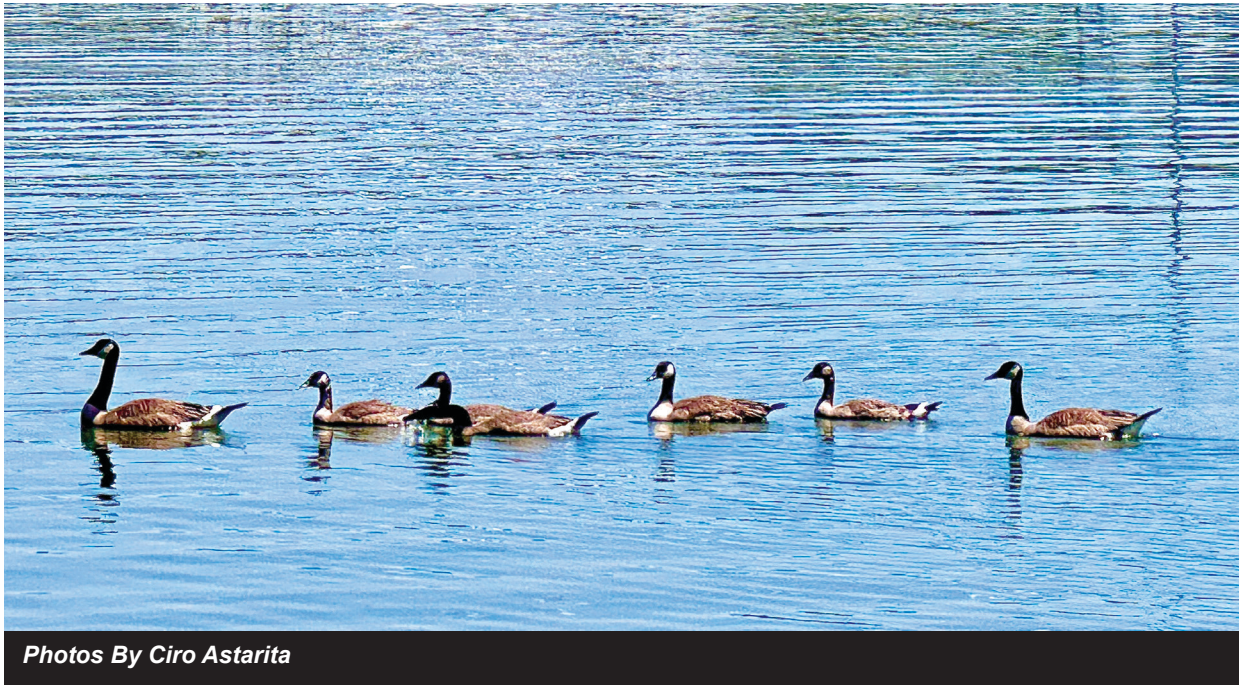


The Marshall Times

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Photos By *Ciro Astarita*

Geese Arrive at KY Dam Village

By: **Ciro Astarita**
KPI Writer

Over the past months, many of the regional migratory birds flock to new locations as they make their way across the Americas, one of

these types of birds being Geese. If you're lucky, you can catch them at KY Dam Village in Gilbertsville, KY. KY Dam Village is close to the TVA Dam and attracts a large number of boaters



and those with other aquatic interests. Geese are attracted to Marinas like the one at KY Dam Village because they provide Geese with a relatively safe place to wade, walk, avoid predators, and eat plenty of grass on the shore. The breed pictured is known as the Canada Goose and is typically only found in North America and the Arctic. Right now, the Geese are past their flightless period. This is a time during June-July where Geese shed their feathers

and begin a molting period where they grow a new coat. While their feathers rebuild, the Geese will continue to stay in this Region until it is time to fly back up to Canada for mating season early next year. They will have to rebuild their flight strength in the time being and prepare for the Autumn migration in October-November. It is truly a treat to be able to enjoy these seasonal birds, especially for us those who appreciate and respect nature. **For more photos, See Back Page.**

KY 402 Bridge Reopens in Marshall County After \$7.7M Replacement Project



From: **Marshall County Daily**

(HARDIN, Ky.) — KY 402/Aurora Highway is back open to traffic at the Clarks River Bridge east of Hardin, marking the completion of a \$7.7 million bridge replacement project. The bridge, located at mile point 9.9, reopened following work that began in early June 2025. The project included construction of new approach sections as well as repairs and restoration of the existing 1933 truss bridge.

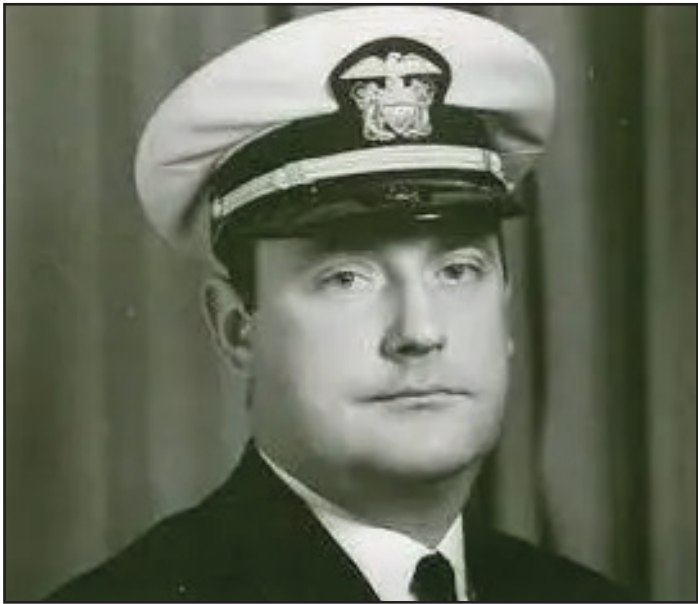
It's the second major bridge replacement completed in Marshall County in the past two years. The first came in June 2025, when the KY 408/Eggners Ferry Road bridges along the Clarks River Wildlife Refuge reopened after a \$9.1 million investment. According to KYTC, an average of 2,149 vehicles travel this stretch of KY 402 each day. The project was included in the Kentucky Transportation Cabinet District 1 Roadshow Report.

Carlisle County teams to compete in The HoopFest at Marshall County

STAFF REPORT

BARDWELL — The Carlisle County boys' and girls' basketball teams will be among the squads competing in The HoopFest at Marshall County in December. The Comets excelled throughout the 2025-26 boys' high school basketball season, compiling a 25-7 record. Carlisle County has its top three scorers from last season returning. The Comets are poised to play in The HoopFest at Marshall County for the second time. Carlisle County made its first appearance in The HoopFest at Marshall County in 2003. Head coach Brian O'Neill has guided the Comets for nearly 30 years. Senior big man Wyatt Rickard averaged a double-double of 20 points and 10 rebounds per game for the Comets as a junior last season. The Lady Comets are fresh off one of their best seasons ever. Carlisle County is set to return its entire roster for the 2026-27 girls' high school basketball season. Head coach Ember Wright has guided the Lady Comets for 20-plus seasons. All-1st Region player Macee Hogancamp is returning for her senior season at Carlisle County after averaging 17.3 points and 10.6 rebounds per game as a junior. The complete schedule for The HoopFest at Marshall County will be published at a later time.

Jackson Purchase Historical Society to Spotlight Pearl Harbor Chaplain



Rev. Howell Forgy. Photo From Marshall County Daily

From: **Marshall County Daily**

((MURRAY, Ky.) — The Jackson Purchase Historical Society will meet Saturday, Aug. 22, at 10:30 a.m. at First Presbyterian Church in Murray to hear a program on Kentuckians who served at Pearl Harbor, with special attention to the Rev. Howell Forgy, a Navy chaplain aboard the USS New Orleans during the Dec. 7, 1941, attack. Forgy is widely credited with coining the phrase "Praise the Lord and Pass the Ammunition" while encouraging sailors during the attack. The line later became the title of a popular World War II-era song. Forgy detailed his experience in the 1944 book "And Pass the Ammunition," co-written with Jack S. McDowell, which is regarded as one of the fuller firsthand

accounts of the attack. The program will be presented by Berry Craig, a longtime historian of the Jackson Purchase region, drawing on his research into Kentuckians who were at Pearl Harbor as well as his study of Forgy specifically. First Presbyterian Church, located at the corner of Main Street (KY 94) and 16th Street near the Murray State University campus, is hosting the meeting because Forgy served as its minister before enlisting as a Navy chaplain at the outset of World War II. Parking is available behind the church. Craig holds bachelor's and master's degrees from Murray State University in history and journalism and is professor of history emeritus at West Kentucky Community and Technical College. He has authored

several books, including "Kentuckians and Pearl Harbor" (University Press of Kentucky, 2020), and is a frequent contributor to the Journal of Jackson Purchase Historical Society and regional media. The program is free and open to the public. The Jackson Purchase Historical Society was formed in 1958 by a group of historians, including faculty from Murray State University and the University of Tennessee-Martin, to promote study and preservation of regional history within the area covered by the Jackson Purchase. The society holds several speaker programs each year and publishes an award-winning annual journal on local history. Free electronic access

to back issues of the journal through 2024 is available through Murray State University Libraries at digitalcommons.murraystate.edu/jphs, or through a link on the society's website. Those interested in submitting articles for future journal issues, proposing topics, offering books for review, or reviewing a book may contact editor Bill Mulligan at billmulligan@murray-ky.net. Journal copies are also available by mail from the Jackson Purchase Historical Society, P.O. Box 531, Murray, KY 42071, for \$15.90 including postage and tax. Anyone interested in Jackson Purchase history is welcome to join. Contact: Bill Mulligan, billmulligan@murray-ky.net, (270) 519-0038



Berry Craig. Photo From Marshall County Daily



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1,020 students attend Governor’s Scholars Program

By **TOM LATEK**
Kentucky Today

FRANKFORT, Ky. (KT) – Gov. Andy Beshear has congratulated the 1,020 outstanding high school seniors from 114 counties across the state who recently completed the 44th Kentucky Governor’s Scholars Program (GSP).

The program took place at three locations: Centre College, Morehead State University and Murray State University.

“This program gives students a chance to learn about their studies and themselves while building a network of mentors, scholars and friends that can last a lifetime,” said Beshear, himself a 1995 GSP graduate. “Congratulations to this year’s graduating class. Y’all are our future and I can’t wait to see what you do next.”

GSP is a five-week residential summer program with staggered starting dates at three Kentucky college campuses. The 2026 program at More-



Murray State University is a Governor’s Scholars Program partner

head State University ran from June 13-July 17, Centre College ran from June 14-July 18, and Murray State University was June 21-July 25. Since 1983, the residential summer program has focused on enhancing Kentucky’s next generation of civic

and economic leaders through educational and career opportunities at college campuses across the state. Including the Class of 2026, more than 39,000 students have completed the program, which is administratively attached to the Kentucky Educa-

tion and Labor Cabinet. The 2026 Governor’s Scholars took classes in 25 subject areas including forensic science; healthcare industry; physical science; theatre arts; engineering; and agribusiness and biotechnology. They

also attended general studies classes to balance the scientific and humanistic fields of study, as well as a leadership seminar on themes related to their age group as they continue their path to personal and professional success. To participate in the

highly competitive program, a statewide selection committee chose well-rounded participants based on nominations submitted by each Kentucky school district and home school. Selection criteria are based on academic records and test scores; teacher and community recommendations; extra-curricular and service activities; honors and awards; and a writing entry. There is no cost to students selected to participate in the program.

When GSP began in 1983, Kentucky leaders wanted to encourage high-achieving Kentucky seniors to attend a Kentucky college or university to reduce the “brain drain,” as a growing number of students were choosing to go out of state to attend college. According to the most recent data, nearly 75% of 2023 scholars chose to pursue higher education in Kentucky in the fall of 2024.

To learn more about the Governor’s Scholars Program, go to gsp.ky.gov

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WEST KY SPORTS

TOP 10 RANKINGS BY CLASS

CLASS 6A Trinity (Louisville) St. Xavier Male Frederick Douglass Manual Ryle Bryan Station South Warren Ballard North Hardin	CLASS 3A Christian Academy of Louisville Lexington Catholic Murray Bell County Lloyd Memorial Glasgow Central City Hart County Union County Rockcastle County
CLASS 5A Owensboro Bowling Green Cooper Scott County Woodford County Highlands Pulaski County Madisonville-North Hopkins Atherton South Oldham	CLASS 2A Lexington Christian Academy Beechwood Owensboro Catholic Belfry Mayfield Murray Somerset Bracken County Martin County Shelby Valley
CLASS 4A Boyle County Paducah Tilghman Franklin County Covington Catholic Corbin Ashland Blazer Johnson Central Central (Louisville) Spencer County Logan County	CLASS 1A Raceland Pikeville Kentucky Country Day Sayre Campbellsville Newport Central Catholic Middlesboro Hazard Louisville Holy Cross Newport

Four selected for Kentucky Sports Hall of Fame

Staff Report

LOUISVILLE — Four native Kentuckians who have made significant contributions to sports in the Commonwealth, nationally and on the world stage, have been selected for the Kentucky Sports Hall of Fame (KSHOF) Class of 2026.

The 49th KSHOF class is comprised of Lexington native Tyson Gay, a world-class sprinter who still holds the American record in the 100-meter dash with the third-fastest time ever; Lebanon native Lisa Mattingly, one of the most highly accomplished basketball officials ever at both the collegiate and professional levels; Louisville native Rajon Rondo, a brilliant point guard at Kentucky and four-time NBA All-Star and two-time NBA champion; and Ashland native Brandon Webb, a fearsome pitcher in high school, college and the pros and National League Cy Young Award winner.

A selection committee comprised of 15 sports media professionals from throughout the Commonwealth chose this year’s class. The members of the 2026 KSHOF and their families will be honored in iconic Freedom Hall in Louisville on Thursday, Oct. 29.

For ticket information or sponsorship opportunities, contact Julie Howell via email (jhowell@louisvillesports.org) or phone (502-376-6450).

“The Kentucky Sports Hall of Fame Class of 2026 reflects excellence across multiple generations of Kentucky sports,” said Louisville Sports Commission President and CEO Greg Fante. “Each inductee reached the highest levels of competition in their sport while representing the Commonwealth with distinction. We are proud to honor their accomplishments and celebrate their lasting impact during this year’s enshrinement ceremony at historic Freedom Hall.”

“Our family is honored to support the Kentucky Sports Hall of Fame and celebrate this incredible class of sports legends,” said Andrew Clark sixth-generation Hillerich and board member. “At Hillerich & Bradsby, we’ve always believed that sports have the power to inspire young people, strengthen communities and create memories that last a lifetime. We’re proud to help recognize Kentucky natives whose achievements will continue to inspire future generations.”

The KSHOF was founded in 1963 to honor athletes and sports figures who are Kentucky natives, as well as individuals who participated in their respective sport or made a significant impact in their sports related field in Kentucky. Since 2018, the Louisville Sports Commission, a Kentucky-based non-profit whose mission is to attract, create, host and operate sporting events and activities that enhance the quality of life of the Commonwealth, has owned and operated the KSHOF.



The Paducah Tilghman boys’ and girls’ golf teams excelled during the 2A, Section 1 Golf Tournaments on Tuesday, Aug. 5.
(Paducah Tilghman High School)



Paducah Tilghman placed third in the 2A, Section 1 Girls’ Golf Tournament on Tuesday, Aug. 5.
(Paducah Tilghman High School)

Patton named Paducah Tilghman head girls’ basketball coach

Staff Report

PADUCAH — Josiah Patton has been named the new head coach of the Paducah Tilghman High School girls’ basketball team.

A native of Hopkinsville, Patton played basketball at Hopkinsville High School where he helped lead his team to three regional championships.

Patton continued his basketball career at the collegiate level, playing for Navarro College, Rock Valley College in Illinois, and eventually Fisher College in Massachusetts, where he finished his playing career. While at Rock Valley College, Patton helped lead his team to the NJCAA National Championship game, earning All-Tournament Team honors as well as Second Team All-Region recognition.

Patton began his coaching career while attending Fisher College, working with UPNEXT Elite, an AAU program based in Hopkinsville. During his time with UPNEXT Elite, he played a key role in helping develop the program into one of the top AAU programs in Western Kentucky.

Patton later joined the coaching staff at Mayfield High School, serving as the head coach for junior varsity coach and varsity assistant. During his four years as a varsity assistant, Mayfield has compiled an impressive 81-38 record, along with one All “A” State Tournament appearance, two district championships, and a regional runner-up finish.

“We are excited to have Coach Patton join Paducah Tilghman High School as he leads our Girls Basketball program,” said Paducah Tilghman Athletic Director David Dobbins. “As the head girls’ basketball coach, we are confident that his knowledge, passion, and strong work ethic will lead our girls to success.”



The McCracken County boys’ golf team finished runner-up in the Paducah Tilghman Invitational on Saturday, Aug. 8.
(Photo courtesy of McCracken County High School Athletics)

PUBLIC NOTICE

“Pursuant to TC 96-159M and KRS 376.280, this is an advertisement of the motor vehicle sale. The vehicle in question is a 2018 Chevy Camaro, VN 1G1FC3DS0J0107204, owner is Donovan Bryant and lienholders are Regional Acceptance. This sale will take place at Parkest Body Shop, 1885 Brown Badgett Loop, Madisonville, (270) 871-2698 and this sale will conclude on 08/14/2026.”

(7-31-26_AY_3x)

The Livingston County Extension Office’s

most recent audit and adopted budget can be viewed anytime on the Department for Local Government’s Public Portal website.

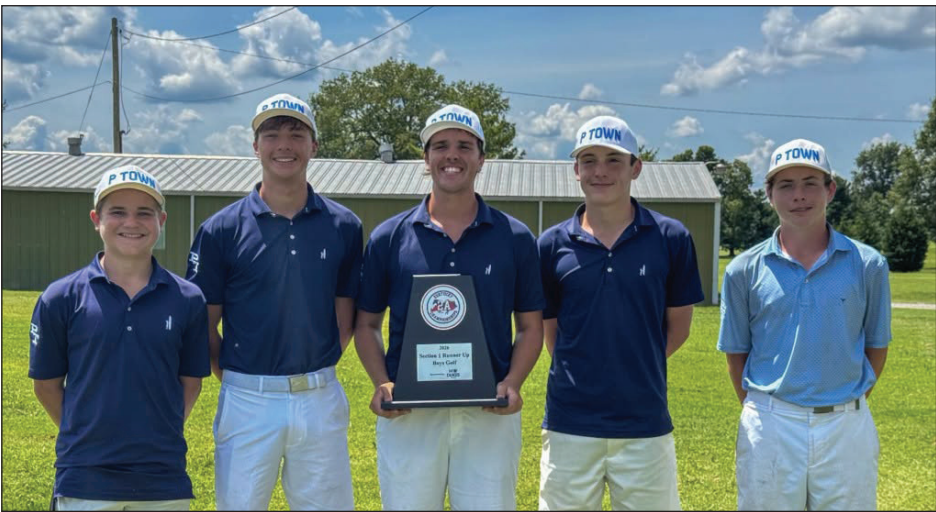
If you would like to view our most recent financial statement, please visit us at our home office located at

803 U.S. 60 East, Smithland, KY 42081,

during our normal office hours of 8 a.m. to 4:30 p.m.

This ad was paid for by Livingston County Extension dollars.”

<http://kydlgweb.ky.gov/>. Per KRS 65A.080(2).



Paducah Tilghman finished runner-up in the 2A, Section 1 Boys' Golf Tournament on Tuesday, Aug. 5. (Paducah Tilghman High School)



Paducah Tilghman senior McCall Moore won the 2A, Section 1 Girls' Golf Tournament individual championship on Tuesday, Aug. 5. (Paducah Tilghman High School)

Golf nominations sought for Midway University/KHSAA Student-Athlete of the Year

Staff Report

LEXINGTON — The nomination process for the Midway University/KHSAA Male and Female Student -Athlete of the Year among golf participants for the 2026-2027 academic year is now open.

This award is based on athletic and academic achievement as well as community service and leadership. The link to the application contains additional criteria and a form to nominate one participant from each 2026-2027 team. Nominations must come from a member school, but can be submitted by an administrator, guidance counselor, or coach. Nominations may only be submitted online at <https://khsaa.org/ge35-midway-university-khsaa-female-student-athlete-of-the-year-nomination-form/>.

The winner will be announced early in the postseason and recognized at an awards event at Midway University in early summer 2027. From the winners selected for each KHSAA championship, one male and one female student-athlete will be named the overall 2026-2027 Midway University/KHSAA Student-Athlete of the Year, to be announced at the event. All individual winners will also receive their recognition awards at that time.

The deadline for nominations for the Midway University/KHSAA Student-Athlete of the Year in the sport of golf is Friday, Sept. 4.

MSU women's basketball team adds Chapman to 2026-27 staff

Staff Report

MURRAY — The Murray State University women's basketball program has announced the addition of Ed Chapman to its staff ahead of the 2026-27 college hoops season

Chapman has been hired as a special assistant to Murray State University Head Coach Rechelle Turner.

With over 30 years of experience, Chapman brings a deep and diverse set of skills and a unique perspective to Coach Turner's staff after spending years in scouting, analytics, game management, and player development throughout his career in high school basketball. He joins the Racers with a particular focus on making the program's high octane system go even faster, a system he has helped Coach Turner develop. Chapman's wealth of experience in scouting and analytics will be central in his efforts to optimize the speed with which the Racers play on both ends of the floor.

Chapman's appointment to the MSU staff completes a full circle journey for the Murray State graduate (B.S. 1996, M.Ed 2006), as he began his coaching journey as a student manager for Scott Edgar during the 1992-1993 season. After his stint with Racer men's basketball, Chapman moved on to learn the ropes from another outstanding Racer head coach, Ron Greene, while Greene was serving as Calloway County High School's head boys basketball coach. The Chapman family has a deep appreciation for Murray State, as his wife, Chrystie, his sons, Carson and Jackson, and his daughter-in-law, Melanie, are all graduates of MSU.

Chapman is thrilled at the opportunity to work with one of the fastest rising women's basketball programs in the country. "I am humbled and honored to join this outstanding program. I look forward to serving the players and staff in any way possible as we pursue more championships here at Murray State University."

"I have known Coach Chapman for over thirty years, and I know that we are adding a tremendous human being and an outstanding basketball coach to our staff. Ed's familiarity with the system and his ability to use analytics to make our individuals and our collective better offers us a great resource for the upcoming season," said Coach Turner. "We will also lean on his extensive experience in scouting and game management to make our staff and program as effective as we can possibly be. We are very proud of the championship culture we have built and that we always seek to maintain in this program. That culture is built on great people and great relationships, and we know that Coach Chapman and his family will be one more great piece to our Racer women's basketball family."

Murray State University Athletics receives anonymous \$250,000 gift

Staff Report

MURRAY — Murray State University Athletics has received a transformational gift of \$250,000 from an anonymous investor in Tennessee, it was announced on Tuesday, Aug. 11.

This gift will support Racer student-athletes through the Excellence Fund, which boosts revenue share, numerous strategic initiatives, and capital progress.

"We are thankful for this generous \$250,000 commitment and the meaningful impact it will have on the future of Murray State," Murray State University President Dr. Ron Patterson said. "Investments like this demonstrate the tremendous belief our supporters have in Murray State and our vision for excellence. This generosity will help us continue providing exceptional opportunities for our student-athletes while strengthening Racer Athletics for generations to come."

"We are extremely appreciative of this extraordinary \$250,000 investment and the confidence it represents in the direction of Murray State Athletics," Vice President & Director of Athletics Nico Yantko said. "This commitment provides critical resources to elevate the student-athlete experience and further accelerates the progress of our Leading The Pack campaign. The generosity of Racer Nation continues to move our vision forward as we build a sustainable foundation for championship excellence and pursue our historic \$100 million goal."

Murray State Athletics has raised \$52.75 million dollars in support of new facilities, initiatives and championship resources as part of the department's bold, comprehensive \$100 million fundraising campaign, Leading The Pack, which was created to further position itself for the future by investing in student-athlete success and wellness, revenue share and competitive resources and world-class facilities.

COMMISSIONER’S SALE

THE COMMONWEALTH OF KENTUCKY, LIVINGSTON CIRCUIT COURT
CIVIL ACTION NO. 25-CI-00138

Planet Home Lending, LLC

PLAINTIFF

v.

DEFENDANTS

Gary E. McEwen, et al.

NOTICE OF SALE

Pursuant to a Judgment and Order of Sale entered July 15, 2026, of the Livingston Circuit Court in the above styled Civil Action, the undersigned Master Commissioner shall proceed to offer for sale at the Courthouse door in the town of Smithland, Livingston County, Kentucky, to the highest and best bidder at public auction on Friday, August 28, 2026, at 3:00 o'clock p.m. or soon thereafter the following property located in Livingston County, Kentucky, and more particularly described as follows:

Property Address: 1109 Doe Run, Grand Rivers, Kentucky 42045
Parcel #: 079-40-00-017.00

Said property is to be sold as a whole for the purpose of satisfying the judgment in the amount of \$89,080.99, together with accrued interest thereon at the statutory rate of 4.75% per annum from March 1, 2025, until fully paid, plus any other charges which have accrued, plus Plaintiff's costs expended, plus Plaintiff's attorney fees pursuant to KRS 411.195. Plus, additional fees, costs and expenses, including advances in payment of ad valorem taxes, insurance premiums, assessments, weatherization, and preservation of the Real Property. Said property shall be sold subject to all existing restrictions, easements, and covenants of record affecting the same. The property shall be sold for cash, or in the alternative, the Master Commissioner will take from the purchaser (10%) ten percent of the purchase price in cash together with a bond (for the remainder of the purchase price) with good and sufficient surety, bearing interest at the rate of 4.75% per annum until paid, from the day of the sale and payable to the Master Commissioner within 30 days of the date of sale.

Any purchaser, other than Plaintiff, who does not pay cash in full, shall be required to execute a bond, with surety thereon acceptable to the Master Commissioner at least by noon, two business days before the sale date. The bond surety must be present at the sale and execute the Sale Bond and Affidavit of Surety. A lien shall be retained on the property as additional security.

All delinquent taxes shall be paid from the sale proceeds. Purchaser shall pay 2026 and subsequent ad valorem taxes. Subject property shall be sold free and clear of all liens of the plaintiff and defendants in the action. Bidders shall be prepared to comply with these terms.

HON. WESLEY PAGLES
LOGS Legal Group, LLP
ATTORNEY FOR PLAINTIFF

/s/ Alyssa E. Peek /s/
ALYSSA E. PEEK
MASTER COMMISSIONER,
LIVINGSTON CIRCUIT COURT

Salvation

is as
easy as
ABC

A - Admit to God That You Are A Sinner
For all have sinned and fall short of the glory of God. - Romans 3:23 Repent, turn away from your sin. - Acts 3:19; 1 John 1:9

B - Believe Jesus Died for Your Sins
For God so loved the world that He gave His one and only son, that WHOEVER believes in Him shall not perish but have eternal life. - John 3:16

C - Confess Jesus is Lord
If you confess with your mouth "Jesus is Lord," and believe in your heart that God raised Him from the dead you will be saved. - Romans 10:9

Longtime UK coach Anwar Stewart likes Stein’s energy, approach

By KEITH TAYLOR
Kentucky Today

LEXINGTON, Ky. (KT) — Anwar Stewart is the lone holdover from Mark Stoops’ staff at Kentucky, and the defensive line coach has been impressed with new head coach Will Stein.

“It’s dog days right now,” he said. “We’re just grinding. (We’re) mentally tough. Coach (Will) Stein, he’s really pushing us as a staff and as a football team. It’s been great.”

The biggest difference between Stoops and Stein?

“He pushes it, he challenges us,” Stewart said. “He always comes in our meetings. He’s very smart. He will talk coverages. He’s a head coach, and he knows ball. He knows what’s going on. He pushes us every day to be the best version of ourselves so that we can push our young men to be their best.”

Stewart said Stein’s energy is the biggest difference between the two coaches.

“A lot of energy.



Anwar Stewart played at Kentucky and brings a unique perspective to Will Stein’s first staff at Kentucky. (Keith Taylor/Kentucky Today)

He’s on the microphone (during practice),” Stewart said. “The guys are all bought in. We’re just working every day.”

Stewart, a former player for the Wildcats, added that the heat hasn’t hindered the team’s progress leading up to the season and home opener set for Sept. 5 against Youngstown State.

“It’s been hot, which is awesome,” Stewart said. “Guys are sweating and getting after each other ... We’re kind of almost tired of hitting each other. We’re ready to hit somebody else, maybe. Not quite there yet but the guys are really working.”

Stewart is also adjusting to a different defensive style under defensive coordinator

Jay Bateman.

“This is a very aggressive, up-the-field defense,” Stewart said. “The guys love it. It fits every one of them. I think (Mi’Quise Humphrey-Grace) and Jaden Williams have really, really fit what they do. They’ve been playing really fast.”

Bateman’s scheme, Stewart said, allows

Kentucky to employ a mixture of plays on the defensive side of the ball.

“It’s fast, it’s physical,” he said. “We can play fast, we can slow it down. We could jump in and out of different defenses, different fronts. It’s very diverse and the guys are really taking on the challenge of learning it.”

Bateman tried to hire Stewart away from Kentucky when he was at Florida, but Stewart stayed close to his roots.

“I think he’s a tremendous person, a tremendous developer,” Bateman said. “Obviously, he played here. I think there’s real value when you play somewhere and have had the success he did as a player and as a coach with some of the guys he’s recruited and coached.”

That’s why Stein made it a priority to retain Stewart.

“When I thought about Kentucky football before I got here, I thought they had really good [defensive] lines,” Stein said. “Anwar is a big piece of that puzzle. And you know, you just feel a bond with somebody when you get here.

“He was somebody who did whatever it took to help retain players on the roster and acquire new talent. And obviously, he’s an alum here. ... Anwar’s been great. I’m really excited about him.”



The McCracken County 6th grade volleyball team opened its season 4-0 after notching wins over Carlisle County, Ballard County, CCA and South Marshall. (Photo courtesy of McCracken County High School Athletics)

KVCA Preseason Region 1 Top 5 Poll released

Staff Report

PADUCAH — The KVCA Preseason Region 1 Top 5 Poll was released on Thursday, Aug. 6.

The Kentucky Volleyball Coaches Association released Top 5 polls for each of the state’s 16 regions.

Reigning champion McCracken County is ranked first in the

KVCA Preseason Region 1 Top 5 Poll. McCracken County compiled a 31-8 record in the 2025 high school volleyball season.

Ballard Memorial (2), Graves County (3), Marshall County (4) and Mayfield (5) accompany McCracken County in the KVCA Preseason Region 1 Top 5 Poll.

Teams continue to prepare for the 2026

high school volleyball season, which will open on Monday, Aug. 17.

The KVCA Preseason Region 1 Top 5 Poll follows.

- KVCA Preseason Region 1 Top 5 Poll
1. McCracken County
 2. Ballard Memorial
 3. Graves County
 4. Marshall County
 5. Mayfield

MaxPreps Kentucky Preseason Top 25

Rank	Team	2026 Record	Rating
1	Trinity	0-0	100.06
2	Boyle County	0-0	96.87
3	CAL	0-08	5.84
4	St. Xavier	0-0	85.09
5	Frederick Douglass	0-0	81.18
6	DuPont Manual	0-0	79.32
7	South Warren	0-0	76.66
8	Covington Catholic	0-0	76.40
9	Highlands	0-0	75.26
10	Corbin	0-0	75.01
11	Ryle (Union	)0-0	74.70
12	Madison Central	0-0	72.93
13	Johnson Central	0-0	71.95
14	Owensboro	0-0	71.62
15	Pulaski County	0-0	71.24
16	Scott County	0-0	71.14
17	Ballard	0-0	71.09
18	Woodford County	0-0	70.99
19	Bowling Green	0-0	69.96
20	Male (Louisville)	0-0	69.85
21	Bryan Station	0-0	68.50
22	Paducah Tilghman	0-0	67.62
23	Cooper (Union)	0-0	67.46
24	Franklin County	0-0	65.19
25	Lexington Catholic	0-0	64.90

Daviess County Little League falls to North Carolina in World Series final

GREENVILLE, N.C. (KT) – Kentucky came up short in the Little League Softball World Series, falling 2-0 to North Carolina in Sunday’s championship game.

In a pitcher’s duel, Anna-Lynn Clark dominated the team Daviess County with a lot of help from her defense. Only one Kentucky runner reached scoring position and that was in the first inning. Diving catches, weak contact and strikeouts behind Clark’s strong pitching was the difference.

North Carolina scored in the bottom

of the second when Belle Cox singled to drive in Sophie Catarozzoli. North Carolina increased the lead to 2-0 in the third inning when Campbell Swearengin scored on a throwing error.

A brilliant catch in the outfield in the top of the first inning snuffed out Kentucky’s lone rally against Clark, who allowed only three hits – just one after the first inning – while striking out six.

Kentucky pitcher Michaela “Curly” Knight yielded only three hits as well.

It was a valiant effort from a Owensboro-based team that survived six days of competition to become the first Kentucky team to reach the World Series championship game.

The champions from Clayton, N.C., won the state’s fourth overall LLSWS title and first since 2024.

KENTUCKY 000 000 – 0 3 2

NO. CAROLINA 011 00x – 2 3 1

W-Anna-Lynn Clark. L-Michaela “Curly” Knight

McCracken County ASAP Awarded Federal Grant for Youth Substance Use Prevention

Press Release

Paducah, KY — Mc-Cracken County ASAP (Agency for Substance Abuse Policy) has been selected as a recipient of a five-year, \$625,000 federal grant from the White House Office of National Drug Control Policy (ONDCP) under the Drug-Free Communities (DFC) Support Program. This grant program, managed by the Centers for Disease Control and Prevention (CDC), represents an opportunity to strengthen ongoing efforts in preventing youth substance use in our community. ONDCP’s DFC pro-

gram is the nation’s leading effort to mobilize communities to prevent and reduce substance use among youth. The DFC program provides federal grants to community coalitions to identify and respond to the issues unique to their community and change community conditions tied to youth substance use. With this grant, Mc-Cracken County ASAP will be able to continue building a safe, healthy, and drug-free community. “Primary prevention is one of the most effective investments



we can make to protect America’s youth and strengthen our communities. Through the DFC Program, we are empowering local coalitions to stop youth drug use before it starts by supporting evidence-based prevention strategies that address each community’s unique needs. Together,

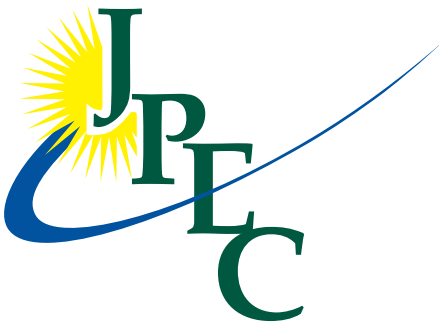
we are helping communities make drug-free living the social norm - not the exception – and building a healthier, safer and stronger America for the next generation,” said Helen Hernandez, DFC & CARA Senior Policy Analyst. “Through the DFC program, CDC is empowering community

coalitions to implement local solutions to unique, local conditions, with the common goal of preventing youth substance use,” added Grant Baldwin, Director of the Division of Overdose Prevention at CDC. “McCracken County ASAP is grateful for the support of and partnership with ONDCP and CDC,” said Leigh Ann Ballegeer, Project Director. “We are proud to share this mission and effort to prevent youth substance use and protect the well-being of our community. Furthermore, this grant will allow us to

better collaborate with our partners, including Purchase District Health Department, Four Rivers Regional Prevention Center, Mercy Health, McCracken County Public Schools, and Paducah Public Schools. By focusing our collective expertise and resources on this critical issue, we will ensure a positive impact on our youth and community.” More information about the DFC program can be found here: <https://www.cdc.gov/overdose-prevention/php/drug-free-communities/>

JPEC Providing Mutual Aid

Paducah, KY – Jackson Purchase Energy Cooperative (JPEC) is providing mutual aid to Blue Grass Energy Cooperative based in Nicholasville, KY from the aftermath of Tuesday’s severe storms. At 6:00 a.m. on Wednesday, August 12, 2026, JPEC sent two 3-man crews to their service territory which covers 23 counties in central and north-central Kentucky. These crews will assist Blue Grass Energy until all power is fully restored and currently, the cooperative still has approximately 5,000 members without power out of approximately 64,000 total members served.



Electric cooperatives typically come together in times of crisis, such as during major storms or significant events. They collaborate through each electric cooperative statewide group, working together to develop and execute an outage restoration plan. This cooperation ensures that

power is restored to cooperative members as quickly and safely as possible. Please pray for those affected by the storm, as well as for our crews and the other crews providing mutual aid. Stay informed by following us on Facebook for the latest updates.

AG coalition urges Congress to stiffen penalty on ATM thefts



By TOM LATEK
Kentucky Today
FRANKFORT, Ky. (KT) – Kentucky Attorney General Russell Coleman announced on Wednesday he has joined a 15-state coalition

urging Congress to pass the Safe Access to Cash Act to modernize existing federal laws.

The Safe Access to Cash Act updates the Federal Bank Robbery Act of 1934. It will allow crimes involving ATM machines located away from banks and financial institutions to be federally prosecuted. This includes ATMs located at convenience stores, gas stations, grocery stores, and other community locations. Right now, federal law provides strong penalties for bank or other financial institution robberies but does not provide consistent protection for ATMs.

“Safe and reliable access to cash is essential for millions of Americans and our laws should reflect the modernization of our society,” Coleman said. “This legislation gives law enforcement more tools to crack-down on criminals who want to make a dishonest fortune.”

“ATMs provide Kentucky’s communities with convenient access to cash and banking services,” Tim Schenk, President and CEO of the Kentucky Bankers Association noted. “While Kentucky’s banks prioritize safety operating and maintaining ATMs, criminals continue to target ATMs by physical theft and through technological means

such as jackpotting. By enforcing the same penalties as bank robberies regardless of where the ATM is located through the Safe Access to Cash Act, we hope that individuals at ATMs and the ATMs themselves will be less attractive targets for crime.”

The legislation also complements the work of state and local law enforcement by creating clear, consistent guidelines for prosecutions when ATM crimes involve interstate conduct, organized criminal networks, or repeated attacks across multiple jurisdictions.

The Safe Access to Cash Act also closes a loophole in federal law for robbing a person who is using an ATM. If passed, the bill would cover ATM theft and destruction, as well as adding additional criminal penalties – ensuring that off-premises ATMs in public settings are treated the same as bank branch ATMs.

The Senate Judiciary Committee unanimously passed the measure in March 2026.

The Georgia-led effort also includes attorneys general from: Alabama, Arkansas, Louisiana, Missouri, Montana, North Dakota, Ohio, Pennsylvania, South Carolina, South Dakota, Tennessee, Utah and West Virginia.

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Future agricultural leaders build lifelong connections through IFAL

By Jacob Rudy
jacobnrudy@uky.edu

LEXINGTON, Ky.—A group of rising high school seniors representing more than 30 Kentucky counties gathered on the University of Kentucky’s campus this June for the 41st annual Institute for Future Agricultural Leaders (IFAL). IFAL is a leadership development program hosted by Kentucky Farm Bureau in partnership with the Martin-Gatton College of Agriculture, Food and Environment and Murray State University.

Throughout the week, students lived in residence halls, explored campus, toured UK research farms, participated in leadership development sessions, networked with agricultural professionals and experienced college life firsthand. Students also competed in the IFAL discussion meet competition and participated in a team building ropes course and the annual barnyard Olympics.

Taylor Nash, director of Young Farmer Programs at Kentucky Farm Bureau, said IFAL was created to help students discover the opportunities available within Kentucky agriculture while building the relationships that will shape their futures.

“IFAL is a Farm Bureau program that’s been going on for four



IFAL attendees feeling the sheep wool with UK professor at the University of Kentucky Sheep Unit. Photo by Jacob Rudy.

decades with the goal of bringing together upcoming seniors and helping them get connected with agriculture in the industry and see what their future might look like here in Kentucky agriculture,” Nash said.

Hosting IFAL on UK’s campus is an intentional part of the experience, Nash said.

“For a lot of students, they hear about college, but they get very few opportunities to really see what college life looks like,” he said. “This is an opportunity to bring them to campus, put them in a dorm, let them eat at the dining hall, get to explore campus and really begin seeing the importance of keeping Kentucky’s talent in

Kentucky.”

That immersive experience left a lasting impression on attendees, including Addie Baker from Adair County.

“Being on a college campus had so many benefits, especially giving me a taste of what my future college experience could be like,” Baker said. “Seeing the proximity of classes to the dorms, the study rooms and the security that each building on campus had made me feel much more comfortable with the college experience as a whole.”

For Baker, the week also clarified her future.

“I had been going back and forth between the medical

field and the agriculture industry, and this made me realize that I wanted to continue to be a voice for agriculture long after I graduate high school,” she said. “Seeing the difference that the advocates, farmers and instructors make at the University of Kentucky was eye-opening and absolutely outstanding.”

Baker described IFAL as a “program immersed in agriculture and leadership skills, but also a sense of lifelong relationships that help us create our future pathways.” Participants and organizers alike agreed that those relationships are what make the program truly unforgettable.

“When I think about

when I did IFAL 12 years ago, the people I met then are still friends and important people in my life,” Nash said. “I think it’s the most special part about IFAL. The people who are mentors here will be mentors in the future, but also peers and will soon be friends and colleagues.”

Wayne County attendee Collin Ramsey said his favorite part of IFAL was meeting students from across Kentucky while learning from agriculture professionals. Ramsey said the program also strengthened his confidence and leadership abilities.

“I learned the importance of leadership, communication, teamwork and how ag-

riculture impacts our communities,” he said. “I also gained confidence in working with others and stepping outside of my comfort zone.”

Although many participants come from farming backgrounds, Nash emphasized that IFAL welcomes everyone with an interest in agriculture.

“It’s open to everyone,” he said. “It’s open to anyone in that age range who has an interest in agriculture and wants to explore more of what their future could look like in it.”

For Baker, the impact of the week extends beyond leadership workshops and campus tours.

“My favorite part about IFAL was the people,” she said. “Seeing people with so many different interests, backgrounds and dreams all coming together to share their love for the agriculture industry gave me hope for the future of agriculture.”

As another class of students left UK’s campus with new friendships, expanded professional networks and a clearer vision for their futures, IFAL once again demonstrated how a single week can inspire Kentucky’s next generation of agricultural leaders.

To learn more about our students at Martin-Gatton CAFE, visit <https://www.mgcafe.uky.edu>.

Brand-new Farmers Market & Community Center coming to Kevil

River Valley Ag-Credit will soon break ground on a brand-new Farmers Market & Community Center in Kevil!

The Farmers Market & Community Center is being

designed so local producers can showcase their products, families can gather, and community organizations can come together.

This project reflects who we are as

an organization. We are more than a lender. We are committed to strengthening the communities we serve and investing in their future.

Stay tuned for updates as we move

closer to breaking ground. We can’t wait to serve our community in this new way! #RVAC #FarmersMarket #SupportLocalAgriculture



UK KATS Pest Management Workshop is Aug. 27 in Princeton

The University of Kentucky Research and Education Center at Princeton will host a hands-on workshop covering late-season pest management topics for Kentucky field crops.

By Jennifer Elwell
jennifer.elwell@uky.edu

PRINCETON, Ky.—The Kentucky Agricultural Training School (KATS), a University of Kentucky Martin-Gatton College of Agriculture, Food and Environment (CAFE) program, is hosting a hands-on Pest Management Workshop Aug. 27 at the UK Research and Education Center at Princeton.

Designed for grain producers, crop advisers and industry representatives, the interactive workshop will focus on sprayer calibration, herbicide mode of action identification, corn disease assessment and late-season insect scouting.

“This workshop will give participants a practical look at current pest management tools and decision-making strategies for Kentucky grain



Workshop participants will learn from UK field crops experts Kiersten Wise, Travis Legleiter and Felipe Colares Batista. (Photo by Jason Travis)

crops,” said Travis Legleiter, Ph.D., Extension weed science specialist in the Department of Plant and Soil Sciences.

“The goal is to connect research-based recommendations with field

situations that producers and advisers are managing now.”

Legleiter will be joined by Kiersten Wise, Ph.D., professor and Extension plant pathologist, and Felipe Colares Batista, Ph.D.,

a postdoctoral scholar in entomology at Martin-Gatton CAFE.

“The workshop gives participants a chance to see pest management research in the field and talk directly with specialists about

challenges they are seeing in their own crops,” Wise said. “That kind of interaction helps producers and advisers make informed decisions that protect yield and return on invest-

ment.”

The workshop will run from 8 a.m. to noon CDT at the newly renovated UK Research and Education Center, 300 Extension Farm Road in Princeton. Sign-in begins at 7:30 a.m., and lunch will follow. The cost to attend is \$65 per person.

Because most of the workshop will be held outdoors in research plots, participants should dress accordingly for various weather and field conditions.

Continuing education credits for Certified Crop Advisers and pesticide applicators have been applied for.

Interested participants may register at <https://katspestmanagement2026.eventbrite.com>. For more information, contact Lori Rogers at Lori.Rogers@uky.edu or 270-365-7541, ext. 21317.

UK Food as Health Alliance opens \$50,000 in pilot funding to tackle food and health challenges

By Jordan Strickler
jstrickler@uky.edu

Lexington, Ky.—
The Food as Health Alliance (FAHA) at the University of Kentucky announced a new round of pilot research funding aimed at improving health through food. FAHA, an initiative of the Martin-Gatton College of Agriculture, Food and Environment, will award up to \$50,000 in total to UK faculty and eligible UK research investigators whose projects strengthen nutrition, food security, agriculture and community well-being in towns, farms and neighborhoods across Kentucky.

While only UK researchers can lead the projects, the work itself is designed to reach far beyond campus. Funded teams are expected to partner with community organizations, farmers, healthcare providers, schools and local agencies across the state



Researchers measuring hydroponic lettuce varieties in the greenhouse at the UK Horticulture Research Farm. (Photo by Matt Barton)

has long faced serious health challenges tied to food and nutrition. Many families in the state, especially in rural areas, struggle with food insecurity, chronic diseases like diabetes and heart disease, and limited access to fresh, healthy food.”
“A goal of the Food

needed to scale impactful programs and attract future investment. We’re excited to support projects that advance the connection between food, health and community well-being.”

FAHA believes solving these health challenges takes teamwork across many fields. Its pilot grants will fund projects that can touch every part of the food system: from how food is grown and processed to how it reaches families, clinics and dinner tables. Priority areas include:

- Food and nutrition security
- Food as medicine and chronic disease prevention
- Healthcare and food system partnerships
- Community-engaged research and outreach
- UK Cooperative Extension and community education
- Sustainable agriculture and food systems

Because UK’s

Cooperative Extension Service reaches all 120 Kentucky counties, projects funded through this program have the potential to move quickly from the research stage into real communities. Local farmers, health clinics, schools, food banks, nonprofits and government agencies can all serve as partners on funded work.

Who can apply

Priority will go to

early-career researchers. Each project team must include members from at least two different colleges, centers, institutes or units at UK.

Non-UK community organizations, healthcare providers, nonprofits, government agencies and industry groups cannot apply directly, but they are strongly encouraged to join UK-led teams as collaborators. According to Barr-Porter, partnerships like these

are exactly what FAHA is looking to build.

“The goal of the pilot funding program is to give research teams the early support they need to test ideas, gather data and build partnerships. Within 12 to 24 months of finishing their projects, awardees are expected to pursue larger grants from outside funders. That means each pilot project has the chance to grow into a much bigger investment in Kentucky’s health and food systems down the road.”

Awardees will also share their findings at the FAHA Symposium in 2027 or 2028, giving communities across the state a chance to learn from and build on their work.

Eligible UK researchers can find full application details, formatting rules and review criteria in the official Request for Proposals. Applications must be submitted as a single PDF through the online form: https://uky.az1.qualtrics.com/jfe/form/SV_enhizwgUAq6Eieq

For more information, email foodashealth@uky.edu.



FAHA is excited to support projects advancing the connection between food, health and community well-being. (Photo by Matt Barton)

to put research into action.

Applications for UK researchers are open now, and the deadline to apply is Sept. 4, 2026. Funded projects will begin in Nov. 2026 and can run for up to 18 months.

According to FAHA, “The Bluegrass State

as Health Alliance is to create opportunities for collaboration that might not otherwise occur,” said Makenzie Barr-Porter, Ph.D., co-director of FAHA. “We want this pilot funding program to encourage collaboration across sectors and build the evidence

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 - 11:15 a.m. cst • Depart
 - 3:15 p.m. est • Check-in Hotel
 - 4:15 p.m. est • Depart for the Island
 - 7:15 p.m. est • DEPART FOR APPLEBARN
 - 9:15 p.m. est • Return to hotel for night
- October 20**
- 6:30 a.m. est • Breakfast Hotel
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 - 10:00 a.m. est • CADES COVE HERITAGE TOUR
 - 2:00 p.m. est • Return to Hotel
 - 4:30 p.m. est • Leave for Biblical Times Show
 - 5:30 a.m. est • BIBLICAL TIMES DINNER SHOW
 - 8:00 p.m. est • Return to Hotel
- October 21**
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 - 8:30 a.m. est • DROP OFF GATLINBURG
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more photos of Geese in KY Dam Village



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What to know about seniors and vaccines

The effectiveness of vaccines in relation to protecting young children is well documented, but what about seniors and vaccines? Are immunizations still a vital part of a wellness routine when adults reach their golden years? The National Institute on Aging advises older adults to speak with their doctors or pharmacists about the vaccines they need, which may help to prevent or reduce the severity of various diseases.

COVID-19

The NIA notes that age is a risk factor for serious

illness from COVID-19. Due to the relative infancy of COVID-19, researchers are still learning about the effectiveness of vaccines against new variants of the virus. But older adults are more likely to get seriously ill from COVID-19 than younger people, so it's imperative seniors discuss immunization against the virus with their physicians.

Influenza

The World Health Organization notes that the flu kills as many as 650,000 people across the globe each year. A 2009 study published in the

journal *Influenza and Other Respiratory Viruses* indicated that most deaths associated with influenza in industrialized countries occur among seniors age 65 and older. The flu is easily transmitted from one person to another and the NIA advises everyone age six months and older to get an annual flu vaccine. While the protection from a flu vaccine can lessen over time, particularly in older adults, a flu shot still reduces the likelihood of serious illness and/or hospitalization. The Centers for Disease Control and Prevention

recommends that seniors age 65 and older receive a higher-dose flu vaccine or an adjuvanted flu vaccine, the latter of which helps to create a stronger immune response than a normal flu shot. Seniors are urged to speak with their physicians about which flu shot is right for them.

Respiratory syncytial virus (RSV)

The NIA indicates that RSV is a common virus that often produces mild, cold-like symptoms. But older adults should know that they are at higher risk of developing severe symptoms if they are

infected with RSV. The NIA notes RSV can be particularly dangerous for older adults with chronic diseases or weakened immune systems. Hospitalization or even death can occur after severe RSV symptoms develop. RSV vaccines can prevent serious health problems, and the CDC urges seniors to speak with their physicians regarding immunization. Doing so prior to peak RSV infection season, which is fall and winter, is ideal.

Pneumococcal disease

The CDC advises that all adults age 50 and

older get pneumococcal vaccination. Pneumococcal disease is a serious infection that the NIA notes often causes pneumonia in the lungs. The risk of getting very sick and even dying from pneumococcal disease is higher among older adults than younger people. There are different forms of the pneumococcal vaccine, and seniors can speak to their physicians about which one is best for them.

Immunization schedules begin shortly after birth, and seniors still have much to gain from being vaccinated.



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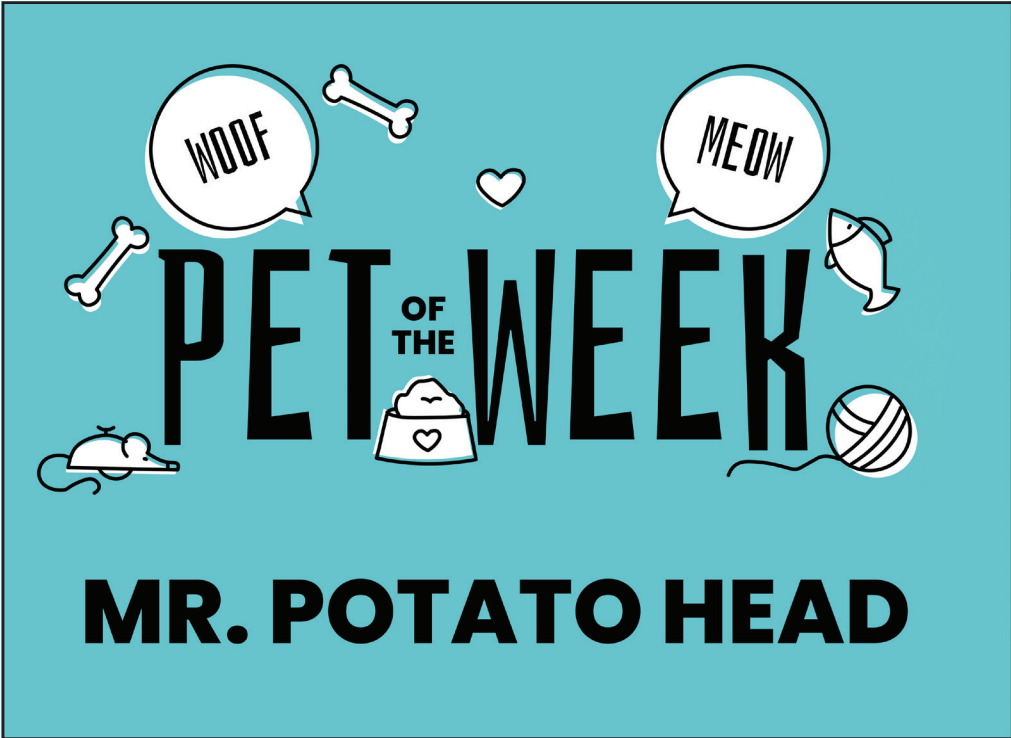
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of their residence. Since he has come in, he has been neutered, given vaccinations, and has been tested FIV/FelV negative. He is estimated to be 1 1/2 years old. We believe that

Mr. Potato Head would make a wonderful family pet. He tolerates just about anything and is a sweet boy with so much love to give. He also really enjoys watching the fishtank that

we have at the facility, as you can see from the photo attached.

For more information please contact:

McCracken County
Humane Society
4000 Coleman Road,
Paducah, KY 42001
(270)443-5923

Pilot project in rural pharmacies saving lives

By Tom Latek
Kentucky Today

FRANKFORT, Ky. (KT) – A pilot project using rural pharmacies in Kentucky and five other states to identify and screen patients at risk of stroke and heart disease, may have saved hundreds of lives, improved outcomes for thousands of patients, and saved millions of dollars by preventing hospitalization.

The pilot program is a collaboration between the National Community Pharmacists Association’s (NCPA) Innovation Center, CPESN® Community Health, and

Bristol Myers Squibb and underscores the importance of patient access to local pharmacies.

According to the NCPA, data from the first phase was collected over six months from 25 pharmacies in six states: Alabama, Arkansas, Kentucky, Louisiana, Mississippi, and Missouri, known as the “Stroke Belt” because of its high prevalence of cardiovascular disease.

“In this part of the country, like most of rural America, independent community pharmacies are often the only accessible health care provid-



ers,” said NCPA CEO B. Douglas Hoey. “Many people in these areas may not have ready access to a doctor, but they frequently visit their local pharmacy. So, the local pharmacist is in a good position to identify at-risk patients, provide screening and counseling, connect patients with social services, and

refer them to physicians for medical care so they can maintain or even improve their quality of life.”

A key element of the program trained pharmacy technicians to be pharmacy-based community health workers (PCHWs), front-line professionals who connect patients with social

services they may need in order to get adequate health care, like insurance programs, transportation, and housing assistance. They’re trained in how to identify and engage patients with chronic disease.

According to the data, the 25 pharmacies participating in the program identified nearly 10,000 at-risk patients, had more than 11,000 encounters with those patients, and made more than 20,000 interventions in just six months.

Results from this phase of the program will be incorporated into a second phase,

the strategy for which is being developed by NCPA, CPESN, and Bristol Myers Squibb.

“Access to local pharmacies is key. Allowing pharmacy teams to engage underserved patients with chronic illnesses has the potential to save thousands of lives and hundreds of billions of dollars across the entire health care system,” Hoey noted. “The positive impact for Medicare, Medicaid, taxpayers, and commercial insurance plans would be enormous.”

Learn more at www.ncpa.org/itg-cardio-vascular-disease.

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American Bluegrass Classic Marathon, Half Marathon & Four-Person Relay coming to Paducah in October

[PADUCAH, KY]
— A brand-new race experience is coming to Paducah this fall as the inaugural American Bluegrass Classic Kentucky Marathon, presented by Baptist Health Paducah, takes place Saturday, Oct. 17. The event features a full marathon, half marathon and four-person relay.

Designed to be one of the fastest courses in Kentucky, the American Bluegrass Classic offers something for runners of all experience levels, from those chasing a personal record or Boston Qualifying time to individuals and teams simply looking for a fun and rewarding challenge.

The race will take participants through several of Paducah's most recognized areas, including historic Downtown, the Lowertown Arts District and Midtown, showcasing the character and charm of the city along a flat, multi-loop course. Marathon runners will complete four loops, half-marathon participants will run two loops, and relay teams will each complete one loop. Each loop is slightly more than 6.5 miles and features

approximately 40 feet
of elevation gain.

“This course was designed for speed and energy,” said Eric Romanak, Race Director. “With its flat layout and looped design, it allows runners to maintain a consistent pace while giving spectators multiple opportunities to cheer them on throughout the race.”

A majority of the course features newly paved asphalt, further enhancing the running experience. The course is also expected to be USATF certified, offering an official and competitive opportunity for participants.

In addition to its performance-focused design, the American Bluegrass Classic is aimed at creating a memorable race weekend atmosphere. The timing of the event coincides with a busy fall season in Paducah, giving participants and visitors the opportunity to explore the community before and after the race.

With several months remaining until race day, there is plenty of time for individuals to begin training, whether they are experienced runners or new to the

sport.

Participants are encouraged to set goals, form relay teams and take advantage of the training window leading up to October.

For more information or to register, visit American Bluegrass Classic Marathon.

*About Baptist
Health Paducah*

Baptist Health Paducah is a regional medical and referral center serving about 220,000 patients a year from four states. With more than 1,500 employees and 370 physicians, it offers 42 points of care with a full range of services, including cardiac and cancer care, diagnostic imaging, women's and children's services, surgery, emergency treatment, rehabilitation, and more. It has the region's first heart center and only accredited chest pain center and certified stroke center with 24/7 neurohospitalist coverage, as well as Paducah's only comprehensive cancer center and Level 3 Neonatal Intensive Care unit. Baptist Health Paducah has a network of healthcare providers for patients in western Kentucky and southern Illinois — from Baptist Health Medical Group physician offices to Baptist Health Urgent Care and Occupational Medicine locations.

The hospital is also designated Pathway to Excellence® for excellence in nursing services by the American Nursing Credentialing Center. It opened in 1953 as Western Baptist Hospital and changed its name in early 2013, along with other facilities in Baptist Health, the largest not-for-profit healthcare systems in Kentucky.



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In addition to Primary Care, we provide Internal Medicine, General Surgery, Gastroenterology, Substance Disorder treatment, Hepatitis C treatment, DOT physicals, Behavioral Health and Weight Loss Program services.

VICTORIOUS

Living...in a troubled world

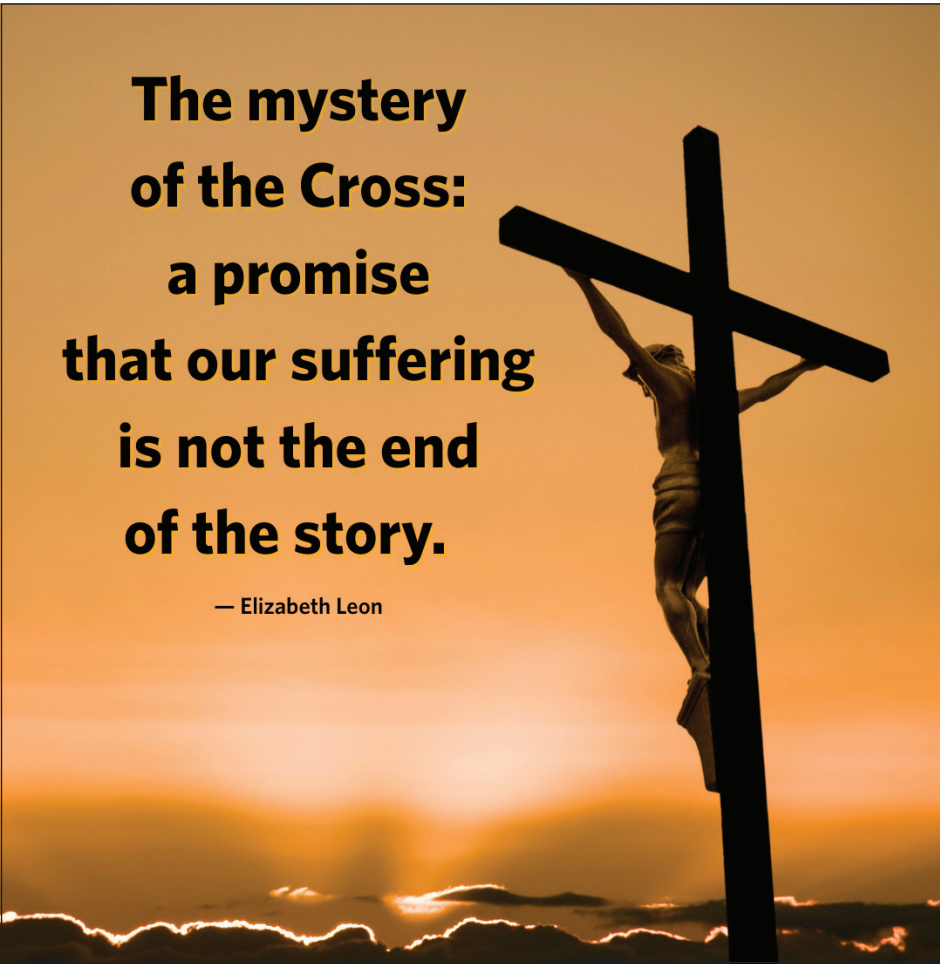
This present age is not the end of the story

By Teresa LeNeave
leneave2@comcast.net

A growing movement surrounded Jesus of Nazareth who had captured public attention, sparked widespread discussion, and created increasing concern among religious leaders. According to eyewitness accounts recorded in the Gospel of John, the crowds continued spreading the word after Jesus called Lazarus from the tomb and raised him from the dead. News of the extraordinary event drew even more people to Jesus.

In spite of all Jesus' miracles, there was a problem with the religious leaders. They said, "Look how the whole world has gone after him!" Yet despite all the public excitement and miracles attributed to Jesus, the world Jesus walked in was divided.

John's account presents a picture of a population divided



over Jesus. Many witnessed his miracles but still refused to believe in him. Others, including some religious leaders, privately believed in Jesus, but were scared to acknowledge their faith publicly. They worried that openly confessing faith in Jesus would result in their being expelled from the synagogue. Their concern, John reports, was about religious consequences. They valued human praise more than approval from God.

In the 21st century,

promises". Clearly God has not abandoned the world. He not only watches us, but loves us.

John 3:16–17 describes God's love as the reason he sent his Son into the world. Not to condemn, but to give salvation and redemption. We know the world can appear dominated by darkness, injustice, confusion, and suffering but Paul writes in Colossians that God "has rescued us from the dominion of darkness" and brought believers into the kingdom of his Son. Through Christ Jesus people can experience redemption and forgiveness of sins. There is hope for a troubled world; hope for a troubled life.

The Christian claim is not that darkness doesn't exist (because everyone knows it does), but rather that darkness does not have the final word. "To all who received him," John writes,

"to those who believed in his name," Jesus gave the right to become children of God.

For those who believe, the Bible points beyond our present circumstances to a future marked by hope and experiencing God's power. Paul prayed that believers would have "the eyes of your heart" enlightened so they could know the hope to which God had called them, the riches of his inheritance, and the incomparable greatness of his power. Jesus' message remains consistent: He came as Light into a dark world. It's very important to believe the Christian message that insists this present age, no matter what it looks like, is not the end of the story. For believers in Jesus, the conclusion is simple: the darkness is real—but the light is greater, and the best is yet to come

CHRIST AT THE CENTER

Bro. Brandon G. Bramlett
Bandana Baptist Church

The Last Supper is a world-renowned masterpiece painted in 1498 by Leonarda da Vinci. The mural depicts the well-known scene from the Gospels where Jesus celebrates the Passover with His disciples by breaking bread and drinking wine. The artwork has been praised for its aesthetic merit, but its theological merit deserves equal praise,

as Christ is the focal point. Jesus is the "bullseye" of the painting, and therefore the first Person that catches your eye. The Lord isn't an irrelevant extra who lingers in the shadows; He occupies the

place of prominence at the very center.

This is also how our lives ought to be oriented as followers of Christ. Jesus is the preeminent Lord, and He deserves the prominent place in the center of your life (Col. 1:18). He will not settle for second place, nor is He satisfied with standing on the sidelines.

Every area of your life must revolve around Him, just as the planets revolve around the sun. Jesus should occupy all the affection of your heart, all the thoughts of your mind, and all the sight of your eyes.

Jesus should be the center of our goal-planning and aspirations. "If then you have been raised with Christ," said Paul, "seek the things that are above, where Christ is, seated at the right hand of God. Set your minds on things that are above, not on things that are on earth" (Col. 3:1-2). Far above all earthly pursuits, we should serve Him and the interests of His kingdom. As Jesus said, "But seek ye first the kingdom of God" (Matt. 6:33a).

Jesus should also be the central focus of our churches. The preaching, singing, fellowship, calendar, and budget should orbit around Him. The right place for Jesus in the church is first place.

As Paul said, "And he put all things under his feet and gave him as head over all things

to the church, which is his body, the fullness of him who fills all in all" (Eph. 1:22-23).

Jesus should be the focal point of our marriage and family, too. The mysterious marriage of Christ and the church should take precedence over our earthly marriages. And, when a husband and wife put Jesus first, spiritual harmony is created in the home (cf. Eph. 5:22-33). We'll keep our vows to one another better when we first honor our vows to Christ. Moreover, we are to raise children who focus their lives upon Jesus (cf. Eph. 6:4).

Additionally, Jesus should occupy first place in our jobs and careers. We must work

for our ultimate Boss first and foremost. When we arrive at work, we should clock in for Jesus. As Paul commanded, "Whatever you do, work heartily, as for the Lord and not for men" (Col. 3:23). If your life were a painting, where would Jesus be?

Salvation

is as
easy as
ABC

A - Admit to God That You Are A Sinner
For all have sinned and fall short of the glory of God. - Romans 3:23 Repent, turn away from your sin. - Acts 3:19; 1 John 1:9

B - Believe Jesus Died for Your Sins
For God so loved the world that He gave His one and only son, that WHOEVER believes in Him shall not perish but have eternal life. - John 3:16

C - Confess Jesus is Lord
If you confess with your mouth "Jesus is Lord," and believe in your heart that God raised Him from the dead you will be saved. - Romans 10:9

BALLARD

Jeffery Lee Lucas, 76, of Kevil, Kentucky, passed away on Friday, August 7, 2026, at Select Specialty Hospital in Nashville, Tennessee. A funeral service was held at 1:00 p.m. on Wednesday, August 12, 2026, at Milner & Orr Funeral Home of Paducah. Burial will follow at Woodville Cemetery in Kevil, Kentucky.

CALDWELL

Willis Clayton “Dump” Shewcraft, age 95, of Dycusburg, Kentucky, formerly of South Roxanna, Illinois, passed away on Friday, August 7, 2026, at Lake Barkley Health and Rehabilitation in Kuttawa. Funeral services were held at 1:00 p.m. on Tuesday, August 11, 2026, at Lakeland Funeral Home and Cremation Services in Eddyville, Kentucky, with Bro. Mike Franklin officiating. Burial followed in Dycusburg Cemetery in Crittenden County, Kentucky.

Reverend Thomas L. Tackett passed this life peacefully on August 7th, 2026, surrounded by his loved ones. He was a devoted husband, father, minister, teacher, brother, and friend whose life was marked by a deep love for God, a commitment to the ministry, and a genuine love for people. A celebration of life is planned for August 22, 2026, at 2 pm. It will be held at Center Grove Baptist Church in Tullahoma, TN with Bro. John Segree officiating. A graveside service will be held at Crystal Springs Cemetery in Crystal Springs, MS on September 19 at 3pm. All friends are invited to come & celebrate with the family.

Irene Mary Williams, age 94, of Princeton, Kentucky, passed away peacefully on August 4, 2026, at Ray and Kay Eckstein Hospice Center in Paducah, Kentucky. Visitation was held from 11 a.m. to 1 p.m. on Wednesday, August 12, 2026, at Morgan’s Funeral Home in Princeton, Kentucky. Funeral services were held at 1p.m with Bro. Danny Sherrill officiating. Morgan’s Funeral Home is in charge of arrangements.

Deane Stewart, age 83, of Cadiz, formerly of Princeton, passed away peacefully at her residence on August 10, 2026. A visitation will be held on August 14, 2026, from 11:00 a.m. to 2:00 p.m. at Goodman Funeral Home, 1032 West Main St, Princeton, KY 42445. Funeral services will follow at 2:00 p.m. at Goodman Funeral Home, with Rev. Jamus Redd III officiating. Interment will follow at Cedar Hill Cemetery in Princeton, Kentucky.

James Lee Bowling, age 74, was born on August 14, 1951, in Baltimore, Maryland. He departed this life on August 5, 2026, leaving behind a legacy grounded in family, love, and enduring devotion. Goodman Funeral Home is honored to serve the Bowling family.

CALLOWAY

James “Dan” Steely, 81, of Murray, formerly of Nashville, TN, passed away on Sunday, August 9, 2026 at his home. A private burial will take place at Murray City Cemetery. Imes Funeral Home is entrusted with caring for Mr. James Danny Steely.

Gerald, “Jerry,” a nickname to close friends and family, Guttowsky, 86, passed away August 8, 2026 at Anna Mae Owen Hospice House of Murray, KY. A Celebration of Life Service will be held September 5, 2026, at the Murray City Park Pavilion, Murray Kentucky. Final details will be available soon.

Henry Lee Dockins, 80, of Benton, KY, passed away on Sunday, August 2, 2026 at Anna Mae Owen Residential Hospice House. A celebration of life will be held from 11 am - 3 pm on October 10, 2026, at the Historic Cherokee Center, Cherokee Lane, Benton, KY 42025. Imes Funeral Home is entrusted with caring for his family.

Mable “Virginia” Chester, age 101, of Murray, Kentucky, departed her earthly home to spend eternity with her Heavenly Father on Monday, August 10, 2026, at Hickory Woods. A graveside service will be held at 10:00 a.m., Thursday, August 13, 2026, at the Salem Baptist Church Cemetery with Bro. Philip Bazzell officiating.

Gerald Dan McNutt, age 87, of Murray, Kentucky, passed away on Friday, August 7, 2026, at the Anna Mae Owen Residential Hospice House in Murray, Kentucky. A funeral service was held at 1:00 p.m., Thursday, August 13, 2026, at the J.H. Churchill Funeral Home & Cremation Services. Bro. Gary Vacca and Pastor Jeff Rudy will officiate, and a eulogy will be provided by his brother, Ronnie McNutt. Burial followed in the South Pleasant Grove United Methodist Church Cemetery.

Anita French, age 79, of Murray, Kentucky, formerly of Nashville, Tennessee passed away on Wednesday, August 5, 2026, at her home. Arrangements are currently incomplete at the J.H. Churchill Funeral Home and Cremation Services.

Ruby “Faye” Guthrie, 79, of Murray, Kentucky, passed away Sunday, August 9, 2026, at the Anna Mae Owen Residential Hospice House in Murray. Friends visited with the family from 9:30 A.M. - 11:30 A.M. on Thursday at Blalock-Coleman Funeral Home, (713 S. 4th St., Murray, KY). Graveside services were conducted at 12:00 P.M. on Thursday, August 13, 2026, at Mt. Carmel Cemetery in the Kirksey community. Rev. Jeff Rudy will be officiating and Doug Crafton singing “His Eye is on the Sparrow” by Civilla D. Martin and Charles H. Gabriel, inspired by Bible verses in Matthew 10:29-31 about God caring for small birds, the song offers comfort and hope through fear and grief. Burial will immediately follow the service.

In Loving Memory of **Barbara Maria Tretina**. It is with deep sadness that we announce the passing of Barbara Maria Tretina, who passed away on August 5, 2026, at the age of 89. A memorial service celebrating Barbara’s life was held at the Kingdom Hall of Jehovah’s Witnesses in Murray, Kentucky, on Saturday, August 8, 2026, at 2:00 p.m. All who knew and loved her were warmly invited to attend as family and friends gather to remember her life and to find comfort in the Bible’s promise of the resurrection.

CHRISTIAN

Roger E. Watson, age 82, of Hopkinsville, Kentucky, passed away Sunday, August 9, 2026, at Jennie Stuart Health after a brief illness. Funeral services were held at 1:00 p.m. Thursday, August 13, 2026, at Maddux-Fuqua-Hinton Funeral Home, with Rev. Becky Durham officiating. Burial will follow at Kentucky Veterans Cemetery West with Military Honors.

Ruth A. Mason, age 80, Christian County, passed away on Thursday, August 6, 2026, at her residence of natural causes. Funeral Services were at 1:00 PM on Tuesday, August 11, 2026, at Maddux Fuqua Hinton Funeral Home with Rev. Jimmy Stewart and Dylan Mason officiating with burial followed in Riverside Cemetery.

Clifford “Cliff” E. Simpson, age 88, of Hopkinsville, KY, passed away on Wednesday, August 5, 2026, at his home of natural causes. Graveside Services were at Ancestral Haven Memorial Gardens at 10:30 AM on Monday, August 10, 2026, with Father Emmanuel Udoh officiating and burial to follow.

Billy Joe Combs, 84, Cadiz, KY, formerly of Hopkinsville, KY, passed away Friday, August 7, 2026 at his home of natural causes. Funeral services were held at 1:00 p.m. Tuesday, August 11, 2026 at Lamb Funeral Home with Rev. Norman Cotton officiating and Rev. Wayne Godwin

assisting. Burial followed in Fruit Hill Baptist Church Cemetery.

Michael Wayne Blane, born October 29, 1947 in Christian County, Kentucky, passed away on August 6, 2026. Funeral service was held on August 13th at the Gamble Funeral Home, 1311 S LIBERTY ST., HOPKINSVILLE, KY 42240. Burial followed at CAVE SPRINGS CEMETERY, 2120 Greenville Road, Hopkinsville, KY 42240.

Robert “Bobby” Prince, 65, of Hopkinsville, KY passed away on Sunday, August 9, 2026 at his residence. A memorial service will be held on Sunday August 16, 2026 at Riverside Cemetery by the gravesite of Tiffany Prince at 4:00 PM. Dogwood Funerals & Cremations is assisting with the arrangements.

Mary Ellen Henry died Tuesday, August 4, 2026, of natural causes with her family’s love and support. A graveside burial will be held at a later date. Dogwood Funerals & Cremations of Hopkinsville is assisting with arrangements.

CRITTENDEN

Dennis Edward Woodall, age 83, of Marion, KY, passed away on Monday, August 10, 2026, at his home. Funeral Mass will be held at 11:00 AM on Friday, August 14. 2026, at St. William Catholic Church in Marion. Burial will follow in St. William Catholic Cemetery.

David Leon Haire, 80, of Marion, Kentucky, passed away on August 8, 2026, in Calvert City, Kentucky. Funeral services for David Haire will be held Noon Saturday, August 15, 2026, at Gilbert Funeral Home in Marion, KY. Visitation will be held from 10:00 a.m. until noon at the funeral home. Burial will follow at Rosebud Cemetery.

Bonnie Nation, a beloved wife, mother, grandmother, and friend, passed away peacefully on August 8, 2026 at 1:15 a.m. at Salem Springlake Health and Rehab Center at the age of 84, following a courageous and long health battle. Services were held at 2 PM Tuesday, August 11, 2026 at Gilbert Funeral Home in Marion, KY with interment in Deer Creek Cemetery.

Tyrone Booth, 89, of Marion, KY passed away August 5, 2026 at Baptist Health Madisonville. Services will be held at a later date at Stark Funeral Home in Ypsilanti, Michigan with interment in Highland Cemetery in Ypsilanti.

FULTON

Thomas Ray Nelms, 80, of South Fulton, TN, passed away peacefully at the Ray & Kay Eckstein Hospice Care Center in Paducah, KY, on August 8, 2026. Funeral services were held Wednesday, August 12, 2026, at Hornbeak Funeral Chapel. Burial followed in the Little Obion Cemetery, Wingo, KY 42088.

Margaret Elizabeth “Beth” Smithson passed away peacefully surrounded by love on August 7th 2026, leaving behind a legacy of kindness, compassion, and unconditional love for her family, and everyone fortunate enough to know her. Services for Beth Smithson will be held Monday, August 17th, 2026 at 6:00 p.m., in our funeral chapel. Visitation will begin at 4:00 p.m. and continue until the service hour. Hornbeak Funeral Chapel is in charge of arrangements.

Thomas Freeze of Fulton passed away Tuesday morning at the Jackson Purchase Medical Center in Mayfield. Funeral arrangements are incomplete at this time and will be announced by Hornbeak Funeral Chapel in Hickman.

Virginia Wilhaucks, age 87, of South Fulton passed away Monday morning at the South

FUNERAL NOTICES continued

Prairie Memory Care in Bethalto, IL. Funeral arrangements are incomplete at this time.

David Snuggs, age 85, of South Fulton, passed away peacefully at his residence on Sunday afternoon, August 9th, 2026. A complete obituary will be posted soon. Funeral services will be held at 1 PM Friday, August 14, 2026, in our funeral chapel. Visitation will be held at the funeral home from 11 AM Friday until the hour of service. Masonic services will be held.

Kathy Holdman of Martin, TN, passed away at Diversicare of Martin, TN. There was a memorial service held at the First Baptist Church in Sharon on Sunday, August 9, 2026, starting at 2:00 PM.

GRAVES

Rev. David W. Key, age 73, of Mayfield passed away on Sunday, August 9, 2026 at his residence. Funeral services for Rev. David W. Key will be 11:00 a.m. on Saturday, August 15, 2026 at Trace Creek Baptist Church. Rev. Ronnie Stinson, Jr. and Rev. Ronnie Stinson, Sr. will officiate. Interment will follow at Trace Creek Cemetery.

Pattie Blume, age 83, of Mayfield passed away on Friday, August 7, 2026 at Parkview Nursing and Rehab Center in Paducah, KY. Graveside services for Mrs. Pattie Blume were held at 3:00 p.m. on Wednesday, August 12, 2026 at Highland Park Cemetery. Rev. Ronie Stinson, Sr. will officiate. Interment will follow.

Dr. Ted H. Jefferson, age 59, of Mayfield passed away on Friday, August 7, 2026 at his residence. A memorial service for Dr. Ted H. Jefferson was held at 7:00 p.m. on Tuesday, August 11, 2026 at Byrn Funeral Home in Mayfield, KY. Rev. Chad Lamb officiated.

Avalynn Taylor Craig, age 27, of Mayfield, passed away on Monday, August 10, 2026, at her residence. Memorial services for Ms. Avalynn Taylor Craig will be held at 2:00 p.m. on Friday, August 14, 2026, in the chapel of Brown Funeral Home of Mayfield, with Deacon Michael Clapp officiating. Friends are invited to call from 12:30 p.m. until the service time on Friday.

Beverly Ann Davis Clay, age 79, of Mayfield, Kentucky, passed away on Monday, August 3, 2026, at Jackson Purchase Medical Center in Mayfield. Funeral services for Mrs. Beverly Ann Davis Clay were held at 2:00 p.m. on Friday, August 7, 2026, at Brown Funeral Home in Mayfield with Bro. Ronnie Stinson, Sr. officiating. Burial followed at Trace Creek Cemetery.

Charles Wayne Collins, age 66, of Mayfield, Kentucky passed away on Wednesday, August 5, 2026 at Baptist Health in Paducah, Kentucky. A funeral service was held on Monday, August 10, 2026 at 1:00 p.m. Burial will follow in Marshall County Memory Gardens.

LIVINGSTON

Priscilla Jane “Teri” Dickerson, 87, passed away peacefully at her home in Burna, Kentucky, on August 8, 2026. In accordance with her wishes, services will be private and entrusted to Boyd Funeral Directors and Cremation Services. She will be laid to rest at Old Salem Cemetery.

Danny Keith Hunter, 80, of Salem, KY, passed away August 5, 2026 at his home in Salem. Funeral services were held on Sunday, August 9, 2026, at 2 PM, in the chapel of Boyd Funeral Directors and Cremation Services. Burial will follow in Salem Cemetery.

Dutton Clyde Hunt, infant son of Brandon and Haleigh (Crawford) Hunt, was born into the arms of Jesus on August 4, 2026, at Baptist Health Paducah. Funeral services were held on

Monday, August 10, 2026, at 1 PM, in the chapel of Boyd Funeral Directors and Cremation Services. Burial followed in Scott’s Chapel Cemetery

Sheila Kay Goodaker, age 72, of Smithland, lovingly remembered by many, passed away on August 4, 2026, at Deaconess Gateway Hospital in Newburgh, Indiana. Family and friends will gather to celebrate Sheila’s life and legacy. A visitation was held on Tuesday, August 11, 2026, from 5:00 PM to 7:00 PM at Keeling & Goodman Funeral Home, 2410 Jackson Street, Paducah, KY 42003. A graveside service was held afterward at Oak Grove Cemetery in Ledbetter, Kentucky, with Bro. Sexton also officiating.

MARSHALL

Glen Alan Willett, 71, of Gilbertsville, Kentucky, passed away on Thursday, August 6, 2026, surrounded by the love of his family. Visitation will be held from 11:00 AM to 1:00 PM on Saturday, August 15, 2026, at the Life Celebration Center of Filbeck-Cann, 1003 Poplar Street, Benton, KY 42025. A memorial service will be held at 1:00 PM on Saturday, August 15, 2026, at the Life Celebration Center of Filbeck-Cann.

Amanda Lou Roberts Crittendon, 78, of Benton, Kentucky, passed away on Tuesday, August 4, 2026, at the Ray & Kay Eckstein Hospice Care Center in Paducah. Funeral services were held at 1:00 PM on Friday, August 7, 2026, at the Life Celebration Center of Filbeck-Cann with Bro. Calvin Bryant officiating. Burial followed at Cole Cemetery.

Joseph Kenneth Davis, of Paducah, KY, passed away suddenly on Saturday, August 8, 2026. Visitation was held Wednesday, August 12, 2026 from 11:00 AM until 1:00 PM with the service following at 1:00 PM, at Collier Funeral Home, located at 211 West 5th Street Benton, KY 42025. Officiating will be his long-time friend Craig Yates. Burial will be at the Benton Church of Christ Cemetery with Military Rites. Brief graveside remarks will be made by Marlen Wood.

James “Wendell” Norwood, 92 of Benton, Kentucky Passed away on Friday, August 7, 2026, at Marshall Co. Hospital E. R. in Benton, Kentucky. A funeral service was held on Tuesday, August 11, 2026 at 2:00 PM at the Collier Funeral Home Chapel with Bro. Rick Miller officiating. Burial followed in the Olive Cemetery.

Terri Lee Nelson-Morey, 69 of Gilbertsville, Kentucky passed away on Thursday, August 6, 2026, at Tristar Centennial Medical Center in Nashville, Tennessee. A funeral service will be held on Friday, August 14, 2026 at 3 PM Collier Funeral Home Chapel with Bro. Jared Baker officiating. Visitation will be Friday, August 14, 2026 from 1 PM until 3 PM at Collier Funeral Home and Cremation Services, located at 211 West 5th Street Benton, KY 42025.

Ronald “Ron” E. Driver, 78 of Benton, Kentucky passed away on Wednesday, August 5, 2026, at his home surrounded by his family. A funeral service was Sunday, August 9, 2026 at 2:00 PM at the Collier Funeral Home Chapel with Joey Harrison and James Stom officiating. Burial followed at Pace Cemetery in Hardin, KY.

McCRACKEN

Babe Perry, age 94, of Paducah, Kentucky, passed away Sunday, August 9, 2026 at Baptist Health Paducah. Services were held Wednesday, August 12, 2026 at 12:00 p.m. at the Lone Oak Chapel of Milner & Orr Funeral Home with Rev. John Smithmier officiating. Private Entombment will be at Woodlawn Memorial Gardens.

Josh Reed, 32, of Paducah, Kentucky, passed away at 7:23 a.m. Sunday, August 9, 2026, at Baptist Health Paducah. Funeral services will be held at 3:00 p.m. Saturday, August 15, 2026, at The

Church of Jesus Christ with Sister Trish Watson officiating. Visitation will begin at 1:00 p.m. Saturday at the church.

Winifred “Winn” Huyck, 105, of Paducah, Kentucky, passed away on Friday, August 7, 2026, at Oakview Nursing and Rehabilitation Center in Calvert City, Kentucky. A funeral service will be held at 1:00 p.m. on Saturday, August 15, 2026, at the Lone Oak Chapel of Milner & Orr Funeral Home with Pastor Eddie Smith officiating. Burial will follow at Woodlawn Memorial Gardens. Visitation will be held from 12:00 p.m. until the service hour of 1:00 p.m. on Saturday, August 15, 2026, at the funeral home.

James Joseph Carbonel, 96, of Paducah, Kentucky, passed away on Friday, August 7, 2026. Born in Newark, New Jersey, James lived a remarkable life defined by faith, service, courage, and dedication to his country and family. A graveside service was held at 12:00 PM on Thursday, August 13, 2026, at Maplelawn Park Cemetery, with Rev. Stephen Than officiating.

William Richard Baker, 77, of Paducah, passed away on Monday, August 10, 2026, at his residence. Funeral services will be held at 11:00 am on Saturday, August 15, 2026, at Hughes Funeral Home in Paducah with Bro. Jared Baker and Bro. Jonathan Goodman officiating. Burial will follow at Carters Mill Cemetery in Symsonia. Visitation will be held from 5:00 pm to 7:00 pm on Friday, August 14, 2026, and from 9:00 am to service time Saturday at the funeral home.

Richard Earl Newton, 81, of Paducah, passed away on Friday, August 7, 2026, at his residence. Funeral services were held at 12:00 noon on Wednesday, August 12, 2026, at Hughes Funeral Home in Paducah with Pastor Chris Brady officiating. Burial with military rites following at Woodlawn Memorial Gardens in Paducah.

TRIGG

Martha Lynn Goodwin - June 10, 1963 - August 11, 2026 - A Celebration of Life for 63 year old Martha Lynn Goodwin of Adairville, KY will be held at a later date. King’s Funeral Home is in charge of the arrangements.

Charles Steven “Bird Dog” Paige - September 29, 1950 - August 7, 2026 - A Celebration of Life for 75 year old Charles Steven “Bird Dog” Paige of Hopkinsville will be held on Friday, August 14, 2026 at 7:00 p.m. at King’s Funeral Home. Visitation will be from 4:00-7:00 p.m. Friday, August 14, 2026 at King’s Funeral Home.

James William “Jamie” Raine, Jr. - July 20, 1985 - August 5, 2026 - There will be no services for 41 year old James William “Jamie” Raine, Jr. of Cadiz. King’s Funeral Home is in charge of the arrangements.

Nancy Lee (Fogg) Thomas of Cadiz, Kentucky, passed away peacefully at her home on August 9, 2026, with her family by her side at the age of 89. A Memorial Mass will be held at 11:00 AM, Friday, September 18, 2026, at St. Stephen Catholic Church, 1698 Canton Road, Cadiz, Kentucky, with Fr. Jegin Puthenpurackal officiating. Visitation with the family will be from 10:00 AM until the time of service. Arrangements are being handled by Goodwin Funeral Home, Inc., 138 Main Street in Cadiz, Kentucky.

Karen Sievers McGehee, age 76, passed away on Thursday, August 6, 2026, at her home in Cadiz, Kentucky. There will be no services at this time. Goodwin Funeral Home, 138 Main Street in Cadiz, is in care of the arrangements.

To place a full obituary, including a photo, call 270-442-7389 for details and pricing. Obituaries and funeral notices should be received by 9 a.m. Wednesday for inclusion in that week’s paper.

Embracing truth while ignoring gossip and opinions

By William F Holland Jr.
billyhollandministries.com

The majority of the world does not agree with the God of the Bible being the author and finisher of their faith. With so many diverse religions and philosophical convictions, along with masses of people that have no spiritual affiliation at all, we still realize that today’s spiritual and political environment is not that much different from thousands of years ago. Humans are influenced by what we hear and read, so an important consideration is how much knowledge we have discovered that we know is true. Especially since the invention of the internet, independent research and critical thinking are hardly necessary. Today, information is given to us instantly, but shouldn’t we be asking asking God instead? Jesus talks about this in the Sermon on the Mount,

and all leaders should study it carefully. We notice that somewhere between social media, chat forums, and lying advertisements, people love to absorb information. Instead of praying for answers, people trust complete strangers. Let it be said we are not in the midst of a drought of knowledge, but rather engulfed in a tidal wave of confusion and deception. Since most religions and political parties are so biased according to what they believe is correct, it’s no surprise the planet is filled with animosity and haughtiness. I’ve pondered through the years about how little we actually know about things we would fight over. For example, would you be persecuted for your personal religious interpretations? What if Biblical passages are not translated correctly, or you are trusting a teacher who has misunderstood them? How do

you know your daily quota of news reports are true about politics? How can you be positive they actually know what’s going on behind the scenes? Could media be an idol that is controlled by Satan to deceive those who follow it? According to the dictionary, critical thinking is the process of analyzing facts, evidence, observations, and arguments to reach sound conclusions and informed choices. (This does not include being addicted to mainstream media or gossip). It involves recognizing underlying assumptions, providing justifications for ideas and actions, evaluating these justifications through comparisons with varying perspectives, and assessing their rationality and consequences. The goal is to form a judgment through a process of rational, skeptical, and unbiased analyses and

evaluations. Similar to a criminal investigation, building a case for what we suspect is true needs to be done responsibly, as what we say is being recorded by all who are listening. I know an elderly man who will never discuss politics or religion. He does not want to be judged for his opinions, but to be respected for the person he is. The majority of the masses have always been heavily influenced by what they hear and read, but it seems the masses have developed a craving and are controlled by information. Does the listener ever wonder if what they are hearing is false? For example, our government has declared itself as non-biased when they make laws; however, where does the state and federal court system, including the Supreme Court, receive its wisdom when they make a ruling? Human logic?

Mortal intelligence? Emotional feelings? We would hope they would pray and seek God’s guidance, but is this the case? Our motto is “In God We Trust,” but is this now considered ancient folklore and no longer relevant? When leaders are elevated to great authority, our old nature tends to drift into arrogance, which continues to advance to an infection of humanism. We know that Satan is the author of confusion and loves to persuade those who are blinded by illusions of power into openly justifying rebellion and compromise. There is not enough time here to discuss how fast artificial intelligence is developing. Even the people building this technological beast understand it is no longer just a harmless toy or a workplace assistant. The International Energy Agency reported that global data centers grew 17

percent in 2025. We are in the infancy of a new age, and the questions we should be asking are: Who is programming it? How will people discern truth from error? Will families teach their children about God, or allow their thinking to be outsourced? When we trust AI as a substitute for our spiritual views, moral judgments, character, creativity, and human responsibility, we risk being controlled by the temporary ruler of this world, who just so happens to be the prince and power of the air. We are being warned, but it’s the individual’s responsibility to seek God, to listen, and obey HIS voice.

Dr. Holland is a Christian minister, author, and community outreach chaplain. Ask for a free download of his song, “Intentions of the Heart” at psalmz103@gmail.com



By Gary Miller
Outdoortruths.org



The only time I can remember being without a dog was during my college years. They have been a part of my life ever since I was a child. I even raised and sold pups for a few years. But even though I have always had a dog, I don’t consider myself a dog lover. The reason is that I have met a few people who truly are. To them, their dog is a close family member and is treated as such. Two of my dear friends are dog lovers. Not only have I witnessed their furry affection, but I have watched them grieve deeply over the loss of their four-legged friends. It was the same

grief I have seen in so many people over the years. Tears, heartache, questions, and even anger were as real as if they had lost a blood relative. I grieved with them. They are dog lovers. But my home had never been like that until Snatch came along. Snatch came from the local animal shelter. My son picked him out for his own family but because of circumstances had to hand him over to us. He soon became my wife and grandson’s dog. They treated him like royalty and made sure he lived a life of canine luxury. In return, Snatch

obeyed every instruction they uttered. Every single one. If a visiting dog came to our house, Snatch accepted it. When our children had babies, Snatch recognized them as part of the family. He has been nearly the perfect dog. In dog years, he is now in his 80s (or older). Recently he began losing weight and after a trip to the vet, we discovered a mass that is terminal. His last days are coming this week. My dog lovers are grieving. And this time, I am grieving too. I have so much I want to say about God and dogs. I want to remind you that there are souls

that are not human. And dogs are among God’s creations that have a soul. I want to remind you that dogs reveal the grace of God in that they are always waiting for you to return, no matter what you have just done. I want to remind you that God gave dogs purpose. They serve and love. They give comfort and security. Dogs are evidence for the existence of God. Only God could create something so complete. And yet, my dog-loving friend John wondered why God didn’t allow man’s best friend to live a longer life. I mean an alligator can live up

to 80 years. But who wants a pet alligator? Why are our life-giving, therapeutic, love-filled dogs with us for only a relatively short period of time? I pondered that question. And the only answer I know is that God knew there would be more dogs than there would be dog lovers. So, to give each pup an opportunity to love and be loved, He made their lives shorter so that humans could love several of them during their own lifetimes. Dog lovers are not simply pet owners. They are a special breed of humans who have been given a gift to love a special breed

of animals. And while they will grieve more than most throughout their lives, perhaps they will love longer and deeper as well.

Gary Miller has written Outdoor Truths articles for 23 years. He has also written five books which include compilations of his articles and a father/son devotional. He also speaks at wild-game dinners and men’s events for churches and associations. Stay updated on Outdoor Truths each week by subscribing at Outdoortruths.org

Is moving the right move after retirement?

Retirement is a milestone moment in life. Each person has their own vision of an ideal retirement. Some may want to travel the world. Others may look for a second career or a chance to volunteer in support of a cause near and dear to their hearts. Retirement also may lead some to ponder if

it's the right time to sell their homes. Retirement is often associated with downsizing a home, but data indicates that even seniors who sell are not necessarily moving into smaller homes. A spring 2026 report from the National Association of Realtors found that seniors between the

ages of 61 and 70 who sold a 2,000-square-foot home between June 2024 and June 2025 typically moved into a similarly sized property. Downsizing may not be compelling seniors to move after retirement, but that doesn't mean newly minted retirees should not give the idea of moving ample consideration. In fact, there are many reasons to move after retiring, and considering those factors can help seniors determine if moving is right for them.

• *Real estate market:* Real estate markets fluctuate, and retirees can monitor home prices where they currently live and where they might want to move to see if the time is right to relocate. If prices are high in your current market and low in areas where you may want to spend your retirement, then a relocation might enable you to pocket a sizable amount of money, which can then be redirected toward retirement expenses like travel, entertainment and health care.

• *Taxes:* Working with an experienced tax attorney can help

retirees determine if moving is in their long-term financial interest. Capital gains taxes, income taxes, and property taxes are just some of the financial variables affected by location. Retirees could save substantial amounts of money by moving to locations with lower tax obligations. Those savings can help to ensure seniors do not outlive their money. Even if you're attached to your current home, the tax savings associated with relocating to a more retiree-friendly locale may be too great to pass up.

• *Maintenance:* While financial considerations

may be foremost on the minds of retirees pondering a move, it's equally important to ask if you can keep up with the maintenance associated with your current home. There's also the question of desire in relation to home maintenance. If you're physically incapable of routine maintenance tasks or simply want someone else to handle chores like maintaining the landscape, then a move to a 55+ community where maintenance is paid for by monthly homeowners' association fees might be the best decision.

• *Family:* Modern families tend to spread

out. According to the Pew Research Center, 32 percent of adults with a postgraduate degree do not live near any extended family members. But 42 percent of such adults live within an hour's drive of some extended family members. Retirees who aspire to reconnect with grown children and build strong relationships with grandchildren who may live an hour or more away might consider relocating to be closer to the people they love most.

Seniors considering a relocation in retirement can ponder a number of variables to determine if a move is in their best interest.

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Jury duty and crypto scams back in Kentucky, KSP says

By TOM LATEK
Kentucky Today

FRANKFORT, Ky. (KT) – A combined jury duty and cryptocurrency scam is making the rounds in Kentucky again, according to the Kentucky State Police (KSP).

The KSP says scammers, pretending to be local or state law enforcement, will call and claim that you missed jury duty, then pressure you to pay a fine to “resolve” the fake situation. The scammer in-

structs their victim to withdraw cash, take it to a local cryptocurrency kiosk and pay the fine in Bitcoin. Instead of going to law enforcement to pay a legitimate fine, this money goes directly to the scammer.

If you receive this phone call, immediately hang up. This scam was reported in Bowling Green but could expand to other communities in the state, so all Kentuckians should be on the lookout.

Once cryptocur-

rency is sent, it is extremely difficult, if not impossible, to recover. DO NOT send money or give any personal information. Legitimate law enforcement officials do not ask for or accept cryptocurrency as payment for fines.

Remember to use the Pause, Check, and Protect method to help spot and avoid scams. If you’re unsure whether a call is legitimate, take a moment to verify the information through an official source before taking any

action.

Go to StopScams.ky.govto learn more about this scam and

others being reported around the state, as well as information on how you can

keep from becoming a scammer’s next victim.



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AUGUST HEAVY EQUIPMENT & SAT. AUGUST 22nd. 2026



EXCAVATORS: 2016 Deere 350G LC Excavator, 9,041 hrs, aux hydr, JRB quick attach, EROPS, heat/AC, SN#1FF350GXCGF811242; 2014 Komatsu PC138LC-10 Excavator, 6,133 hrs, Werk-Brau quick coupler, aux hydr, 42 in Hensley bucket, 28 in steel tracks, EROPS, heat/AC, radio, SN#KMTPC245V01040650; 2022 Case CX75CSR Excavator, 815 hrs, Oriel quick coupler, Oriel hydr thumb, 36 in bucket, backfill blade, rear camera, EROPS, heat/AC, radio, SN#DAC075K6NNS6A1705; 2016 Komatsu PC55MR-5 Excavator, 6,745 hrs, aux hydr, Werk-Brau coupler, 24 in bucket, 18 in rubber bolt-on pads, boom swing, 2 spd, 78 in blade, EROPS, heat/AC, SN#KMTPC259CGE020264; 2016 Komatsu PC55MR-5 Mini Excavator, 6,180 hrs, aux hydr, Werk-Brau coupler, 24 in bucket, boom swing, 16 in rubber tracks, 78 in blade, EROPS, heat/AC, SN#KMTPC259VGE020306; 2019 Kubota KX057-4 Mini Excavator, 4,421 hrs, hydr thumb, aux hydr, manual coupler, 24 in bucket, 16 in rubber tracks, OROPS, SN#JKUK0574H01H30652; 2024 JCB 50Z-1 Mini Excavator, 618 hrs, mech quick coupler, aux hydr, hydr angle grading blade, boom swing, 24 in bucket, 77 in blade, rubber tracks, EROPS, heat/AC, radio, 2 spd, tinted windows, SN#PUN8CGB6PR3374082; Case CX60C Mini Excavator, 359 hrs, aux hydr, hydr thumb, boom swing, blade, EROPS, heat/AC, SN#HHKHMC15JE0002323; 2020 Deere 35G Mini Excavator, 4,335 hrs, manual quick attach, aux hydr, boom swing, 12 in rubber tracks, 12 in bucket, backfill blade, OROPS, SN#1FF035GXVVK289928; 2023 CAT 303 CR Mini Excavator, 3,013 hrs, quick coupler, aux hydr, boom swing, 12 in rubber tracks, 12 in bucket, backfill blade, OROPS, SN#CAT00303PNXY00872 **CRAWLER DOZERS:** 2015 CAT D6T XL Crawler Dozer, 13,059 hrs, Trimble GPS, 11 ft blade, 24 in metal tracks, 4-way blade, rear camera, EROPS, heat/AC, radio, SN#CAT00D6TEKMR00380; 2022 Komatsu D51PXI-24 Crawler Dozer, 5,997 hrs, 11 ft blade, 28 in steel tracks, Intelligent Machine Control, EROPS, heat/AC, radio, SN#KMT0D133LMBB25129 **SKID STEERS / COMPACT TRACK LOADERS:** 2024 Deere 333G, 1,141 hrs, 2 spd, quick attach, Hi-Flow hydr, 16 in rubber tracks, Deere 84 in bucket, rear camera, EROPS, heat/AC, radio, SN#1T0333GMERF459028; 2019 Bobcat T740, 5,417 hrs, OROPS, pilot cntrls, 84 in bucket, 18 in rubber tracks, manual coupler, SN#B3CA16477; 2016 Bobcat T740, 3,208 hrs, aux hydr, pilot cntrls, 18 in rubber tracks, manual coupler, 84 in bucket, OROPS, SN#B3CA11404; 2021 CAT 259D3, 2,626 hrs, 2 spd, hydr quick attach, aux hydr, CAT 68 in bucket, 16 in rubber tracks, EROPS, heat/AC, radio, heated seat, rear camera, SN#CAT0259DCCW907980; CAT 246, 4,531 hrs, aux hydr, quick coupler, 72 in bucket, EROPS, heat/AC, SN#CAT00246E5SZ07976; 2020 Kubota SVL75-2, 966 hrs, 2 spd, hydr quick attach, aux hydr, 74 in bucket, 16 in rubber tracks, foot throttle, EROPS, heat/AC, radio, SN#KBCZ052CAL1C49779; 2019 New Holland C232, 755 hrs, 2 spd, quick attach, aux hydr, 18 in rubber tracks, 78 in bucket, EROPS, heat/AC, radio, heated seat, SN#JAF0C232VJM443052 **WHEEL LOADERS:** 2019 Volvo L70H Wheel Loader, 4,308 hrs, EROPS, JRB hydr quick coupler, 104 in bucket, aux hydr, heat/AC, radio, SN#VCE0L70HE0S624032; 2018 New Holland W80C Wheel Loader, 1,443 hrs, power quick attach, aux hydr, CAT 80 in bucket, articulating, EROPS, heat/AC, SN#FNHW80CHNJHP00691 **TELEHANDLERS / CRANE:** 2018 CAT TL1255D Telehandler, 3,672 hrs, 12,000 lb capacity, 55 ft max height, aux hydr, front outriggers, tilting forks, frame leveling, 72 in forks, EROPS, heat/AC, SN#ML701230; XTREME XR1147 Telehandler, 10,580 hrs, 11,000 lb capacity, 47 ft max height, aux hydr, tilting forks, frame leveling, EROPS, heat/AC, SN#XR114711180700031; 2012 JLG G9-43A Telehandler, 6,386 hrs, 9,000 lb capacity, 43 ft reach, solid tires, Cummins engine, 4x4, OROPS, SN#0160043001; Gradall 534D-9 Telehandler, 9,000 lb capacity, 34 ft max height, 60 in forks, frame leveling, tilting forks, OROPS, SN#0544316; 2014 CAT TH407C Telehandler, aux hydr, coupler, tilt, frame leveling, 4x4, SN#MLH00696; 1992 Grove AP308B Carry Deck Crane, 2,689 hrs, Cummins diesel, 24 ft max boom, 15 ft swing-away jib, SN#76566 **TRACTORS:** 1978 John Deere 4640 Tractor, 2,774 hrs, 2 remotes, 3 pt, quick hitch, 1,000 PTO, duals, 10 front suitcase weights, cab, heat/AC, lights, SN#002945R; 2006 McCormick CX105 Tractor, 2,386 hrs, rear 3 pt, 2 remotes, dual PTO, cab, heat/AC, radio, SN#ZC15AS4JJE2059292; 2013 Kubota B3000HSD Loader Tractor, 435 hrs, LA403 loader, 60 in bucket, rear 3 pt, 540 PTO, hydrostatic drive, skid steer-style loader hookup, cab, heat/AC, SN#B3000HSD51807 **TRUCKS / VEHICLES:** 2011 Freightliner Cascadia 113 Box Truck, 30 ft box, 6 ft alum power ramp, 8 ft wide ramp, Detroit DD13, 10 spd trans, Powertech generator, int storage racks/shelves, tiedown rails, tandem axle, retired movie set truck, VIN#1FUBGADV1BSA20715; 2018 RAM 2500HD 3/4 Ton Pickup, 158,539 mi, crew cab, long bed, gas, auto trans, 4x4, Ranch Hand bumper, cloth int, heat/AC, radio, VIN#3C6UR5HJ9JG289076; 2018 Chevrolet Silverado 2500HD, 173,777 mi, extended cab, 4-door, 4x4, gas, vinyl seats, fold-down front center seat, power windows/locks, heat/AC, radio, VIN#1GC2KUEG2JZ192552; 2015 Chevrolet Silverado 1500, 164,604 mi, standard cab, auto trans, vinyl int, flip console, heat/AC, radio, VIN#1GCNCPECXFZ321654; 2009 Jeep Grand Cherokee, 133,272 mi, leather int, 4x4, heat/AC, radio, auto trans, bumper guard, tinted windows, VIN#1J8HR58T29C530141; 2018 Chevrolet Malibu, 263,275 mi, heat/AC, radio, power seat/windows, VIN#1G1ZD5ST9JF144105 **TRAILERS:** 2019 Mac 40 ft Mac'Simizer Dump Trailer, tandem axle, electric tarp, driver-side rear ladder, VIN#5MADN4026KK049666; 2020 Kaufman 50 ft Car Trailer, tandem axle, tool boxes, ramps, VIN#SVGFWS326; 2011 Timpfe Hopper Trailer, tandem axle, duals, manual tarp, front/rear ladders & catwalk, manual hoppers, VIN#1TDH33528BB129400; 1979 Fruehauf 40 ft Flatbed Tender Trailer, tandem axle, steel wheels, 1,400 gal poly tank, (2) 1,300 gal poly tanks, quick-connect side fill, Briggs & Stratton Banjo pump, VIN#FWV479408; 2024 Quality Cargo Concession Trailer, fully equipped, (4) Patriot fryers, Patriot range, 3-bay warmer, stainless 3-bay sink, 6 ft hood, fire suppression, smoker on open patio, VIN#50ZBE2220RR046676, UNUSED; 1990 Load Rite Boat Trailer, boards & rollers, bow catcher, tandem axle, VIN#1PHBKJU23L2000016

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AG CONSIGNMENT AUCTION

2-AUCTION RINGS

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BOOM & SCISSOR LIFTS: 2018 Genie S-45 Boom Lift, 2,762 hrs, jib, 45 ft max height, 500 lb capacity, power to platform, SN#S45H25567; 2007 Genie S-40 Boom Lift, 2,955 hrs, gas, power to platform, 550 lb capacity, 40 ft max height, 31 ft max reach, SN#S4007-11879; 2013 Genie Z34/22N Electric Boom Lift, 898 hrs, 34 ft max height, 500 lb platform capacity, 2-person basket, battery powered, SN#Z34N13-10433; 2014 Genie GS5390RT Scissor Lift, 1,413 hrs, 53 ft max height, 1,500 lb capacity, 4x4, ground cntrls, power to platform, 4 outriggers, extendable platform, dual fuel, SN#GS9014-49417; 2023 JCB S4550E Scissor Lift, 2.9 hrs, 500 lb capacity, 45 ft max height, power to platform, fold-down rails, SN#RAJA0814LP5329327, NEW/UNUSED; 2008 JLG 4394RT Scissor Lift, 2,872 hrs, 43 ft max height, 1,500 lb capacity, extendable platform, power to platform, ground cntrls, SN#0200179714; 2018 Skyjack SJIII3226 Scissor Lift, 286 hrs, ground cntrls, power to platform, extendable platform, fork pockets, SN#27036571; 2018 Genie GS-1930 Scissor Lift, 275 hrs, 19 ft max height, 500 lb capacity, ground cntrls, power to platform, onboard charger, fork pockets, SN#GS30P175962; 2018 Genie GS1930 Scissor Lift, 295 hrs, 19 ft max platform height, 500 lb capacity, battery powered, SN#GS30P-179432; 2018 Genie GS-1930 Scissor Lift, 200 hrs, 19 ft max platform height, 500 lb capacity, SN#GS30P-179410; 2018 Genie GS-1930 Scissor Lift, 275 hrs, 19 ft max height, 500 lb capacity, ground cntrls, power to platform, onboard charger, fork pockets, SN#GS30P174152; 2018 MEC 1330SE Scissor Lift, 100 hrs, 19 ft max height, 530 lb capacity, ground cntrls, power to platform, manual extending platform, fork pockets, SN#16301659; 2018 MEC 1330SE Scissor Lift, 243 hrs, 19 ft max height, 530 lb capacity, ground cntrls, power to platform, manual extending platform, fork pockets, SN#1302987; 2018 MEC 1330SE Scissor Lift, 318 hrs, 19 ft max height, 530 lb capacity, ground cntrls, power to platform, manual extending platform, fork pockets, SN#16302649; 2021 Sinoboom 1330SE Scissor Lift, 125 hrs, 12 ft 6 in platform height, battery powered, 2-person platform, 529 lb capacity, SN#0104001187; (3) 2020 Sinoboom 1330SE Scissor Lifts, 125 hrs each, 12 ft 6 in platform height, battery powered, 2-person platform, 529 lb capacity, SN#0104000881, 0104000942, 0104000852; 2015 Genie GR-26J Lift, 287 hrs, onboard charger, ground cntrls, power to platform, SN#GRJ15-863

LIGHT TOWERS: 2021 Generac Cube Hyper Light Tower, 6,085 hrs, City Silent, Kubota diesel, LED lamps, 4 stabilizer jacks, power mast, fork pockets, individual lamp shutoff, SN#3008237137; 2021 Generac Cube Hyper Light Tower, 9,737 hrs, City Silent, Kubota diesel, LED lamps, 4 stabilizer jacks, power mast, fork pockets, individual lamp shutoff, SN#3008237147; 2023 Generac G4ECO Towable Light Tower, 5,569 hrs, Mitsubishi diesel, 4 LED lights, electrical plugs, SN#7FSBL1015PB307451; 2020 Generac G4 ECO Towable Light Tower, 10,129 hrs, City Silent diesel, LED lamps, individual lamp shutoff, 4 outlets, 3 stabilizer jacks, multidirection fork pockets, SN#7FSBL1019LB572495; 2019 Allmand Night-Lite NLV-K1005C Towable Light Tower, 7,525 hrs, Kubota diesel, stabilizer jacks, pintle & ball hitch, fork pockets; 2019 Wacker Neuson LTV 6L Towable Light Tower, 2,813 hrs, stabilizer jacks, ball hitch, rear lights, fork pockets, SN#WNCLTV01KPUM07596; Chicago PN CPLT V4 Towable Light Tower, 1,415 hrs, Kubota diesel, stabilizer jacks, ball hitch, fork pockets, SN#WUX912382; 2016 Magnum MLT6S Towable Light Tower, 4,384 hrs, Kubota diesel, stabilizer jacks, SN#1601892; (4) 2019 Generac MLT6SK Towable Light Towers, Kubota diesel, stabilizer jacks, fork pockets, pintle/ball hitch, rear lights, SN#7FSBL1014KB754216, 7FSBL1019KB136163, 7FSBL1015KB136161, 7FSBL1014KB164288; 2018 MLT6SK Towable Light Tower, 8,104 hrs, Kubota diesel, stabilizer jacks, fork pockets, pintle/ball hitch, rear lights, SN#7FSXL1016JB272156; 2011 Terex AL4000 Towable Light Tower, 10,516 hrs, manual mast, ball hitch, Kubota diesel, SN#AL411700

AIR COMPRESSORS / COMPACTION: 2018 Atlas Copco XATS400JD8 Towable Air Compressor, 2,590 hrs, 400 CFM, single axle, diesel, digital screen, dual outlet, pintle hitch, rear lights, SN#HOP077271; 2010 Doosan C185 Towable Air Compressor, 1,935 hrs, 185 CFM, Ingersoll-Rand engine, single axle, pintle hitch, SN#412227UBUD80; 2019 Wacker Neuson RTSC3 Trench Compactor, 255 hrs, Kohler diesel, 23 in padfoot drums, wired/wireless cntrl, SN#WNMR0201AM0000755; 2021 Wacker Neuson RTSC-3 Trench Compactor, 403 hrs, diesel, 33 in padfoot drums, wired/wireless cntrl, SN#24488869

CONCRETE EQUIPMENT: Husqvarna Soff-Cut 4200 Early Entry Saw, 404 hrs, self-propelled, Kohler gas, electric start, power raise/lower, power guide arm, electronic idle, electric handle adj; Husqvarna Soff-Cut 2500 Early Entry Saw, 670 hrs, self-propelled, Kohler gas, electric start, power raise/lower, power guide arm, electronic idle, electric handle adj; (2) Husqvarna Soff-Cut 2500 Early Entry Saws, hrs unknown, Honda gas, electric start, power raise/lower, power guide arm, electronic idle, electric handle adj; **AG EQUIPMENT:** CASE IH 2162 40 ft Draper Head, poly fingers, adj reel, SN#YAZN13699, HEAD DAMAGED, SELLS AS-IS, HEAD ONLY; Unverferth HT36 Header Cart, sliding tiedown brackets, rear hitch, CART ONLY; Unverferth AWS36 Header Cart, 36 ft, ratchet tiedowns, SN#A58220209; John Deere 960 Field Cultivator, 25 ft working width, pull type, Remlinger 5-bar spike drag, hydr fold, SN#H00960Y017836; New Holland 327T Manure Spreader, chain unload, single axle, PTO driven, SN#32770; New Idea Manure Spreader, chain unload, single axle, ground driven; New Idea 324 Corn Picker, 2-row, pull type, PTO driven, SN#196433; Minneapolis Moline D Corn Sheller, pull type; US Standard Corn Husker/Corn Picker, stationary, steel wheels, shreds stalks, towable; John Deere 494A Corn Planter, 4-row, 36 in rows, extra corn plates; **UTILITY VEHICLES / GOLF CARS / BOAT:** John Deere Gator XUV, 3,834 hrs, 18,199 mi, 4x4, bench seat, power dump bed, OROPS, SN#M0HXOPA115597, NO TITLE/NO COO; 2015 Club Car Precedent IQ Electric Golf Cart, battery powered, warning light, canopy, rear folding seat, charger, SN#JW1505-528273; E-Z-GO Electric Golf Cart, canopy, rear folding seat, warning light, charger, SN#3230654; 1998 Sea Nymph 160BT 16 ft Boat, 1997 Johnson 25 HP outboard, Humminbird fish finder, Minn Kota 5-spd 12V trolling motor, 3 seats, carpet floor, 6-person/875 lb capacity, spare tire, 1998 Sea Nymph trailer



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Daily dietary habits that can benefit seniors over the long haul

Food fuels the body throughout the day, ideally providing the energy people need to make the most of each day. But the foods people eat are more than just fuel. Indeed, a delicious meal is hard to forget, and that underscores how significant a variable flavor can be when people choose the foods they eat.

Flavor is certainly important when choosing and preparing meals, but it cannot be the only variable that determines what people eat. That's true for everyone, and especially notable for seniors. Age-related changes to the body should affect seniors' approach to diet. The National Council on Aging notes that metabolism slows as bodies grow older, which means seniors require fewer calories to fuel their daily activities than they needed when

they were younger. That's just one of the many notable things seniors should consider when designing their daily diets.

• **Plan a well-rounded diet.** School children learn the basic food groups as youngsters, and it's good for seniors to keep those long-ago lessons in mind when planning their daily diets. The American Heart Association notes the importance of incorporating fruits, vegetables, whole grains, dairy, and proteins into daily diets. In regard to dairy, the AHA advises consuming the equivalent of three cups of low-fat (1 percent) or fat-free dairy each day. When picking a protein source, the AHA identifies eggs, fish, lean meat, legumes, nuts, and poultry as healthy and protein-rich foods. Even



polyunsaturated and monounsaturated oils like olive oil and peanut oil can be healthy.

• **Resolve to read more labels.** Aging adults need not study nutrition to identify what they're putting into their bodies each time they take a bite. The NCOA notes that food labels are useful sources of information that can indicate how much fat, sodium and added

sugars are in a given item. Seniors should be especially vigilant when trying to avoid foods that contain a lot of added sugars, which can contribute to weight gain. That's notable given seniors' naturally slower metabolisms.

• **Practice portion control.** It's not necessarily the foods seniors eat but how much they eat that can derail their efforts to maintain

their overall health. Seniors' recommended daily calorie intake varies by both gender and activity levels. Guidelines from the U.S. Department of Health and Human Services notes women 61 and over who are moderately physically active should consume roughly 1,800 calories per day, while those living an active lifestyle are advised to eat around 2,000

calories per day. Moderately active men age 66 and older are advised to eat 2,400 calories per day, while active men between the ages of 61 and 75 should aim for 2,600 calories per day. When reading food labels, pay attention to calories per serving, as that can act as a useful guide to control portions. The National Institute on Aging recognizes it can be hard to control portion sizes when dining out, and recommends seniors share an entrée or order from the appetizers menu when picking their main course.

The right daily dietary habits can help seniors live longer, healthier and happier lives, and picking the right foods does not require sacrificing flavor.

**POWER EQUIPMENT**

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A photograph of the Henry & Henry Monuments storefront. The building is a large, light blue metal structure with a sign that reads "HENRY & HENRY MONUMENTS". In front of the building is a cemetery with several large, grey stone monuments. An American flag is flying on a pole to the right of the building.

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Being more active by overcoming back pain

Back pain is one of the most common conditions across the globe. The World Health Organization says low back pain is the single leading cause of disability around the world, affecting an estimated 619 million people in 2020. That number was projected to rise to 843 million by 2050 as a result of aging populations and sedentary lifestyles. The National Institutes of Health says that 80 percent of adults in the United States experience low back pain at some point in their lives.

There are many reasons why back pain can occur. Muscle strain, arthritis, herniated discs, and other conditions can contribute to back pain. The National Institute of Neurological Disorders and Stroke advises visiting a doctor if back pain is persistent. Early

diagnosis can prevent chronic issues and rule out more serious conditions.

Get moving
Although moving around may be the last thing on the minds of people experiencing back pain, remaining physically active is essential to good health. Plus, movement actually is the best medicine for back pain itself. A review published in JAMA Internal Medicine in 2016 found that exercise alone reduces the risk of back pain by 35 percent. Low-impact activities like walking, swimming and yoga help to strengthen muscles, improve flexibility and reduce pain in the process. This can be beneficial to seniors who find low-impact activities are best for their health.

Strengthen core
People now sit for

long periods of time, which can contribute to back problems. The Centers for Disease Control and Prevention says Americans sit for an average of 10 hours a day, often with poor posture and non-engaged core muscles. Getting up off of seats and strengthening core muscles can prevent back injury and pain.

The American College of Sports Medicine recommends two days of strength training per week with a focus on the core, back and hips. Individuals who don't know how to start safely should consult with a physical therapist or certified personal trainer.

Alternative treatments
It may be easy to take a pill when pain begins, but people may want to explore alternative methods to alleviate pain. Changing ergonomics of work stations or how a person performs activities can help. The American Psychological Association reports techniques like mindfulness and cognitive behavioral therapy can reduce pain severity and improve quality of life. Massage therapy or even acupuncture are additional treatments to consider for back pain.

Back pain is a common complaint as one ages. There are ways to overcome the pain and remain as active as possible.



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2 Cemetery Lots (side by side) Located at Woodlawn Memorial Cemetery (in The Garden of the Good Shepherd). 6965 Old Hwy 45, Paducah, KY. \$5,000 for both lots 2702-519-5449 or 270-841-5001.

For Sale 1 Vault in Brookhaven Memorial Park, last one in the chapel. Holds 2 caskets. \$7,000.00. Call 270-556-0524

3 possibly 4 Grave Plots Woodlawn Memorial Gardens Paducah Ky. Trinity Garden section. Normally \$3700.00 each. Will sell for \$2500.00 each Call 270-970-0678

Storage Unit Sale. 3919 Cairo Rd., Paducah. May 8th 9-3:00 pm. Closed Noon-1:00. Tools, TV, Kewpie Dolls, Prom dresses, Karaoke Items. Rain Cancels. (5/8/26)

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135 Allegheny Road • Gilbertsville, Kentucky • \$1,399,900 - MLS # 130868. This Incredible Customer Built 2015 property is amazing! Across the road 1,000 yards from KY Dam Village State Park, Dam, Marina, Restaurant/ Lodge. 2,000 yards from the Golf course! Less than 2 miles to Aviation Airfield, & I-24/69. 5 total bedrooms, 4 full baths, 2 half baths, 2 laundry areas & 3 gas log fireplaces! Vaulted & Cathedral ceilings. Detailed woodwork & moldings, polished marble, w/unique characteristics! Expansive Living room open to kitchen/breakfast area. Primary suite offers a custom tiled bath, heated floor & walk-in closet! Covered patio w/ wood burning FP. In-ground

Come see why agriculture makes Kentucky great at the Kentucky State Fair

By Jonathan Shell
Agriculture Commissioner

FRANKFORT, Ky. – As we celebrate the 122nd Kentucky State Fair this year, we also celebrate America’s semiquincentennial – the 250th anniversary of the signing of the Declaration of Independence.

This year’s Kentucky State Fair theme, “Where County Traditions Meet Our Country’s Celebration,” is a nod to that celebration and the Commonwealth’s united identity. Just like Kentucky, America’s heritage is tied to agriculture as it represents what we eat, the clothing we wear, and the fiber we use.

Many of our country’s founding fathers were farmers. The same qualities that made them successful in the fields are what also made them successful in the creation of this country. As



Kentucky’s agriculture commissioner, I see the hard work our farming families do today to keep our country’s entrepreneurial spirit thriving. Blending grit, innovation, and respect for the land, our farmers embody what it takes to succeed in one of the world’s oldest

professions. Those connections to our ancestral agricultural roots can be found every year at the State Fair. It’s a connection many in Kentucky don’t personally have anymore, but one that can be re-established each August. The State Fair is the perfect showcase of

Kentucky’s agricultural spirit. Rural and urban residents come together in this unique atmosphere to celebrate the very best of Kentucky and everything it has to offer. Farming’s impact is vital for every resident, and that’s displayed in everything we do at the fair.

As much pride as we take in bringing you a State Fair that’s the envy of many states, we are not standing still. As a member of the Fair Board, I can assure you lots of behind-the-scenes actions take place to make the Kentucky State Fair a showcase. Planned renovations, being furnished by a \$200 million appropriation for the State Fair by our General Assembly, are expected to be complete next year. Last year, fairgoers saw the beginning of those renovations, and you will see

more progress taking place this year. When finished, this once-in-a-lifetime expansion and renovation will be one of our state’s largest economic investments.

While we are ready for physical changes, our commitment to agriculture history and agricultural fun will remain the same. AgLand brings together more than an acre of agriculture exhibits in the South Wing, highlighting Kentucky’s farm and field heritage, including the future of farming and agribusiness. Interactive and immersive exhibits will return this year for the delight of our youngest fairgoers. AgLand is also where you’ll find exhibits from Kentucky 4-H and FFA.

At the State Fair, you will see why we’re Kentucky Proud of our agriculture industry. Kentucky’s leading

youth livestock exhibitors will compete for the highest honors of the livestock show season. Kentucky’s commodity groups will serve delicious locally grown and raised food at the Great Kentucky Cookout Tent. Agricultural displays in the West Hall will highlight the best our Kentucky farmers have to offer.

Creating an inclusive experience for all our residents will once again be highlighted this year as we offer our Sunshine Class. Now in its fifth year, the event offers an opportunity for special needs youth to get hands-on experience with the agriculture industry by showing livestock in a show ring. It’s worth the price of admission just to see the smiles on their faces. You don’t want to miss it!

As always, your Kentucky Department of Agriculture will be on the job at the fair. Our employees meet the public and talk about the ways agriculture affects everyday lives. We help manage the livestock shows and the agricultural exhibits. We also help livestock producers and exhibitors protect their investments in their animals.

I want you to leave the State Fair with fond memories that will last a lifetime. Please join me at this year’s Kentucky State Fair, Aug. 20-30. I hope to see you there!

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Illegal dump and litter cleanup grants available

By Tom Latek
kentucky Today

FRANKFORT, Ky. (KT) – Applications are now being accepted by the Kentucky Energy and Environment Cabinet (EEC) for funding under the Illegal Open Dump Program and the Litter Abatement Program.

The programs help protect public health, improve local communities and preserve Kentucky's natural resources. Counties are eligible to apply for the Illegal Open Dump grants, while both counties and cities can apply for the Litter Abatement



Program grants.

“Illegal dumps and roadside litter threaten Kentucky’s waterways, wildlife and the health of our communities,” said EEC Secretary John Lyons. “Working together with local governments,

we're providing the resources needed to remove pollution, protect our natural resources and preserve the places that make Kentucky a great place to live, work and visit." Grant awards are based on a county's

road miles, rural population and total population.

Counties that are up to date with their five-year solid waste management plans are eligible to apply for funding to remove illegal open dumps.

Those counties applying for funds to clean up illegal open dumps may request specific amounts based on estimated project costs. If available funding does not meet the total amount requested statewide, awards may be prioritized based on factors including the proximity of dump sites to

sensitive populations or protected areas, the level of environmental or public health risk posed by the waste and the size of the dump.

Applications are also being accepted for the Litter Abatement Grant Program, which assists counties and eligible cities with litter removal along public roadways.

Those eligible applicants include counties that are compliant with their five-year solid waste management plans, as well as incorporated cities that provide municipal solid waste collection

services through ordinance or other authorized means.

Funded through the Kentucky Pride fund with support from the Kentucky Transportation Cabinet, the programs have helped state and local governments clean nearly 3.95 million miles of Kentucky roadways since 2003.

The Kentucky Pride Fund receives its money through a \$1.75 per-ton fee on municipal solid waste generated and properly disposed of in Kentucky.

The application deadline for both programs is Nov. 2.

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