Tigers, Mike Miller, said, "I don't even know why we do it, but we have to do it."

The church could learn a lot from the



example of these players. If you are a believer in Christ, you are part of the church—a teammate along with all those who also believe in Christ. And you are called and commanded to offer a helping hand to your fellow brothers and sisters when they miss the mark. This is your obligation as a Christian: "We who are strong have an obligation to bear with the failings of the weak, and not to please ourselves. Let each of us please his neighbor for his good, to build him up" (Rom. 15:1-2). Sympathy and love should be shown without reservation to believers who have made mistakes (who of us hasn't made mistakes?).

Solomon of old aptly expressed this when he wrote, "Two

are better than one, because they have a good reward for their toil. For if they fall, one will lift up his fellow. But woe to him who is alone when he falls and has not another to lift him up!" (Ecclesiastes 4:9-10). You need someone to lift you up when you fall, and you need to lift others when they fall. Therefore, it is essential that you be part of a local church that has put on love above all else (Colossians 3:14). It is imperative to be in a body of believers who bear one another's burdens and speak in a way that builds up (Galatians 6:2; Ephesians 4:29).

Are you part of a church that will pat you on the back and say, "Hey, I'm here for you"?

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Sudoku Answers

3	1	6	2	8	7	4	5	9
4	5	9	1	3	6	8	7	2
2	8	7	5	4	9	1	6	3
6	9	5	4	1	2	3	8	7
8	4	3	9	7	5	2	1	6
7	2	1	3	6	8	9	4	5
5	3	8	7	2	1	6	9	4
1	7	4	6	9	3	5	2	8
9	6	2	8	5	4	7	3	1

Word Search Answers



Puzzle Page in A Section

Legal notice of sale to satisfy storage fees owed, 2018 Blazer 24x72 boat hin# #cjt524436718, submit bids by May 1st, 2026 to Rowland Diesel Repair 1751 Iuka Rd., Grand Rivers Ky 42045

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For Sale. 2009 Mercury Milan 82000 miles. Bought August 2024 for commuting to work. No longer needed. Last Service June 2025 78,500 miles New Tires June 2025 78,800 miles. Price \$7500.00. Call 615-430-7544.

2015 Mercedes E-350 104,000 miles, Light grey Real nice vehicle, drives real nice. \$13,000 OBO call 270-493-2176

2007 Red Chevy Avalanche Truck, needs transmission and frame rusted. Selling truck for parts. \$3000. Please call 270-217-4980

2017 GMC Sierra Denali Crew Cab pickup, 99,000 miles, loaded, Beautiful truck, \$23,500. Please call... 270-519-3674 or

270-519-1254

1986 Chevrolet 4 x 4 Pickup, wrecked but a/c works \$2,000 cash or OBO. 327 Motor and 3 speed transmission out of 1980 Impala \$1,000 cash or OBO. Call 270-804-5399.

REDUCED 2010 Black Honda Fit Sport 4 door hatchback. Excellent mechanical condition minor cosmetic damage clear title \$4,500.00 OBO Call 812-631-3921

1997 Jeep Grand Cherokee. 109,700+ miles Great Condition. I've Owned/driven Jeep since 2001. \$4900.00 OBO Paducah Local Telephone (303)916-2582

GOLF CART FOR SALE

REDUCED 2019 EZGO Golfcart 48V. Flame Red

with Black seating, very good condition in Salem, Ky area 4,200.00. Call 812-483-1116 (tfn)

FARM & LAWN EQUIPMENT

1996 8570 MF Combine Big motor, 30' GH, SCH Knife & drive, Maurer bin ext, flotation rears, second owner. C-Tech maintained. Approx. 3,000 hrs \$50,000 OBO. 419-615-0950

REDUCED 1987 John Deere Combine 7720 Titan 2, 4 wd, long auger, 30.5 x 32 tires, always kept inside shed. \$11,000 OBO 270-254-0318 3.2 Prong Hay Fork \$150; B275 Diesel International project tractor \$1,250. Call 731-487-7062.

1953 Farmall Cub Woods Belly Mower. to ad for 1950 8n Ford Tractor

\$1250.00. 270-832-1281

1950 8N Ford tractor \$1,250.00, Call 270-832-1281. W0.5x32

King Kutter Bushhog 48" w/ PTO Connector, Like New. \$900 OBO. Benton, KY. 815-236-9455 (TFN)

MISC. FOR SALE

For Sale: New and Used Christmas Toys and Tools. Rosanna's Place Salem Ky. Thurs -Fri. 8-4. Sat. 8-1

For Sale: Baldwin Upright Piano In Good Condition \$300.00 Call 270-564-1860

Fiddle/Violin (Karl Knilling), Hand-Made in Germany, 2 Bows & Hard Case. Very Good Condition. \$300, 270-328-8801 (tfn)

ABSOLUTE ESTATE AUCTION

THURS., APRIL 30TH • 10:07 AM • 204 HERMAN AVE • PADUCAH, KY • ±2016 SQ. FT. 4 BDR 2 BA HOME



Location: Traveling John Puryear Hwy turn on Hove Kemp then Right on Herman. Signs posted. The late Carpenter/Owner of this house finished out the ±1488 sq ft first floor and moved in. It's excellent features include ±29 x 16 ft family room with an 11 ft w x floor to ceiling stone fireplace w/ stove insert, large walk-in coat closet and patio doors to a ±12 x 8 ft deck. ±14 x 12.75 ft eat in kitchen with a closet pantry and ±70 sq ft laundry room w/ shelving also refrigerator and range is furnished. ±18.5 x 13 ft master bedroom w/ ceiling fan a ±8 x 6.5 ft full bath and a large walk-in closet! The second bedroom is ±14 x 12 ft. **The Unfinished Upstairs:** ±528 ft with foyer landing with hallway, sheet rock walls & ceilings and is wired. The 3rd bedroom is ±13.75 x 10.75 ft & ±17 x 11.5 4th bedroom with a ±6 x 5 ft full bath. Other amenities include barnstyle exterior look that is popular these days with metal gray exterior siding and a red metal roof, brick and masonry foundation, central heat & air, 200 amp breaker system, city water and sewers, metal ±21 x 12 ft shed. **Terms of Auction:** 20% Deposit day of auction; balance within 45 days. A 10% Buyer's Premium will be added to the final bid and included in the total contract price. **In future ads watch for an online only/antique auction.**

ONLINE ONLY AUCTION

GOING ON NOW! • BEGINS ENDING: TUES. APRIL 14TH AT 10:07 AM • HWY 60 & BETHEL CH. RD. • McCRACKEN CO., KY ±563 FT. ROAD FRONTAGE • ±1.3 ACRES • ±1600 SQ. FT. • 1 OR 2 BEDROOMS • SQUARE POST BUILDING NEAR UPCOMING NUCLEAR FUEL PLANT • OPEN HOUSE MONDAY, APRIL 13 FROM 3:07 TO 5:07 PM

Location: Traveling Hwy 60 West, go just past the USEC entrance ±1.5 mi. Property at the corner of Hwy 60 & Bethel Church Road. 3500 Bethel Church Road, Kevil, KY. ±1.3 Acres; ±1600 Sq. Ft.; 1 or 2 Bedroom Square Post Building. Near Paducah site to start construction shortly, this property could be very beneficial to local contractors! The layout includes: from the front entry, a ±32x25.75 Ft. showroom, shop, or family room with drop ceiling and faux brick paneled walls; a ±15x14 Ft. kitchen; a ±23x12.25 Ft. bedroom; a ±12x8.75 Ft. utility room; and a ±7x5 Ft. full bath - each with rustic paneled walls. Other amenities include: a ±10x8 Ft. sliding barn door and second walk-through door; insulated outer walls; city water; 50 gal. water heater; electric mini-split heat pump with natural gas available. Property has an unimproved entrance from Highway 60. **Terms of Auction:** 25% Deposit day of auction; balance within 45 days. A 10% Buyer's Premium will be added to the final bid and included in the total contract price.



RARE AUCTION GROUP

Robert Alexander, CAI Broker/Auctioneer
Ashley Alexander-Medley, Broker/Auctioneer • Staci Bachuss, Auctioneer
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Kentucky's last independent abortion clinic building demolished in Louisville

By **TESSA REDMOND**
Kentucky Today

LOUISVILLE, Ky. (KT) — The building that housed EMW Women's Surgical Center, Kentucky's last independent abortion clinic, has been demolished.

The site in downtown Louisville was razed to clear the way for construction of a 27-story hotel project. It will serve as a temporary 66-space parking lot until work begins later this year.

EMW Women's Surgical Center permanently ceased operating at their 136 West Market Street clinic and stopped performing abortions in 2022 following the enforcement of Kentucky's abortion ban after the Supreme Court overturned Roe v. Wade. Their building was listed for sale in May of 2023, and purchased alongside other buildings on the city block by real estate development company Zyyo in November 2024.

Four doctors, including Dr. Ernest Marshall and the late Dr. Samuel Eubanks, opened the abortion clinic in 1981.

EMW's physicians—

many of whom were professors in University of Louisville's department of obstetrics and gynecology—aborted babies between 6 weeks and 21 weeks, six days gestation, using both medication and surgical procedures.

Before updating their website, EMW claimed up through December 2025 to have provided more than 100,000 abortions.

The Cabinet for Health and Family Services (CHFS) started publishing abortion reports in 2017. Between that year and its closure in 2022, EMW reported 19,640 abortions at their facility—accounting for roughly 92 percent of all pregnancy terminations recorded in Kentucky. The clinic's highest recorded yearly total was in 2021, reporting 3,802 abortions.

The sum of lives lost between 1981 and 2017 at EMW is not known; that data was not collected by Kentucky's health department.

There were 297,052 abortions reported to the Centers for Disease Control, and the CHFS, in Kentucky between

1973, when the Supreme Court created a right to abortion by issuing their Roe v. Wade ruling, and 2022 when both EMW and Planned Parenthood in Louisville stopped providing abortions.

'Overjoyed to have lived to see it'

Matthew Harper participated in a sidewalk counseling ministry with Speak For the Unborn (S4U) outside EMW during his time at The Southern Baptist Theological Seminary, providing resources to women seeking abortions and encouraging them to choose life.

Now the executive director of S4U, Harper said it was a "joy" to see EMW's building torn down.

"The demolition of the EMW abortion facility is an answer to decades of prayer and a testament to God's faithfulness," he said.

Harper noted that many babies were saved from abortion and many people professed faith in Christ through the work of S4U, and counseling team members prayed for the day the clinic would be torn

down.

"I'm overjoyed to have lived to see it with my own eyes. God does really answer prayer," Harper said. "Now, the work is just beginning. Christians have been faithfully standing in the gap and offering hope and help for many years, but now more than ever, we need more believers who will rise up and help vulnerable families and moms in crisis situations. When God answers prayer, His people are called to respond with compassionate action."

Shelly Green, executive director of Right to Life of Louisville, said EMW's demolition is a "significant moment" for the pro-life community.

"For decades, EMW was a site where countless unborn children lost their lives and where many women experienced deep pain and pressure. Its closure and removal from our city landscape symbolize a turning of the page toward a future where women are supported, families are strengthened, and life is protected at every stage. While

the building may be gone, our commitment to walking with women and promoting a culture of life remains as strong as ever."

Though EMW's physical facility is gone, its work continues through the Kentucky Reproductive Freedom

Fund (KYRFF), which was founded by Marshall and his wife, Ona. KYRFF is an advocacy organization dedicated to improving abortion access through education, policy reform and engaging healthcare providers to advocate for abortion.



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APRIL HEAVY EQUIPMENT AUCTION

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SAT. APRIL 18TH. 2026 @ 8:30AM



EXCAVATORS: 2013 Komatsu PC360LC-10-9,213hrs, aux hydr, EROPS, heat/ac, 64in bucket, 34in pads, SN#KMTPC242L54A32730; 1998 CAT 345BL-7,247hrs, aux hydr, 60in bucket, 24in steel tracks, EROPS, heat/ac, SN#7KS00304; 2017 SANY SY365C LC-7,018hrs, EROPS, aux hydr, heat/ac, radio, SN#SY036MBG80988; 2019 CAT 326FL-8,119hrs, EROPS, heat/ac, radio, 55in bucket, rear camera, SN#CAT0326FEFBR20586; Komatsu PC300LC-5K-15,390hrs, quick coupler, 54in bucket, 32in pads, EROPS, SN#K20431; 2018 CAT 313FL-4,276hrs, EROPS, aux hydr, hydr quick att, SN#CAT0313FKPRG10552; 2019 Volvo ECR88D-1,689hrs, EROPS, heat/ac, radio, aux hydr, hydr thumb, blade, SN#VCE00E88T00216291;



MINI EXCAVATORS: 2021 Deere 85G-1,175hrs, hydr thumb, quick att, aux hydr, blade, 24in bucket, EROPS, heat/ac, SN#1FF085GXEMJ022656; 2022 Case CX75CSR-815hrs, quick coupler, hydr thumb, 36in bucket, blade, rear camera, EROPS, heat/ac, radio, SN#DAC075K6NNS6A1705; 2022 Bobcat E50R2-295hrs, hydr thumb, aux hydr, blade, 24in bucket, boom swing, rubber tracks, quick coupler, SN#B4GP14820; 2023 Komatsu PC55MR-5-1,055hrs, EROPS, hydr thumb, blade, coupler, 26in bucket, aux hydr, SN#KMTPC259VNE023395; 2015 CAT 303E CR-3,049hrs, aux hydr, blade, rubber tracks, boom swing, OROPS, 2spd, SN#CAT0303EESMG01318; **WHEEL LOADERS:** 2021 Komatsu WA380-8-5,778hrs, rock bucket, EROPS, heat/ac, radio, rear camera, SN#KMTWA130JMNA75740; 2019 Komatsu WA320-8-



15,195hrs showing, forks, EROPS, heat/ac, radio, rear camera, SN#KMTWA135AKA085783; 2015 Kawasaki 95Z7B-10,301hrs, EROPS, heat/ac, radio, SN#97J2-5015; **SKID STEERS - TRACK:** 2024 CAT 289D3-2,053hrs, 2spd, hi-flow, hydr att, 78in bucket, rear camera, EROPS, heat/ac, radio, heated seat, SN#CAT0289DCJX919659; 2020 CAT 289D3-2,371hrs, 2spd, high flow, hydr quick att, 80in bucket, 18in tracks, rear camera, EROPS, heat/ac, radio, SN#CAT0289DLJX902100; 2017 CAT 289D-3,190hrs, 2spd, aux hydr, rear camera, rubber tracks, heat/ac, radio, SN#CAT0289DCTAW09086; 2023 CAT 259D3-3,568hrs, new crate engine, 2spd, aux hydr, 84in bucket, rear camera, EROPS, heat/ac, radio, SN#CAT0259DTCW922943; 2023 CAT 259D3-3,421hrs, 2spd, aux hydr, heat/ac, radio, rear camera, heated seat, SN#CAT0259DKCW924811; 2023 CAT 259D3-3,098hrs, 2spd, aux hydr, hydr quick att, 74in bucket, rear camera, EROPS, heat/ac, radio, SN#CAT0259DTCW925633; 2022 CAT 259D3-3,157hrs, 2spd, aux hydr, hydr quick att, 72in bucket, rear weights, EROPS, heat/ac, radio, CAT0259DCCW917725; 2021 Deere 333G-2,397hrs, 2spd, aux hydr, rear camera, 84in bucket, EROPS, heat/ac, radio, SN#1T0333GMTMF399800;



2020 Deere 333G-1,969hrs, aux hydr, quick att, 84in bucket, EROPS, heat/ac, radio, SN#1T0333GMJLF373149; 2021 New Holland C332-730hrs, pilot controls, aux hydr, rear camera, EROPS, SN#JAF0C332CMM497484; 2023 Bobcat T770-301hrs, 2spd, quick att, EROPS, heat/ac, SN#AT6342523; **DOZERS:** Komatsu D65EX-12-2,355hrs, OROPS, 136in blade, 4 way blade, SN#62813; **MOTOR GRADERS:** 2007 Deere 672D-13,314hrs, 12ft blade, ripper, EROPS, heat/ac, radio, SN#DW672DX612151;



COMPACTION EQUIPMENT: 2015 CAT CS66B-2,767hrs, smooth drum, EROPS, heat/ac, radio, SN#CATCS66BTS6600114; Benford 2010SD-558hrs, Deutz engine, 55in drums; **BACKHOES:** 2008 CAT 420E IT-4,723hrs, outriggers, front aux hydr, quick att, 36in bucket, EROPS, heat/ac, radio, SN#CAT0420EKKMW02954; **TRACTORS:** 2023 New Holland Workmaster 120-16hrs, MFWD, 3 remotes, PTO, 3pt, SN#4FX4028742; 2023 New Holland Workmaster 120-12hrs, MFWD, 3 remotes, PTO, 3pt, SN#NH1641489; 2004 Challenger MT765B-8,267hrs, 4 remotes, PTO, 24in tracks, cab, heat/ac, radio, SN#AGCMT765EAMS61515; 2024 Bad Boy 1022H-8hrs, loader, PTO, hydrostatic, SN#1022HS00476;



TRUCKS: 2007 Peterbilt 379 Sleeper-1,060,402 miles, Cat engine, 10spd, aluminum wheels, heat/ac, radio; 2004 Peterbilt 379 Sleeper-1,501,655 miles, Cat engine, manual trans, aluminum wheels, heat/ac, radio; 2012 Kenworth T660 Sleeper-1,163,178 miles, Paccar engine, 10spd, mid roof sleeper, heat/ac, radio; 1998 International 9300 Sleeper-over 2,000,000 miles, Cat 3406, 18spd, rebuilt engine/trans; 2015 Volvo VNM64T200 Day Cab-584,430 miles, Volvo engine, manual trans; 2008 International Prostar Day Cab-724,052 miles, wet kit, 10spd; 1993 International 8200 Day Cab-864,112 miles, Cummins engine; 1992 International 9400 Day Cab-784,380 miles, Cummins engine; 2012 Peterbilt 384 Day Cab-606,721 miles, Paccar engine, manual trans, tandem axle, SN#1XPVDP9X7CD133093; 2002 Peterbilt 385 Day Cab-452,385 miles, Cummins engine, auto trans, heat/ac, radio, SN#1XPGD09X32D571883; 2005 Peterbilt 385 Day Cab-820,419 miles, Cat engine, manual trans, tandem axle, SN#1XPGDU9X15N854983; 2013 Kenworth T660 Sleeper-1,387,668 miles, Cummins engine, tandem axle; 2015 Volvo VNL Sleeper-984,071 miles, Volvo D13 engine, tandem axle; 1999 Volvo VNL64T300 Day Cab, Detroit 12.7L, manual trans, wet kit; 1996 Ford LNT8000 Vac Truck-255,233 miles, Vactor system; 2001 Freightliner FL60 Mulch Truck-227,443 miles, conveyor system; 2002 Chevrolet W5500 Landscape Truck-300,253 miles, 22ft bed; 2019 Kenworth T880 Dump Truck-316,757 miles, Paccar MX-13, auto trans, quad axle, 20ft bed; 1994 Kenworth T800 Dump Truck-912,734 miles, Cat engine, manual trans, quad axle, aluminum bed; 2018 Ford F550 Dump Truck-34,397 miles, 9ft 6in plow, dump bed; 2005 GMC Topkick 5500 Bucket Truck-155,745 miles, Hi Ranger boom, service body, SN#1GDE5C1EX5F901699; 2011 Ford F350 Bucket Truck-183,540 miles, Altec boom, service body; **PARTIAL LISTING ONLY!! VISIT BUSSEYBROS.COM FOR FULL INFO!!**



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TERMS & CONDITIONS: A 10% BUYERS PREMIUM WILL BE CHARGED ON ALL ITEMS CAPPED @ A MAXIMUM OF \$5,000.00 IN PREMIUM. Online bidder fees apply. All items sell "as is- where is". Payment can be made w/ cash, approved check, or credit card w/ 4% fee. Sales Tax: 7.25% Sales tax applies to all purchases unless tax exempt paperwork is properly filed with office. Loadout: Day of auction after drive thru equipment is finished. Then next week we are open 8am-5pm Mon- Friday. Sat. Loadout is by appointment. All items must be removed by May 8th. 2026. This auction will be both LIVE in person & LIVE online bidding as well.

2 AUCTION RINGS GREENVILLE - OHIO





★ ★ ★ **Quilt Show Edition** ★ ★ ★



Gardening safety for seniors

Longer hours of daylight and warming temperatures are hallmarks of spring and each of these variables do much to contribute to the reputation of a season that's become synonymous with rejuvenation. After months spent confronting cold temperatures and huddling up indoors, people might find the welcoming conditions of spring irresistible, which compels many to spend more time outdoors.

There's no shortage of things to do outside in spring, and the season marks a perfect time to reestablish one's green thumb and get down and dirty in the garden. Gardening is a rewarding and healthy activity, though some, particularly seniors, may need to approach springtime sessions in the garden with a heightened degree of caution. Seniors can keep these health and safety tips in mind as they celebrate the return of spring and what that means for their gardens.

- Recognize that gardening is exercise. The Centers for Disease Control and Prevention identifies gardening as a good form of exercise, and evidence supports the notion that gardening is a particularly beneficial form of physical activity. A 2024 meta-analysis published in the Journal of Neurology, Neurosurgery & Psychiatry indicated that individuals who engaged in low levels of leisure time physical activities such as gardening are likely to have a lower risk of stroke than peers who are sedentary. It's important to keep these findings in mind when gardening, which is perhaps more physically demanding

AQS Quilt Week comes to the National Quilt Museum

QuiltWeek is an exciting time to visit the National Quilt Museum.

Mark your calendars to attend the AQS QuiltWeek April 22-25, 2026 at the National Quilt

Museum in Paducah. Explore hundreds of breathtaking contest quilts and special exhibits on display at the Paducah-McCracken County Convention & Expo Center.

Throughout the week, take part in classes and lectures led by world-renowned quilters, and explore hundreds of vendor booths full of fabric, threads, patterns, notions,

and machines from leading brands and designers.

Beyond the show floor, Paducah's creative energy pulses throughout the city. Enjoy pop-up events throughout

town and exclusive programming at the National Quilt Museum. There are so many ways to shop, learn, and be inspired, all in one unforgettable week.

QUILT SHOW HOURS

Wednesday, April 22, 2026
9:00 am-5:00 pm

Thursday, April 23, 2026
9:00 am-5:00 pm

Friday, April 24, 2026
9:00 am-5:00 pm

Saturday, April 25, 2026
9:00 am-4:00 pm



WORKSHOPS & EVENTS HOURS

Monday, April 20, 2026
8:30 am-7 pm

Tuesday, April 21, 2026
8:30 am-4 pm

Wednesday, April 22, 2026
8:30 am-8 pm

Thursday, April 23, 2026
8:30 am-8 pm

Friday, April 24, 2026
8:30 am-8 pm

Saturday, April 25, 2026
8:30-11:30 am

QUILT WEEK

AQS Quilt Week Schedule

QuiltWeek Museum Tickets at the door:

Monday, April 20 – Saturday, April 25, 2026
 \$15 regular
 \$13 for Seniors (62+)
 \$13 Active military and veterans
 \$5 Students
 Children under 12 free
 \$20 multi-day pass (see below)
 \$10 group sales (pre-booked groups of +10 please email Becky Glasby)
 \$20 Multi-Day Pass to NQM – Valid Monday, April 20 – Saturday, April 25, 2026. Available for purchase Online Only

**Special Events for Quilt Week 2026*:
 April 22- 25, 2026**

Wednesday, April 22, 2026

20 Years of Tula Pink: Gallery Walk with Tula Pink
 7:30 am – 9:00 am
 Ticket: \$35
 SOLD OUT!

Meet the Artists: New Quilts from an Old Favorite
 10:00 am – 11:00 am
 Ticket: Admission to NQM Galleries
 New Quilts from an Old Favorite: Food

Meet the Artist: Janet Stone
 11:00 am – 12 noon
 Ticket: Admission to NQM Galleries
 NQM Gallery: And Now I Know My ABCs!

Visit NQM Booth at AQS Show: Free sign up for the Sweepstakes Drawing
 9:00 am – 5:00 pm
 Convention Center

Thursday, April 23, 2026

20 Years of Tula Pink: Gallery Walk with Tula Pink
 7:30 am – 9:00 am
 Ticket: \$35
 SOLD OUT!

Book Signing with Tula Pink
 9:30 am – 10:30 am
 NQM Lobby Conference Room
 No admission ticket required; Tula Pink books available in the NQM Gift Shop

Meet the Artists: New Quilts from an Old Favorite
 12:30 pm – 1:30 pm
 Ticket: Admission to NQM Galleries
 New Quilts from an Old Favorite: Food

Meet the Artist: Janet Stone
 2:00 pm – 3:00 pm
 Ticket: Admission to NQM Galleries
 NQM Gallery: And Now I Know My ABCs!

NQM Friends' Reception: Celebrating NQM 35th Anniversary
 5:30 pm – 7:00 pm
 NQM Lobby
 Please RSVP to Tiffany Turner

Visit NQM Booth at AQS Show: Free sign up for the Sweepstakes Drawing
 9:00 am – 5:00 pm
 Convention Center

Friday, April 24, 2026

Meet the Artists: New Quilts from an Old Favorite
 10:00 am – 11:00 am
 Ticket: Admission to NQM Galleries
 New Quilts from an Old Favorite: Food

Meet the Artist: Patricia Hechler, Collection Artist
 11:00 am – 12 noon in the gallery
 Ticket: Admission to NQM Galleries
 Collection quilt: Into the Sunshine by Patricia Hechler and Joyce Hite.

Visit NQM Booth at AQS Show: Free sign up for the Sweepstakes Drawing
 9:00 am – 5:00 pm
 Convention Center

Book Signing with Janet Stone
 1:00 pm – 2:00 pm
 NQM Lobby Conference Room
 No admission ticket required

Saturday, April 25, 2026

NQM Sweepstakes Drawing
 3:00 pm
 Convention Center

*All events may be subject to change

APRIL NQM EXHIBITS

Latifah Saafir: It Was All a Dream
 March 6 – July 28, 2026

New Quilts from an Old Favorite:
 Food March 6 – July 28, 2026

Janet Stone: And Now I Know My ABCs!
 March 27 – September 22, 2026

Tula Pink: Twenty Years of Tula Pink
 April 3 – September 15, 2026

NQM Collection Quilts Ongoing

NQM Oh Wow! Miniatures Ongoing

GRAND RIVERS QUILT SHOW

APRIL 22-25 2026 | GRAND RIVERS, KY

LOCATION

Grand Rivers Community Center
 155 West Cumberland Avenue
 Grand Rivers, KY 42045

DATES/HOURS

April 22, 2026 | 9AM – 5 PM
 April 23, 2026 | 9AM – 5 PM
 April 24, 2026 | 9AM – 5 PM
 April 25, 2026 | 9AM – 12 PM

ADMISSION

\$3 PER PERSON/PER DAY
\$2 PER PERSON/GROUPS OF 20+
 PAYING WITH ONE FORM OF PAYMENT

SHOW CONTACT

INFO@GRANDRIVERS.ORG
 Call for info only: 270.362.3377
 Text for show info: 270.362.0152



AQS Quilt Week Instructors



Popular author, quilter, and fabric designer Alex Anderson has had a deep love of quilting since 1978, when she made her first Grandmother's Flower Garden quilt as a part of her work toward an art degree. Over the years, Alex's central focus has been understanding fabric relationships, which is enhanced by an intense appreciation of traditional quilts and beautiful quilting surface design.

Alex is the author of 30 books in four languages, which have sold over one million copies worldwide. She is the National Spokesperson for BERNINA of America, as well as a designer of fabrics with RJR Fabrics. Alex is also co-creator of the Quilter's Select brand with Floriani.

Along with Ricky Tims, Alex founded The Quilt Show.com, as well as The Quilt Life magazine which was published by AQS from 2009 to 2014. She has major won awards for her influence in quilting.

Alex's personal mission is not only to share her love of quilting with anyone who will listen, but to educate and encourage those interested in quilting as clearly and simply as possible, so that quilting can continue to be handed down from generation to generation. Find out more about Alex at alexandersonquilts.com.



Kathie Beltz
Professional Quilter
~ Teacher ~ Judge ~ Designer.

Kathie is totally addicted to quilting, and enjoys associating with other quilters who are equally addicted. She has been quilting since 1995, teaching since 2004, and judging quilts since 2007.

Kathie has been fortunate that some of her quilts have won awards at shows across the country, including A Quilter's Gathering, Home Machine Quilting Show, Images at the Lowell Quilt Festival, Indiana Heritage Quilt Show, International Quilt Festival in Houston, Machine Quilters Exposition, Machine Quilting Today Upper Midwest Show, Maine Quilts, Mid-Atlantic Quilt Festival, MQX Quilt Festivals, National Quilting Association, Quilting With Machines, Quiltweek Lancaster, Quiltweek Paducah, Road to California, Southern New Hampshire Quilt Festival, Utah Quilting and Sewing Marketplace, Vermont Quilt Festival, and World Quilt Show – New England. Kathie's quilts have been juried into the AQS show in Paducah in multiple years, winning ribbons in 2015 and 2017. As an award-winning quilter, Kathie lectures, gives demonstrations, and teaches workshops at guilds, quilt shops, and quilt shows nationally. She especially enjoys teaching beginners. In 2013, she was trained by Deb Tucker in the tools and techniques of her company, Studio 180 Design. In 2017, she launched Kathie Beltz Quilt Designs, her own line of quilt patterns. These quilt patterns are for smaller projects that look complicated but are easier to make than you may think. There's lots going on, and it's keeping her busy! For more information on workshops, lectures, or judging, Kathie can be reached at Kathie@KathieBeltz.com or www.KathieBeltz.com. Follow me at: Facebook/KathieBeltzQuilter, Instagram/kathiebeltz, Pinterest/KBQDesigns

Barbara Blanton has always sewn, but it was an antique quilt that she received as a



teenager that inspired her to learn to quilt. She checked out a book from the library and made her first quilt, a Log Cabin, using templates cut out of newspaper in 1973. Through the years, Barbara has participated in, and led guilds, in St. Louis, MO, San Antonio, TX and Palmdale, CA. She organized and ran a charity group in Riverside, CA for seven years that made Snuggle Quilts for at-risk children, donating up to 200 quilts per year to a local police department.

Hundreds of quilts and years later, she's become obsessed with appliqué. She's spent time finding techniques that work for her, helping her make an average of five queen size tops a year augmented with pieced quilts. She teaches and shares her techniques nationally while also working a full time job.

Nine years ago, she formed the Academy of Appliqué, which is a weeklong appliqué retreat in Williamsburg, VA. Around 17 are employed teachers and bring in roughly 300 students. While it's a lot of work, it's her favorite week of the year. For more information, visit academyofapplique.com.



Ana Paula Brasil is an international visual-arts professional with degrees in Fine Arts and Photography. Her expertise and creativity, combined with advanced techniques, bring a distinctive voice to her work. Born into a family of poets, artists, and seamstresses, Ana's love of quilting began at age eight with her grandmother. She began teaching in 1994 and, in the early 1990s, started appearing on Brazilian TV. Her work has since appeared in numerous magazines. Ana exhibits internationally. Her quilts and textile art

have been shown in public exhibitions, museums, and galleries. Now living in Canada, she continues to share her knowledge from her studio, using textile art to celebrate the joy of life. Ana's workshops are full of humor, energy, stories, and practical tips. She makes learning both educational and fun. She believes there are no mistakes, only opportunities. Get ready to think outside the box! For more information about Ana, visit canadapaulabrasil.ca.



Devida "Dee" Bushrod is the creative force behind Pixel Quilts, an idea that came to life when she realized how much she loved the process of creating this unique style of quilt. A self-taught quilter with 18 years of experience and a background in

marketing and design, Dee made her first pixel quilt in 2008. Over the next 14 years, she explored various quilting techniques and patterns before settling on Pixel Quilts as her favorite process. Now, she exclusively focuses on this distinctive art form. Originally from the UK, Dee now lives with her family in Tulsa, Oklahoma.



Ana Buzzalino is a fiber and mixed media artist, surface designer, teacher, and lecturer whose work is defined by layers, texture, and a deep connection to history. Her creative process blends traditional and contemporary surface design techniques, resulting in pieces that feel both timeless and strikingly modern. Much of Ana's work explores the impact of history on our culture today. In an

era where everything is fast, new, and polished, she is drawn to the marks left by time – weathered walls, crumbling facades, and the silent stories embedded in old buildings and artifacts. She finds inspiration in the soul of these structures, translating their textures and narratives into her art. Her work has received numerous awards at national and international exhibitions. She earned an Honorable Mention at the Festival of Quilts in the UK, multiple awards at Quilt Canada, and top honors at the International Quilt Festival in Houston, including 1st Prize in Abstract (2017) and 3rd Prize in Abstract (2019). Beyond creating, Ana shares her passion through writing and teaching. She is a regular contributor to Quilting Arts Magazine and A Needle Pulling Thread and has made multiple appearances on Quilting Arts TV. In 2019 Ana was

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named Quilter of Distinction at Heritage Park Festival of Quilts. In 2022, she was invited to appear on The Quilt Show, further solidifying her influence in the quilting and fiber art world. For more information about Ana, visit anabuzzalino.com/.



Vickie Coleman is known in the quilting and textile community for her role as a quilt historian and appraiser. She is the founder of Bluegrass Quilt Appraisal, LLC, based in Lexington, Kentucky. Her expertise lies in assessing the history, condition, and value of quilts—combining her textile knowledge with a passion for preserving quilt heritage. As a child of the military, Vickie spent her childhood traveling, including time living in Germany.

She earned her bachelor's degree in Textiles & Clothing from the University of Tennessee and completed a Master of Science in Vocational Education at the University of Kentucky. Her upbringing, influenced by frequent moves and new environments, fostered adaptability and an appreciation for craftsmanship and heritage in textiles. As an educator and advocate for

quilting and textile history, Vickie has participated in presentations and podcasts to share her insights into quilting as art and artifact.



Tina Craig enrolled in a sampler quilt class for beginners in 1990 and was immediately hooked. Before that first wall hanging was completed, she had several other projects in the works! As an award-winning quilter with 35 years of experience, Tina enjoys sharing her enthusiasm for quilting with her students and lecture audiences. She encourages her students to try new techniques, as those new skills can open up a world of possibilities. When not in her sewing room, she and her husband enjoy bird watching and traveling to visit their children and grandsons. To learn more about Tina, visit here.seaside-stitches.com.



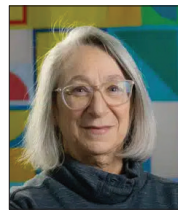
Lori Dickman is an author, educator, lecturer, pattern designer, and award-winning quilter. Playing with fabric and color has been her passion since she

was a young girl. She began her journey as a maker sewing her own clothing, then bridal ensembles, and finally she found quilting in the mid-1980! She fell in love with the art of quilting and hasn't stopped, even as she worked a full-time job. Lori has written books that focus on one of her specialties: Speedy Solutions to Cut & Organize Your Scrap Stash, a technique book, and Speedy Scrappy Patterns Book, featuring twelve scrappy patterns to create gorgeous scrappy quilts.

In Lori's books, her YouTube Channel, and in her national and international lectures and workshops, she teaches her Speedy Solutions© techniques to help quilters around the world as they begin their scrap stash quilting journey! Lori's love for quilting doesn't end with scraps – it's also evident in her art and pictorial quilts, as well as her contemporary and traditional quilts, some which have been featured in AQS Quilt Art Engagement Calendars and in McCall's Quilting magazine. Lori also enjoys teaching on quilt cruises where she can share her love of quilting with others. For more information about Lori, visit quiltingwithlori.com.



Jaymi Horne has been sewing professionally for over 20 years. She began quilting as a creative outlet and fell in love with Foundation Paper Piecing. Dubbed the "FPP Queen" by her Instagram followers, she offers simplified techniques to help beginning and advanced quilters alike. Jaymi is a Legit Kits ambassador, has been published in Make Modern Magazine, and featured in local art shows. Her quilts and patterns can be found at crankykangaroo.com.



Bernadette Kent discovered her love of quilting while waiting for her children at after-school activities—needle and thread quickly became her constant companions. That spark grew into a full-fledged adventure when she opened her quilt shop, Traditional Pastimes, in 1999, which flourished for 15 years and was recognized in 2002 as one of the Top 10 Shops in North America by Quilt Sampler Magazine.

Over the years, Bernadette has designed countless classes and block-of-the-month programs, and she is the author of Rubies, Diamonds and Garnets Too, published by Kansas City Star. In 2014, her journey took a new direction with WonderFil Specialty Threads, where she now travels the world threadeducating quilters and sharing her passion for color, texture, and creativity. Whether teaching in shops, lecturing at shows, or inspiring makers from every corner of the globe, Bernadette's mission is simple: to spark joy and confidence in every stitcher she meets.



Rebecca Lidstrom is the founder and creative force behind Studio R Quilts. As

a devoted quilter, designer, and teacher, Rebecca's quilting adventure started in 2004, sparking an enduring love for all things quilt-related. She specializes in transforming simple designs into eye-catching quilts that are a breeze to create. Her designs and patterns have earned spots in various quilting magazines, and she was featured as a Maywood Maker in 2023. Rebecca also imparts her expertise through lectures, trunk shows, and classes for quilt enthusiasts. Quilting from her studio in Madison, WI, Rebecca invites you to join her online at studiorquilts.com or on Facebook, Instagram, Pinterest, and YouTube @studiorquilts.



Nancy Mahoney, Author, teacher, and fabric designer Nancy Mahoney has enjoyed making quilts for over 35 years. In that time, she has written 15 books which share her love for combining traditional blocks with updated techniques to create dazzling quilts. Her work has been featured in many publications, including over 250 national and international quilt magazines. Nancy is a strong believer that making a quilt should be fun, and that's just what her classes are: fun. Nancy's goal for her students is to have a good time, learn something new, and make a quilt that they will enjoy for many years. See her work at nancymahoney.com.



Nina McVeigh - Learning to sew at her grandmother's knee, Nina does not remember a time when sewing was not a part of her life. Although she has a degree in education, she owned her own quilt shop and BERNINA dealership for 15 years. While owning her store, she developed and taught

her original patterns and designs in BERNINA Clubs and classes. She designed the Butterfly Quilt used in 2005 BERNINA advertising campaigns and she also designed quilts used in BERNINA worldwide educational materials. Nina has been published in several magazines including Through the Needle, McCall's Quilting, For The Love of Quilting, and Designs in Machine Embroidery. She is an avid quilter and was involved in the development and testing of BERNINA's Q Series machine. She also has a love for heirloom sewing and all kinds of embellishment.



Lori Miller is a quilter, pattern designer, educator, and EQ8 superfan from Oxford, MI. She enjoys designing quilts with her favorite tool, the Electric Quilt 8 quilt-design software. Lori loves to teach EQ8 and is the author of EQ8 Lessons with Lori on the doyoueq.com blog. As an AccuQuilt GO! Getter, she shares tutorials and patterns on the AccuQuilt blog. Lori is the creator of the add-on EQ8 Block Libraries that work with AccuQuilt dies. Lori's original designs have been featured in American Quilter, American Patchwork and Quilting, Fons and Porter Love of Quilting, and many other quilt publications. For more information visit lorimillerdesigns.com.



Jennifer Moore, Designer of Aster & Anne & Embellishment Specialist. As the designer behind the Aster & Anne pre-cut felt kit range, Jennifer has combined her love of fashion, sewing, and embellishing to create a collection that inspires creativity. From a young age, Jennifer has been passionate about textiles, exploring

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fabrics, buttons, ribbons, laces, and trims—anything that adds a unique touch to handmade pieces. Working extensively in the textile industry has allowed her to refine her skills and develop a deeper appreciation for craftsmanship. Designing Aster & Anne felt kits was a natural evolution of Jennifer's passion, providing makers with a versatile foundation to explore embellishment in their own way. Teaching and sharing her love for embellishing is incredibly rewarding. Jennifer believes that adding personal details—whether through stitching, appliqué, or layering fabrics—turns a simple project into something extraordinary. There's nothing more satisfying than creating with your hands, and Jennifer loves helping others discover the joy of embellishment!



Bethanne Nemesh is a classically trained artist and self-taught quilter. She runs a successful longarm quilting business where she focuses on meeting her clients' budgets while providing them with unique customized quilting. In addition, Bethanne creates a number of art quilts for show

each year, quilted with elaborately detailed natural scenery in a style she calls "pictographic quilting." These quilts feature high-end detail work, including her signature hand-beaded piping. Bethanne's quilts have won many major national awards at every major quilt show, including Best of Show and Best Longarm Machine Quilting. She was honored by being named Master Quilter by the National Quilting Association in 2015. Additionally, Bethanne has published numerous books teaching a variety of free-motion quilting techniques. To see all of Bethanne's quilts, books, awards, and publications, please visit her website at whitearborquilting.com.



Sue Nickels has been quilting for over 40 years, starting by hand and gradually focusing on machine work. Sue has been teaching machine techniques for the past 30 years. Sue has taught and lectured nationally and internationally for shops, guilds and major conferences. Sue's awards include 1998 AQS Best of Show for "The Beatles Quilt" made by Sue and her sister, Pat Holly. Sue and Pat's quilt "Two of Us" won the 2014

AQS Home Machine Workmanship Award. Sue's most recent book is "Fabulous Feathers and Fillers". Sue has also been a judge for many quilt shows. Sue's latest projects include ruler work and she has developed her own rulers for machine quilting! Sue's priority in the workshops she teaches is to provide a relaxed environment for students to learn machine techniques that are timesaving. Sue emphasizes the best quality workmanship, never compromising quality for speed! To learn more about Sue, visit her website here sue-nickels.com



Jackie O'Brien is a 20 year quilt veteran, who is passionate about quilting and teaching others to quilt. She has been a Studio 180 Design Certified Instructor for over 10 years. As a Certified Instructor Jackie is qualified to teach all Deb Tucker tools. Her quilt "Waves of Joy" is included in Deb Tucker's book "Royal Treasures" based on the Hunter Star quilt. She discovered One Block Wonders (OBWs) in 2006 and has made well over 100 so far. Two of her One Block Wonders are featured in Maxine Rosenthal's book "One Block Wonders Around the World". Jackie can

teach you how to cut and align repeats; how to choose a strip size; how to design around a panel; adding stars/cubes of different sizes. To learn more about Jackie, visit here ifthesethreads.couldtalk.com.



Carolina Oneto is an Industrial Engineer with a Master's degree in Business Engineering. She worked in the industry and was a university professor for more than 10 years. In 2010 she left Santiago to live in Buenos Aires, Argentina, where she discovered patchwork. She studied patchwork and quilting with Cecilia Koppman and Teresita Leal, and since then, she travels every year to specialize in the USA with experienced quilters from that country. In 2016, she studied "Interaction of Color" at the art school of the Catholic University of Chile. This has marked the development of her work, where color and its interaction are a relevant part of each of her quilts. She has taught many quilters and quilt guilds all around the world. Carolina currently lives in São Paulo, Brazil, where she continues creating and developing her art and teaching that WE ARE ALL CREATIVE. For more information visit carolinaoneto.com.



Heidi Proffetty is a nationally recognized mosaic art quilter, professional educator and award-winning quilt artist with more than 30 years of quilting and sewing experience. Known for her signature style of creating quilts from hundreds of tiny fabric pieces, she teaches both digital and traditional mosaic quilt-making techniques through workshops, publications, and online platforms. See more at heidiproffetty.com.

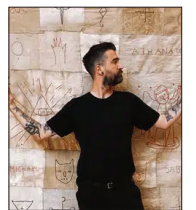


Julia Quiltoff's passion for creating with fabrics has spanned over a decade but upgrading to a longarm in 2014 transformed her quilting life into a magical journey. Julia loves working with different textures and colors while having the freedom to design and discover different styles and techniques in longarm quilting. She considers herself as an always-learning, curious, and inquiring quilter who is hungry for new ideas, designs, and visions. Her classes are just as magical and attract students of

all levels around the country. Students love learning techniques for longarm quilting alongside Julia's fun, friendly, and inquisitive demeanor. For more information visit www.juliaquiltoff.com.



Allison Rainboth was born in Southern California and lived there until 1992, when she moved with her husband to Wisconsin. She learned to sew from the friendly ladies at the local Singer store when she was 10. After spending a week with them while her brother and mom went to day camp, Allison had sewn a gym bag, a doll blanket, and a pair of drawstring pants. She was hooked. Allison is now the owner of Sisters Choice Quilting Service in Berlin, WI. An AQS Certified Appraiser, Allison is well-versed in quilt and textile history. Her lectures are fun, eye-opening, and chock full of information. See more at allisonrainboth.com.



Aitor Saraiba is a textile artist from Spain. In his work he has been exploring for more than 20 years



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the traditions and different textile forms not only from his home country Spain, countries like Mexico or Japan have had a great influence in his work. This made him be recognized in Spain with the Artisan of the Year Award in 2022. Sewing has been linked to his life since he was a child, through his family and his place of origin where embroidery and darning have had a great tradition. He has given workshops in the UK, France, Mexico, Japan, Spain, Portugal and now for the first time in the US. For more information about Aitor, visit aitorsaraiba.com.



Cindy Seitz-Krug has been quilting for more than 30 years. She is best known for her international award-winning heirloom machine quilting accomplished on a domestic sewing machine. She is an iQuilt instructor and has several online domestic machine quilting classes. She has also authored two books and several magazine articles on machine quilting. Cindy has taught domestic machine quilting classes all over the country as well as in China! She feels great pride when her students tell her that after taking her classes, they have the confidence and ability

to now quilt their own quilts! To learn more about Cindy, visit here quintessentialquilting.com.



Cheryl "Muppin" Sleboda is an award-winning, international quilter, fiber artist, and educator. She has appeared over 60 times on national television programs such as Quilting Arts TV and It's Sew Easy. Cheryl is a fabric manipulation expert and she loves to teach her students both the history of the techniques as well as fun and modern ways they can be used in their work. Cheryl has recently relocated to Paducah, KY, to grow her online business and open a retail boutique. You can find out more at www.muppin.com.



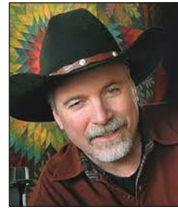
Cynthia Stuart became certified as an appraiser of quilted textiles through the American Quilter's Society certification program in 2016. She teaches classes on Dating Quilts and Quilt Repairs, is a quilter of contemporary textiles and is a quilt show judge currently enrolled as a candidate in the

National Association of Certified Quilt Judges program. In 2014 she started a small business buying and selling quilts. She is the coordinator for the Tennessee Quilt Study group, and has lectured on quilt history at the local and national level. In her previous lives she was in charge of training and recruiting at a Fortune 500 company, was a CPA and was an elementary school librarian. Cindy lives with her husband Michael and little dog Oliver in Maryville, Tennessee in the foothills of the Smoky Mountains.



David Taylor's love of fabric began when he was a child digging through his mother's sewing trash bin, creating costumes, clothing, and "crafty things" on her 1967 Sears Kenmore sewing machine. David wondered in those early days why anyone would want to cut up beautiful fabric. Since then, artistic expression in David's life has taken many forms, including a career as a graphic artist. With every quilt, his evolution from graphic artist to world-renowned quilter shows heart, passion, story, and the incredible ability to cut up beautiful fabrics and turn them into works of art. David's many awards include the Fairfield

Master Award for Contemporary Artistry at the International Quilt Festival (2006, 2014); the Brother Wall Machine Workmanship Award at AQS QuiltWeek in Paducah (2007); two Best of Show awards at the IQA Spring Festival in Chicago (2007, 2008); and the Best MidArm/LongArm Quilting Award at Quilt Colorado (2014). David's art quilts hang in numerous private collections worldwide. David is an ambassador for HandiQuilter's new Capri stationary quilting machine. See his quilts at DavidTaylorQuilts.com.



Ricky Tims has successfully blended two diverse passions, music and quilting, into one very unique and interesting career. His skills as a pianist, composer, and producer are well-known by the thousands who have heard his music. Ricky's quilts have won numerous international awards. He began designing and making quilts in 1991 and went on to be named one of the "Thirty Most Distinguished Quilters in the World." As the author of ten books, Ricky maintains an extensive international schedule of teaching and speaking engagements. He's also the co-founder and co-host of The Quilt Show with Alex Anderson and Ricky Tims, an online, subscription-based TV show for quilters. Ricky presents "Quilt Luminarium," workshops full of insightful quilting information, in select cities throughout the United States, and holds La Veta Quilt Retreats at his art quilt studio in the

tiny mountain town of La Veta, CO. Ricky is delighted to share his experience and enthusiasm with quilters of every level of expertise. He is challenged by creativity in all forms and encourages individuals to cultivate self-expression, reach for the unreachable, and believe in the impossible. Find him at rickytims.com.



Christa Watson is an enthusiastic, award-winning quilter from Las Vegas, NV, who enjoys teaching others to find joy in making "perfectly imperfect" quilts from start to finish. She's a fabric designer, quilting industry ambassador, and cheerleader for the DIY quilting movement. She's written several quilt books and has published numerous original quilt patterns. You can find her on social media at @christaquilts and on her website christaquilts.com.



Debbie Wendt has combined her passions for sewing, quilting, and teaching into Wendt Quilting, a business that is truly on the go. Debbie has a degree in Home Economics Education and eight years of teaching experience in the field. This allows her to influence her classes by breaking down and explaining the many aspects of quilting. Debbie began quilting over 30 years ago and started teaching quilting internationally in 1993 while living in Cairo, Egypt. Debbie now teaches at guilds, shops, and national shows. A unique teaching opportunity even took her to villages in Cambodia!

Her article, Teaching the World to Quilt, was published in American Quilter. Debbie develops tools, has self-published two longarm project books, and designed many unique quilt patterns. She was a guest on Quilt It! The Longarm Quilting Show, demonstrating building and binding a quilt on a longarm. She brings tradition into modern designs and fun and confidence to each student. Learn more at wendtquilting.com.



Lynn Wheatley's passion is quilting! Quilting for over 38 years, she especially enjoys the satisfaction of teaching and sharing her experiences with quilt design, piecing techniques, and utilization of tools for quilt construction and the creative process. As a retired engineer with 30+ years' experience in process and design, Lynn applies many of these same techniques in quilt making. Lynn loves working through every step of the process to help students learn new skills and techniques, from beginner to accomplished quilter. Lynn brings her personal touch of patience, organization, and encouraging style to the classroom. Lynn has published her own quilt designs and is honored to be a Pattern Designer with Island Batik. She is a Certified Instructor for Studio 180 Design in precision traditional piecing, Laura Heine Fiberworks in collage art quilting, and Sew Kind of Wonderful in curved piecing. Lynn has a real love for family and balancing life with her love and passion for quilting. For more on Lynn visit lynnwheatley.com.

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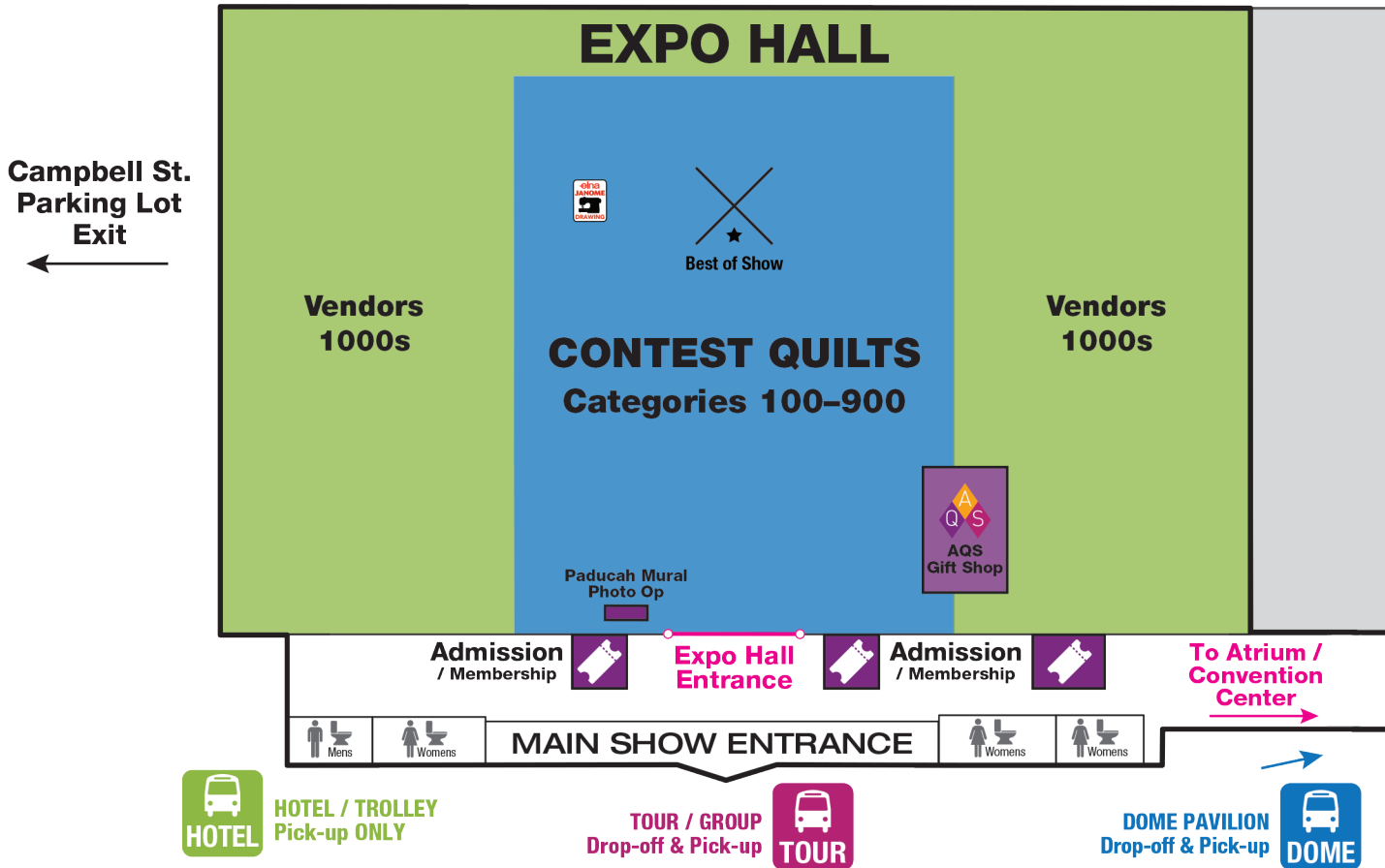
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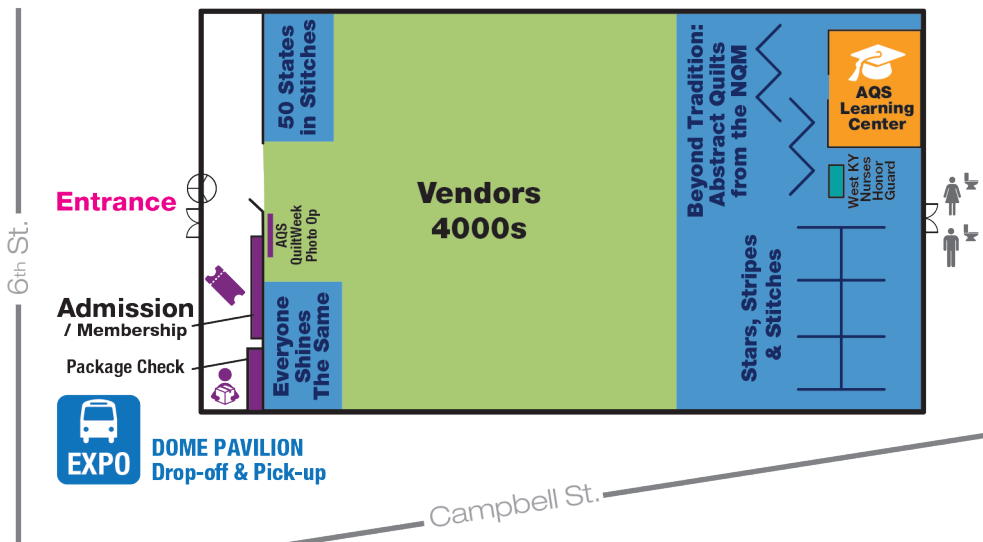
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Convention Center



SENIOR LIVING / HEALTH

How seniors can build their social networks in retirement

Social isolation and loneliness can have a notably adverse effect on a person's overall health. According to the World Health Organization, roughly 12 percent of older individuals experience loneliness, which can have a negative impact on their physical and mental health, quality of life, and even their life expectancy.

Seniors have much to gain when they take successful steps to avoid social isolation. Seniors who are concerned about the prospect of social isolation or loneliness or those already experiencing such feelings can try these strategies to build their social networks in retirement.

• **Reconnect with old friends.** It's easy for adults to lose touch with old friends. By the time many adults reach middle age, professional and personal obligations can leave little time for a thriving social life. Successful professionals may be preoccupied with



work projects, and while parents may be juggling their own hectic schedules with their children's obligations. Come retirement, much of those responsibilities have ended, making this a perfect time to reconnect with old friends who also might have extra free time on their hands. Reach out through social media, text message or even a

phone call, and let the situation unfold organically from there.

• **Take advantage of community offerings.** Many communities sponsor events for seniors, like bus trips to local museums or stadiums, in an effort to encourage seniors to get out of the house. Retirees can take advantage of

these opportunities, which tend to attract like-minded individuals with the same interests. A bus trip to a theater production will attract fellow arts lovers, and shared interests are a solid foundation for friendship.

• **Start a local club or group.** Starting a local club based on a particular activity

is another great way for seniors to build a social network in retirement. Take to social media and express your interest in starting a local book club or walking group. Like community-sponsored bus trips, clubs and groups tend to attract like-minded individuals, providing a built-in pathway to friendship.

• **Reconnect with your faith.** Houses of worship also offer a great way to meet locals and build relationships based on a shared identity. Faith-based communities provide a sense of belonging that can help retirees overcome social isolation and loneliness.

• **Open yourself to new experiences.** Trying something new is another great way to make new friends. Many local agencies like parks departments or community recreation offices offer seniors in-person workshops covering a wide range of activities. These offerings are a great way to discover a new pastime and meet new people along the way.

Social isolation and loneliness poses a significant threat to millions of seniors. But there are many ways for seniors to build their social networks in retirement.

Seniors have much to gain when they take successful steps to avoid social isolation.

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Tips to catch up on retirement savings

Financial firms and other organizations routinely conduct surveys in the hopes of gaining insight into adults' habits regarding retirement savings. Such surveys rarely paint a rosy picture and typically indicate many working adults are concerned that they aren't saving nearly enough to retire comfortably, if at all.

A recent survey from AARP is among the latest examples to indicate the fear some have regarding a potential savings shortfall during retirement. That survey, released in April 2024, found that 20 percent of adults age 50 and over have

no retirement savings, while roughly three in five fear they will not have enough money to keep them afloat once they call it a career.

Saving for retirement is vital to long-term financial health and can ensure retired adults have enough money to meet both their needs and wants. Insufficient retirement savings can compromise retirees' ability to pay medical expenses and make it hard for them to realize dreams often associated with retirement, such as travel and additional leisure activities. The good news about saving for retirement is there are many ways for those who



have fallen behind to catch up.

• **Find ways to cut back on spending.** One of the more direct yet still challenging ways to begin catching up on retirement savings is to cut back on spending in other areas so funds can be redirected to

retirement accounts and additional investments. Start by documenting daily, weekly and monthly expenses in a spending journal. After enough data on spending has been documented, examine your spending habits to identify areas where cutbacks can

be made so funds can be redirected to retirement contributions. Dining out, entertainment, streaming subscriptions, and travel expenditures may stand out as superfluous luxuries that can be trimmed in the hopes of saving more for retirement.

- **Take advantage of alternative income streams.** Another direct way to begin saving more for retirement is to begin earning more. That's easier said than done, but it's not necessarily impossible to find a side hustle to generate sufficient funds for retirement. Earnings from a second job like a freelancing gig can be set aside exclusively for retirement contributions.
- **Contribute the maximum to retirement investment vehicles.** Retirement investment vehicles

see **SAVINGS**, Page C10

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CLINICS

SAVINGS,
from page C9

like an individual retirement account (IRA) have annual contribution limits, and those trying to catch up on retirement savings are urged

to contribute the maximum allowable amount under the law. Certified financial planners can help adults navigate these waters, as some people may be eligible to contribute an extra \$1,000 per year. Adults also can increase their contributions to employer-sponsored

retirement plans like a 401(k). One of the notable benefits to increasing 401(k) contributions is the funds are withdrawn prior to taxes, meaning a 2 to 3 percent contribution increase won't have a dramatic effect on workers' take-home pay.

• **Downsize and redirect funds into retirement investment vehicles.** Downsizing a home can be a great way for empty nesters to save money, but there are additional ways to downsize. Adults paying for more streaming

subscriptions than they can name can trim the fat by canceling little-used services and redirecting monthly fees into retirement investment vehicles. Adults can downsize their social lives, resolving to dine in more often and even host less frequently

or shift toward styles of hosting like potluck affairs that encourage hosts and guests to share the costs of throwing a get-together. These are just some of the unique ways working adults can catch up with their retirement savings.

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Skin cancer prevention for seniors

Wisdom and age frequently go hand in hand. But when it comes to knowledge of the latest medical advancements, some older adults may not be up-to-date.

Medical recommendations evolve over time. After all, it wasn't too long ago people were told to avoid foods containing high amounts of dietary cholesterol because it would raise their own blood cholesterol levels. Now MedlinePlus says the general consensus is that eating dietary cholesterol has a minimal impact on blood cholesterol for most people.

And people in their 70s may have raised children thinking it was fine to lay the child in the crib on the baby's stomach. Now the advice is "back is best."

Medical professionals now know that exposure to ultraviolet rays of the sun and tanning beds can contribute to the development of skin cancer. But just a few generations ago people were slathering on baby oil and using suntan reflectors to accelerate tanning. The risk of skin cancer is raised for those who have had cumulative exposure to the sun. So it is

essential that seniors practice sun safety every day so they are not adding to the damage that already may have occurred. It's also foolish to think, "I've made it this long without skin cancer, and it takes decades to develop, so I'm never going to get it."

No one knows how long they will live and it's important to take care of oneself to live as strong, healthy and long as possible. To that end, seniors can employ these sun safety tips, courtesy of the Skin Cancer Foundation.

• **Learn the facts.** Suffering just five

sunburns over your lifetime more than doubles your chances of developing melanoma, and each successive tan or sunburn raises the risk even further. Suntans damage the skin's DNA and age it before its time. Also, skin undergoes changes that reduce defenses against disease and healing. One bad burn as a senior may be the final straw.

• **Use sunscreen.** Sunscreen may not have been widely used when today's seniors were young. Just because that was the norm then doesn't mean things can't

change now. It's never too late to reduce your skin cancer risk by lathering on sunscreen daily — even when the sun doesn't seem particularly strong. Seniors should look for a broad-spectrum sunscreen with SPF 30 for daily use.

• **Wear protective clothing.** Choose tightly woven, long-sleeved shirts, long pants, and wide-brimmed hats to protect you. You can purchase clothing that has sun protection built right in.

• **Avoid being outside during**

certain times of day. Stay out of the sun when it is at its peak. Radiation is typically the strongest between 10 a.m. and 4 p.m. That's when the risk for skin damage is highest, says the American Cancer Society.

• **Seek shade.** When spending time outdoors, seek shady spots, whether you're under an umbrella or in tree-lined areas.

Sun safety for seniors is generally the same for people of all ages. But it becomes a more urgent necessity due to cumulative sun exposure that comes with age.

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SAFETY,
from page C1

than some may recognize. Seniors can approach gardening just like they would other forms of exercise, taking the same precautions, such as stretching before and after each session and making a concerted effort to remain hydrated, while out in the garden.

• Incorporate rest into your garden routine. Rest is vital

for anyone engaged in physical activity, including gardeners. Frequent breaks during gardening sessions can help avoid strains and sprains and provide opportunities to hydrate and get out of the sun. If possible, seniors can identify a shaded spot on their properties and place a bench there so they have somewhere to rest during gardening sessions.

• Utilize ergonomic gardening tools and other specialized products. The Center

for Excellence in Disabilities at West Virginia University notes that ergonomics studies movements of a person's body during physical activities in an effort to produce tools that ensure a task has as little physical impact on the body as possible. Ergonomic tools are designed to lower injury risk, improve efficiency and increase satisfaction that stems from performing a particular activity. Before each gardening season, seniors can inspect their existing

tools and replace them with ergonomic alternatives, if necessary. In addition, seniors can utilize specialized products, including long-handled gardening tools that reduce the need to bend over or kneel down, to further reduce their risk of injury while working in the garden.

These simple strategies can ensure seniors' springtime gardening sessions are as safe as they are rewarding.



100 Years Ago This Month: Historical events from April 1926



The month of April has been home to many historical events over the years. Here's a look at some that helped to shape the world in April 1926.

• The United States House of Representatives votes to impeach District Court Judge George W. English on April 1. Judge English, who was accused of abuse of powers and violation of bankruptcy laws, ultimately resigns on November 4.

• Residents of Watts, California, vote to become part of the city of Los Angeles on April 2. Residents vote 1,338 to 535 in favor of consolidation.

• Warplanes of Manchurian warlord Zhang Zuolin begin bombing portions of Beijing on April 3. The areas targeted by the bombings are areas of the city under the control

of the Guominjun paramilitary group.

• The national basketball team of Italy plays its first game on April 4. The team earns a 23-17 victory over the French national team.

• The first recorded death of a person caused by a cassowary is noted in Mossman, Queensland, Australia on April 6. Phillip McClean, the 16-year-old victim, was attacked by the large, flightless bird while he and his brother were trying to kill it.

• Italian Premier Benito Mussolini is shot by Violet Gibson in Rome on April 7. Mussolini is unharmed, and Gibson is ultimately released without charges. However, Gibson is sent to a psychiatric hospital in England, where she remains until her death in 1956.

• The German subsidiary of the Ford Motor Company

assembles its first vehicle, a Model T, on April 8.

• Twenty-seven sailors are killed when the United States oil tanker the Gulf of Venezuela explodes as the ship sits in harbor at Port Arthur, Texas, on April 11.

• Walter Johnson of the Washington Senators defeats Eddie Rommel of the Philadelphia Athletics on Opening Day on April 13. The game lasts 15 innings and ends with a score of 1-0.

• Australian politician Frederick McDonald disappears while on his

way to a meeting with Jack Lang, the Premier of New South Wales, on April 15. McDonald, who had recently lost a re-election bid to the Australian House of Representatives, challenged the result of that election and asked that his opponent, Thomas Ley, be removed from office. McDonald's disappearance is never solved, and Ley is later convicted of the murder of John Mudie in 1947.

• Canadian distance runner Johnny Miles wins the Boston Marathon on April 19. The marathon marked the first time Miles had

competed in a race of more than 10 miles.

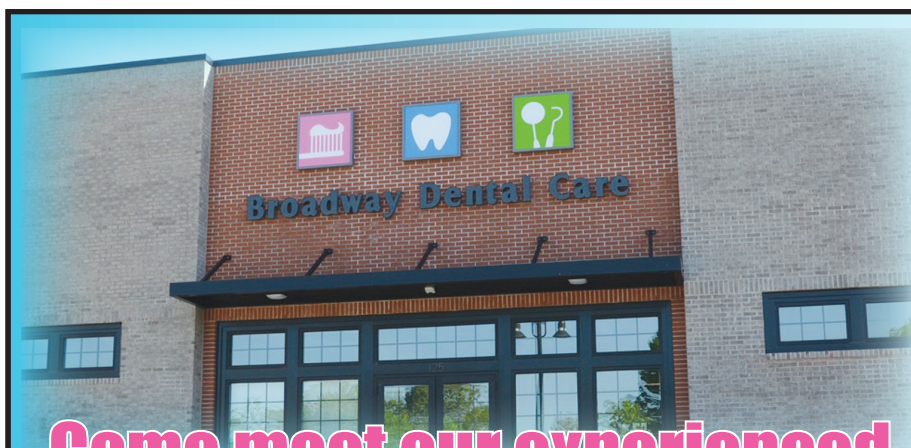
• Elizabeth II is born to the Duchess of York and the Duke of York on April 21 in London. Elizabeth grows up to serve as Queen of the United Kingdom and Northern Ireland, a reign that begins in 1952 and lasts until her death in 2022.

• Germany and the Soviet Union sign the Treaty of Berlin on April 24. Each country pledges neutrality in the event of attack on the other by a third party within the ensuing half decade.

• The Pahlavi dynasty begins in Iran on April 25 when Reza Khan is formally crowned the Shah of Iran.

• Illinois prosecutor William H. McSwiggin is killed during a shootout involving Al Capone and Jack McGurn on April 27. Capone and McGurn did not know McSwiggin was in the car of a rival gang at the time of the shootout.

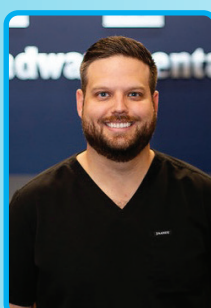
• African American pilot Bessie Coleman plunges 600 feet to her death while preparing for an air show in Jacksonville, Florida, on April 30. Prior to flying, Coleman had been urged not to pilot the aircraft, which friends and family did not deem safe. Coleman insisted on flying, and an examination of the wreckage of the aircraft after the crash found that a wrench used to service the engine had jammed the controls.



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LAWN CARE

A rundown on scarifying a lawn

To those unfamiliar with lawn maintenance, the term “scarify” might sound like something horror movie directors hope to do to audiences who watch their films. But scarifying has nothing to do with frightening filmgoers, and everything to do with promoting a lush, green and healthy lawn.

What does it mean to scarify a lawn?

Scarifying a lawn involves the utilization of a scarifier to remove dead organic matter that can build up on a lawn over time. When such thatch develops and settles in on a lawn, it can hinder growth by blocking water and nutrients from reaching the soil. Scarifying with a scarifier, or a rake in a smaller lawn or one where thatch buildup is not significant, can help to ensure a lawn can benefit from water and nutrients, such as those which are often found in fertilizers.

Is a scarifier necessary?

Lawn and garden tools make yard work easier, and a scarifier is no exception. Scarifiers range in price, but many effective machines are relatively inexpensive when compared to more costly machines like lawn mowers and aerators. While a scarifier certainly can make dethatching easier, some homeowners might be able to get by with a spring-tined rake.



However, it's less labor-intensive to forgo a rake and use a scarifier on larger properties.

Are there additional reasons to scarify?

Thatch buildup also can promote the growth of moss, so scarifying can decrease the chances that healthy grass is pushed to the side by sponge-like moss that can quickly overtake a property.

Is there anything I should know about scarifying?

A lawn that has never before been scarified is likely to produce a substantial amount of thatch, which can be made up of old grass clippings, leaves and moss. Though many scarifiers come with attachable buckets that collect the thatch, such baskets tend to be rather small and fill up quickly, forcing frequent stopping that can add a considerable amount of time to

the job. If possible, homeowners with lawns that have significant thatch buildup might want to scarify without the bucket attached. Doing so will leave lots of piles of dead organic matter strewn about the yard, but the job is likely to go more quickly if those heaps are gathered up with a rake after scarifying and then discarded. Constant stopping to empty a small bucket filled with thatch will compromise efficiency and that can be frustrating.

Homeowners also should not expect their lawns to stun after a scarifying session. The lawn will likely look worse, but that's only temporary. Once the dethatched lawn gets some water and fertilizer, the soil beneath will be more ready to receive them, and the lawn will soon look much better.

Are all scarifiers the same?

Homeowners

for outdoor use. Homeowners with particularly large properties may want to purchase a gas-powered scarifier, but such products are harder to come by than their electric counterparts, and could be considerably more expensive as well.

When should I scarify?

Various lawn professionals recommend scarifying a lawn at least once per year, and springtime is a popular season to do so. Scarify prior to an initial fertilizer application so that does not block the lawn from getting the nutrients in the fertilizer. A second scarifying session may be necessary in fall.

Scarifying can be an important step in creating a stunning and healthy lawn.

are urged to do their homework and read product reviews before choosing a scarifier. The majority of scarifiers now on the market are electric, so homeowners will

need the ability to plug into a power source when using such products. They also will need to negotiate around the cord, which should be a lengthy extension designed

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It's less labor-intensive to forgo a rake and use a scarifier on larger properties.

TOURISM / RECREATION



Calvert City Golf & Country Club earns national recognition for value, course conditions and hospitality

Calvert City Golf & Country Club received national recognition after being ranked among the Top 25 Value Golf Courses in the United States in the Golfers' Choice 2026 rankings by GolfPass and Golf Advisor.

The course was ranked No. 2 in the nation for value, with typical green fees ranging from \$45 to \$55. The rankings are based on reviews submitted by golfers across the country who evaluated courses on value, conditions, customer service, and overall experience. To be eligible for the Golfers' Choice rankings, each

course must receive at least 10 reviews during the year.

The recognition comes at a time when rising green fees are a growing concern for many golfers, especially older players and those on fixed incomes. While some courses across the country are becoming increasingly expensive, GolfPass reviewers highlighted several courses that continue to deliver a high-quality experience at a reasonable price.

The Calvert City course stood out to golfers who said the experience offers far more than the price suggests.

One reviewer on

GolfPass wrote, "Well-maintained, interesting layout. This course, as part of the country club, has very nice facilities. The people there are great, and all the equipment works well. The course has several wide open holes, drive it straight and GIR. Others are very interesting doglegs and long. I enjoyed the round and will play here again."

In addition to its No. 2 value ranking, the course has also received national attention in other categories. Golf Advisor ranked the course No. 9 in the United States for course conditions and No. 16 among the friendliest golf courses in America.

Calvert City Golf & Country Club has been a staple of the region's golf community for more than five decades. The Harold-England-designed course opened in the spring of 1970 and remains one of Western Kentucky's premier golf destinations.

The 18-hole, par 72 course stretches 6,679 yards from the back tees and 3,574 yards from the front tees. The layout features MiniVerde Ultra Dwarf Bermuda grass greens and lush El Toro Zoysia fairways, providing a consistent and well-maintained playing surface.

Golfers encounter five teeing areas,

strategically placed sand bunkers, and lakes that come into play on several holes. A natural creek winds through seven holes, adding both challenge and scenic beauty while offering views of wetlands wildlife that call the course home.

Club President Tammie Smith said the national recognition is a proud moment for both the club and the community.

"This recognition means a lot to everyone who works hard to keep our course in great shape," Smith said. "For a small town like Calvert City to be known across the country for having a nationally

recognized golf course is something we are incredibly proud of. It speaks to the dedication of our staff, our members, and the community that supports this course."

With its combination of affordability, excellent conditions, and welcoming atmosphere, Calvert City Golf & Country Club continues to attract golfers from across the region and beyond who are looking for a round that truly delivers more than expected.

For more information about Calvert City Golf & Country Club, visit <https://www.calvertcitycountryclub.com/>

"This recognition means a lot to everyone who works hard to keep our course in great shape,"

— TAMMIE SMITH, CLUB PRESIDENT

BALLARD COUNTY

Ballard County Country Club

2145 LaCenter Rd.
LaCenter, KY
Small-town, semi-private course
9-hole layout (casual, walkable)
Known for friendly local atmosphere and affordable play

Silo's Country Club

11435 KY-286
Kevil, KY
Public course
Rural setting with open fairways and some water hazards
Relaxed pace, popular with local players around Paducah

CALDWELL COUNTY

Princeton Golf Club

1001 Jefferson St.
Princeton, KY
Public/semi-private
18 holes
Mix of tree-lined and open holes; solid all-around challenge

CALLOWAY COUNTY

(Murray area)

Miller Memorial Golf Course

2814 Pottertown Rd.
Murray, KY
Public course owned by Murray State University
18 holes
Well-maintained, collegiate-level design, affordable

Murray Country Club

2200 College Farm Rd.
Murray, KY
Private
Traditional layout with tree-lined fairways
Strong local membership and events

The Oaks Country Club

363 Oaks Country Club Rd.
Murray, KY
Private, more upscale feel
Scenic with water features
Known for smoother greens and quieter setting

CHRISTIAN COUNTY

(Hopkinsville / Ft. Campbell)

Cole Park Golf Course

1610 101st Airbone Div. Rd.
Ft Campbell, KY
Military course
(access may be restricted)
18 holes
Wide fairways, good conditions

Hopkinsville Golf & Country Club

303 Country Club Rd.
Hopkinsville, KY
Private
Classic country club layout
Known for tournaments and strong greens

Western Hills Municipal Golf Course

2160 Russellville Rd.
Hopkinsville, KY
Public
Affordable and beginner-friendly
Rolling terrain, good for casual rounds



CRITTENDEN COUNTY

Marion Country Club

651 S Blackburn S.
Marion, KY
Small, local course
Quiet and budget-friendly
Basic layout, great for relaxed play

Known for layout variety and solid conditions

Deer Lakes Golf Course

140 Deer Lake Ln.
Salem, KY
Public
Scenic, wooded layout
Quiet and less crowded

Rolling Hills Country Club

701 Lakeview Dr.
Paducah, KY
Private
Known for social atmosphere and events

TRIGG COUNTY

Arrowhead Golf Course

183 Arrowhead Club Dr.
Cadiz, KY
Public
Challenging layout with elevation changes

FULTON COUNTY

Fulton Country Club

9307 E State Line,
South Fulton, TN
Semi-private
Serves KY/TN border area
Straightforward layout with some water hazards

LYON COUNTY

Mineral Mound State Park Golf Course

48 Finch Ln.
Eddyville, KY
Public (state park)
18 holes
Links-style feel with views of Lake Barkley
One of the most scenic courses in Western KY

GRAVES COUNTY

Mayfield Country Club

1301 W Broadway,
Mayfield, KY
Private
One of the more established clubs in the region
Tree-lined fairways, traditional design

MARSHALL COUNTY

Benton Golf & Country Club

123 Country Club Ln.
Calvert City, KY
Semi-private
Friendly, community-centered course

Hickman County Oak Hill Golf Course

1125 US-51
Clinton, KY
Public
9-hole course
Simple, relaxed rural setting

Calvert City Golf & Country Club

Semi-private
Known for affordability and open layout

HOPKINS COUNTY

(Madisonville area)

Lakeshore Country Club

1000 Shamrock Dr.
Madisonville, KY
Private
Scenic with water views
Well-maintained greens
Madisonville Country Club
Private
Traditional country club feel

Kentucky Dam Village State Park Golf Course

185 Village Green Circle
Gilbertsville, KY
Public (state park)
18 holes
Championship-level design with lake views
One of the top courses in the region

MCCRACKEN COUNTY

Country Club of Paducah

Private
Premier club in the area
High-end conditions and amenities

Madisonville City Golf Course

Park Rd.
Madisonville, KY
Public
Affordable municipal option
Good for beginners and regular play

Paxton Park Golf Course

841 Berger Rd.
Paducah, KY
Public
Historic municipal course (opened 1905)
Affordable and centrally located

LIVINGSTON COUNTY

Drake Creek Golf Club

Torrey Pines
Ledbetter, KY
Public
18 holes
One of the better-regarded public courses near Paducah

Boots Randolph Golf Course

2711 Blue Spring Rd.
Cadiz, KY
Public
Located near Land Between the Lakes
Scenic, wooded course

UNION COUNTY

Breckinridge Golf Course

2711 Blue Spring Rd.
Cadiz, KY
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9-hole course
Quiet, budget-friendly option



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