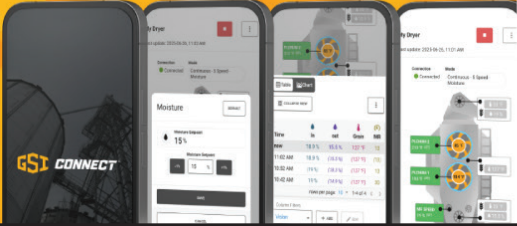


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Defense in Charlie Kirk’s killing say shooter should not get death penalty, hit ‘intended target’

By MATTHEW BROWN
Associated Press

The man charged with killing Charlie Kirk shouldn’t get the death penalty because the shooter “hit the intended target” and no one else was endangered when the conservative activist was shot from a rooftop as he addressed a crowd of thousands at an event in Utah last year, his lawyers said.

Defendant Tyler Robinson’s attorneys say the bullet traveled above the crowd and prosecutors have not proven that he knew others who attended Kirk’s event at Utah Valley University on Sept. 10 were in danger — a potentially aggravating factor under state law that would make it a capital crime.

“The only evidence presented supports that the bullet traveled above, not through, the crowd,” defense attorneys wrote in documents filed late Tuesday as the defense tries to block the case from proceeding to trial.

The defense lawyers also disputed claims that Robinson targeted Kirk over his political views. Prosecutors allege Robinson told his roommate that he killed the activist because he “had enough of his hatred.” But the defense said that was not enough to prove what motivated Robinson, after searches of his apartment, computers and telephone failed to produce anything beyond that one statement.

Prosecutors last month presented what they call “overwhelming” evidence against Robinson, including DNA tests that tie him to the suspected



murder weapon and apparent confessions by the defendant.

His defense attorneys during that hearing questioned the reliability of the prosecution’s evidence, but they didn’t offer any alternative theories for Kirk’s assassination. The defense made no mention of DNA in Tuesday’s filing.

Robinson has not yet entered a plea in the case. He turned himself in a day after Kirk was killed.

His defense attorneys previously tried to get the death penalty taken off the table after prosecutors were found to be in contempt of court for talking about the case to the media. State District Judge Tony Graf rejected that request.

Prosecutors have until Aug. 18 to respond to the defense arguments. The Associated Press left telephone and email messages with the Utah County Attorney’s Office seeking comment.

In documents filed last month, prosecutors said the fact that Robinson loaded his rifle with four bullets showed that he knew he could miss Kirk, “thereby putting others in danger.”

But defense attorneys said “it is just as likely that the shooter did not believe he would miss.”

Robinson faces possible sentence enhancements if prosecutors can prove he targeted Kirk because of his political views. They contend that Kirk’s strong opposition to same-sex marriage and gender transitioning stood in contrast to Robinson, who was in a romantic relationship with a roommate, Lance Twiggs. Twiggs told investigators that he had been considering transitioning around the time that Kirk was killed, according to prosecutors.

Twiggs also told investigators that Robinson sometimes talked about politics, including President Donald Trump. But Twiggs said he never heard Robinson talk about Kirk before the shooting. The defendant also did not talk much about gender issues or LGBTQ+ rights, Twiggs said.

The AP emailed Twiggs’ attorney seeking comment.

Closing arguments in the preliminary hearing are scheduled for Sept. 1. Graf will then decide if the case can go to trial and on what charges.

Preliminary hearings typically don’t last so long. Legal experts said the slow pace reflects a cautious approach by Graf and the large volume of evidence. Lawyers for Kirk’s family have asked Graf to make his decision on Sept. 1 so they case can proceed.



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SCAN TO SHOP



Citizens Deposit Bank selects 2026-27 Teen Marketing partners

By Laurna Todd
KPI Writer

Citizens Deposit Bank has announced its 2026-27 class of Teen Marketing Partners, providing six area high school students with an opportunity to develop valuable leadership and professional skills.

This year’s Teen Marketing Partners are Owen Enfinger and Charlee Birney of Ballard Memorial High School; Emilee Ferguson and Neela Weeks of Hickman County High School; Abree Warrne and Ty Watson of Carlisle County High School.

The students



were selected from numerous applicants earlier this year. Through the program, they will gain experience working with local professionals while learning more about marketing, communication, teamwork and community involvement.

The Teen Marketing Partner Program

allows students to build confidence, strengthen their interpersonal skills and better understand the expectations of a professional workplace. The experience can also help participants prepare for college, future careers and leadership roles within their schools and communities.

By bringing together students from three area high schools, the program also encourages them to form new connections, exchange ideas and work alongside peers from neighboring communities.

OCTC’s Jason Simon appointed to NOCTI Board of Directors

By Bernie Hale
OCTC

OWENSBORO, KY (08/03/2026) Owensboro Community and Technical College (OCTC) is proud to announce that Jason Simon, Executive Director of the Advanced Manufacturing Technical Education Collaborative (AMTEC) has been appointed to the Board of Trustees/Directors for the National Occupational Competency Testing Institute (NOCTI) and Nocti Business Solutions (NBS). Headquartered in Big Rapids, Michigan, NOCTI is the nation’s leading provider of industry-based credentialing and technical skills assessments, serving schools, career and technical education programs, and teacher certification programs since 1966. NOCTI established Nocti Business Solutions (NBS) in 1999, to offer pre-employment testing, technical skills assessments, prior learning assessments, and

certifications.

“Jason’s appointment to the NOCTI Board is a tremendous honor and a reflection of his national leadership in advanced manufacturing education,” said Dr. Scott Williams, Chancellor of OCTC. “His commitment to innovation, workforce development, and strong industry partnerships has elevated both AMTEC and OCTC on a national stage. We are proud to see his expertise recognized through this prestigious appointment and know he will make meaningful contributions to NOCTI’s mission.”

Simon is a nationally recognized leader in advanced manufacturing education with more than 20 years of experience developing innovative workforce solutions. As Executive Director of AMTEC, housed at OCTC, he leads national initiatives focused on Industry 4.0, advanced manufacturing, and workforce-aligned

technical education. He also serves as Principal Investigator for multiple National Science Foundation-funded projects that advance innovation in technical education and strengthen partnerships between education and industry.

Under Simon’s leadership, AMTEC has developed nationally recognized advanced manufacturing and automation training programs in collaboration with leading industry partners, including Boeing, Toyota, and zSpace. He has led the development of groundbreaking initiatives such as the AMTEC Integrated System Simulator, a virtual reality training platform, and nationwide professional development programs that equip educators with emerging technologies and instructional strategies. Simon is also a frequent presenter at national conferences, where he shares best practices for integrating technologies such as

robotics, the Internet of Things (IoT), artificial intelligence, and extended reality into manufacturing education.

Simon joins three other newly appointed board members including: Jan Hanlon, Executive Director, Mountain State Educational Services Cooperative (West Virginia); Kristin Petrunin, Ph.D., Director of Career and Technical Education (CTE) and College, Career, and Military Readiness (CCMR), Lewisville Independent School District (Texas); and Suzanne Foran, Director of Business Development, Eckerd Connects (Connecticut).

As a member of the NOCTI/NBS Board of Trustees/Directors, Simon will help guide the organization’s strategic direction as it continues to advance high-quality technical education, workforce credentialing, and industry partnerships that prepare learners for success in today’s rapidly evolving workforce.

“These individuals bring a powerful



combination of educational leadership, workforce expertise, and industry insight,” said Dr. Kathleen McNally, NOCTI/NBS CEO. “Their perspectives will help guide NOCTI/NBS as we continue to expand our impact and support learners, educators, and employers nationwide.”

Owensboro Community & Technical College is one of the sixteen community and technical colleges that make up the Kentucky Community & Technical College System. OCTC serves the KY counties of Daviess, Hancock, Ohio and McLean. OCTC has three campuses in Daviess County and a Center and Annex

in Hancock County. OCTC strives to serve the communities in the service area by providing associate degree education for transfer, state of the art technical education for students focusing on entering the workforce, customized business and industry solutions through the Workforce Solutions division, and adult education and business and industry testing through the SkillTrain unit.

The Kentucky Community and Technical College System is the Commonwealth’s largest postsecondary institution with 16 colleges and more than 70 campuses. We also are Kentucky’s largest provider of workforce training and online education. Through partnerships with business and industry, we align our programs to meet the needs of local employers. We help students fulfill their dreams of creating a better life through programs that lead directly to jobs or help them transfer to one of our four-year partners.

Students gain new tool to explore education and career connections

By TOM LATEK
Kentucky Today

FRANKFORT, Ky. (KT) – As Kentucky high school students return to the classroom for the start of a new school year, they will have a new resource to help them explore career and technical education opportunities available in their communities.

The Kentucky Council on Postsecondary Education’s (CPE) career and education planning website, Futuriti.org, has always shown

program listings for high schools and area technology centers across the state. Now, the new Program & Pathway Finder helps students and families better understand how those programs connect to future education and employment. Each listing includes a description of the pathway, related career options, aptitudes that may help students succeed in the field and opportunities to continue their education after high school.

“Kentucky students

should be able to see how the courses they take today can lead to a meaningful career and a better future,” said CPE President Aaron Thompson.

“These new resources give students a clearer picture of the opportunities available in their own communities and help them choose a pathway that aligns with their interests, talents and goals.”

Kentucky schools offer more than 100 career pathways across 13 CTE program areas. Offerings vary by school and region

based on local workforce needs, industry partnerships, facilities and educator availability.

Through Futuriti, students can take a deeper look at their interests and compare available pathways with related occupations, education requirements and career opportunities. The statewide platform also provides Kentucky-specific information about wages, employment demand, college programs, scholarships, apprenticeships and the cost of living.

“CTE pathways can allow students to earn industry-recognized credentials and college credit before they graduate from high school, saving them both time and money,” Thompson said. “When students understand where a pathway can take them, they are more likely to continue their education, complete a valuable credential and enter a rewarding career. Over time, that can increase college-going rates, strengthen Kentucky’s workforce and improve the quality of life for graduates and

their families.”

The new CTE listings are part of CPE’s continued expansion of Futuriti as a comprehensive classroom-to-career resource for Kentuckians. The platform is designed to help students make informed decisions by bringing together state-specific education, workforce and financial information in one place.

Students, families, educators and advisers can explore the new CTE resources at Futuriti.org.

Pennyroyal Area Museum offers free kids programs

By Alissa Keller
Museums of Historic Hopkinsville-Christian County

HOPKINSVILLE, KY – The Museums of Historic Hopkinsville-Christian County is offering free admission for all children and students thanks to a generous partnership with the City of Hopkinsville. As part of this special summer, they also have special programs featuring some of their favorite friends.

On Friday, Aug. 21 at 10:30 a.m., be swept out of this world as they celebrate the anniversary of the



Hopkinsville native and artist Gant Gaither created art that featured whimsical animals – often in human situations. Develop your own animal main character and story using Gaither’s work as inspiration. This activity will happen alongside the Art Loop hosted by the Hopkinsville Art Guild.

On Wednesday, August 26 at 5 p.m., the Museum and Library join forces for Epic Hour. The hour will start at the library and include a short walking tour and visit to the Pennyroyal Area

Museum. The hour will conclude back at the library. Epic Hour is one hour of free programming scheduled for school-age youth.

We hope residents will take advantage of Mayor Knight’s Museum Days this summer. For more information on these programs or anything else, visit their website, follow them on Facebook, or give them a call at 270-887-4270.

The Pennyroyal Area Museum is located at 217 East Ninth Street and is open Monday through Saturday from 10 a.m. until 4 p.m.

alien encounter at Kelly in 1955! Join the Museum and the Hopkinsville-Christian County

Public Library for this special Alien Storytime and craft activity.

On Saturday,

Aug. 22 at 11:00 a.m., show off your creativity with our Gant Gaither Art Workshop.

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Christian County Now Pennyroyal Area Museum in Hopkinsville, Kentucky. (Daynnah Carmona)

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Bomber Football Optimism

By: Tim Taylor

Ballard Memorial kicked off the 2026 football season with a scrimmage against Crittenden County. Though it was not a full scrimmage and was limited to certain restrictions such as no hits on the quarterback and no punt or kickoff returns, it did provide some opportunities for both teams to see their team in action. What Bomber Coach Jon Hedges found is that he has some pieces to a puzzle that have been missing. Now, finding out how to fit those pieces into the puzzle and

keep those pieces healthy through the grueling football season will be a key component to the 2026 Bomber football success. The Bombers and Rockets played 3 varsity quarters of football with a 15 minute clock. As a team that defensively surrendered over 40 points per game, it was an encouragement to only surrender one touchdown in that scrimmage. Offensively, despite some penalties and negative yardage plays, they showed some flashes of excitement as they won the scrimmage

14-7. Jackson Sutton connected on a huge 60 plus yard TD pass to ZT Sawvel who made a juggling grab and race into the endzone. Running back Cayden Opel had some hard-nosed runs and scored a TD. The offensive and defensive line play showed promise for the season. The coaches and players will work to take what they learned from their scrimmage and apply that to get even better as they begin their 2026 regular season at Todd County Central on Thursday night, August 20th.

Golf nominations sought for Midway University/KHSAA Student-Athlete of the Year

Staff Report

LEXINGTON — The nomination process for the Midway University/KHSAA Male and Female Student -Athlete of the Year among golf participants for the 2026-2027 academic year is now open. This award is based on athletic and academic achievement as well as community service and leadership. The link to the application contains additional criteria and a form to nominate one participant from each 2026-2027

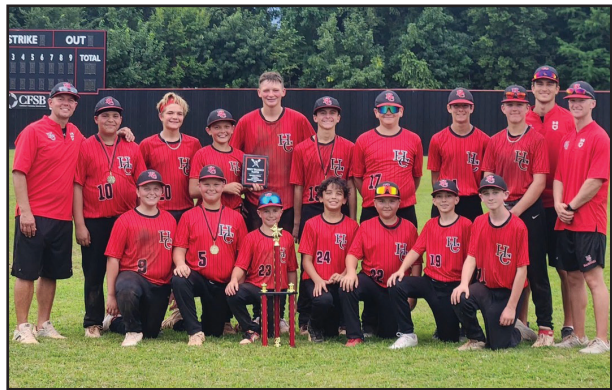
team. Nominations must come from a member school, but can be submitted by an administrator, guidance counselor, or coach. Nominations may only be submitted online at <https://khsaa.org/ge35-midway-university-khsaa-female-student-athlete-of-the-year-nomination-form/>. The winner will be announced early in the postseason and recognized at an awards event at Midway University in early summer 2027. From the winners

selected for each KHSAA championship, one male and one female student-athlete will be named the overall 2026-2027 Midway University/KHSAA Student-Athlete of the Year, to be announced at the event. All individual winners will also receive their recognition awards at that time. The deadline for nominations for the Midway University/KHSAA Student-Athlete of the Year in the sport of golf is Friday, Sept. 4.



The Carlisle County High School volleyball team held a car wash as a fundraiser at Bardwell Baptist Church on Saturday, Aug. 1. The Lady Comets are set to begin competing in the 2026 high school volleyball season. Photo courtesy of Carlisle County High School Volleyball

Falcons capture tournament championship



Staff Report

MAYFIELD — Hickman County captured a middle school baseball tournament championship at Mayfield on Saturday, Aug. 8. Determined Hickman County notched back-to-back one-run wins. The Falcons edged Bradford (Tenn.) 2-1 in the championship game of the Mayfield-hosted tournament.

In the semifinals of the tournament, Hickman County outlasted host Mayfield 6-5. Ean Byassee (Tournament MVP), Graham Harper, Ryker Wyland and Mac Templeton from Hickman County were named to the All-Tournament Team. The Falcons are thriving in the first half of the latest middle school baseball season.

KHSAA releases final approved track & field alignment

Staff Report

LEXINGTON — The KHSAA has released its finalized track and field alignment for the 2026-27 academic year. Many area teams will continue to compete in Class 1A, Region 1. The finalized KHSAA track and field alignment follows.

CLASS 1A

REGION 1 – Ballard Memorial, Caldwell County, Carlisle County, Christian Fellowship, Community Christian (Paducah) Crittenden County, Dawson Springs, Fort Campbell, Fulton City, Fulton County, Heritage Christian Academy (Hopkinsville), Hickman County, Livingston Central, Lyon County, Mayfield, Murray, St. Mary, Trigg County, University Heights. REGION 2 – Bethle-

hem, Campbellsville, Caverna, Clinton County, Cloverport, Cumberland County, Edmonson County, Fort Knox, Foundation Christian Academy, Green County, Hancock County, McLean County, Metcalfe County, Monroe County, Owensboro Catholic, Russellville, Todd County Central, Trinity (Whitesville), Washington County. REGION 3 – Beth Haven, Brown, Evangel Christian, Francis Parker, Grace James, Highlands Latin, Holy Cross (Louisville), Kentucky Country Day, Kentucky School for the Blind, Louisville Collegiate, MHG Preparatory Academy, Newcomer Academy, Portland Christian, Presentation, WEB DuBois, Walden, Western, Whitfield Academy. REGION 4 – Beechwood, Bellevue,

Bishop Brossart, Calvary Christian, Community Christian (Independence), Covington Latin, Dayton, Heritage High School (Florence), Holy Cross (Covington), Ludlow, Newport Central Catholic, Newport, Villa Madonna, Walton-Verona, Williamstown. REGION 5 – Augusta, Berea, Bracken County, Burgin, Cornerstone Christian (Shelbyville), Danville Christian, Danville, Eminence, Frankfort Christian, Frankfort, Gallatin County, Kentucky School for the Deaf, Model, Nicholas County, Owen County, Paris, Robertson County, Sayre, St. Patrick, Trimble County, Trinity Christian. REGION 6 – Barbourville, Breathitt County, Buckhorn, Cordia, Harlan, Hazard, Jackson City, Jackson County, Jen-

kins, June Buchanan, Knott County Central, Lee County, Leslie County, Lynn Camp, Middlesboro, Oneida Baptist Institute, Owensley County, Pineville, Powell County, Red Bird Christian, Riverside Christian, Somerset Christian, Somerset Christian, Williamsburg, Wolfe County. REGION 7 – Belfry, Betsy Layne, David School, East Ridge, Elliott County, Fairview, Floyd Central, Holy Family, Lewis County, Magoffin County, Martin County, Menifee County, Morgan County, Paintsville, Phelps, Piarist, Pike County Central, Pikeville, Prestonsburg, Raceland, Rose Hill Christian, Shelby Valley, West Carter.

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CLASS 2A
REGION 1 – Breckinridge County, Butler County, Calloway County, Hopkins County Central, Logan County, Madisonville-North Hopkins, Ohio County, Paducah Tilghman, Union County, Webster County.
REGION 2 – Adair County, Allen County-Scottsville, Bardstown, Elizabethtown, Franklin-Simpson, Glasgow, Hart County, John Hardin, LaRue County, Marion County, Nelson County, Taylor County, Thomas Nelson, Warren East.
REGION 3 – Carroll County, Christian Academy-Louisville, DeSales, Henry County, North Oldham,

Shawnee, Shelby County, Spencer County, Valley, Waggener.
REGION 4 – Bourbon County, Franklin County, Grant County, Harrison County, Highlands, Holmes, Lexington Catholic, Lexington Christian, Lloyd Memorial, Pendleton County, St. Henry, Western Hills.
REGION 5 – Boyle County, Casey County, Garrard County, Lincoln County, McCracker Central, Mercer County, Rockcastle County, Russell County, Wayne County, Whitley County.
REGION 6 – Ashland Blazer, Bath County, Boyd County, East Carter, Fleming County, Greenup County, Mason County, Rowan County, Russell.
REGION 7 – Bell County, Clay County, Corbin, Estill County, Harlan County,

Johnson Central, Knox Central, Lawrence County, Letcher County Central, Perry County Central.
CLASS 3A
REGION 1 – Apollo, Christian County, Daviess County, Graves County, Henderson County, Marshall County, McCracken County, Muhlenberg County, Owensboro.
REGION 2 – Barren County, Bowling Green, Central Hardin, Grayson County, Greenwood, Meade County, North Hardin, South Warren, Warren Central.
REGION 3 – Bullitt Central, Bullitt East, Butler, Doss, Fairdale, Fern Creek, Iroquois, Jefferson-town, Mercy Academy, Moore, North Bullitt, Pleasure Ridge Park, Southern.
REGION 4 – Assumption, Atherton,

Ballard, Central, DuPont Manual, Eastern, Male, Sacred Heart, St. Xavier, Seneca, Trinity (Louisville).
REGION 5 – Boone County, Campbell County, Conner, Cooper, Covington Catholic, Dixie Heights, Larry A Ryle, Notre Dame, Scott, Simon Kenton.
REGION 6 – Anderson County, Bryan Station, Collins, Frederick Douglass, Great Crossing, Henry Clay, Lafayette, Oldham County, Paul Laurence Dunbar, Scott County, South Oldham, Tates Creek, Woodford County.
REGION 7 – East Jessamine, George Rogers Clark, Madison Central, Madison Southern, Montgomery County, North Laurel, Pulaski County, South Laurel, Southwestern, West Jessamine.

Carlisle teams to compete in The HoopFest in Marshall

Staff Report
BARDWELL — The Carlisle County boys’ and girls’ basketball teams will be among the squads competing in The HoopFest at Marshall County in December.
The Comets excelled throughout the 2025-26 boys’ high school basketball season, compiling a 25-7 record. Carlisle County has its top three scorers from last season returning. The Comets are poised to play in The HoopFest at Marshall County for the second time. Carlisle County made its first appearance in The HoopFest at Marshall County in 2003.
Head coach Brian O’Neill has guided the Comets for nearly 30 years. Senior big man Wyatt Rickard averaged a double-double of 20 points and 10 rebounds per game for the Comets as a junior last season.
The Lady Comets are fresh off one of their best seasons ever. Carlisle County is set to return its entire roster for the 2026-27 girls’ high school basketball season. Head coach Ember Wright has guided the Lady Comets for 20-plus seasons.
All-1st Region player Macee Hogan-camp is returning for her senior season at Carlisle County after averaging 17.3 points and 10.6 rebounds per game as a junior.
The complete schedule for The HoopFest at Marshall County will be published at a later time.

Carlisle Co. Baseball & Softball Camp to be held Aug. 22

Staff Report
BARDWELL — The Carlisle County Baseball & Softball Camp will be held on Saturday, Aug. 22.
The camp will be conducted from 9 a.m.-noon at the Carlisle County High School baseball and softball fields. Campers will receive instruction from Carlisle County High School coaches as well as current and former players. Each camper should bring their own baseball/softball equipment

and dress as they would for a game. Current uniforms may be worn to the camp.
The cost of the camp is \$30 per camper. Checks should be made payable to CCHS. Money and registration will be collected by Thursday, Aug. 20. Each camper will receive a free snow cone from Polar Paradise.
A link to register for the camp online is posted on the Carlisle County Baseball Facebook Page.

KVCA Preseason Region 1 Top 5 Poll released

Staff Report
PADUCAH — The KVCA Preseason Region 1 Top 5 Poll was released on Thursday, Aug. 6. The Kentucky Volleyball Coaches Association released Top 5 polls for each of the state’s 16 regions.
Reigning champion McCracken County is ranked first in the KVCA Preseason Region 1 Top 5 Poll. McCracken County compiled a 31-8 record in the 2025 high school volleyball season. Ballard Memorial (2), Graves County (3), Marshall County (4) and May-

field (5) accompany McCracken County in the KVCA Preseason Region 1 Top 5 Poll.
Teams continue to prepare for the 2026 high school volleyball season, which will open on Monday, Aug. 17. The KVCA Preseason Region 1 Top 5 Poll follows.
KVCA Preseason Region 1:
Top 5 Poll
1. McCracken County
2. Ballard Memorial
3. Graves County
4. Marshall County
5. Mayfield



Golfing Toward Regionals

By: Tim Taylor
With the 1st Region All A golf regionals right around the corner, the Ballard Memorial golf team is leaning on their coaches’ experience from his time in the All A. Coach Blaine Dowdy represented the Bombers in his time as a student athlete and knows that playing one hole at a time and one shot at a time is the key to remaining focused. Having a short memory will also be crucial to not allow one bad shot or one bad hole to carry over for the remainder of tournament. Heading into the August 20th All A Tournament at Drakes Creek, the Bombers hosted Carlisle County. The Comets defeated the Bombers 160-186. The Bomber seniors led the way with Ayden Owens shooting a team best 39 with Mayson Crowley finishing with a 45, Owen Enfinger with a 46, and 8th grader Wyatt Drummond had a 56 in his first year of playing competitive golf. Ballard Memorial’s Owens and Enfinger competed in the Paducah Tilghman Invitational. Owens shot a 94 and Enfinger a 96 in their 2nd 18-hole match of the season.

Pilots to visit Webster Co. for final scrimmage

Staff Report
HICKMAN — Fulton County is set to visit Webster County for its final scrimmage in the high school football preseason on Friday, Aug. 14.
The Fulton County-Webster County football scrimmage is scheduled to kick off at 7:30 p.m. Fulton County visited West Carroll (Tenn.) for its first scrimmage in the high school football preseason on

Friday, Aug. 7. The Pilots opened preseason practice in July, following the conclusion of the KHSAA Dead Period. Showing improvement in the 2025 high school football season, Fulton County returned to the KHSAA Class 1A Football State Playoffs.
The Pilots notched back-to-back Class 1A, District 1 wins over Caverna and Ballard Memorial in the 2025 high school football season.

Last season, Fulton County scored 278 points while allowing 436 points. After making an appearance in the KHSAA Class 1A Football State Playoffs, Fulton City exited the 2025 season with a 2-8 record.
Senior quarterback Preston Smith excelled for Fulton County as a junior in 2025, completing 116 passes for 1,891 yards and 21 touchdowns.
Longtime assistant coach Will Greer is entering his first sea-

son as the Pilots’ head coach.
Fulton County has upcoming regular season games scheduled versus Gleason (Tenn.), South Fulton (Tenn.), Calloway County, Vienna (Ill.), Greenfield (Tenn.), Lake County (Tenn.), Caverna, Ballard Memorial, Russellville and Trigg County. The Pilots are scheduled to visit familiar foe Gleason (Tenn.) for a season opener on Friday, Aug. 21.

Crossword Puzzle

1	2	3		4	5	6	7	8		9	10	11	12	13
14				15						16				
17				18						19				
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		58								59				
60	61							62	63				64	
65						66							67	
68						69							70	

CLUES ACROSS

1. Midway between south and southeast
4. Fathers
9. Wine grape
14. Al Bundy’s wife
15. Derived from ammonia
16. Venezuelan state
17. Interest rate
18. Experts
20. Vascular tissues
22. Smooth and glossy
23. Administrative region in S. Korea
24. One from Damascus
28. Special interest group
29. It cools your home
30. Oh, God!
31. Intestinal pouches
33. Men
37. Twelfth star in a constellation
38. Former CIA
39. Arrange in grades of size

41. A baglike structure in a plant or animal
42. “The Great Lakes State”
43. Having earlike appendages
44. Momentarily stop
46. Ancient kingdom
49. Of I
50. White clerical vestment
51. Songs to one’s beloved
55. Charges
58. Computer application originator
59. A place to dock a boat
60. One guided by reason
64. Slang for cigarette
65. Sailboats
66. “Jerry Maguire” actor Zellweger
67. Screen type
68. Country legend Haggard
69. Puts together in time
70. When you anticipate arriving

CLUES DOWN

1. Involuntary muscular contraction
2. Eastern US transit agency
3. Leaves a place
4. Cease to participate
5. Current units
6. Cease to exist
7. General’s assistant (abbr.)
8. Earth vibration
9. Very strong winds
10. For each one
11. A bog
12. The creation of beautiful or significant things
13. Affirmative
19. Pie ___ mode
21. Nonclerical
24. Indonesian island
25. Educational environment
26. Namibian peoples
27. Bring out or develop

31. Moves into a place of thought
32. Out of the way
34. Loads a ship
35. Beloved Hollywood alien
36. Distinguishes
40. The ancient Egyptian sun god
41. Secondary or explanatory title
45. Relating to a wing
47. One who gives a speech
48. In the middle
52. Loop with a running knot
53. Airborne (abbr.)
54. Sweet persons
56. Put into play
57. Small cattle breed
59. Millisecond
60. Revolutions per minute
61. They ___
62. Moon crater
63. A place to stay the night

PUZZLE SOLUTION

S	S	E			D	A	D	A	S			G	A	M	A	Y
P	E	G			I	M	I	D	E			A	P	U	R	E
A	P	R			S	P	E	C	I	A		L	I	S	T	S
S	T	E	L	E	S					S	L	E	E	K		
M	A	S	A	N			D	A	M	A	S	C	E	N	E	
			S	I	G			A	C				E	G	A	D
C	A	E	C	A			M	A	L	E	S				M	U
O	S	S			G	R	A	D	A	T	E			S	A	C
M	I				E	A	R	E	D			P	A	U	S	E
E	D	O	M						M	E			A	L	B	
S	E	R	E	N	A	D	E	S				R	A	T	E	S
			A	D	O	B	E				M	A	R	I	N	A
R	A	T	I	O	N	A	L	I	S	T				T	A	R
P	R	O	A	S			R	E	N	E	E			L	C	D
M	E	R	L	E			S	Y	N	C	S			E	T	A

Word Search

WELLNESS

WORD SEARCH

Y	I	M	L	B	R	E	A	T	H	E	D	V	Y	H	X	H	N	C	G
A	M	N	O	I	T	A	R	D	Y	H	A	G	F	L	G	H	N	Y	B
H	E	A	L	I	N	G	W	E	N	U	T	R	I	T	I	O	N	H	D
Y	B	X	F	S	B	R	E	B	M	U	L	S	D	B	N	T	U	E	F
R	A	A	F	S	I	B	A	X	M	M	E	D	I	T	A	T	I	O	N
D	N	D	L	B	C	A	S	E	R	M	E	N	I	T	Y	H	W	I	F
E	I	M	H	A	R	L	R	B	U	B	C	T	M	A	T	E	X	B	W
W	M	R	R	M	N	S	M	E	Y	C	M	G	Y	D	I	A	L	B	D
T	A	E	E	A	I	C	V	S	C	X	O	O	A	Y	H	Y	T	B	N
E	T	L	A	C	E	N	E	D	G	O	C	V	H	X	Y	T	E	A	W
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E	W	X	S	H	L	E	V	I	O	U	R	X	R	S	L	N	E	L	T
R	E	A	E	O	L	T	I	O	M	L	H	H	E	Y	A	G	N	I	X
G	S	T	N	H	V	L	A	L	I	S	N	W	E	V	A	T	W	I	S
Y	N	I	T	A	Y	U	B	O	D	Y	S	E	G	S	A	V	X	U	B
Y	A	O	I	L	F	S	N	D	H	L	Y	E	S	A	V	X	U	I	F
G	E	N	F	O	T	Y	V	H	U	D	E	U	R	B	S	H	S	O	C
N	L	G	R	A	T	I	T	U	V	T	A	T	A	T	E	Y	N	R	H
X	C	L	A	I	S	E	X	T	V	A	T	A	T	E	Y	N	R	O	M
W	W	W	O	X	G	N	X	H	T	G	N	E	R	T	S	E	M	G	H

Find the words hidden vertically, horizontally, diagonally, and backwards.

ANSWERS IN B SECTION

WORDS

- BALANCED
- BREATHE
- CARE
- CLEANSE
- ENERGY
- FITNESS
- GRATITUDE
- HARMONY
- HEALING
- HOLISTIC
- HYDRATION
- MEDITATION
- MINDFULNESS
- NUTRITION
- RECOVERY
- RELAXATION
- RESILIENCE
- ROUTINE
- SERENITY
- SLUMBER
- STAMINA
- STRENGTH
- VITALITY
- WELL-BEING

Sudoku Puzzle

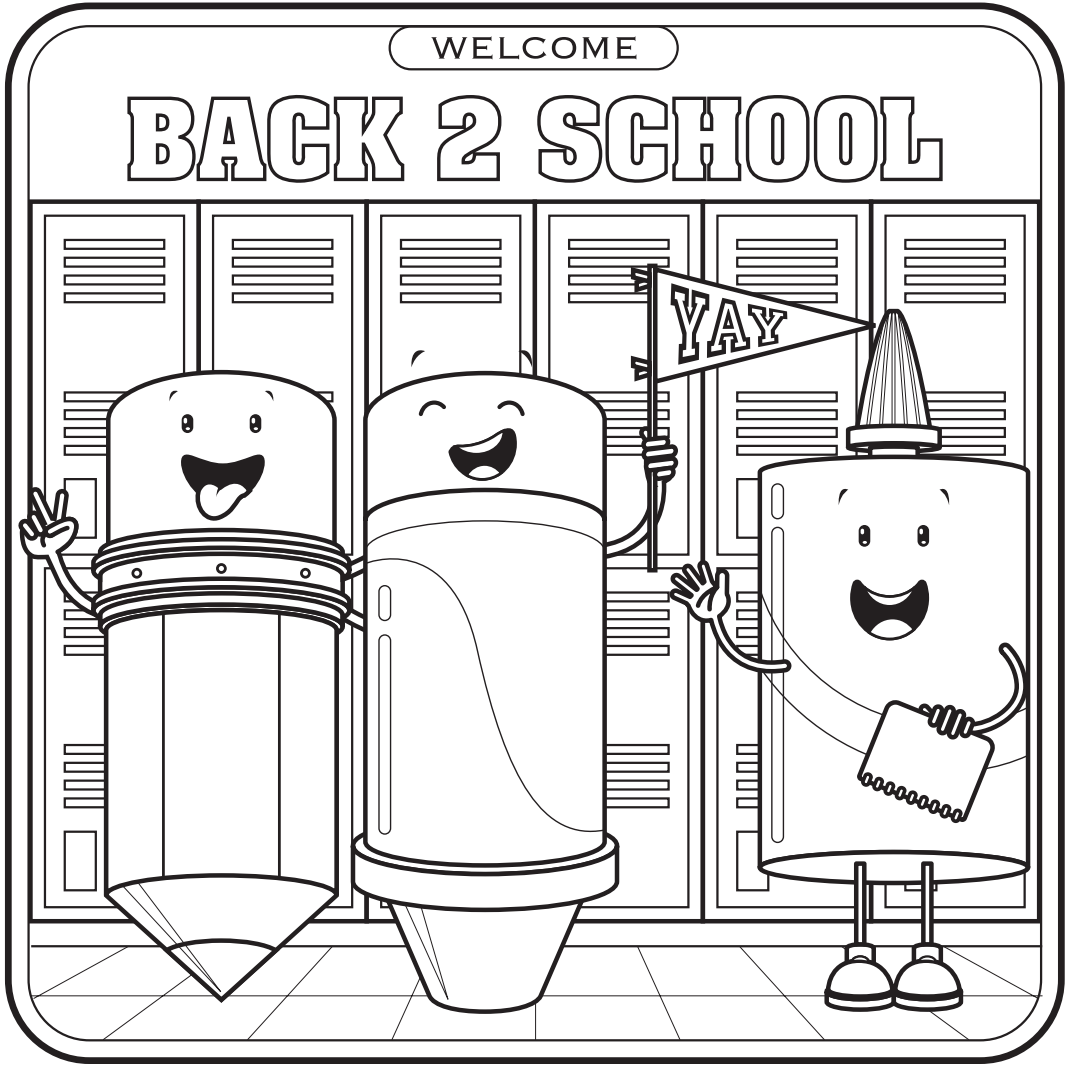
How it Works:

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle! Good Luck!

ANSWERS IN B SECTION

		2		6		3		
3					5	7		
					4	9		
				5		2		1
		8						
1	3			8				
	2		8	9				
		6		2	1		4	5

Coloring Fun



AG UPDATE

for Ag and Natural Resources



Tom Miller,
Ballard County Ext. Agent

Corn – An amazing crop

Corn harvest is just around the corner, should start on some farms by the end of August. While soybeans, both single crop and double crop, grow on the most acres in Ballard County, about 40,000, corn is grown on about 25,000 acres and wheat is grown on over 10,000 acres. Our rotations in Ballard County stay very historically consistent. We have many acres that are on a corn, wheat, double crop soybean rotation. The flatter, wetter areas are often single crop soybeans and the river bottoms are often soybeans depending on flood waters each year.

Corn is my favorite crop. It is amazingly productive with yields in this area often over 200 bushels per acre. When I was young, 100 bushels per acre was a good yield, then it went to 150 bushels per acre and now 200.

Corn started in Mexico with a wild grass called teosinte. Indigenous farmers 8,000 to 10,000 years ago started selectively breeding this spiky grass with very small cobs, turning it into something we would recognize as corn today. It quickly spread over North and South America as food for humans and animals. It was strictly an American product as it was not introduced in Europe until Christopher Columbus's second voyage.

Through plant breeding, today there are four main types of corn with some other subtypes. We are all familiar with sweet corn, or corn on the cob. It has a high sugar content and low starch when harvested at an immature stage. If you have not tried some of the newer sweet corn varieties



out there you are missing out, they are much sweeter, the sugar last longer before turning to starch and they have built in resistance to ear worms which greatly reduces ear damage and make harvest and handling easier.

The type of corn grown on the most acres in the US is dent corn, or what we call field corn. It contains both hard and soft starches and has a dent at the end of the mature kernel. Its uses are many from animal feed -cows, pigs, chickens, fish- to fuel ethanol and bourbon. It is processed into corn syrup, corn starch, and corn meal.

Flint corn is also called Indian corn. The kernel is very hard – as in “hard as flint”. It often has multicolored kernels. It is used for decorations, tortillas, polenta and hominy. Popcorn is a subset of flint corn that has a very hard, moisture sealed outer hull. When it is heated, the internal moisture is turned to steam and it explodes.

Flour corn is grown in mainly in South America and has a very soft endosperm good for easy milling into corn flour. It is one of the oldest domesticated types

and is used for baking and thickening.

Here are some facts about corn for you to think about. Corn is grown on every continent on the globe except Antarctica. The United States produces about 1/3 of the world total production of corn. Most countries outside of the US call corn- maize – it's Latin name is Zea mays. The average ear of corn has 800 kernels and is 16 rows around. Corn cobs always have an even number of rows of kernels. The male part of the plant is the tassel, and the female part is the silk. Every kernel comes from an individual silk. The world record for the tallest corn stalk is 35 feet. Only 1% of corn planted in the US is sweet corn. Corn is used in cereal, potato chips, soft drinks, cooking oil, and more. In nonfood products, it can be included in fireworks, glue, fabric, crayons, fuel, paint, laundry detergent, cosmetics, and plastics.

Corn has become a mainstay in our agriculture production in Kentucky. When the settlers came it was one of the first crops planted because it could be used for human food and animal food. Today its many uses and high production have made it into the number one grain crop in the United States.

Programs of the Kentucky Cooperative Extension Service serve all people regardless of race, age, sex, color, religion, disability or national origin. For additional information, contact the Ballard County Extension Office, 110 Broadway, La Center, 665-9118.

COMMONWEALTH OF KENTUCKY
BALLARD CIRCUIT COURT CIVIL ACTION NO. 22-CI-00081

US BANK NATIONAL ASSOCIATION PETITIONER
VS ADVERTISEMENT PURSUANT TO KRS 426.200 AND KRS 426.560
And
KENTUCKY ADMINISTRATIVE PROCEDURES AP IV AS AMENDED
JUNE 29, 2017

TOMMY DORMAN RESPONDENT

By virtue of a Judgment and Order of Sale in Case No. 22-CI-00081 in Ballard Circuit Court, entered July 7, 2023, and Order to Reset Sale entered August 7, 2026, I shall proceed to offer for sale at the Courthouse door in Wickliffe, Ballard County, Kentucky, to the highest bidder at public auction on the **31st day of August, 2026, at the hour of 10:00 a.m.** the following described property:

Property Address: 389 Antioch Church Road, Barlow, Kentucky 42024 PVA
Map # 48-16-012

For greater certainty see Deed Book 79, Page 94, records of the Ballard County Court Clerk.

The property will be sold under the following terms and conditions:

- At the time of sale the successful bidder shall either pay full cash or make a deposit of ten (10%) per cent of the purchase price with the balance on credit for 30 days. If the purchase price is not paid in full, **the successful bidder shall execute a bond at the time of sale with sufficient surety approved by the master commissioner at least by noon two (2) business days prior to the sale** to secure the unpaid balance of the purchase price. Purchaser(s) shall have the privilege of paying all of the balance of the purchase price prior to the expiration of the time period listed above. The bond shall bear interest at the rate **the judgment bears** from the date of sale until paid. In the event the successful bidder is the plaintiff, then in lieu of the deposit the plaintiff shall be allowed to bid on credit up to the judgment amount.
 - The bond shall have the same force and effect as a Judgment and shall remain, and be a lien on the real property sold as additional security for the payment of the purchase price until the purchase price, plus interest and costs, are full paid. On executions issued upon them no replevy shall be allowed, and sales shall be for cash.
 - Successful bidder(s) at the sale, at bidder's own expense, may carry fire and extended insurance coverage on the improvements from the date of sale until the purchase price is fully paid, in an amount at least sufficient to cover a loss to the extent of the court- appraised value of the improvements on the Real Property or the unpaid balance of the purchase price, whichever is less, with the loss-payable clause to the Master Commissioner. Failure of the purchaser to affect such insurance coverage shall not affect the validity of the sale or the purchaser's liability thereunder, but shall entitle, but not require, any party adjudicated an interest in the Real Property, after giving notice to the Master Commissioner, to effect said insurance and furnish evidence of the policy to the Master Commissioner. The premium on the insurance policy shall then be charged to the purchaser as purchaser's cost.
 - The property shall be sold free and clear of the claims of the parties to this action, but it shall be sold subject to the following:
 - All current year (2026) ad valorem real estate taxes not yet due and payable and all taxes due thereafter. Buyer shall pay 2026 ad valorem taxes.
 - Easements, restrictions and stipulations of record affecting the Real Property.Any assessments for public improvements properly levied against the Real Property.
 - Any matters which would be disclosed by an accurate survey or inspection of the Real Property.
 - Any right of redemption that may exist in favor of the Defendants.
- The Master Commissioner will retain a lien on said property to secure payment of said bond, if issued.

This Sale may be cancelled, and any announcements made at the sale take precedence over printed matter contained herein.

The undersigned commissioner does not have access to the above-mentioned property.

Dated this the 10th day of August, 2026.

Sue Ellen Morris,
Special Master Commissioner -
Ballard Circuit Court
636 Hickman Road
Clinton, Kentucky 42031
270-207-0103



Paula Nye “Share the Road” specialty plate available for Renewals

By: **Ciro Astarita**
KPI Writer

Share the Road License plates are now available for Renewal at your local county clerks office. For just an extra \$10, you can sport an extra snazzy plate for your cool ride.

These plates supports special grants for KY. More details are on bikewalkky.com. It may be especially convenient when you have to renew your annual car registration with the County Clerk, so feel free to do it then! Its also great for anyone purchasing a new vehicle and wanting to support

a great cause. The funds collected from these specialty plates are distributed by the KY Bicycle & Bikeway Commission through Paul Nye Grants every year to promoted pedestrian and bicycle safety. Since beginning this funding program, nearly 900K in grants have been given for projects supporting this mission.

When going to your local County Clerk you will need:

- Photo ID.
- Current original (not a copy) proof of Kentucky insurance effective date within 45 days.
- Money for fees and applicable taxes (check with your

county clerk’s office for accepted forms of payment).

- Vehicles brought into Kentucky from another state will be required to have a Sheriff’s Inspection.
- At your county clerk, make your request up front for the Share the Road plate.

When purchasing a new car, sometimes a dealership will obtain the Share the Road plate for you. If not, go to the county clerk with the original plate and exchange it for the Share the Road plate. You will be responsible for the additional \$10 fee.

Arlington advances sewer project, approves employee raises

By: **Laurna Todd**
KPI Writer

The Arlington City Council moved forward with plans to replace sewer lines in the city’s west end during its Aug. 10 meeting.

City officials recently met with Bacon Farmer Workman Engineering and the Purchase Area Development District to review final plans for two grants supporting the project. Bobby Deitz presented a map of the sewer lines planned for replacement and will finalize the project before bids are requested from contractors.

Grant funds are expected to be released

soon, with work tentatively scheduled to begin this fall.

The council also approved the second reading of the city’s 2026-27 budget and a 2.8% cost-of-living raise for full-time city employees.

Council members discussed the nearly \$100 in monthly electric costs at the ball-park and riding club, neither of which is currently being used regularly. City Clerk Ayna Dixon will determine the cost of restoring service if the electricity is disconnected. The matter will be revisited next month.

During the New Commonwealth Gas report, council member Nancy Dodge said the board

had approved new bylaws. Meetings will now be held on the fourth Tuesday of each month.

The gas company is also experiencing problems with its billing system and the cost of mailing bills. Handheld meter readers were discussed, although they would work only with the newest meters. The gas board delayed consideration of a cost-of-living raise until current payroll figures are verified.

The council also heard that a horse show is planned for the fall. The cemetery was reported to be in good condition.

Mayor Bobby McGee presided over the meeting.

Deterioration Forces Closure of Bridge Near County Line

By: **Laurna Todd**
KPI Writer

A county-maintained bridge on County Road 1118 near the Carlisle-Hickman county line will remain closed until further notice following a recent inspection. The road is located off Kentucky 80 East and connects with Kentucky 307 near Beulah.

Carrie Dillard, Kentucky Transportation Cabinet Highway District 1 public information officer,

provided the following statement:

“Team Kentucky’s top priority is safety, which is why we routinely conduct inspections to ensure bridges are safe for Kentucky families, area residents and others to travel on.

“An inspection recently conducted at a county-maintained bridge on County Road 1118 near the Carlisle-Hickman County line found deterioration in its substructure, and the bridge was closed until further notice

to ensure public safety.

“To help with funding possibilities, Team Kentucky has assisted Carlisle County in applying for state funding available to cities and counties through the state’s County-City Bridge Improvement Program (CCBIP).”

Drivers who use County Road 1118 should follow posted signs and find an alternate route. No estimated reopening date has been announced.



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What to know about seniors and vaccines

The effectiveness of vaccines in relation to protecting young children is well documented, but what about seniors and vaccines? Are immunizations still a vital part of a wellness routine when adults reach their golden years? The National Institute on Aging advises older adults to speak with their doctors or pharmacists about the vaccines they need, which may help to prevent or reduce the severity of various diseases.

COVID-19

The NIA notes that age is a risk factor for serious

illness from COVID-19. Due to the relative infancy of COVID-19, researchers are still learning about the effectiveness of vaccines against new variants of the virus. But older adults are more likely to get seriously ill from COVID-19 than younger people, so it's imperative seniors discuss immunization against the virus with their physicians.

Influenza

The World Health Organization notes that the flu kills as many as 650,000 people across the globe each year. A 2009 study published in the

journal *Influenza and Other Respiratory Viruses* indicated that most deaths associated with influenza in industrialized countries occur among seniors age 65 and older. The flu is easily transmitted from one person to another and the NIA advises everyone age six months and older to get an annual flu vaccine. While the protection from a flu vaccine can lessen over time, particularly in older adults, a flu shot still reduces the likelihood of serious illness and/or hospitalization. The Centers for Disease Control and Prevention

recommends that seniors age 65 and older receive a higher-dose flu vaccine or an adjuvanted flu vaccine, the latter of which helps to create a stronger immune response than a normal flu shot. Seniors are urged to speak with their physicians about which flu shot is right for them.

Respiratory syncytial virus (RSV)

The NIA indicates that RSV is a common virus that often produces mild, cold-like symptoms. But older adults should know that they are at higher risk of developing severe symptoms if they are

infected with RSV. The NIA notes RSV can be particularly dangerous for older adults with chronic diseases or weakened immune systems. Hospitalization or even death can occur after severe RSV symptoms develop. RSV vaccines can prevent serious health problems, and the CDC urges seniors to speak with their physicians regarding immunization. Doing so prior to peak RSV infection season, which is fall and winter, is ideal.

Pneumococcal disease

The CDC advises that all adults age 50 and

older get pneumococcal vaccination. Pneumococcal disease is a serious infection that the NIA notes often causes pneumonia in the lungs. The risk of getting very sick and even dying from pneumococcal disease is higher among older adults than younger people. There are different forms of the pneumococcal vaccine, and seniors can speak to their physicians about which one is best for them.

Immunization schedules begin shortly after birth, and seniors still have much to gain from being vaccinated.



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EF1276  AUG 19 2023 Bobcat CT4050 MFWD tractor	EW1035  AUG 18 2016 Ford F750 dump truck	YA2155  AUG 20 2021 Peterbilt 389 semi truck	YA4022  AUG 27 2018 JLF SkyTrak 10054 telehandler	FB5767 4 SELLING  AUG 19 2020 Peterbilt 579 semi truck

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PET OF THE WEEK

MR. POTATO HEAD

McCracken County

Humane Society

This is Mr. Potato Head. He came to us through our county’s Animal Control on June 15th. Mr. Potato Head came in with about 9 other cats who were abandoned outside

of their residence. Since he has come in, he has been neutered, given vaccinations, and has been tested FIV/FelV negative. He is estimated to be 1 1/2 years old. We believe that

Mr. Potato Head would make a wonderful family pet. He tolerates just about anything and is a sweet boy with so much love to give. He also really enjoys watching the fishtank that

we have at the facility, as you can see from the photo attached.

For more information please contact:

McCracken County Humane Society
4000 Coleman Road,
Paducah, KY 42001
(270)443-5923

Pilot project in rural pharmacies saving lives

By Tom Latek
Kentucky Today

FRANKFORT, Ky. (KT) – A pilot project using rural pharmacies in Kentucky and five other states to identify and screen patients at risk of stroke and heart disease, may have saved hundreds of lives, improved outcomes for thousands of patients, and saved millions of dollars by preventing hospitalization.

The pilot program is a collaboration between the National Community Pharmacists Association’s (NCPA) Innovation Center, CPESN® Community Health, and

Bristol Myers Squibb and underscores the importance of patient access to local pharmacies.

According to the NCPA, data from the first phase was collected over six months from 25 pharmacies in six states: Alabama, Arkansas, Kentucky, Louisiana, Mississippi, and Missouri, known as the “Stroke Belt” because of its high prevalence of cardiovascular disease.

“In this part of the country, like most of rural America, independent community pharmacies are often the only accessible health care provid-



ers,” said NCPA CEO B. Douglas Hoey. “Many people in these areas may not have ready access to a doctor, but they frequently visit their local pharmacy. So, the local pharmacist is in a good position to identify at-risk patients, provide screening and counseling, connect patients with social services, and

refer them to physicians for medical care so they can maintain or even improve their quality of life.”

A key element of the program trained pharmacy technicians to be pharmacy-based community health workers (PCHWs), front-line professionals who connect patients with social

services they may need in order to get adequate health care, like insurance programs, transportation, and housing assistance. They’re trained in how to identify and engage patients with chronic disease.

According to the data, the 25 pharmacies participating in the program identified nearly 10,000 at-risk patients, had more than 11,000 encounters with those patients, and made more than 20,000 interventions in just six months.

Results from this phase of the program will be incorporated into a second phase,

the strategy for which is being developed by NCPA, CPESN, and Bristol Myers Squibb.

“Access to local pharmacies is key. Allowing pharmacy teams to engage underserved patients with chronic illnesses has the potential to save thousands of lives and hundreds of billions of dollars across the entire health care system,” Hoey noted. “The positive impact for Medicare, Medicaid, taxpayers, and commercial insurance plans would be enormous.”

Learn more at www.ncpa.org/itg-cardio-vascular-disease.

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American Bluegrass Classic Marathon, Half Marathon & Four-Person Relay coming to Paducah in October

[PADUCAH, KY]
— A brand-new race experience is coming to Paducah this fall as the inaugural American Bluegrass Classic Kentucky Marathon, presented by Baptist Health Paducah, takes place Saturday, Oct. 17. The event features a full marathon, half marathon and four-person relay.

Designed to be one of the fastest courses in Kentucky, the American Bluegrass Classic offers something for runners of all experience levels, from those chasing a personal record or Boston Qualifying time to individuals and teams simply looking for a fun and rewarding challenge.

The race will take participants through several of Paducah's most recognized areas, including historic Downtown, the Lowertown Arts District and Midtown, showcasing the character and charm of the city along a flat, multi-loop course. Marathon runners will complete four loops, half-marathon participants will run two loops, and relay teams will each complete one loop. Each loop is slightly more than 6.5 miles and features

approximately 40 feet
of elevation gain.

“This course was designed for speed and energy,” said Eric Romanak, Race Director. “With its flat layout and looped design, it allows runners to maintain a consistent pace while giving spectators multiple opportunities to cheer them on throughout the race.”

A majority of the course features newly paved asphalt, further enhancing the running experience. The course is also expected to be USATF certified, offering an official and competitive opportunity for participants.

In addition to its performance-focused design, the American Bluegrass Classic is aimed at creating a memorable race weekend atmosphere. The timing of the event coincides with a busy fall season in Paducah, giving participants and visitors the opportunity to explore the community before and after the race.

With several months remaining until race day, there is plenty of time for individuals to begin training, whether they are experienced runners or new to the

sport.

Participants are encouraged to set goals, form relay teams and take advantage of the training window leading up to October.

For more information or to register, visit American Bluegrass Classic Marathon.

*About Baptist
Health Paducah*

Baptist Health Paducah is a regional medical and referral center serving about 220,000 patients a year from four states. With more than 1,500 employees and 370 physicians, it offers 42 points of care with a full range of services, including cardiac and cancer care, diagnostic imaging, women's and children's services, surgery, emergency treatment, rehabilitation, and more. It has the region's first heart center and only accredited chest pain center and certified stroke center with 24/7 neurohospitalist coverage, as well as Paducah's only comprehensive cancer center and Level 3 Neonatal Intensive Care unit. Baptist Health Paducah has a network of healthcare providers for patients in western Kentucky and southern Illinois — from Baptist Health Medical Group physician offices to Baptist Health Urgent Care and Occupational Medicine locations.

The hospital is also designated Pathway to Excellence® for excellence in nursing services by the American Nursing Credentialing Center. It opened in 1953 as Western Baptist Hospital and changed its name in early 2013, along with other facilities in Baptist Health, the largest not-for-profit healthcare systems in Kentucky.



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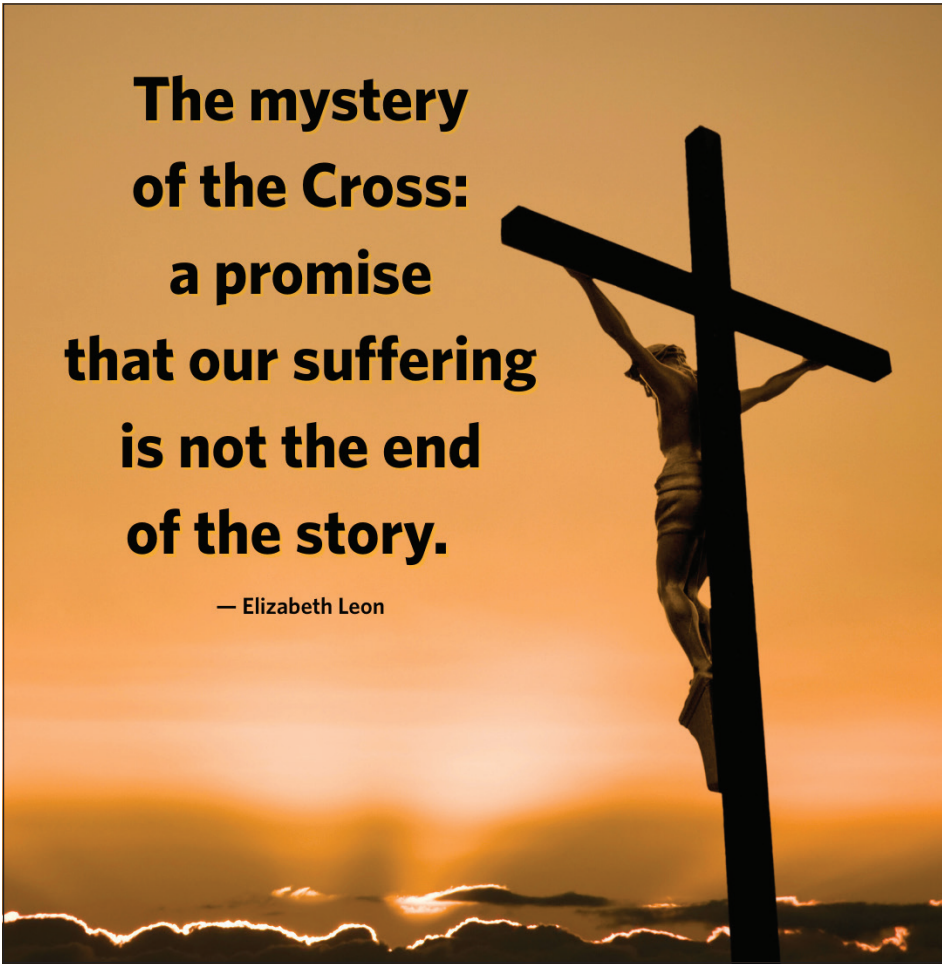
This present age is not the end of the story

By Teresa LeNeave
leneave2@comcast.net

A growing movement surrounded Jesus of Nazareth who had captured public attention, sparked widespread discussion, and created increasing concern among religious leaders. According to eyewitness accounts recorded in the Gospel of John, the crowds continued spreading the word after Jesus called Lazarus from the tomb and raised him from the dead. News of the extraordinary event drew even more people to Jesus.

In spite of all Jesus' miracles, there was a problem with the religious leaders. They said, "Look how the whole world has gone after him!" Yet despite all the public excitement and miracles attributed to Jesus, the world Jesus walked in was divided.

John's account presents a picture of a population divided



over Jesus. Many witnessed his miracles but still refused to believe in him. Others, including some religious leaders, privately believed in Jesus, but were scared to acknowledge their faith publicly. They worried that openly confessing faith in Jesus would result in their being expelled from the synagogue. Their concern, John reports, was about religious consequences. They valued human praise more than approval from God.

In the 21st century, people are as divided as they were when Jesus, physically, walked this earth. The Good News is that believing Jesus is the Messiah and the Son of God, holds many promises. The Bible calls them "great and precious

promises". Clearly God has not abandoned the world. He not only watches us, but loves us.

John 3:16–17 describes God's love as the reason he sent his Son into the world. Not to condemn, but to give salvation and redemption. We know the world can appear dominated by darkness, injustice, confusion, and suffering but Paul writes in Colossians that God "has rescued us from the dominion of darkness" and brought believers into the kingdom of his Son. Through Christ Jesus people can experience redemption and forgiveness of sins. There is hope for a troubled world; hope for a troubled life.

The Christian claim is not that darkness doesn't exist (because everyone knows it does), but rather that darkness does not have the final word. "To all who received him," John writes, "to those who believed in his name," Jesus gave the right to become children of God.

For those who believe, the Bible points beyond our present circumstances to a future marked by hope and experiencing God's power. Paul prayed that believers would have "the eyes of your heart" enlightened so they could know the hope to which God had called them, the riches of his inheritance, and the incomparable greatness of his power. Jesus' message remains consistent: He came as Light into a dark world. It's very important to believe the Christian message that insists this present age, no matter what it looks like, is not the end of the story. For believers in Jesus, the conclusion is simple: the darkness is real—but the light is greater, and the best is yet to come

CHRIST AT THE CENTER

Bro. Brandon G. Bramlett
Bandana Baptist Church

The Last Supper is a world-renowned masterpiece painted in 1498 by Leonarda da Vinci. The mural depicts the well-known scene from the Gospels where Jesus celebrates the Passover with His disciples by breaking bread and drinking wine. The artwork has been praised for its aesthetic merit, but its theological merit deserves equal praise,

as Christ is the focal point. Jesus is the "bullseye" of the painting, and therefore the first Person that catches your eye. The Lord isn't an irrelevant extra who lingers in the shadows; He occupies the

place of prominence at the very center.

This is also how our lives ought to be oriented as followers of Christ. Jesus is the preeminent Lord, and He deserves the prominent place in the center of your life (Col. 1:18). He will not settle for second place, nor is He satisfied with standing on the sidelines.

Every area of your life must revolve around Him, just as the planets revolve around the sun. Jesus should occupy all the affection of your heart, all the thoughts of your mind, and all the sight of your eyes.

Jesus should be the center of our goal-planning and aspirations. "If then you have been raised with Christ," said Paul, "seek the things that are above, where Christ is, seated at the right hand of God. Set your minds on things that are above, not on things that are on earth" (Col. 3:1-2). Far above all earthly pursuits, we should serve Him and the interests of His kingdom. As Jesus said, "But seek ye first the kingdom of God" (Matt. 6:33a).

Jesus should also be the central focus of our churches. The preaching, singing, fellowship, calendar, and budget should orbit around Him. The right place for Jesus in the church is first place.

As Paul said, "And he put all things under his feet and gave him as head over all things

to the church, which is his body, the fullness of him who fills all in all" (Eph. 1:22-23).

Jesus should be the focal point of our marriage and family, too. The mysterious marriage of Christ and the church should take precedence over our earthly marriages. And, when a husband and wife put Jesus first, spiritual harmony is created in the home (cf. Eph. 5:22-33). We'll keep our vows to one another better when we first honor our vows to Christ. Moreover, we are to raise children who focus their lives upon Jesus (cf. Eph. 6:4).

Additionally, Jesus should occupy first place in our jobs and careers. We must work for our ultimate Boss first and foremost. When we arrive at work, we should clock in for Jesus. As Paul commanded, "Whatever you do, work heartily, as for the Lord and not for men" (Col. 3:23). If your life were a painting, where would Jesus be?



Salvation

is as

easy as

ABC

A - Admit to God That You Are A Sinner
For all have sinned and fall short of the glory of God. - Romans 3:23 Repent, turn away from your sin. - Acts 3:19; 1 John 1:9

B - Believe Jesus Died for Your Sins
For God so loved the world that He gave His one and only son, that WHOEVER believes in Him shall not perish but have eternal life. - John 3:16

C - Confess Jesus is Lord
If you confess with your mouth "Jesus is Lord," and believe in your heart that God raised Him from the dead you will be saved. - Romans 10:9

BALLARD

Jeffery Lee Lucus, 76, of Kevil, Kentucky, passed away on Friday, August 7, 2026, at Select Specialty Hospital in Nashville, Tennessee. A funeral service was held at 1:00 p.m. on Wednesday, August 12, 2026, at Milner & Orr Funeral Home of Paducah. Burial will follow at Woodville Cemetery in Kevil, Kentucky.

CALDWELL

Willis Clayton “Dump” Shewcraft, age 95, of Dycusburg, Kentucky, formerly of South Roxanna, Illinois, passed away on Friday, August 7, 2026, at Lake Barkley Health and Rehabilitation in Kuttawa. Funeral services were held at 1:00 p.m. on Tuesday, August 11, 2026, at Lakeland Funeral Home and Cremation Services in Eddyville, Kentucky, with Bro. Mike Franklin officiating. Burial followed in Dycusburg Cemetery in Crittenden County, Kentucky.

Reverend Thomas L. Tackett passed this life peacefully on August 7th, 2026, surrounded by his loved ones. He was a devoted husband, father, minister, teacher, brother, and friend whose life was marked by a deep love for God, a commitment to the ministry, and a genuine love for people. A celebration of life is planned for August 22, 2026, at 2 pm. It will be held at Center Grove Baptist Church in Tullahoma, TN with Bro. John Segree officiating. A graveside service will be held at Crystal Springs Cemetery in Crystal Springs, MS on September 19 at 3pm. All friends are invited to come & celebrate with the family.

Irene Mary Williams, age 94, of Princeton, Kentucky, passed away peacefully on August 4, 2026, at Ray and Kay Eckstein Hospice Center in Paducah, Kentucky. Visitation was held from 11 a.m. to 1 p.m. on Wednesday, August 12, 2026, at Morgan’s Funeral Home in Princeton, Kentucky. Funeral services were held at 1p.m with Bro. Danny Sherrill officiating. Morgan’s Funeral Home is in charge of arrangements.

Deane Stewart, age 83, of Cadiz, formerly of Princeton, passed away peacefully at her residence on August 10, 2026. A visitation will be held on August 14, 2026, from 11:00 a.m. to 2:00 p.m. at Goodman Funeral Home, 1032 West Main St, Princeton, KY 42445. Funeral services will follow at 2:00 p.m. at Goodman Funeral Home, with Rev. Jamus Redd III officiating. Interment will follow at Cedar Hill Cemetery in Princeton, Kentucky.

James Lee Bowling, age 74, was born on August 14, 1951, in Baltimore, Maryland. He departed this life on August 5, 2026, leaving behind a legacy grounded in family, love, and enduring devotion. Goodman Funeral Home is honored to serve the Bowling family.

CALLOWAY

James “Dan” Steely, 81, of Murray, formerly of Nashville, TN, passed away on Sunday, August 9, 2026 at his home. A private burial will take place at Murray City Cemetery. Imes Funeral Home is entrusted with caring for Mr. James Danny Steely.

Gerald, “Jerry,” a nickname to close friends and family, Guttowsky, 86, passed away August 8, 2026 at Anna Mae Owen Hospice House of Murray, KY. A Celebration of Life Service will be held September 5, 2026, at the Murray City Park Pavilion, Murray Kentucky. Final details will be available soon.

Henry Lee Dockins, 80, of Benton, KY, passed away on Sunday, August 2, 2026 at Anna Mae Owen Residential Hospice House. A celebration of life will be held from 11 am - 3 pm on October 10, 2026, at the Historic Cherokee Center, Cherokee Lane, Benton, KY 42025. Imes Funeral Home is entrusted with caring for his family.

Mable “Virginia” Chester, age 101, of Murray, Kentucky, departed her earthly home to spend eternity with her Heavenly Father on Monday, August 10, 2026, at Hickory Woods. A graveside service will be held at 10:00 a.m., Thursday, August 13, 2026, at the Salem Baptist Church Cemetery with Bro. Philip Bazzell officiating.

Gerald Dan McNutt, age 87, of Murray, Kentucky, passed away on Friday, August 7, 2026, at the Anna Mae Owen Residential Hospice House in Murray, Kentucky. A funeral service was held at 1:00 p.m., Thursday, August 13, 2026, at the J.H. Churchill Funeral Home & Cremation Services. Bro. Gary Vacca and Pastor Jeff Rudy will officiate, and a eulogy will be provided by his brother, Ronnie McNutt. Burial followed in the South Pleasant Grove United Methodist Church Cemetery.

Anita French, age 79, of Murray, Kentucky, formerly of Nashville, Tennessee passed away on Wednesday, August 5, 2026, at her home. Arrangements are currently incomplete at the J.H. Churchill Funeral Home and Cremation Services.

Ruby “Faye” Guthrie, 79, of Murray, Kentucky, passed away Sunday, August 9, 2026, at the Anna Mae Owen Residential Hospice House in Murray. Friends visited with the family from 9:30 A.M. - 11:30 A.M. on Thursday at Blalock-Coleman Funeral Home, (713 S. 4th St., Murray, KY). Graveside services were conducted at 12:00 P.M. on Thursday, August 13, 2026, at Mt. Carmel Cemetery in the Kirksey community. Rev. Jeff Rudy will be officiating and Doug Crafton singing “His Eye is on the Sparrow” by Civilla D. Martin and Charles H. Gabriel, inspired by Bible verses in Matthew 10:29-31 about God caring for small birds, the song offers comfort and hope through fear and grief. Burial will immediately follow the service.

In Loving Memory of Barbara Maria Tretina. It is with deep sadness that we announce the passing of Barbara Maria Tretina, who passed away on August 5, 2026, at the age of 89. A memorial service celebrating Barbara’s life was held at the Kingdom Hall of Jehovah’s Witnesses in Murray, Kentucky, on Saturday, August 8, 2026, at 2:00 p.m. All who knew and loved her were warmly invited to attend as family and friends gather to remember her life and to find comfort in the Bible’s promise of the resurrection.

CHRISTIAN

Roger E. Watson, age 82, of Hopkinsville, Kentucky, passed away Sunday, August 9, 2026, at Jennie Stuart Health after a brief illness. Funeral services were held at 1:00 p.m. Thursday, August 13, 2026, at Maddux-Fuqua-Hinton Funeral Home, with Rev. Becky Durham officiating. Burial will follow at Kentucky Veterans Cemetery West with Military Honors.

Ruth A. Mason, age 80, Christian County, passed away on Thursday, August 6, 2026, at her residence of natural causes. Funeral Services were at 1:00 PM on Tuesday, August 11, 2026, at Maddux Fuqua Hinton Funeral Home with Rev. Jimmy Stewart and Dylan Mason officiating with burial followed in Riverside Cemetery.

Clifford “Cliff” E. Simpson, age 88, of Hopkinsville, KY, passed away on Wednesday, August 5, 2026, at his home of natural causes. Graveside Services were at Ancestral Haven Memorial Gardens at 10:30 AM on Monday, August 10, 2026, with Father Emmanuel Udoh officiating and burial to follow.

Billy Joe Combs, 84, Cadiz, KY, formerly of Hopkinsville, KY, passed away Friday, August 7, 2026 at his home of natural causes. Funeral services were held at 1:00 p.m. Tuesday, August 11, 2026 at Lamb Funeral Home with Rev. Norman Cotton officiating and Rev. Wayne Godwin

assisting. Burial followed in Fruit Hill Baptist Church Cemetery.

Michael Wayne Blane, born October 29, 1947 in Christian County, Kentucky, passed away on August 6, 2026. Funeral service was held on August 13th at the Gamble Funeral Home, 1311 S LIBERTY ST., HOPKINSVILLE, KY 42240. Burial followed at CAVE SPRINGS CEMETERY, 2120 Greenville Road, Hopkinsville, KY 42240.

Robert “Bobby” Prince, 65, of Hopkinsville, KY passed away on Sunday, August 9, 2026 at his residence. A memorial service will be held on Sunday August 16, 2026 at Riverside Cemetery by the gravesite of Tiffany Prince at 4:00 PM. Dogwood Funerals & Cremations is assisting with the arrangements.

Mary Ellen Henry died Tuesday, August 4, 2026, of natural causes with her family’s love and support. A graveside burial will be held at a later date. Dogwood Funerals & Cremations of Hopkinsville is assisting with arrangements.

CRITTENDEN

Dennis Edward Woodall, age 83, of Marion, KY, passed away on Monday, August 10, 2026, at his home. Funeral Mass will be held at 11:00 AM on Friday, August 14. 2026, at St. William Catholic Church in Marion. Burial will follow in St. William Catholic Cemetery.

David Leon Haire, 80, of Marion, Kentucky, passed away on August 8, 2026, in Calvert City, Kentucky. Funeral services for David Haire will be held Noon Saturday, August 15, 2026, at Gilbert Funeral Home in Marion, KY. Visitation will be held from 10:00 a.m. until noon at the funeral home. Burial will follow at Rosebud Cemetery.

Bonnie Nation, a beloved wife, mother, grandmother, and friend, passed away peacefully on August 8, 2026 at 1:15 a.m. at Salem Springlake Health and Rehab Center at the age of 84, following a courageous and long health battle. Services were held at 2 PM Tuesday, August 11, 2026 at Gilbert Funeral Home in Marion, KY with interment in Deer Creek Cemetery.

Tyrone Booth, 89, of Marion, KY passed away August 5, 2026 at Baptist Health Madisonville. Services will be held at a later date at Stark Funeral Home in Ypsilanti, Michigan with interment in Highland Cemetery in Ypsilanti.

FULTON

Thomas Ray Nelms, 80, of South Fulton, TN, passed away peacefully at the Ray & Kay Eckstein Hospice Care Center in Paducah, KY, on August 8, 2026. Funeral services were held Wednesday, August 12, 2026, at Hornbeak Funeral Chapel. Burial followed in the Little Obion Cemetery, Wingo, KY 42088.

Margaret Elizabeth “Beth” Smithson passed away peacefully surrounded by love on August 7th 2026, leaving behind a legacy of kindness, compassion, and unconditional love for her family, and everyone fortunate enough to know her. Services for Beth Smithson will be held Monday, August 17th, 2026 at 6:00 p.m., in our funeral chapel. Visitation will begin at 4:00 p.m. and continue until the service hour. Hornbeak Funeral Chapel is in charge of arrangements.

Thomas Freeze of Fulton passed away Tuesday morning at the Jackson Purchase Medical Center in Mayfield. Funeral arrangements are incomplete at this time and will be announced by Hornbeak Funeral Chapel in Hickman.

Virginia Wilhaucks, age 87, of South Fulton passed away Monday morning at the South

FUNERAL NOTICES continued

Prairie Memory Care in Bethalto, IL. Funeral arrangements are incomplete at this time.

David Snuggs, age 85, of South Fulton, passed away peacefully at his residence on Sunday afternoon, August 9th, 2026. A complete obituary will be posted soon. Funeral services will be held at 1 PM Friday, August 14, 2026, in our funeral chapel. Visitation will be held at the funeral home from 11 AM Friday until the hour of service. Masonic services will be held.

Kathy Holdman of Martin, TN, passed away at Diversicare of Martin, TN. There was a memorial service held at the First Baptist Church in Sharon on Sunday, August 9, 2026, starting at 2:00 PM.

GRAVES

Rev. David W. Key, age 73, of Mayfield passed away on Sunday, August 9, 2026 at his residence. Funeral services for Rev. David W. Key will be 11:00 a.m. on Saturday, August 15, 2026 at Trace Creek Baptist Church. Rev. Ronnie Stinson, Jr. and Rev. Ronnie Stinson, Sr. will officiate. Interment will follow at Trace Creek Cemetery.

Pattie Blume, age 83, of Mayfield passed away on Friday, August 7, 2026 at Parkview Nursing and Rehab Center in Paducah, KY. Graveside services for Mrs. Pattie Blume were held at 3:00 p.m. on Wednesday, August 12, 2026 at Highland Park Cemetery. Rev. Ronie Stinson, Sr. will officiate. Interment will follow.

Dr. Ted H. Jefferson, age 59, of Mayfield passed away on Friday, August 7, 2026 at his residence. A memorial service for Dr. Ted H. Jefferson was held at 7:00 p.m. on Tuesday, August 11, 2026 at Byrn Funeral Home in Mayfield, KY. Rev. Chad Lamb officiated.

Avalynn Taylor Craig, age 27, of Mayfield, passed away on Monday, August 10, 2026, at her residence. Memorial services for Ms. Avalynn Taylor Craig will be held at 2:00 p.m. on Friday, August 14, 2026, in the chapel of Brown Funeral Home of Mayfield, with Deacon Michael Clapp officiating. Friends are invited to call from 12:30 p.m. until the service time on Friday.

Beverly Ann Davis Clay, age 79, of Mayfield, Kentucky, passed away on Monday, August 3, 2026, at Jackson Purchase Medical Center in Mayfield. Funeral services for Mrs. Beverly Ann Davis Clay were held at 2:00 p.m. on Friday, August 7, 2026, at Brown Funeral Home in Mayfield with Bro. Ronnie Stinson, Sr. officiating. Burial followed at Trace Creek Cemetery.

Charles Wayne Collins, age 66, of Mayfield, Kentucky passed away on Wednesday, August 5, 2026 at Baptist Health in Paducah, Kentucky. A funeral service was held on Monday, August 10, 2026 at 1:00 p.m. Burial will follow in Marshall County Memory Gardens.

LIVINGSTON

Priscilla Jane “Teri” Dickerson, 87, passed away peacefully at her home in Burna, Kentucky, on August 8, 2026. In accordance with her wishes, services will be private and entrusted to Boyd Funeral Directors and Cremation Services. She will be laid to rest at Old Salem Cemetery.

Danny Keith Hunter, 80, of Salem, KY, passed away August 5, 2026 at his home in Salem. Funeral services were held on Sunday, August 9, 2026, at 2 PM, in the chapel of Boyd Funeral Directors and Cremation Services. Burial will follow in Salem Cemetery.

Dutton Clyde Hunt, infant son of Brandon and Haleigh (Crawford) Hunt, was born into the arms of Jesus on August 4, 2026, at Baptist Health Paducah. Funeral services were held on

Monday, August 10, 2026, at 1 PM, in the chapel of Boyd Funeral Directors and Cremation Services. Burial followed in Scott’s Chapel Cemetery

Sheila Kay Goodaker, age 72, of Smithland, lovingly remembered by many, passed away on August 4, 2026, at Deaconess Gateway Hospital in Newburgh, Indiana. Family and friends will gather to celebrate Sheila’s life and legacy. A visitation was held on Tuesday, August 11, 2026, from 5:00 PM to 7:00 PM at Keeling & Goodman Funeral Home, 2410 Jackson Street, Paducah, KY 42003. A graveside service was held afterward at Oak Grove Cemetery in Ledbetter, Kentucky, with Bro. Sexton also officiating.

MARSHALL

Glen Alan Willett, 71, of Gilbertsville, Kentucky, passed away on Thursday, August 6, 2026, surrounded by the love of his family. Visitation will be held from 11:00 AM to 1:00 PM on Saturday, August 15, 2026, at the Life Celebration Center of Filbeck-Cann, 1003 Poplar Street, Benton, KY 42025. A memorial service will be held at 1:00 PM on Saturday, August 15, 2026, at the Life Celebration Center of Filbeck-Cann.

Amanda Lou Roberts Crittendon, 78, of Benton, Kentucky, passed away on Tuesday, August 4, 2026, at the Ray & Kay Eckstein Hospice Care Center in Paducah. Funeral services were held at 1:00 PM on Friday, August 7, 2026, at the Life Celebration Center of Filbeck-Cann with Bro. Calvin Bryant officiating. Burial followed at Cole Cemetery.

Joseph Kenneth Davis, of Paducah, KY, passed away suddenly on Saturday, August 8, 2026. Visitation was held Wednesday, August 12, 2026 from 11:00 AM until 1:00 PM with the service following at 1:00 PM, at Collier Funeral Home, located at 211 West 5th Street Benton, KY 42025. Officiating will be his long-time friend Craig Yates. Burial will be at the Benton Church of Christ Cemetery with Military Rites. Brief graveside remarks will be made by Marlen Wood.

James “Wendell” Norwood, 92 of Benton, Kentucky Passed away on Friday, August 7, 2026, at Marshall Co. Hospital E. R. in Benton, Kentucky. A funeral service was held on Tuesday, August 11, 2026 at 2:00 PM at the Collier Funeral Home Chapel with Bro. Rick Miller officiating. Burial followed in the Olive Cemetery.

Terri Lee Nelson-Morey, 69 of Gilbertsville, Kentucky passed away on Thursday, August 6, 2026, at Tristar Centennial Medical Center in Nashville, Tennessee. A funeral service will be held on Friday, August 14, 2026 at 3 PM Collier Funeral Home Chapel with Bro. Jared Baker officiating. Visitation will be Friday, August 14, 2026 from 1 PM until 3 PM at Collier Funeral Home and Cremation Services, located at 211 West 5th Street Benton, KY 42025.

Ronald “Ron” E. Driver, 78 of Benton, Kentucky passed away on Wednesday, August 5, 2026, at his home surrounded by his family. A funeral service was Sunday, August 9, 2026 at 2:00 PM at the Collier Funeral Home Chapel with Joey Harrison and James Stom officiating. Burial followed at Pace Cemetery in Hardin, KY.

McCRACKEN

Babe Perry, age 94, of Paducah, Kentucky, passed away Sunday, August 9, 2026 at Baptist Health Paducah. Services were held Wednesday, August 12, 2026 at 12:00 p.m. at the Lone Oak Chapel of Milner & Orr Funeral Home with Rev. John Smithmier officiating. Private Entombment will be at Woodlawn Memorial Gardens.

Josh Reed, 32, of Paducah, Kentucky, passed away at 7:23 a.m. Sunday, August 9, 2026, at Baptist Health Paducah. Funeral services will be held at 3:00 p.m. Saturday, August 15, 2026, at The

Church of Jesus Christ with Sister Trish Watson officiating. Visitation will begin at 1:00 p.m. Saturday at the church.

Winifred “Winn” Huyck, 105, of Paducah, Kentucky, passed away on Friday, August 7, 2026, at Oakview Nursing and Rehabilitation Center in Calvert City, Kentucky. A funeral service will be held at 1:00 p.m. on Saturday, August 15, 2026, at the Lone Oak Chapel of Milner & Orr Funeral Home with Pastor Eddie Smith officiating. Burial will follow at Woodlawn Memorial Gardens. Visitation will be held from 12:00 p.m. until the service hour of 1:00 p.m. on Saturday, August 15, 2026, at the funeral home.

James Joseph Carbonel, 96, of Paducah, Kentucky, passed away on Friday, August 7, 2026. Born in Newark, New Jersey, James lived a remarkable life defined by faith, service, courage, and dedication to his country and family. A graveside service was held at 12:00 PM on Thursday, August 13, 2026, at Maplelawn Park Cemetery, with Rev. Stephen Than officiating.

William Richard Baker, 77, of Paducah, passed away on Monday, August 10, 2026, at his residence. Funeral services will be held at 11:00 am on Saturday, August 15, 2026, at Hughes Funeral Home in Paducah with Bro. Jared Baker and Bro. Jonathan Goodman officiating. Burial will follow at Carters Mill Cemetery in Symsonia. Visitation will be held from 5:00 pm to 7:00 pm on Friday, August 14, 2026, and from 9:00 am to service time Saturday at the funeral home.

Richard Earl Newton, 81, of Paducah, passed away on Friday, August 7, 2026, at his residence. Funeral services were held at 12:00 noon on Wednesday, August 12, 2026, at Hughes Funeral Home in Paducah with Pastor Chris Brady officiating. Burial with military rites following at Woodlawn Memorial Gardens in Paducah.

TRIGG

Martha Lynn Goodwin - June 10, 1963 - August 11, 2026 - A Celebration of Life for 63 year old Martha Lynn Goodwin of Adairville, KY will be held at a later date. King’s Funeral Home is in charge of the arrangements.

Charles Steven “Bird Dog” Paige - September 29, 1950 - August 7, 2026 - A Celebration of Life for 75 year old Charles Steven “Bird Dog” Paige of Hopkinsville will be held on Friday, August 14, 2026 at 7:00 p.m. at King’s Funeral Home. Visitation will be from 4:00-7:00 p.m. Friday, August 14, 2026 at King’s Funeral Home.

James William “Jamie” Raine, Jr. - July 20, 1985 - August 5, 2026 - There will be no services for 41 year old James William “Jamie” Raine, Jr. of Cadiz. King’s Funeral Home is in charge of the arrangements.

Nancy Lee (Fogg) Thomas of Cadiz, Kentucky, passed away peacefully at her home on August 9, 2026, with her family by her side at the age of 89. A Memorial Mass will be held at 11:00 AM, Friday, September 18, 2026, at St. Stephen Catholic Church, 1698 Canton Road, Cadiz, Kentucky, with Fr. Jegin Puthenpurackal officiating. Visitation with the family will be from 10:00 AM until the time of service. Arrangements are being handled by Goodwin Funeral Home, Inc., 138 Main Street in Cadiz, Kentucky.

Karen Sievers McGehee, age 76, passed away on Thursday, August 6, 2026, at her home in Cadiz, Kentucky. There will be no services at this time. Goodwin Funeral Home, 138 Main Street in Cadiz, is in care of the arrangements.

To place a full obituary, including a photo, call 270-442-7389 for details and pricing. Obituaries and funeral notices should be received by 9 a.m. Wednesday for inclusion in that week’s paper.

Embracing truth while ignoring gossip and opinions

By William F Holland Jr.
billyhollandministries.com

The majority of the world does not agree with the God of the Bible being the author and finisher of their faith. With so many diverse religions and philosophical convictions, along with masses of people that have no spiritual affiliation at all, we still realize that today’s spiritual and political environment is not that much different from thousands of years ago. Humans are influenced by what we hear and read, so an important consideration is how much knowledge we have discovered that we know is true. Especially since the invention of the internet, independent research and critical thinking are hardly necessary. Today, information is given to us instantly, but shouldn’t we be asking asking God instead? Jesus talks about this in the Sermon on the Mount,

and all leaders should study it carefully. We notice that somewhere between social media, chat forums, and lying advertisements, people love to absorb information. Instead of praying for answers, people trust complete strangers. Let it be said we are not in the midst of a drought of knowledge, but rather engulfed in a tidal wave of confusion and deception. Since most religions and political parties are so biased according to what they believe is correct, it’s no surprise the planet is filled with animosity and haughtiness. I’ve pondered through the years about how little we actually know about things we would fight over. For example, would you be persecuted for your personal religious interpretations? What if Biblical passages are not translated correctly, or you are trusting a teacher who has misunderstood them? How do

you know your daily quota of news reports are true about politics? How can you be positive they actually know what’s going on behind the scenes? Could media be an idol that is controlled by Satan to deceive those who follow it? According to the dictionary, critical thinking is the process of analyzing facts, evidence, observations, and arguments to reach sound conclusions and informed choices. (This does not include being addicted to mainstream media or gossip). It involves recognizing underlying assumptions, providing justifications for ideas and actions, evaluating these justifications through comparisons with varying perspectives, and assessing their rationality and consequences. The goal is to form a judgment through a process of rational, skeptical, and unbiased analyses and

evaluations. Similar to a criminal investigation, building a case for what we suspect is true needs to be done responsibly, as what we say is being recorded by all who are listening. I know an elderly man who will never discuss politics or religion. He does not want to be judged for his opinions, but to be respected for the person he is. The majority of the masses have always been heavily influenced by what they hear and read, but it seems the masses have developed a craving and are controlled by information. Does the listener ever wonder if what they are hearing is false? For example, our government has declared itself as non-biased when they make laws; however, where does the state and federal court system, including the Supreme Court, receive its wisdom when they make a ruling? Human logic?

Mortal intelligence? Emotional feelings? We would hope they would pray and seek God’s guidance, but is this the case? Our motto is “In God We Trust,” but is this now considered ancient folklore and no longer relevant? When leaders are elevated to great authority, our old nature tends to drift into arrogance, which continues to advance to an infection of humanism. We know that Satan is the author of confusion and loves to persuade those who are blinded by illusions of power into openly justifying rebellion and compromise. There is not enough time here to discuss how fast artificial intelligence is developing. Even the people building this technological beast understand it is no longer just a harmless toy or a workplace assistant. The International Energy Agency reported that global data centers grew 17

percent in 2025. We are in the infancy of a new age, and the questions we should be asking are: Who is programming it? How will people discern truth from error? Will families teach their children about God, or allow their thinking to be outsourced? When we trust AI as a substitute for our spiritual views, moral judgments, character, creativity, and human responsibility, we risk being controlled by the temporary ruler of this world, who just so happens to be the prince and power of the air. We are being warned, but it’s the individual’s responsibility to seek God, to listen, and obey HIS voice.

Dr. Holland is a Christian minister, author, and community outreach chaplain. Ask for a free download of his song, “Intentions of the Heart” at psalmz103@gmail.com



OUTDOOR
Truths

By Gary Miller
Outdoortruths.org



The only time I can remember being without a dog was during my college years. They have been a part of my life ever since I was a child. I even raised and sold pups for a few years. But even though I have always had a dog, I don’t consider myself a dog lover. The reason is that I have met a few people who truly are. To them, their dog is a close family member and is treated as such. Two of my dear friends are dog lovers. Not only have I witnessed their furry affection, but I have watched them grieve deeply over the loss of their four-legged friends. It was the same

grief I have seen in so many people over the years. Tears, heartache, questions, and even anger were as real as if they had lost a blood relative. I grieved with them. They are dog lovers. But my home had never been like that until Snatch came along. Snatch came from the local animal shelter. My son picked him out for his own family but because of circumstances had to hand him over to us. He soon became my wife and grandson’s dog. They treated him like royalty and made sure he lived a life of canine luxury. In return, Snatch

obeyed every instruction they uttered. Every single one. If a visiting dog came to our house, Snatch accepted it. When our children had babies, Snatch recognized them as part of the family. He has been nearly the perfect dog. In dog years, he is now in his 80s (or older). Recently he began losing weight and after a trip to the vet, we discovered a mass that is terminal. His last days are coming this week. My dog lovers are grieving. And this time, I am grieving too. I have so much I want to say about God and dogs. I want to remind you that there are souls

that are not human. And dogs are among God’s creations that have a soul. I want to remind you that dogs reveal the grace of God in that they are always waiting for you to return, no matter what you have just done. I want to remind you that God gave dogs purpose. They serve and love. They give comfort and security. Dogs are evidence for the existence of God. Only God could create something so complete. And yet, my dog-loving friend John wondered why God didn’t allow man’s best friend to live a longer life. I mean an alligator can live up

to 80 years. But who wants a pet alligator? Why are our life-giving, therapeutic, love-filled dogs with us for only a relatively short period of time? I pondered that question. And the only answer I know is that God knew there would be more dogs than there would be dog lovers. So, to give each pup an opportunity to love and be loved, He made their lives shorter so that humans could love several of them during their own lifetimes. Dog lovers are not simply pet owners. They are a special breed of humans who have been given a gift to love a special breed

of animals. And while they will grieve more than most throughout their lives, perhaps they will love longer and deeper as well.

Gary Miller has written Outdoor Truths articles for 23 years. He has also written five books which include compilations of his articles and a father/son devotional. He also speaks at wild-game dinners and men’s events for churches and associations. Stay updated on Outdoor Truths each week by subscribing at Outdoortruths.org

Is moving the right move after retirement?

Retirement is a milestone moment in life. Each person has their own vision of an ideal retirement. Some may want to travel the world. Others may look for a second career or a chance to volunteer in support of a cause near and dear to their hearts. Retirement also may lead some to ponder if

it's the right time to sell their homes. Retirement is often associated with downsizing a home, but data indicates that even seniors who sell are not necessarily moving into smaller homes. A spring 2026 report from the National Association of Realtors found that seniors between the

ages of 61 and 70 who sold a 2,000-square-foot home between June 2024 and June 2025 typically moved into a similarly sized property. Downsizing may not be compelling seniors to move after retirement, but that doesn't mean newly minted retirees should not give the idea of moving ample consideration. In fact, there are many reasons to move after retiring, and considering those factors can help seniors determine if moving is right for them.

• **Real estate market:** Real estate markets fluctuate, and retirees can monitor home prices where they currently live and where they might want to move to see if the time is right to relocate. If prices are high in your current market and low in areas where you may want to spend your retirement, then a relocation might enable you to pocket a sizable amount of money, which can then be redirected toward retirement expenses like travel, entertainment and health care.

• **Taxes:** Working with an experienced tax attorney can help

retirees determine if moving is in their long-term financial interest. Capital gains taxes, income taxes, and property taxes are just some of the financial variables affected by location. Retirees could save substantial amounts of money by moving to locations with lower tax obligations. Those savings can help to ensure seniors do not outlive their money. Even if you're attached to your current home, the tax savings associated with relocating to a more retiree-friendly locale may be too great to pass up.

• **Maintenance:** While financial considerations

may be foremost on the minds of retirees pondering a move, it's equally important to ask if you can keep up with the maintenance associated with your current home. There's also the question of desire in relation to home maintenance. If you're physically incapable of routine maintenance tasks or simply want someone else to handle chores like maintaining the landscape, then a move to a 55+ community where maintenance is paid for by monthly homeowners' association fees might be the best decision.

• **Family:** Modern families tend to spread

out. According to the Pew Research Center, 32 percent of adults with a postgraduate degree do not live near any extended family members. But 42 percent of such adults live within an hour's drive of some extended family members. Retirees who aspire to reconnect with grown children and build strong relationships with grandchildren who may live an hour or more away might consider relocating to be closer to the people they love most.

Seniors considering a relocation in retirement can ponder a number of variables to determine if a move is in their best interest.

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Jury duty and crypto scams back in Kentucky, KSP says

By TOM LATEK
Kentucky Today

FRANKFORT, Ky. (KT) – A combined jury duty and cryptocurrency scam is making the rounds in Kentucky again, according to the Kentucky State Police (KSP).

The KSP says scammers, pretending to be local or state law enforcement, will call and claim that you missed jury duty, then pressure you to pay a fine to “resolve” the fake situation. The scammer in-

structs their victim to withdraw cash, take it to a local cryptocurrency kiosk and pay the fine in Bitcoin. Instead of going to law enforcement to pay a legitimate fine, this money goes directly to the scammer.

If you receive this phone call, immediately hang up. This scam was reported in Bowling Green but could expand to other communities in the state, so all Kentuckians should be on the lookout.

Once cryptocur-

rency is sent, it is extremely difficult, if not impossible, to recover. DO NOT send money or give any personal information. Legitimate law enforcement officials do not ask for or accept cryptocurrency as payment for fines.

Remember to use the Pause, Check, and Protect method to help spot and avoid scams. If you’re unsure whether a call is legitimate, take a moment to verify the information through an official source before taking any

action.

Go to StopScams.ky.govto learn more about this scam and

others being reported around the state, as well as information on how you can

keep from becoming a scammer’s next victim.



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AUGUST HEAVY EQUIPMENT & SAT. AUGUST 22nd. 2026



EXCAVATORS: 2016 Deere 350G LC Excavator, 9,041 hrs, aux hydr, JRB quick attach, EROPS, heat/AC, SN#1FF350GXCGF811242; 2014 Komatsu PC138LC-10 Excavator, 6,133 hrs, Werk-Brau quick coupler, aux hydr, 42 in Hensley bucket, 28 in steel tracks, EROPS, heat/AC, radio, SN#KMTPC245V01040650; 2022 Case CX75CSR Excavator, 815 hrs, Oriel quick coupler, Oriel hydr thumb, 36 in bucket, backfill blade, rear camera, EROPS, heat/AC, radio, SN#DAC075K6NNS6A1705; 2016 Komatsu PC55MR-5 Excavator, 6,745 hrs, aux hydr, Werk-Brau coupler, 24 in bucket, 18 in rubber bolt-on pads, boom swing, 2 spd, 78 in blade, EROPS, heat/AC, SN#KMTPC259CGE020264; 2016 Komatsu PC55MR-5 Mini Excavator, 6,180 hrs, aux hydr, Werk-Brau coupler, 24 in bucket, boom swing, 16 in rubber tracks, 78 in blade, EROPS, heat/AC, SN#KMTPC259VGE020306; 2019 Kubota KX057-4 Mini Excavator, 4,421 hrs, hydr thumb, aux hydr, manual coupler, 24 in bucket, 16 in rubber tracks, OROPS, SN#JKUK0574H01H30652; 2024 JCB 50Z-1 Mini Excavator, 618 hrs, mech quick coupler, aux hydr, hydr angle grading blade, boom swing, 24 in bucket, 77 in blade, rubber tracks, EROPS, heat/AC, radio, 2 spd, tinted windows, SN#PUN8CGB6PR3374082; Case CX60C Mini Excavator, 359 hrs, aux hydr, hydr thumb, boom swing, blade, EROPS, heat/AC, SN#HHKHMC15JE0002323; 2020 Deere 35G Mini Excavator, 4,335 hrs, manual quick attach, aux hydr, boom swing, 12 in rubber tracks, 12 in bucket, backfill blade, OROPS, SN#1FF035GXVVK289928; 2023 CAT 303 CR Mini Excavator, 3,013 hrs, quick coupler, aux hydr, boom swing, 12 in rubber tracks, 12 in bucket, backfill blade, OROPS, SN#CAT00303PNXY00872 **CRAWLER DOZERS:** 2015 CAT D6T XL Crawler Dozer, 13,059 hrs, Trimble GPS, 11 ft blade, 24 in metal tracks, 4-way blade, rear camera, EROPS, heat/AC, radio, SN#CAT00D6TEKMR00380; 2022 Komatsu D51PXI-24 Crawler Dozer, 5,997 hrs, 11 ft blade, 28 in steel tracks, Intelligent Machine Control, EROPS, heat/AC, radio, SN#KMT0D133LMBB25129 **SKID STEERS / COMPACT TRACK LOADERS:** 2024 Deere 333G, 1,141 hrs, 2 spd, quick attach, Hi-Flow hydr, 16 in rubber tracks, Deere 84 in bucket, rear camera, EROPS, heat/AC, radio, SN#1T0333GMERF459028; 2019 Bobcat T740, 5,417 hrs, OROPS, pilot cntrls, 84 in bucket, 18 in rubber tracks, manual coupler, SN#B3CA16477; 2016 Bobcat T740, 3,208 hrs, aux hydr, pilot cntrls, 18 in rubber tracks, manual coupler, 84 in bucket, OROPS, SN#B3CA11404; 2021 CAT 259D3, 2,626 hrs, 2 spd, hydr quick attach, aux hydr, CAT 68 in bucket, 16 in rubber tracks, EROPS, heat/AC, radio, heated seat, rear camera, SN#CAT0259DCCW907980; CAT 246, 4,531 hrs, aux hydr, quick coupler, 72 in bucket, EROPS, heat/AC, SN#CAT00246E5SZ07976; 2020 Kubota SVL75-2, 966 hrs, 2 spd, hydr quick attach, aux hydr, 74 in bucket, 16 in rubber tracks, foot throttle, EROPS, heat/AC, radio, SN#KBCZ052CAL1C49779; 2019 New Holland C232, 755 hrs, 2 spd, quick attach, aux hydr, 18 in rubber tracks, 78 in bucket, EROPS, heat/AC, radio, heated seat, SN#JAF0C232VJM443052 **WHEEL LOADERS:** 2019 Volvo L70H Wheel Loader, 4,308 hrs, EROPS, JRB hydr quick coupler, 104 in bucket, aux hydr, heat/AC, radio, SN#VCE0L70HE0S624032; 2018 New Holland W80C Wheel Loader, 1,443 hrs, power quick attach, aux hydr, CAT 80 in bucket, articulating, EROPS, heat/AC, SN#FNHW80CHNJHP00691 **TELEHANDLERS / CRANE:** 2018 CAT TL1255D Telehandler, 3,672 hrs, 12,000 lb capacity, 55 ft max height, aux hydr, front outriggers, tilting forks, frame leveling, 72 in forks, EROPS, heat/AC, SN#ML701230; XTREME XR1147 Telehandler, 10,580 hrs, 11,000 lb capacity, 47 ft max height, aux hydr, tilting forks, frame leveling, EROPS, heat/AC, SN#XR114711180700031; 2012 JLG G9-43A Telehandler, 6,386 hrs, 9,000 lb capacity, 43 ft reach, solid tires, Cummins engine, 4x4, OROPS, SN#0160043001; Gradall 534D-9 Telehandler, 9,000 lb capacity, 34 ft max height, 60 in forks, frame leveling, tilting forks, OROPS, SN#0544316; 2014 CAT TH407C Telehandler, aux hydr, coupler, tilt, frame leveling, 4x4, SN#MLH00696; 1992 Grove AP308B Carry Deck Crane, 2,689 hrs, Cummins diesel, 24 ft max boom, 15 ft swing-away jib, SN#76566 **TRACTORS:** 1978 John Deere 4640 Tractor, 2,774 hrs, 2 remotes, 3 pt, quick hitch, 1,000 PTO, duals, 10 front suitcase weights, cab, heat/AC, lights, SN#002945R; 2006 McCormick CX105 Tractor, 2,386 hrs, rear 3 pt, 2 remotes, dual PTO, cab, heat/AC, radio, SN#ZC15AS4JJE2059292; 2013 Kubota B3000HSD Loader Tractor, 435 hrs, LA403 loader, 60 in bucket, rear 3 pt, 540 PTO, hydrostatic drive, skid steer-style loader hookup, cab, heat/AC, SN#B3000HSD51807 **TRUCKS / VEHICLES:** 2011 Freightliner Cascadia 113 Box Truck, 30 ft box, 6 ft alum power ramp, 8 ft wide ramp, Detroit DD13, 10 spd trans, Powertech generator, int storage racks/shelves, tiedown rails, tandem axle, retired movie set truck, VIN#1FUBGADV1BSA20715; 2018 RAM 2500HD 3/4 Ton Pickup, 158,539 mi, crew cab, long bed, gas, auto trans, 4x4, Ranch Hand bumper, cloth int, heat/AC, radio, VIN#3C6UR5HJ9JG289076; 2018 Chevrolet Silverado 2500HD, 173,777 mi, extended cab, 4-door, 4x4, gas, vinyl seats, fold-down front center seat, power windows/locks, heat/AC, radio, VIN#1GC2KUEG2JZ192552; 2015 Chevrolet Silverado 1500, 164,604 mi, standard cab, auto trans, vinyl int, flip console, heat/AC, radio, VIN#1GCNCEPCXFZ321654; 2009 Jeep Grand Cherokee, 133,272 mi, leather int, 4x4, heat/AC, radio, auto trans, bumper guard, tinted windows, VIN#1J8HR58T29C530141; 2018 Chevrolet Malibu, 263,275 mi, heat/AC, radio, power seat/windows, VIN#1G1ZD5ST9JF144105 **TRAILERS:** 2019 Mac 40 ft MacSimizer Dump Trailer, tandem axle, electric tarp, driver-side rear ladder, VIN#5MADN4026KK049666; 2020 Kaufman 50 ft Car Trailer, tandem axle, tool boxes, ramps, VIN#SVGFWS326; 2011 Timpfe Hopper Trailer, tandem axle, duals, manual tarp, front/rear ladders & catwalk, manual hoppers, VIN#1TDH33528BB129400; 1979 Fruehauf 40 ft Flatbed Tender Trailer, tandem axle, steel wheels, 1,400 gal poly tank, (2) 1,300 gal poly tanks, quick-connect side fill, Briggs & Stratton Banjo pump, VIN#FWV479408; 2024 Quality Cargo Concession Trailer, fully equipped, (4) Patriot fryers, Patriot range, 3-bay warmer, stainless 3-bay sink, 6 ft hood, fire suppression, smoker on open patio, VIN#50ZBE2220RR046676, UNUSED; 1990 Load Rite Boat Trailer, boards & rollers, bow catcher, tandem axle, VIN#1PHBKJU23L2000016

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AG CONSIGNMENT AUCTION

2-AUCTION RINGS

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BOOM & SCISSOR LIFTS: 2018 Genie S-45 Boom Lift, 2,762 hrs, jib, 45 ft max height, 500 lb capacity, power to platform, SN#S45H25567; 2007 Genie S-40 Boom Lift, 2,955 hrs, gas, power to platform, 550 lb capacity, 40 ft max height, 31 ft max reach, SN#S4007-11879; 2013 Genie Z34/22N Electric Boom Lift, 898 hrs, 34 ft max height, 500 lb platform capacity, 2-person basket, battery powered, SN#Z34N13-10433; 2014 Genie GS5390RT Scissor Lift, 1,413 hrs, 53 ft max height, 1,500 lb capacity, 4x4, ground cntrls, power to platform, 4 outriggers, extendable platform, dual fuel, SN#GS9014-49417; 2023 JCB S4550E Scissor Lift, 2.9 hrs, 500 lb capacity, 45 ft max height, power to platform, fold-down rails, SN#RAJA0814LP5329327, NEW/UNUSED; 2008 JLG 4394RT Scissor Lift, 2,872 hrs, 43 ft max height, 1,500 lb capacity, extendable platform, power to platform, ground cntrls, SN#0200179714; 2018 Skyjack SJIII3226 Scissor Lift, 286 hrs, ground cntrls, power to platform, extendable platform, fork pockets, SN#27036571; 2018 Genie GS-1930 Scissor Lift, 275 hrs, 19 ft max height, 500 lb capacity, ground cntrls, power to platform, onboard charger, fork pockets, SN#GS30P175962; 2018 Genie GS1930 Scissor Lift, 295 hrs, 19 ft max platform height, 500 lb capacity, battery powered, SN#GS30P-179432; 2018 Genie GS-1930 Scissor Lift, 200 hrs, 19 ft max platform height, 500 lb capacity, SN#GS30P-179410; 2018 Genie GS-1930 Scissor Lift, 275 hrs, 19 ft max height, 500 lb capacity, ground cntrls, power to platform, onboard charger, fork pockets, SN#GS30P174152; 2018 MEC 1330SE Scissor Lift, 100 hrs, 19 ft max height, 530 lb capacity, ground cntrls, power to platform, manual extending platform, fork pockets, SN#16301659; 2018 MEC 1330SE Scissor Lift, 243 hrs, 19 ft max height, 530 lb capacity, ground cntrls, power to platform, manual extending platform, fork pockets, SN#1302987; 2018 MEC 1330SE Scissor Lift, 318 hrs, 19 ft max height, 530 lb capacity, ground cntrls, power to platform, manual extending platform, fork pockets, SN#16302649; 2021 Sinoboom 1330SE Scissor Lift, 125 hrs, 12 ft 6 in platform height, battery powered, 2-person platform, 529 lb capacity, SN#0104001187; (3) 2020 Sinoboom 1330SE Scissor Lifts, 125 hrs each, 12 ft 6 in platform height, battery powered, 2-person platform, 529 lb capacity, SN#0104000881, 0104000942, 0104000852; 2015 Genie GR-26J Lift, 287 hrs, onboard charger, ground cntrls, power to platform, SN#GRJ15-863

LIGHT TOWERS: 2021 Generac Cube Hyper Light Tower, 6,085 hrs, City Silent, Kubota diesel, LED lamps, 4 stabilizer jacks, power mast, fork pockets, individual lamp shutoff, SN#3008237137; 2021 Generac Cube Hyper Light Tower, 9,737 hrs, City Silent, Kubota diesel, LED lamps, 4 stabilizer jacks, power mast, fork pockets, individual lamp shutoff, SN#3008237147; 2023 Generac G4ECO Towable Light Tower, 5,569 hrs, Mitsubishi diesel, 4 LED lights, electrical plugs, SN#7FSBL1015PB307451; 2020 Generac G4 ECO Towable Light Tower, 10,129 hrs, City Silent diesel, LED lamps, individual lamp shutoff, 4 outlets, 3 stabilizer jacks, multidirection fork pockets, SN#7FSBL1019LB572495; 2019 Allmand Night-Lite NLV-K1005C Towable Light Tower, 7,525 hrs, Kubota diesel, stabilizer jacks, pintle & ball hitch, fork pockets; 2019 Wacker Neuson LTV 6L Towable Light Tower, 2,813 hrs, stabilizer jacks, ball hitch, rear lights, fork pockets, SN#WNCLTV01KPUM07596; Chicago PN CPLT V4 Towable Light Tower, 1,415 hrs, Kubota diesel, stabilizer jacks, ball hitch, fork pockets, SN#WUX912382; 2016 Magnum MLT6S Towable Light Tower, 4,384 hrs, Kubota diesel, stabilizer jacks, SN#1601892; (4) 2019 Generac MLT6SK Towable Light Towers, Kubota diesel, stabilizer jacks, fork pockets, pintle/ball hitch, rear lights, SN#7FSBL1014KB754216, 7FSBL1019KB136163, 7FSBL1015KB136161, 7FSBL1014KB164288; 2018 MLT6SK Towable Light Tower, 8,104 hrs, Kubota diesel, stabilizer jacks, fork pockets, pintle/ball hitch, rear lights, SN#7FSXL1016JB272156; 2011 Terex AL4000 Towable Light Tower, 10,516 hrs, manual mast, ball hitch, Kubota diesel, SN#AL411700

AIR COMPRESSORS / COMPACTION: 2018 Atlas Copco XATS400JD8 Towable Air Compressor, 2,590 hrs, 400 CFM, single axle, diesel, digital screen, dual outlet, pintle hitch, rear lights, SN#HOP077271; 2010 Doosan C185 Towable Air Compressor, 1,935 hrs, 185 CFM, Ingersoll-Rand engine, single axle, pintle hitch, SN#412227UBUD80; 2019 Wacker Neuson RTSC3 Trench Compactor, 255 hrs, Kohler diesel, 23 in padfoot drums, wired/wireless cntrl, SN#WNMR0201AM0000755; 2021 Wacker Neuson RTSC-3 Trench Compactor, 403 hrs, diesel, 33 in padfoot drums, wired/wireless cntrl, SN#24488869

CONCRETE EQUIPMENT: Husqvarna Soff-Cut 4200 Early Entry Saw, 404 hrs, self-propelled, Kohler gas, electric start, power raise/lower, power guide arm, electronic idle, electric handle adj; Husqvarna Soff-Cut 2500 Early Entry Saw, 670 hrs, self-propelled, Kohler gas, electric start, power raise/lower, power guide arm, electronic idle, electric handle adj; (2) Husqvarna Soff-Cut 2500 Early Entry Saws, hrs unknown, Honda gas, electric start, power raise/lower, power guide arm, electronic idle, electric handle adj; **AG EQUIPMENT:** CASE IH 2162 40 ft Draper Head, poly fingers, adj reel, SN#YAZN13699, HEAD DAMAGED, SELLS AS-IS, HEAD ONLY; Unverferth HT36 Header Cart, sliding tiedown brackets, rear hitch, CART ONLY; Unverferth AWS36 Header Cart, 36 ft, ratchet tiedowns, SN#A58220209; John Deere 960 Field Cultivator, 25 ft working width, pull type, Remlinger 5-bar spike drag, hydr fold, SN#H00960Y017836; New Holland 327T Manure Spreader, chain unload, single axle, PTO driven, SN#32770; New Idea Manure Spreader, chain unload, single axle, ground driven; New Idea 324 Corn Picker, 2-row, pull type, PTO driven, SN#196433; Minneapolis Moline D Corn Sheller, pull type; US Standard Corn Husker/Corn Picker, stationary, steel wheels, shreds stalks, towable; John Deere 494A Corn Planter, 4-row, 36 in rows, extra corn plates; **UTILITY VEHICLES / GOLF CARTS / BOAT:** John Deere Gator XUV, 3,834 hrs, 18,199 mi, 4x4, bench seat, power dump bed, OROPS, SN#M0HXOPA115597, NO TITLE/NO COO; 2015 Club Car Precedent IQ Electric Golf Cart, battery powered, warning light, canopy, rear folding seat, charger, SN#JW1505-528273; E-Z-GO Electric Golf Cart, canopy, rear folding seat, warning light, charger, SN#3230654; 1998 Sea Nymph 160BT 16 ft Boat, 1997 Johnson 25 HP outboard, Humminbird fish finder, Minn Kota 5-spd 12V trolling motor, 3 seats, carpet floor, 6-person/875 lb capacity, spare tire, 1998 Sea Nymph trailer



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Daily dietary habits that can benefit seniors over the long haul

Food fuels the body throughout the day, ideally providing the energy people need to make the most of each day. But the foods people eat are more than just fuel. Indeed, a delicious meal is hard to forget, and that underscores how significant a variable flavor can be when people choose the foods they eat.

Flavor is certainly important when choosing and preparing meals, but it cannot be the only variable that determines what people eat. That's true for everyone, and especially notable for seniors. Age-related changes to the body should affect seniors' approach to diet. The National Council on Aging notes that metabolism slows as bodies grow older, which means seniors require fewer calories to fuel their daily activities than they needed when

they were younger. That's just one of the many notable things seniors should consider when designing their daily diets.

• **Plan a well-rounded diet.** School children learn the basic food groups as youngsters, and it's good for seniors to keep those long-ago lessons in mind when planning their daily diets. The American Heart Association notes the importance of incorporating fruits, vegetables, whole grains, dairy, and proteins into daily diets. In regard to dairy, the AHA advises consuming the equivalent of three cups of low-fat (1 percent) or fat-free dairy each day. When picking a protein source, the AHA identifies eggs, fish, lean meat, legumes, nuts, and poultry as healthy and protein-rich foods. Even



polyunsaturated and monounsaturated oils like olive oil and peanut oil can be healthy.

• **Resolve to read more labels.** Aging adults need not study nutrition to identify what they're putting into their bodies each time they take a bite. The NCOA notes that food labels are useful sources of information that can indicate how much fat, sodium and added

sugars are in a given item. Seniors should be especially vigilant when trying to avoid foods that contain a lot of added sugars, which can contribute to weight gain. That's notable given seniors' naturally slower metabolisms.

• **Practice portion control.** It's not necessarily the foods seniors eat but how much they eat that can derail their efforts to maintain

their overall health. Seniors' recommended daily calorie intake varies by both gender and activity levels. Guidelines from the U.S. Department of Health and Human Services notes women 61 and over who are moderately physically active should consume roughly 1,800 calories per day, while those living an active lifestyle are advised to eat around 2,000

calories per day. Moderately active men age 66 and older are advised to eat 2,400 calories per day, while active men between the ages of 61 and 75 should aim for 2,600 calories per day. When reading food labels, pay attention to calories per serving, as that can act as a useful guide to control portions. The National Institute on Aging recognizes it can be hard to control portion sizes when dining out, and recommends seniors share an entrée or order from the appetizers menu when picking their main course.

The right daily dietary habits can help seniors live longer, healthier and happier lives, and picking the right foods does not require sacrificing flavor.

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Being more active by overcoming back pain

Back pain is one of the most common conditions across the globe. The World Health Organization says low back pain is the single leading cause of disability around the world, affecting an estimated 619 million people in 2020. That number was projected to rise to 843 million by 2050 as a result of aging populations and sedentary lifestyles. The National Institutes of Health says that 80 percent of adults in the United States experience low back pain at some point in their lives.

There are many reasons why back pain can occur. Muscle strain, arthritis, herniated discs, and other conditions can contribute to back pain. The National Institute of Neurological Disorders and Stroke advises visiting a doctor if back pain is persistent. Early

diagnosis can prevent chronic issues and rule out more serious conditions.

Get moving
Although moving around may be the last thing on the minds of people experiencing back pain, remaining physically active is essential to good health. Plus, movement actually is the best medicine for back pain itself. A review published in JAMA Internal Medicine in 2016 found that exercise alone reduces the risk of back pain by 35 percent. Low-impact activities like walking, swimming and yoga help to strengthen muscles, improve flexibility and reduce pain in the process. This can be beneficial to seniors who find low-impact activities are best for their health.

Strengthen core
People now sit for

long periods of time, which can contribute to back problems. The Centers for Disease Control and Prevention says Americans sit for an average of 10 hours a day, often with poor posture and non-engaged core muscles. Getting up off of seats and strengthening core muscles can prevent back injury and pain.

The American College of Sports Medicine recommends two days of strength training per week with a focus on the core, back and hips. Individuals who don't know how to start safely should consult with a physical therapist or certified personal trainer.

Alternative treatments
It may be easy to take a pill when pain begins, but people may want to explore alternative methods to alleviate pain. Changing ergonomics of work stations or how a person performs activities can help. The American Psychological Association reports techniques like mindfulness and cognitive behavioral therapy can reduce pain severity and improve quality of life. Massage therapy or even acupuncture are additional treatments to consider for back pain.

Back pain is a common complaint as one ages. There are ways to overcome the pain and remain as active as possible.



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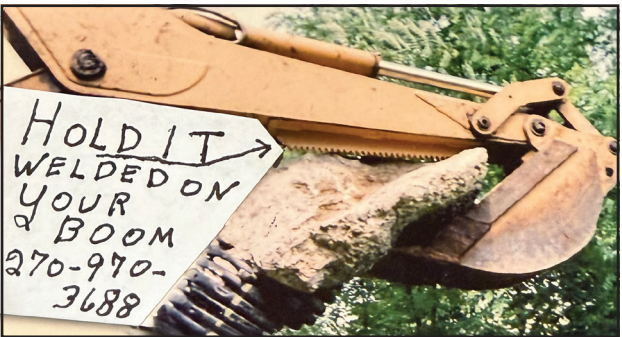
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GRAVE PLOTS

at Maplelawn Cemetery. \$800.00 Or Best Offer Call 270-558-3414

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2 burial plots in Woodlawn Memorial or Murray Memorial gardens. Regular price \$3900.00 each, will sell for \$900.00 each, Call Dan Edwards at 270-873-9182

2 Cemetery Lots (side by side) Located at Woodlawn Memorial Cemetery (in The Garden of the Good Shepherd). 6965 Old Hwy 45, Paducah, KY. \$5,000 for both lots 2702-519-5449 or 270-841-5001.

For Sale 1 Vault in Brookhaven Memorial Park, last one in the chapel. Holds 2 caskets. \$7,000.00. Call 270-556-0524

3 possibly 4 Grave Plots Woodlawn Memorial Gardens Paducah Ky. Trinity Garden section. Normally \$3700.00 each. Will sell for \$2500.00 each Call 270-970-0678

STORAGE UNIT SALE

Storage Unit Sale. 3919 Cairo Rd., Paducah. May 8th 9-3:00 pm. Closed Noon-1:00. Tools, TV, Kewpie Dolls, Prom dresses, Karaoke Items. Rain Cancels. (5/8/26)

PETS FOR SALE

BORDER COLLIE PUPPIES, "working Parents" Best farm dogs, great pets, excellent service dogs. Negotiable price & deliverable. Shots, De wormed. Also Mlnis and 2 Chichuauha's. Call 573-414-4601 or 573-979-5373

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REAL ESTATE FOR SALE

Awesome beautiful 2 Large lots! Brand New Home built just across the street. Great area on Barkley Lake. Over 1 acre, year round view of Barkley Lake! 1 mile to BRR Marina ! \$64,000.00 MLS # 121914. CALL Jennifer Palmer Realty at 270-519-9000. (tfn)

135 Allegheny Road • Gilbertsville, Kentucky • \$1,399,900 - MLS # 130868. This Incredible Customer Built 2015 property is amazing! Across the road 1,000 yards from KY Dam Village State Park, Dam, Marina, Restaurant/ Lodge. 2,000 yards from the Golf course! Less than 2 miles to Aviation Airfield, & I-24/69. 5 total bedrooms, 4 full baths, 2 half baths, 2 laundry areas & 3 gas log fireplaces! Vaulted & Cathedral ceilings. Detailed woodwork & moldings, polished marble, w/unique characteristics! Expansive Living room open to kitchen/breakfast area. Primary suite offers a custom tiled bath, heated floor & walk-in closet! Covered patio w/ wood burning FP. In-ground

Come see why agriculture makes Kentucky great at the Kentucky State Fair

By Jonathan Shell
Agriculture Commissioner

FRANKFORT, Ky.
– As we celebrate the 122nd Kentucky State Fair this year, we also celebrate America's semiquincentennial – the 250th anniversary of the signing of the Declaration of Independence.

This year's Kentucky State Fair theme, "Where County Traditions Meet Our Country's Celebration," is a nod to that celebration and the Commonwealth's united identity. Just like Kentucky, America's heritage is tied to agriculture as it represents what we eat, the clothing we wear, and the fiber we use.

Many of our country's founding fathers were farmers. The same qualities that made them successful in the fields are what also made them successful in the creation of this country. As



Kentucky's agriculture commissioner, I see the hard work our farming families do today to keep our country's entrepreneurial spirit thriving. Blending grit, innovation, and respect for the land, our farmers embody what it takes to succeed in one of the world's oldest

professions. Those connections to our ancestral agricultural roots can be found every year at the State Fair. It's a connection many in Kentucky don't personally have anymore, but one that can be re-established each August.

The State Fair is the perfect showcase of

Kentucky's agricultural spirit. Rural and urban residents come together in this unique atmosphere to celebrate the very best of Kentucky and everything it has to offer. Farming's impact is vital for every resident, and that's displayed in everything we do at the fair.

As much pride as we take in bringing you a State Fair that's the envy of many states, we are not standing still. As a member of the Fair Board, I can assure you lots of behind-the-scenes actions take place to make the Kentucky State Fair a showcase. Planned renovations, being furnished by a \$200 million appropriation for the State Fair by our General Assembly, are expected to be complete next year. Last year, fairgoers saw the beginning of those renovations, and you will see

more progress taking place this year. When finished, this once-in-a-lifetime expansion and renovation will be one of our state's largest economic investments.

While we are ready for physical changes, our commitment to agriculture history and agricultural fun will remain the same. AgLand brings together more than an acre of agriculture exhibits in the South Wing, highlighting Kentucky's farm and field heritage, including the future of farming and agribusiness. Interactive and immersive exhibits will return this year for the delight of our youngest fairgoers. AgLand is also where you'll find exhibits from Kentucky 4-H and FFA.

At the State Fair,
you will see why we're
Kentucky Proud of our
agriculture industry.
Kentucky's leading

youth livestock exhibitors will compete for the highest honors of the livestock show season. Kentucky's commodity groups will serve delicious locally grown and raised food at the Great Kentucky Cookout Tent. Agricultural displays in the West Hall will highlight the best our Kentucky farmers have to offer.

Creating an inclusive experience for all our residents will once again be highlighted this year as we offer our Sunshine Class. Now in its fifth year, the event offers an opportunity for special needs youth to get hands-on experience with the agriculture industry by showing livestock in a show ring. It's worth the price of admission just to see the smiles on their faces. You don't want to miss it!

As always, your Kentucky Department of Agriculture will be on the job at the fair. Our employees meet the public and talk about the ways agriculture affects everyday lives. We help manage the livestock shows and the agricultural exhibits. We also help livestock producers and exhibitors protect their investments in their animals.

I want you to leave the State Fair with fond memories that will last a lifetime. Please join me at this year's Kentucky State Fair, Aug. 20-30. I hope to see you there!

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Illegal dump and litter cleanup grants available

By Tom Latek
kentucky Today

FRANKFORT, Ky. (KT) – Applications are now being accepted by the Kentucky Energy and Environment Cabinet (EEC) for funding under the Illegal Open Dump Program and the Litter Abatement Program.

The programs help protect public health, improve local communities and preserve Kentucky's natural resources. Counties are eligible to apply for the Illegal Open Dump grants, while both counties and cities can apply for the Litter Abatement



Program grants.

“Illegal dumps and roadside litter threaten Kentucky’s waterways, wildlife and the health of our communities,” said EEC Secretary John Lyons. “Working together with local governments,

we're providing the resources needed to remove pollution, protect our natural resources and preserve the places that make Kentucky a great place to live, work and visit." Grant awards are based on a county's

road miles, rural population and total population.

Counties that are up to date with their five-year solid waste management plans are eligible to apply for funding to remove illegal open dumps.

Those counties applying for funds to clean up illegal open dumps may request specific amounts based on estimated project costs. If available funding does not meet the total amount requested statewide, awards may be prioritized based on factors including the proximity of dump sites to

sensitive populations or protected areas, the level of environmental or public health risk posed by the waste and the size of the dump.

Applications are also being accepted for the Litter Abatement Grant Program, which assists counties and eligible cities with litter removal along public roadways.

Those eligible applicants include counties that are compliant with their five-year solid waste management plans, as well as incorporated cities that provide municipal solid waste collection

services through ordinance or other authorized means.

Funded through the Kentucky Pride fund with support from the Kentucky Transportation Cabinet, the programs have helped state and local governments clean nearly 3.95 million miles of Kentucky roadways since 2003.

The Kentucky Pride Fund receives its money through a \$1.75 per-ton fee on municipal solid waste generated and properly disposed of in Kentucky.

The application deadline for both programs is Nov. 2.







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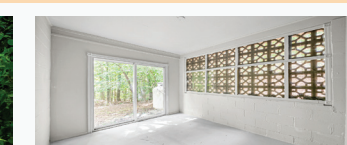


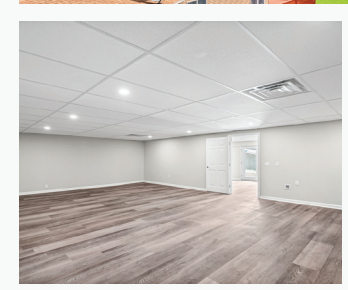


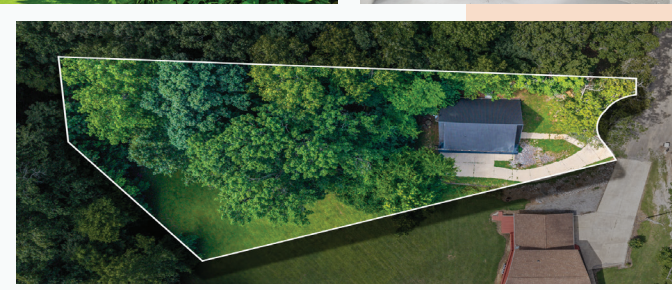


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